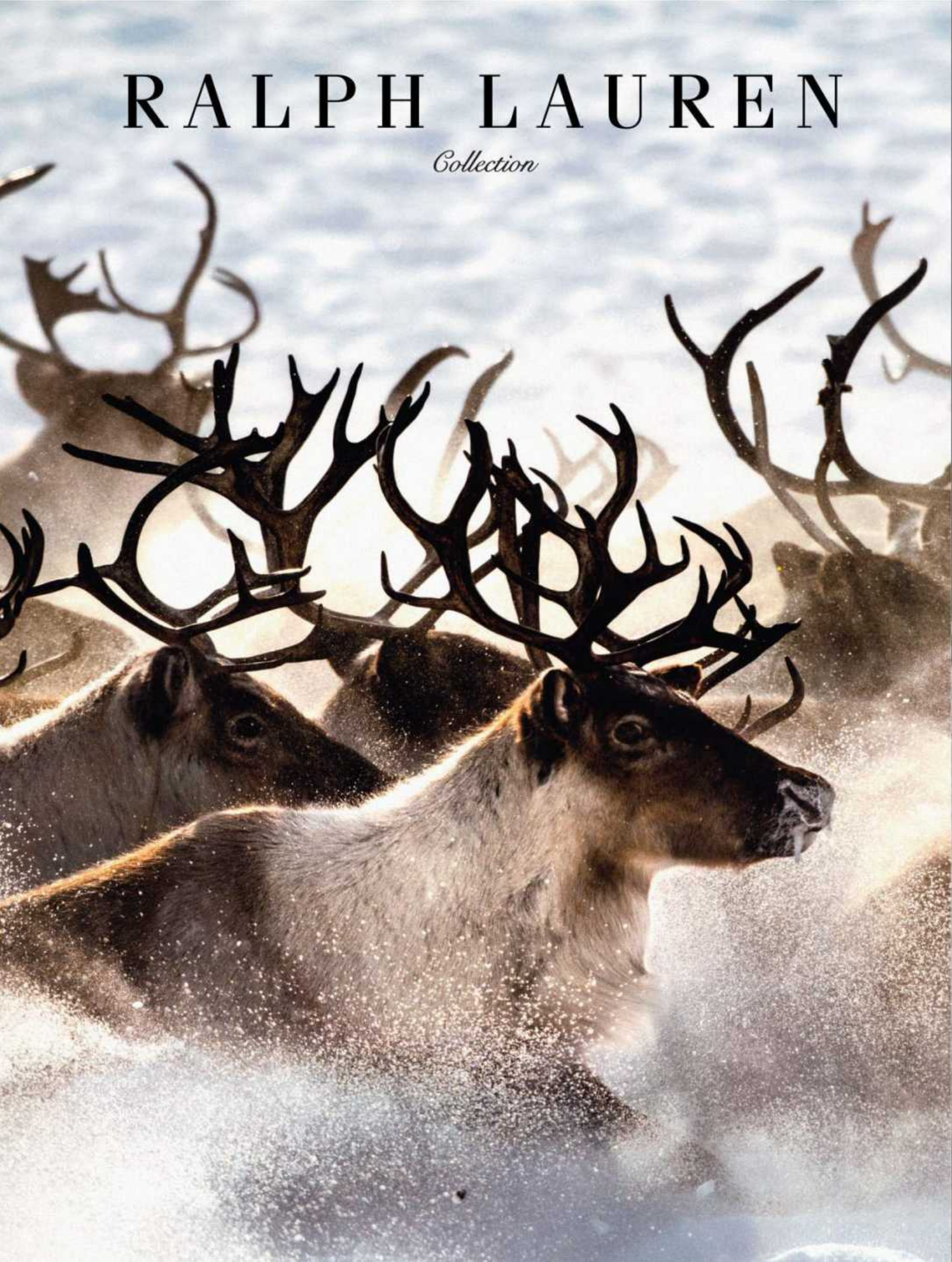
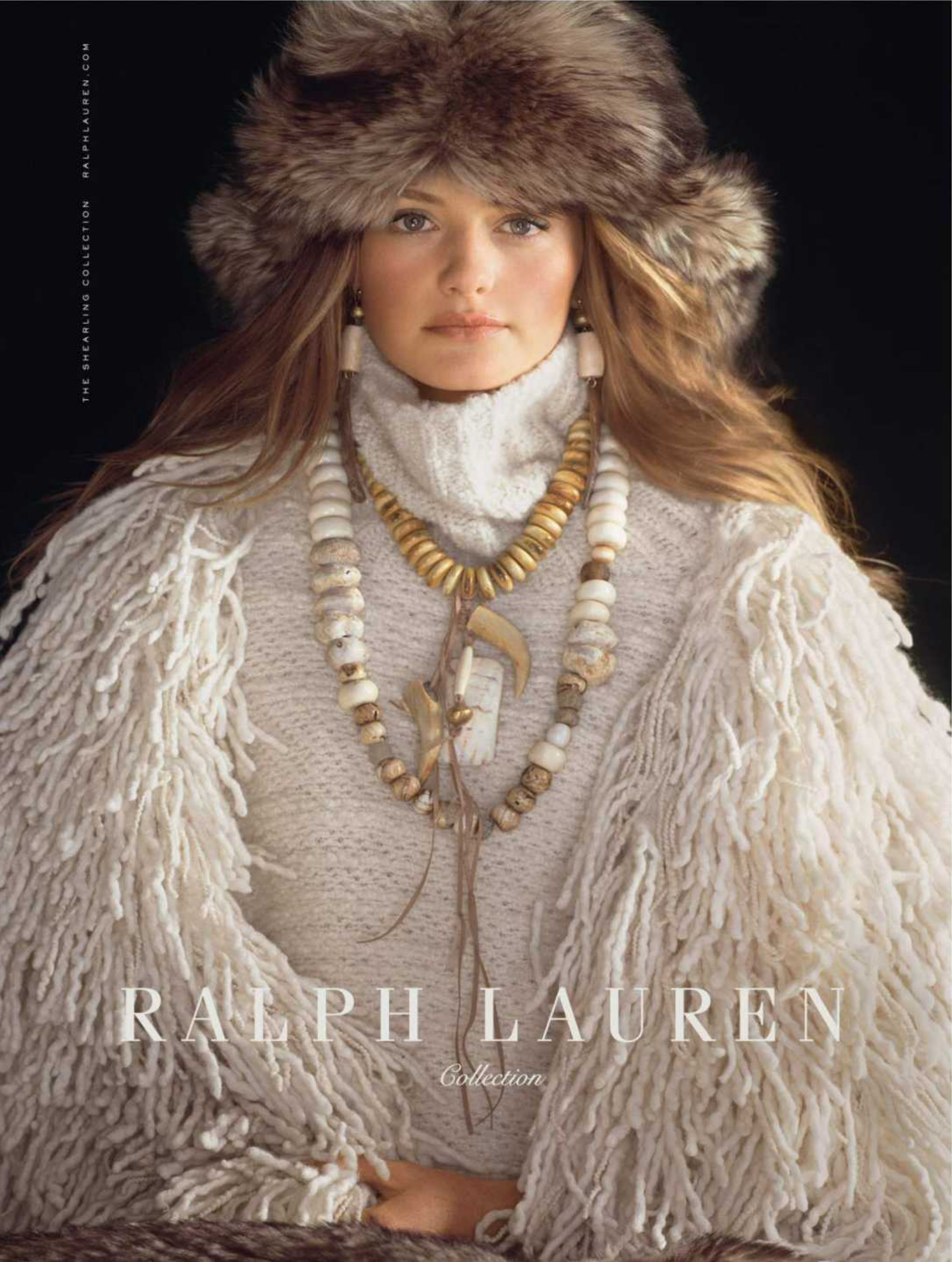

ELLE
ELLEUK.COM
THE ONE THING BADASS WOMEN DO THAT MAKES THEM SMARTER
SEPTEMBER 2015
£4.00
RULE BREAKER
KRISTEN STEWART
interviewed by
JULIETTE LEWIS
500+ NEW SEASON BUYS
INTRODUCING THE DRESS THAT SUITS EVERY SHAPE
THE BLOUSE IS BACK
STYLISH WAYS TO WEAR IT
TOTAL MAKE-UP REFRESH
THE PRODUCTS, LOOKS AND HOW-TOs
9 770269 259228 09


RALPH LAUREN
Collection


THE SHEARLING COLLECTION RALPHLAUREN.COM
RALPH LAUREN
Collection


RALPH LAUREN




KENDALL JENNER
www.esteelauder.co.uk ©2015 Estée Lauder Inc.

INTRODUCING

MODERN MUSE

LE ROUGE

BE DARING. BE AN INSPIRATION.

#modernmuse



ESTĒE LAUDER


www.dior.com - 020 7172 0172


Dior
Granville, France
Birthplace of Monsieur Christian Dior


#DGMAMMA


DOLCE & GABBANA





GUCCI




PRADA


PRADA



+44 207 399 2030 PRADA.COM

BRUCE WEBER





JUERGEN TELLER

SERIES 3 A curated series of photography:
JUERGEN TELLER and BRUCE WEBER

Sold exclusively in Louis Vuitton stores. Tel. 020 7998 6286 louisvuitton.com



BRUCE WEBER

LOUIS VUITTON



JUERGEN TELLER

SERIES 3 A curated series of photography:
JUERGEN TELLER and BRUCE WEBER

Sold exclusively in Louis Vuitton stores. Tel. 020 7998 6286 louisvuitton.com



LOUIS VUITTON

www.chanel.com


CHANEL


www.chanel.com


CHANEL

+44 207 399 2030 MIUMIU.COM



SUBJECTIVE REALITY

EARLY MORNING SIDEWALK
NEW YORK, NY
STACY MARTIN, MIA GOTH
BY STEVEN MEISEL



miu miu


#ATRIBUTE
40 YEARS OF ARMANI
ARMANI.COM/ATRIBUTE



EMPORIO ARMANI


#ATRIBUTE
40 YEARS OF ARMANI
ARMANI.COM/ATRIBUTE



EMPORIO ARMANI

SAINT LAURENT

PARIS



YSL.COM

SAINT LAURENT

PARIS



YSL.COM

BOTTEGAVENETA.COM



BOTTEGA VENETA

BURBERRY

BURBERRY.COM

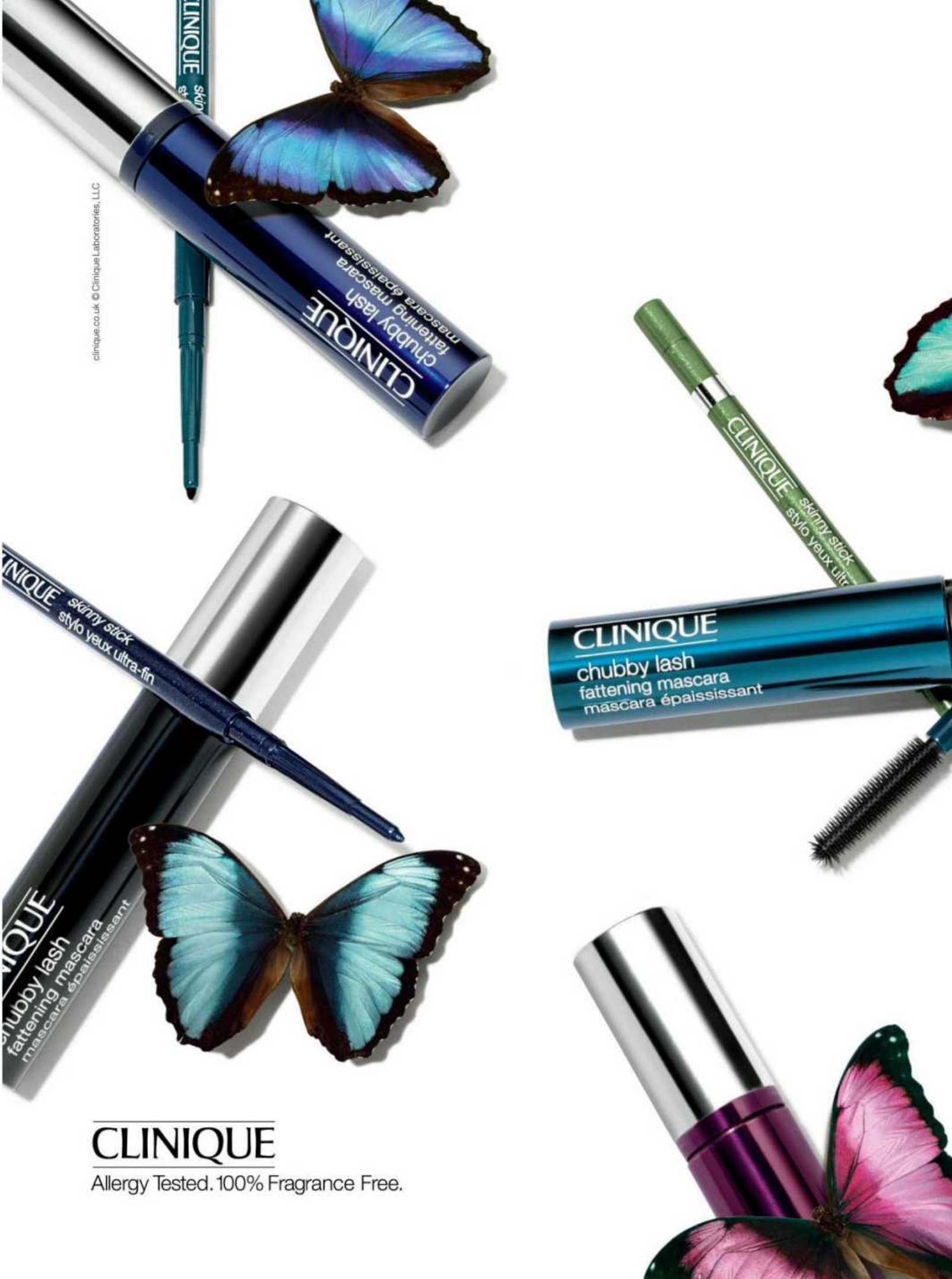


WWW.VALENTINO.COM





VALENTINO



CLINIQUE

Allergy Tested. 100% Fragrance Free.



Colour changes everything.

Transform eyes with the finest stroke of **new Clinique Skinny Stick™** and a volumising boost of **new Chubby Lash™ Fattening Mascara.**

COCO MADEMOISELLE



www.chanel.com


CHANEL



FENDI

SHOP ONLINE AT FENDI.COM

p248
Perennially cool: Kristen Stewart is one of young Hollywood's few real rebels. The actress opens up to kindred spirit Juliette Lewis

STREET
Soho, New York City
A lesson in urban dressing from Manhattan's most stylish
p**207**





TRENDS TO SHOUT ABOUT

The blouse made cool, trouser suits reinvented and colour combos reimagined. This is autumn/winter 2015

p247

FIRST look



p**123**
Fashion, beauty, culture
What to wear, how to wear it and all the trends you need in your life right now

SEPTEMBER

CONTENTS



BEAUTY
New. Now. Next!
From best runway looks to the new buys. Plus, how to get that healthy glow
p321



FEATURES
Single and happy
Writer Kate Bolick charts her relationship history through landmark birthdays, and finds there is freedom in solitude
p230

Photography: Luke J Albért, Mark Pillai, Ben Rayner, Beate Sonnenberg, Jeff Thibodeau.

LES BEIGES

NATURAL IS A STYLE



CHANEL

CHANEL.COM



ELLE

CONTENTS SEPTEMBER 2015

ON THE COVER

123 **500+ new-season buys**
If it has made our wish list, it should be on yours

129 **The blouse is back**
Ultra feminine and luxe, it is the star of the season

158 **Introducing the dress that suits every shape**
And 10 ways to style it

228 **The one thing badass women do that makes them smarter**
Ann Friedman on the softer side of tough women

248 **Rule breaker**
Juliette Lewis in conversation with cover star Kristen Stewart

323 **Total make-up refresh**
From backstage at the shows, here's how to do 'proper' pretty

FIRST look

124 **Modernist vs Vintagist**
Rebecca Lowthorpe makes the case for both

140 **This season we love**
Editors pick their top trends and favourite new labels

148 **We could be royals**
Posh accessories (velvet, pearls, crystals) this way

151 **Individually minded**
Lorenzo Serafini: Philosophy's perfect-fit creative director

155 **How to wear**
Trousers, check. Checks, check. This is the modern take

166 **From the ELLE fashion cupboard**
We trial a/w 2015's easy-breezy sweater and skirt combo

173 **Donna's details**
ELLE's Accessories Editor on the micro trends that matter: sock boots, shapely leather and standout earrings

175 **Shop the drop**
For your calendar: the date to get the new trouser suit

177 **Zeitgeist**
Entertain yourself with stories retold. Plus, tracking fashion's hottest fashion designers



178 **Aspinal x Être Cécile**
Is this the most stylish bag collaboration of the season?

185 **Doing it for the girls**
Actress Bel Powley talks feminism in the film industry

189 **Edith Bowman joins ELLE**
A seasoned pro with stories to match, our new Music Editor

193 **My life in books**
Designer Mary Katrantzou and her creative reading list

194 **Closet confidential**
Sequins, colour, prints: it could only be Alice Temperley

199 **Workwear**
Rejuvenated: camel returns as a must-wear neutral

203 **Work spy**
The V&A's Oriole Cullen finds that art influences fashion

STREET

207 **Street style**
Shop like a New Yorker. Tip: go for easy tailoring

213 **Micro trend**
Brouge: your new-season colour palette mash-up

FEATURES

216 **The fashion start-ups**
Britain's fledgling fashion designers – the names to know

224 **What I learnt from a male sex surrogate**
Why a self-labelled spinster signed herself up for sex therapy

230 **Happily older, wiser and single**
Kate Bolick on the real joys of having no strings attached

234 **Want to write for ELLE?**
How to enter our seventh Talent Competition

236 **Making it in LA**
Meet Burberry's new talents, including model Malaika Firth

243 **Girl Interrupter**
Emma Forrest has an Insta-crush, but who *is* she?

353 **This is how it feels to have OCD**
Jemima Thackray unpacks her diagnosis and recovery

FASHION

262 **The modern blouse**
How to wear your new hardest-working item

272 **A brief history of time**
See how vintage-inspired wear equals an individual look

288 **I predict a riot**
Colour has a moment. Again

298 **He for she**
Suit up in masculine shapes offset with delicate details

310 **The high-street edit**
Fashion to have fun in

BEAUTY

334 **First look**
You'll find a touch of the Seventies in these new buys

336 **Guest edit**
Perfume designer Azzi Glasser wants you to get the most from your scent. Here's how

339 **Beauty brief**
New on shelf: the ones we love

343 **ELLE Beauty cupboard**
Make-up and beauty tips from Linda Evangelista

345 **Beauty index**
Eight steps to a healthy glow

347 **I love lipstick**
ELLE's Beauty Director on why she's feeling *stuffocated*

351 **Fit notes**
Why great skin starts with a run

400 **Shop ELLE beauty**
Our Beauty Director's picks, delivered by lookfantastic.com

TRAVEL

359 **Up and away**
Cable cars under the wire

360 **How to enjoy a holiday with your mum and dad**
It's an empirical state of mind for writer Alison Taylor

REGULARS

52 **Elleuk.com**
We're online 24/7

88 **They made this**
Our September contributors

110 **Astro**
Your stars

112 **#ELLEInspire**
Hijabi blogger Dina Torkia

233 **20% off at Asos**
Our new-season gift to you, with September ELLE

398 **Become an ELLE Insider**
For year-round deals. Plus, more on p74

401 **Address book**
Fashion and beauty listings

402 **Final say**
Moschino's Jeremy Scott

THE COVER



Photography: Kai Z Feng. Fashion: Anne-Marie Curtis. Hair: Adir Abergel at Starwork Artists. Make-up: Jillian Dempsey at Starworks Group using Chanel A/W 2015 and Chanel Body Excellence. Manicure: April Foreman at The Wall Group. Talent: Kristen Stewart. Local production: Frank Roller at glamPR.com. Film: Duy Nguyen at Mondial Creative. With thanks to: Milk Studios. **On the cover:** Silk-satin shirt, and silk and wool-mix trousers, both Gucci. Skin: Vitalumière Aqua Ultra-Light Skin Perfecting Makeup Instant Natural Radiance SPF 15 in Beige 10, £33; Joues Contraste Powder Blush in 260 Alezane, £31. Eyes: Les 4 Ombres in 254 Tissé d'Automne, £40; Illusion d'Ombre Long Wear Luminous Eyeshadow in Fleur de Pierre, £25; Le Volume de Chanel Mascara in Ultra-Noir, £25; Crayon Sourcils Sculpting Eyebrow Pencil in Brun Naturel 30, £19. Lips: Les Beiges Healthy Glow Hydrating Lip Balm, £25; Gloss Volume, £26. Nails: Le Vernis Nail Colour in 669 Châtaigne, £18. All Chanel. Published 6 August 2015

Photography: James O Roberts.


SHOP LANVIN.COM
LANVIN
PARIS
LANVIN
LANVIN



TODS.COM

TOD'S


Tod's Boutiques: Tel. 020.74932237 - 020.72351321

ELLEUK.COM



NOW TRENDING

GET EXCLUSIVE, BEHIND-THE-SCENES ACCESS TO ALL OUR COVER STAR SHOOTS



@ELLEUK

#ELLEFIT

WORK OUT WITH THE EDITORS AT OUR @ELLEFITTEAM AND YOGA EVENTS



CELEBRITY

INSIDER PICS FROM THE A-LIST





STREET STYLE

WHAT ELLE WEARS: UNMISSABLE STYLE ADVICE



BEAUTY

SPRING/SUMMER ESSENTIALS: THE NEW PRODUCTS WE SWEAR BY

@ELLEUK

SHOPPING

HIGH-STREET HEROES: THE BEST PIECES IN STORE NOW



WEDDING

REAL BRIDES, STYLE INSPIRATION, SAMPLE SALES AND MORE

FACEBOOK.COM/ELLEUK

LOG ON AND JOIN US NOW

7 MILLION FANS AND COUNTING...

Photography: Victoria Adamson, Jamie Bevan, Luke Kirwan, James Moes, Instagram/kendalljenner.


ETRO
LONDON, 43 OLD BOND STREET - SHOP.ETRO.COM

DKNY



PETER LINDBERGH, 1994

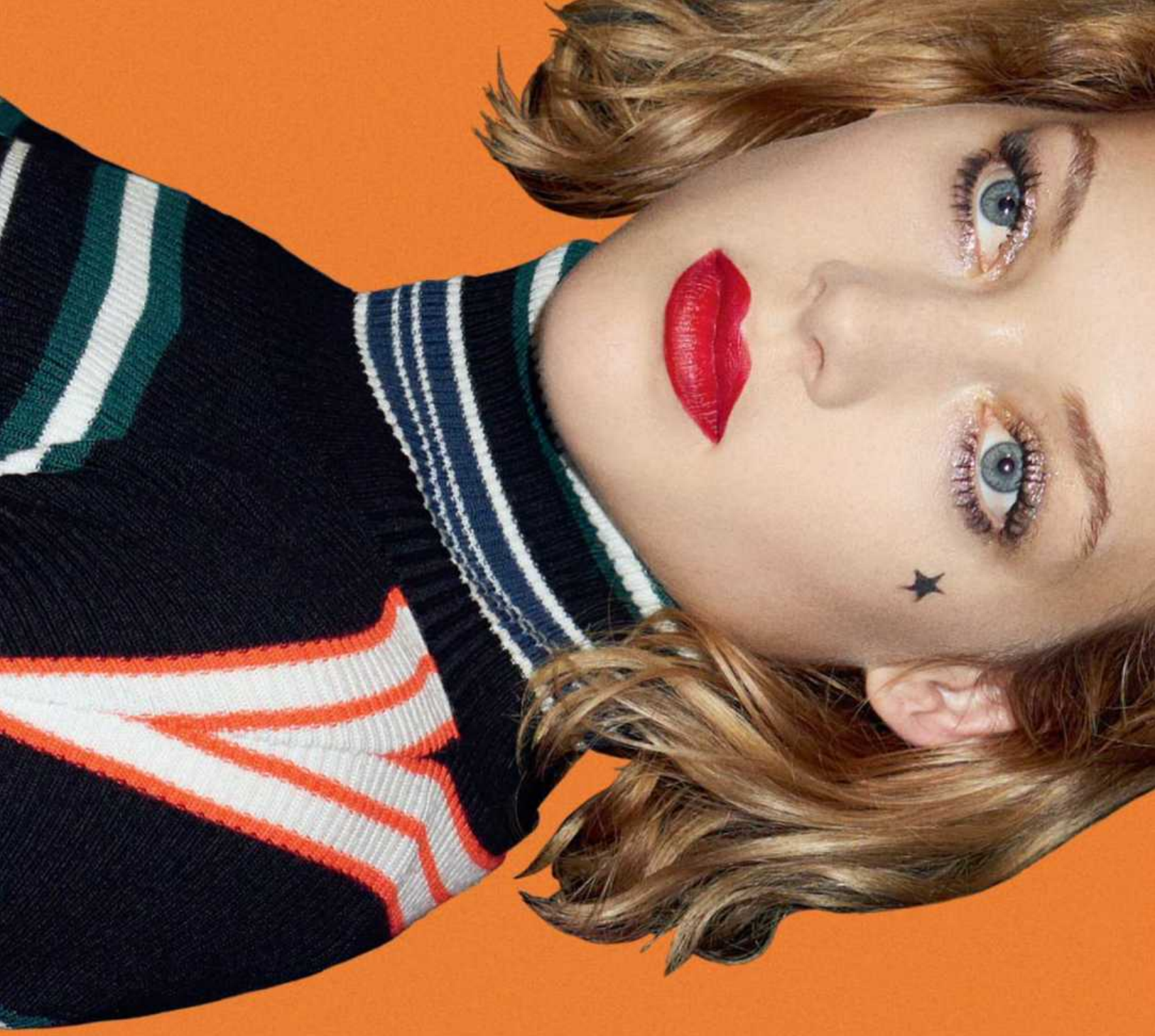


SHOP FERRAGAMO.COM



Salvatore Ferragamo





KENZO PARIS PRESENTS

A MOVIE BY GREGG ARAKI

HERE NOW

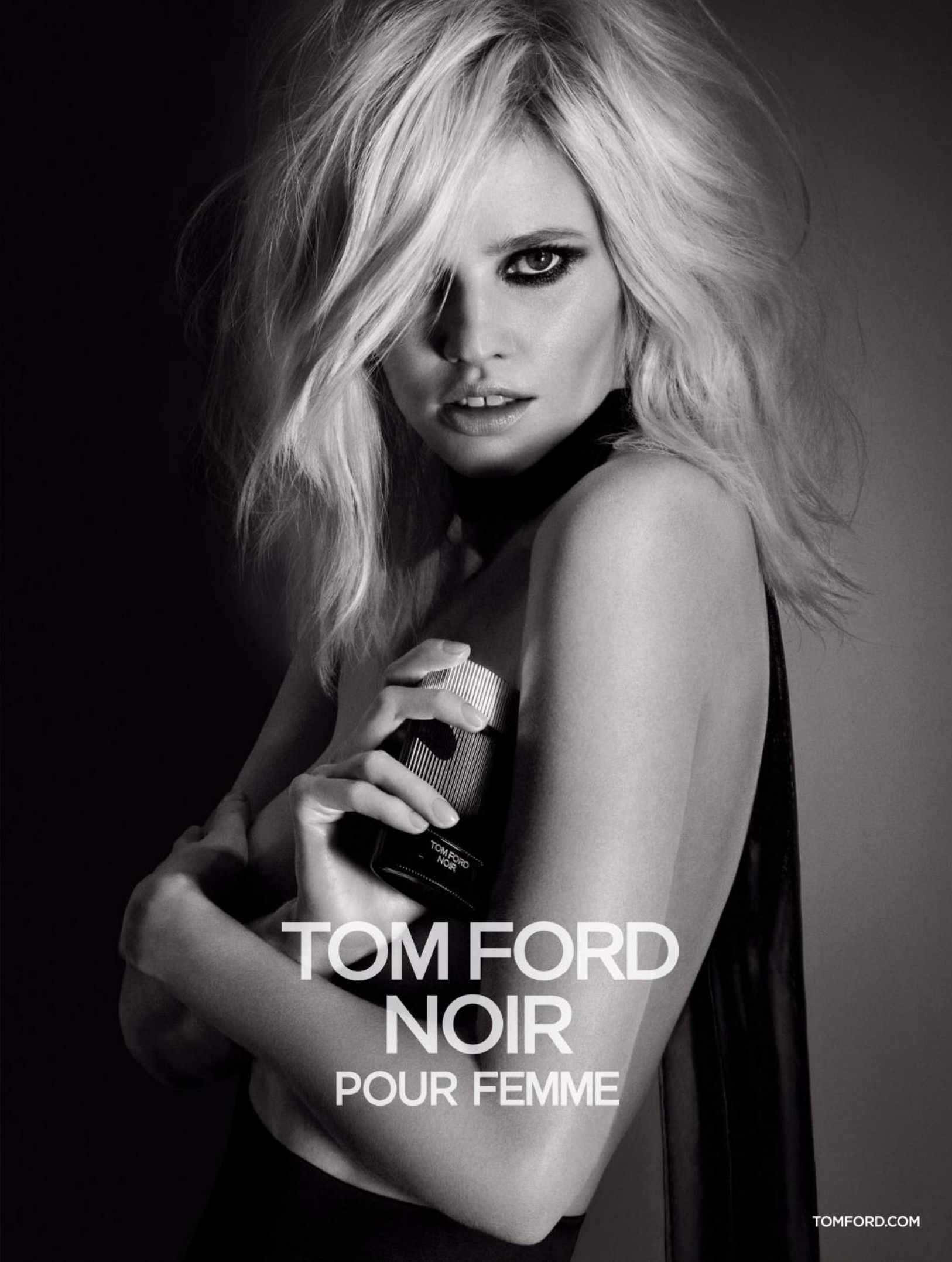
KENZO.COM/HERENOW


MARCJACOBS.COM


MARC JACOBS



THE NEW NOIR FRAGRANCE FOR WOMEN



TOM FORD NOIR

POUR FEMME

TOMFORD.COM


203 4505 803 - SHOP VERSACE.COM


VERSACE


SHOP AT ALBER ERRETTI.COM


ALBERTA FERRETTI


BALEN
BALENCIAGA.COM


CIAGA




MONCLER
moncler.com

MOSCHINO



Subscribe to ELLE



JUST £10 FOR 6 ISSUES OF ELLE*

+ FREE ELIZABETH ARDEN LIPSTICK AND EIGHT HOUR® CREAM SKIN PROTECTANT

FREE GIFT WORTH £47



'Elizabeth Arden Eight Hour Cream is a cult product for a reason - I've used and loved it for years.'

Sophie Beresiner, ELLE Beauty Director

***FREE** Elizabeth Arden Beautiful Colour Moisturizing Matte Lipstick and the iconic Eight Hour® Cream Skin Protectant, worth £47*

*Only **£1.66 per issue** for your first six issues (usual price £4). **SAVE 58%** on newsstand price*

***PLUS!** Receive **exclusive** subscriber-only offers when you become an ELLE Insider*

TO SUBSCRIBE, VISIT

elleuk.com/subscribetoelle

or call 0844 848 1601 and quote reference **IES10664**

Terms and conditions: Offer valid for UK subscriptions by Direct Debit. Closing date 2 September 2015. *After your first six issues, your subscription will run at the low rate of £15 every six issues thereafter, unless you are otherwise notified. Subscriptions may be cancelled by providing 28 days' notice. Free gift available for the first 500 orders only, if we run out of this gift you may be offered another gift of a similar value. The normal cost of 12 issues of ELLE is £48, based on a basic cover price of £4. Allow 28 working days for delivery of gift. You will be advised of commencement issue within 14 days. This offer cannot be used in conjunction with any other offer. For overseas rates visit hearstmagazines.co.uk or call +441858 438794. Lines open weekdays 8am-9pm and Saturdays 8am-4pm.

Photography: Kai Z Feng, Graham Walser for Hearst Studios.


#MYWAKELEYMOMENT
AMANDA WAKELEY
• LONDON •
LIFESTYLE LUXURY
SHOT ON LOCATION AT THE MONDRIAN LONDON
ALBEMARLE STREET, MAYFAIR, LONDON
AMANDAWAKELEY.COM
SELF-PORTRAIT BY ASTRID MUÑOZ


ERMANNO SCERVINO
198-199 Sloane Street London
shop.ermannoscervino.it

TEAM ELLE

PRINT / ONLINE / TABLET / MOBILE

ELLEUK.COM

#ELLEFASHIONCUPBOARD

FASHION
fashion@elleuk.com

Executive Fashion Director
Kirsty Dale @kirstyldale
Senior Fashion Editor
Michelle Duguid @michelleduguid1
Contributing Fashion Editors
Joanne Blades, Alison Edmond, Grace Cobb, Natalie Wansbrough-Jones
Market & Retail Editor
Harriet Stewart @harrietstewart1
Fashion Production & Bookings Editor
Rosie Bendandi @RosieBendandi
Accessories Editor
Donna Wallace
Fashion Features Writer
Emma Sells @EvjSells
Fashion Assistant
Charlie Gowans-Eglinton @charliegowans
Fashion Interns
Amanda Arber @AmandaArber
Billie Bhatia @billiebhatia
Jazzria Harris
Emi Papanikola @emip26

Editor-in-Chief
Lorraine Candy
@LorraineELLE
Editor-in-Chief's PA/Editorial Assistant
Gillian Brett @gillian_ELLE

Creative Director
Suzanne Sykes @Suzannesykes25
Fashion Director
Anne-Marie Curtis @amcELLE
Content Director
Alice Wignall @alicewignall
Acting Content Director
Kenya Hunt @kenyanhunt
Beauty Director
Sophie Beresiner @i_love_lipstick
Assistant Editor
Rebecca Lowthorpe @Rebecca_ELLE
Culture Director
Lena de Casparis @lenadecasparis
Entertainment Director (US)
Lisa Hintelmann
Digital Director
Phebe Hunnicutt @PhebeHunnicutt
Workflow Director
Christina Simone @chrissyjsimone
Head of Editorial Business Management
Debbie Morgan @Deb_ELLE

#ELLEBOOKCLUB

FEATURES & NEWS
features@elleuk.com

Travel & Lifestyle Director
Susan Ward Davies @ELLETravelEd

Content Editor	Commissioning Editor
Leisa Millar	Hannah Swerling
@LeisaMillar	@HannahELLEUK

BEAUTY
beauty@elleuk.com
@ELLEBEAUTYTEAM
Contributing Beauty Correspondent
Natalie Lukaitis @nlukaitis

ART
art@elleuk.com

Art Director
Miette L. Johnson @MietteLJ
Deputy Art Director
Lisa Rahman @lisarahman

PHOTOGRAPHY
photography@elleuk.com

Picture Editor	Picture Editor: Multimedia
Lara Ferros	Sunil Makan
@LaraFerros	@sunileo86

COPY
Chief Sub-Editor/Production Editor
Fern Ross @fern_ross
Acting Deputy Chief Sub-Editor
Maggie Wicks

CONTRIBUTING EDITORS
Johnny Davis
Anna James
Kerry Potter
Anna Smith

SPECIAL THANKS
Jeanne Calmet
Natalie Egling
Felicity Kay
Catherine Pykett
Nicola Sanders
Libby Scarlett
Rosie Williams



WANT TO INTERN AT ELLE?
To apply for an internship, **email your CV** to recruitment@hearst.co.uk

@ELLEUK

@ELLEFITTEAM

@ELLEUK

#ELLEFIT

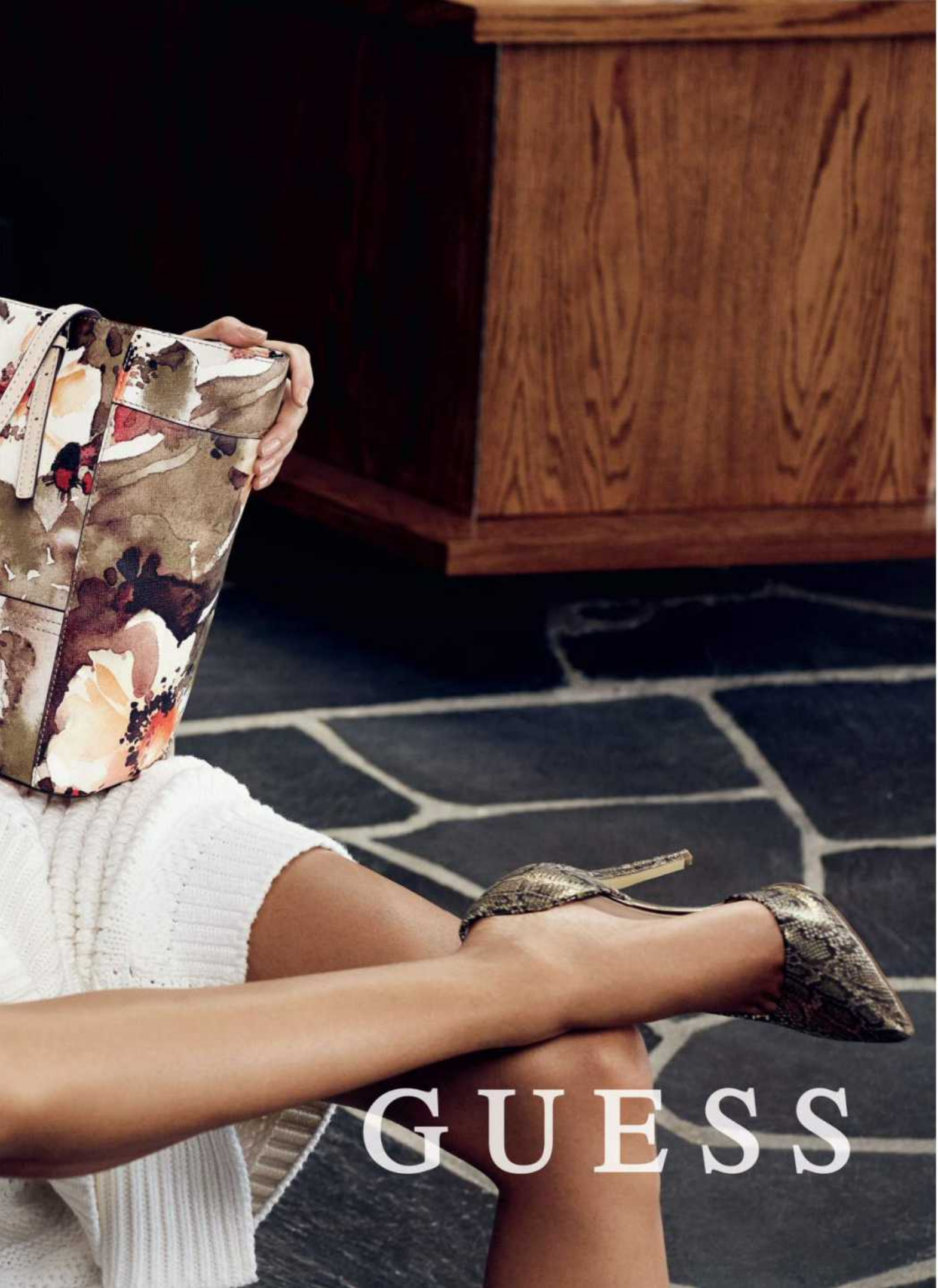
PHONE US 020 3535 9120
EMAIL US elleexperience@elleuk.com
facebook.com/ELLEuk
elleuk.com

Photography: Kai Z Feng.


HUGO BOSS UK LTD. Phone +44 (0)20 7554 5700


BOSS
HUGO BOSS
HUGOBOSS.COM


GUESS.COM
ART DIR: PAUL MARCIANO
PH: PÜLMANNS
GUESS®©2015


GUESS


hugoboss.com
THE FRAGRANCE FOR WOMEN FEATURING GWYNETH PALTROW.

BOSS
HUGO BOSS

BOSS MA VIE

STRONG. FEMININE. INDEPENDENT.



ELLE360

Publisher
Jacqui Cave 020 7439 5273
PA to Group Publishing Director
Charlotte Rottenburg
charlotte.rottenburg@hearst.co.uk
Associate Publisher
Jayne Ellis 020 7439 5680
Associate Publisher, Fashion & Luxury
Lee Brown 020 7439 5118
Advertising Director
Emma Spickett 020 7439 5418
Fashion & Luxury Goods Manager
Kat Brown
Digital Advertisement Manager
Elena Ostrowska 020 7534 2534
Senior Advertising Executive
Nadia Musa 020 7439 5462
Gabriella Comet 020 7439 5615
Digital Account Managers
Kate Clout 020 7439 5413
Shannon Hollis 020 7439 5506
Regional Office
Danielle Sewell 0161 962 9254
Director of Hearst Magazines Direct
Cameron Dunn 020 7927 4699

ELLE CREATE
Group Director: Create
Rhiannon Thomas 020 7439 5202
Directors: Create
Rashad Braimah 020 7439 5399
Account Manager: Create
Jane Kelly 020 7439 5106
Art Director: Create
Tanja Rusi 020 7439 5374
Art Editor: Create
Leo Goddard 020 7439 5583
Project Managers: Create
Richard Adams 020 7534 2596
Danielle Falco-Grimshaw
020 7439 5617

HEARST MAGAZINES INTERNATIONAL
President/CEO
Duncan Edwards
Senior Vice President/CFO
Simon Horne
Senior Vice President/ International Publishing Director
Jeannette Chang
Senior Vice President/ Editorial Director
Kim St Clair Bodden
Executive Director, Editorial
Astrid O. Bertoncini
Creative Director
Peter Yates

HEARST LUXURY MARKETING
Marketing Director
Jill Rudnick 020 3535 9175
Head of Experience
Rachel Wood 020 7439 5922
Brand Marketing Manager
Aoibheann Foley
Acting Brand Marketing Manager
Sabina Rahman 020 7439 5074

PR AND PRESS
Director of Communications
Lisa Quinn
Head of PR
Karen Meachen
020 7312 3812
PR Manager
Ben Bolton

LAGARDÈRE ACTIVE
ellearoundtheworld.com

CEO Lagardère Active
Denis Olivennes
CEO ELLE France & International
Constance Benque
CEO ELLE International Media Licenses François Coruzzi
Brand Management of ELLE
Françoise-Marie Santucci
SVP/International Director of ELLE Valeria Bessolo Llopiz
SVP/Director of International Media Licenses, Digital Development & Syndication
Mickael Berret
ELLE International Productions
Charlotte Deffe, Virginie Dolata
Deputy Syndication Team Manager Pauline Caron
Syndication Coordination
Marion Magis
Copyrights Manager & Digital Syndication Séverine Laporte

CIRCULATION
Circulation & Marketing Director
Reid Holland
Head of Newstrade Marketing
Jennifer Smith
Circulation Manager
Bianca Lloyd-King 020 7439 5611
ELLE Insider Marketing Manager
Natasha Bartman 020 7439 5450
ELLE Insider Senior Marketing Executive
Tilly Michell
Production & Procurement Director
John Hughes 020 7439 5200
Group Production Manager
Steve Osborne 020 7439 5414
Head of Digital Marketing
Seema Kumari

HEARST MAGAZINES UK
Chief Executive Officer
Anna Jones
Managing Director, Brands
Michael Rowley
Chief Financial Officer
Claire Blunt
Commercial Director
Ella Dolphin
Vice President, Strategy and Product Management
Lee Wilkinson
HR Director
Surinder Simmons
Chief Technical Officer
Darren Goldsby
New Business Development Director
Sharon Douglas

LAGARDÈRE GLOBAL ADVERTISING
CEO Claudio Piovesana
claudio.piovesana@
lagardere-active.com

Lagardère Global Advertising
124 rue Danton, 92300
Levallois-Perret, France

ELLE (UK) is published by Hearst Magazines UK, the trading name of the National Magazine Company Ltd, 72 Broadwick Street, London W1F 9EP. Registered in England 112955. All rights reserved. The ELLE trademark and logo is owned in Canada by France-Canada Editions et Publications, Inc. and in the rest of the world by Hachette Filipacchi Presse (France), each Lagardère Active Group companies. ELLE and ELLE Decoration are used under licence from the trademark owners. **CONDITIONS OF SALE AND SUPPLY:** ELLE shall not, without the written consent of the publishers first given, be lent, resold, hired out, or otherwise disposed of by way of trade except at the full retail price of £4, and it shall not be lent, resold, hired out or otherwise disposed of in a mutilated condition or in any unauthorised cover, by way of trade, or affixed to or as part of any publication or advertising, literary or pictorial matter whatsoever. MSS and illustrations are accepted on the understanding that no liability is incurred for safe custody. All characters in any story published are purely imaginary, and no reference or allusion is intended to apply to any living person or persons. ELLE is fully protected by copyright, and nothing may be reprinted wholly or in part without permission. **HEARST MAGAZINES UK ENVIRONMENTAL STATEMENT:** All paper used to make this magazine is from sustainable sources in Scandinavia, and we encourage our suppliers to join an accredited green scheme. Magazines are now fully recyclable. By recycling magazines, you can help to reduce waste and add to the 5.5 million tonnes of paper already recycled by the UK paper industry each year. Before you recycle your magazine, please ensure that you remove all plastic wrapping, free gifts and samples. If you are unable to participate in a recycling scheme, then why not pass your magazine on to a local hospital or charity? For back issues, go to hearstmagazines.co.uk/category/elleissues

HEARST magazines UK ABC

Printed by Polestar Chantry. Cover printed by Westdale, Cardiff. Distribution by Comag (024) 7685 4750


STAFF INTERNATIONAL +39 02 8481005 WWW.ROBERTOCAVALLI.COM
Just cavalli


Publicité ÉtNous


FLÂNEUR FOREVER
HERMÈS
PARIS
For all enquiries:
020 7499 8856
Hermes.com

ANN FRIEDMAN

LA-based journalist Ann writes about politics, culture and gender for NYmag.com and co-hosts the podcast *Call Your Girlfriend*. Ann describes herself as 'caffeinated, opinionated and probably snacking', and in her fridge you'll find five kinds of hot sauce and four different types of mustard. Her pet peeve is men who offer unsolicited advice. Ann writes about a new breed of amazing women in *How To Be A Badass* on page 228.

#ELLEBookClub pick: *The Argonauts* by Maggie Nelson (Graywolf Press)

@ANNFRIEDMAN





SIMON DIPRINCIPE

London-born-and-bred photographer Simon started his visual career working in film, and discovered his love for photography during long stretches away from home filming on shoots. He would most like to take Grayson Perry's portrait, and is 'particularly partial to a homemade lemonade'. Simon's guilty pleasure is watching *Take Me Out* on a Saturday night. If he could be any superhero, he would be Bananaman. Adam photographed *The Fashion Start-Ups* on page 216.

#ELLEBookClub pick: *In Search Of Lost Time* by Marcel Proust (Vintage Classics)

#ELLEINSPIRE

'I am a hot-blooded fighter and I am fearless'

– AMY SCHUMER

NAOKO SCINTU

Naoko is a make-up artist from Camden. The first thing she does in the morning is curl her eyelashes, and she can't do without concealer. Her career highlight? Working with FKA Twigs. The motto she lives by is 'Bloom to your fullest potential'. Turn to *A Brief History Of Time* on page 272 to see Naoko's work.

#ELLEBookClub pick: *The Fields Beneath* by Gillian Tindall (Eland)

@NAOKOSCINTU





EDITH BOWMAN

Edith is ELLE's new Music Editor, bringing with her two decades of insider knowledge and experience. Edith has worked in radio and TV, covering music for everyone from BBC Radio and TV, Channel 4, MTV and Sky Arts. If she had to choose one song to be the soundtrack of her life, she'd go for *Mr November* by The National. 'Every time I play it, it allows me to cleanse myself, recharge and get on with things.' Edith shares her a/w playlist on page 189.

#ELLEBookClub pick: *Then Again* by Diane Keaton (Fourth Estate)

@EDIBOW

ELLE

THEY MADE THIS

SEPTEMBER 2015





BEAUTY SCHOOL

The 10 catwalk make-up trends you can wear in real life – see how to do them on page 323. Plus, get a healthy glow in just five minutes, no sun required, on page 345. And is running the key to great skin? Find out on page 351.





SHOP IT
See what Team ELLE are buying now. Log on to elleuk.com/fashion





WHAT ELLE WEARS
From the editors to the interns, see what we wear to work every week. Visit elleuk.com/street-style and let Team ELLE show you how to style the trends.

Compiled by: Georgia Simmonds. Photography: Victoria Adamason, Maxwell Clements, Sean Cunningham, Lorenzo Dalbosco, Jason Lloyd-Evans, Silvia Olsen, Jason Travis.



FALL 2015
AGJEANS.COM

AG




MICHAEL
MICHAEL KORS
MICHAELKORS.COM

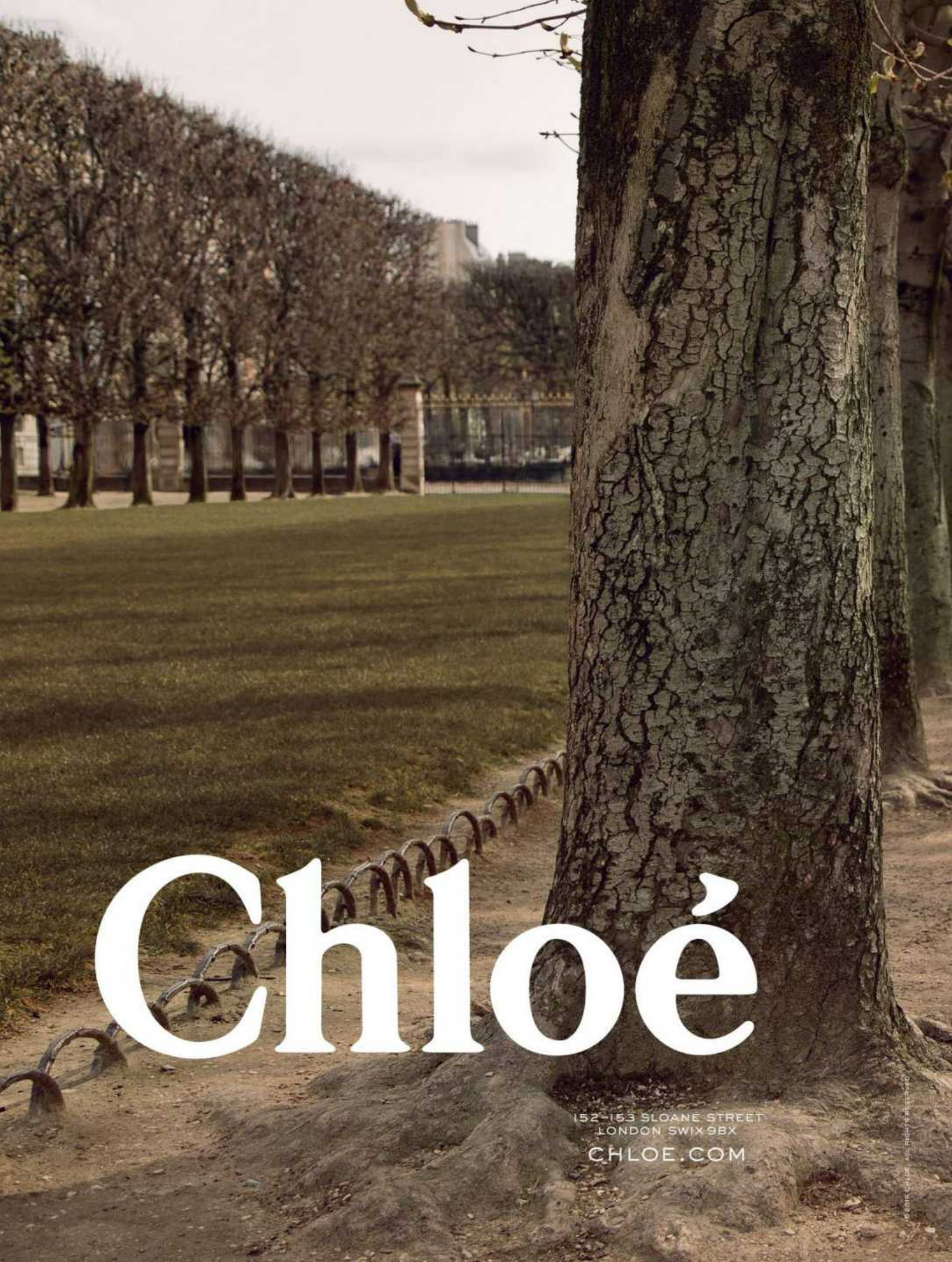




ROXETTE BAG MULBERRY.COM



MULBERRY


Chloé
152–153 SLOANE STREET
LONDON SW1X 9BX
CHLOE.COM




Paul



PAULSMITH.CO.UK



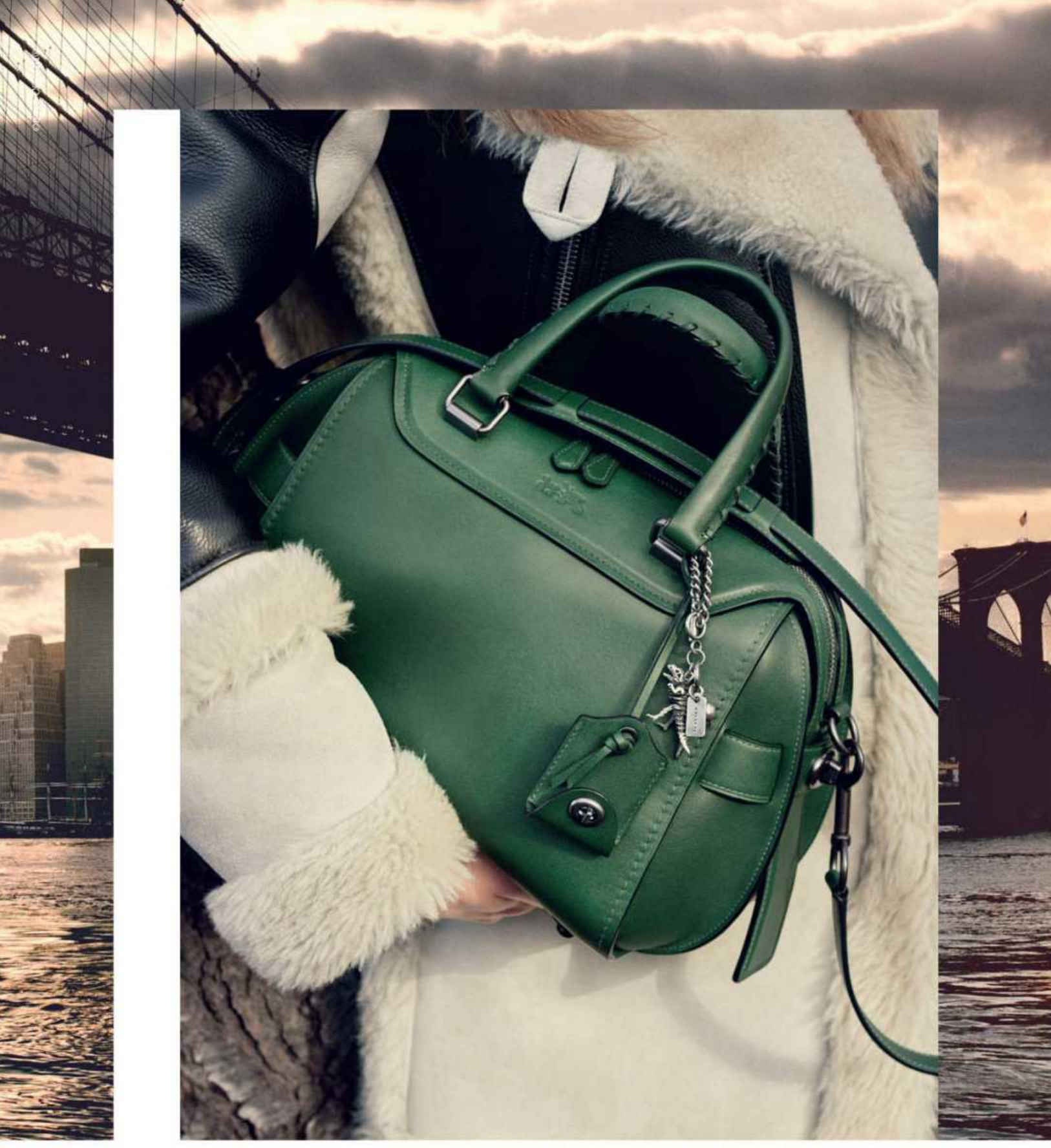


©2015 COACH®

FALL 2015
Sheepskin Coat on Lexi
Coach Swagger 27 in metallic cherry
Biker Shearling Vest on Mica
Coach Swagger in honey
coach.com

COACH
NEW YORK





FALL 2015
Biker Sheepskin Coat on Lexi
Ace in racing green
coach.com

COACH
NEW YORK


ISABEL


MARANT

©T&CO. 2015. DESIGNS ©PALOMA PICASSO 0800 160 1837 | TIFFANY.COM



TIFFANY & CO.

NEW YORK SINCE 1837



Paloma Picasso

PALOMA PICASSO® OLIVE LEAF

SEPTEMBER

@LORRAINEELLE



June 2012



MODERN REBEL
Kristen Stewart's British ELLE covers, and (below) with Juliette Lewis at home





July 2010

OK, I have to admit it: I have a girl crush on actress Juliette Lewis. I admire her ever-curious spirit, her willingness to embrace new challenges and her slightly hippie 'I'm loving my life' ethos. Ever since I first saw her in Martin Scorsese's thriller *Cape Fear*, for which she gained an Oscar nomination in 1992, I've been harbouring this crush. She is just so damn cool.

Roles in *What's Eating Gilbert Grape*, *Kalifornia*, *Natural Born Killers* and, more recently, *August: Osage County* kept her on my list of 'top 10 women it would be fun to be' for years – that and her other career as an accomplished rock singer with her band Juliette And The Licks. So she has been part of my cultural life throughout her career (since she was 18 and I was 23).

What I particularly love about Juliette is that she has been honest and open about the mistakes she's made in life, truthful about her challenges and the demons of addiction, which she successfully battled. And who doesn't like a woman tough enough to admit it when things have gone wrong? She seems real to me, real in a Hollywood world that is so often unreal. She's made interesting and unpredictable career choices, which have been refreshing to witness.

Naturally, I was delighted when I found her on Twitter and Instagram (@JulietteLewis). For me, this is the joy of social media: following from a distance the lives of fabulous women you admire.

I was thrilled when she followed me back, and we passed the time of day exchanging the occasional tweet. So when it came to getting someone to interview Kristen Stewart for her third British ELLE cover, Juliette immediately sprang to mind – after all, they have so much in common. Both Juliette and Kristen were the coolest, hottest things at a very young age and they both dated the coolest, hottest things at a young age (Brad Pitt/Robert Pattinson). They both refused to adapt to the expected Hollywood mould and carved their own unexpected path. So I asked Juliette if she would meet K-Stew, as she is often called, and chat this through, which they did in Juliette's kitchen in LA. The conversation is on p248 and accompanies what I am proud to say I think are probably the best pictures taken of Kristen in her career so far. She has an unusual beauty and Fashion Director Anne-Marie Curtis and our photographer Kai Z Feng have captured something really special. They have, in my opinion, made one of the world's most stylish women even more so.

I think these modern women fit in our September Shopping Issue perfectly. The spirit of ELLE is about being an individual, and I like to fill each issue with unique and new voices. I like to offer up a different opinion from anything you will read elsewhere, and provoke a debate about all the subjects that affect your life.

On p228 we asked acclaimed *New York Magazine* writer Ann Friedman to explore what makes a 'badass woman' (the resulting piece is a real surprise) on p230, author Kate Bolick explains how her choices in love have resulted in her leading an unexpected life, and we have explored the complicated world of relationships with a piece on p224 by a woman who hired a man for sex lessons. These are all intriguing reads and I hope you enjoy them.

Lorraine

LORRAINE CANDY EDITOR-IN-CHIEF

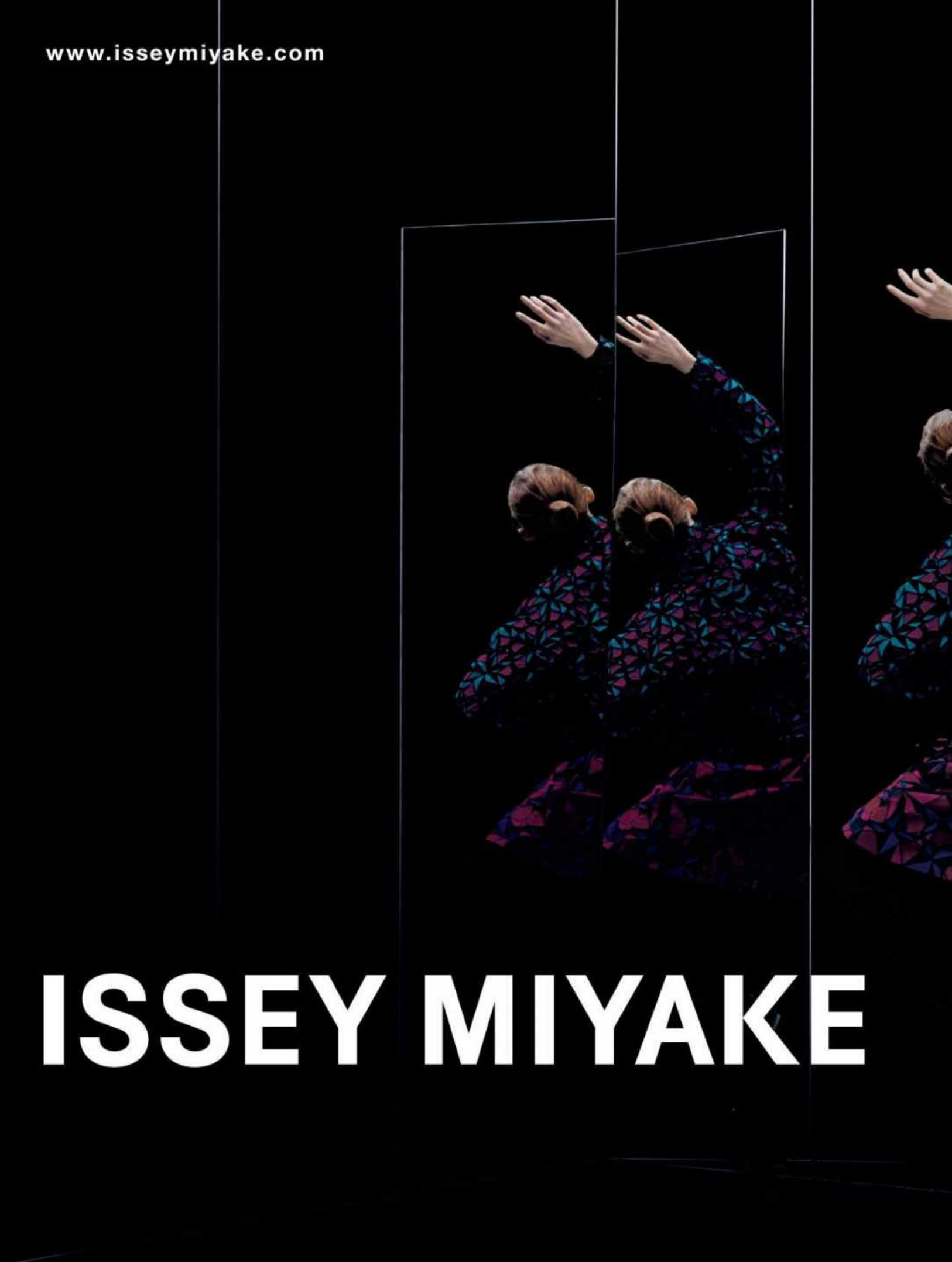
PS: Big congratulations to our ELLE columnist Victoria Coren Mitchell who has taken a short break from us to work on a new project – baby Barbara.

Photography: Kai Z Feng, David Slijper, Matthias Vriens-McGrath, Instagram/JulietteLewis.


JIMMYCHOO.COM
JIMMY CHOO



www.isseymiyake.com



ISSEY MIYAKE



#HOROSCOPE

discover your destiny & your month ahead

Forecast: The Saturn Sisters
Stefanie Iris Weiss
and **Sherene Schostak**
It's your birthday, Leo!



VIRGO

24 AUGUST-23 SEPTEMBER

Your month to: Push your luck
You are entering an auspicious once-in-12-years phase that lasts until next summer. Yes, this is absolutely what you've been waiting for. On the 29th, a deeply romantic full moon takes your relationship to the next level. Prepare to put your lovers under the microscope.
Date for your diary: 23rd
Your birthday starts now, even if you were born in September.

LIBRA

24 SEPTEMBER-23 OCTOBER

Your month to: Connect
August is so incredibly social that you might feel like you can't keep up. Don't sweat it. The social wave will break and you'll really crave solo time after the 12th. Feel free to say no to invites as the month progresses, but do commit to parties on the weekend of the 14th, when the new moon makes you a master flirt. Get out and be your very best self.
Date for your diary: 19th
Indulge in experimentation between the sheets. That is all.

SCORPIO

24 OCTOBER-22 NOVEMBER

Your month to: Soar
Your career is on a sharp upwards trajectory. Get your networking game on after the first week of August, when the stars inspire collaborative genius. By the new moon on the 14th, you're ready to take long-delayed professional plans all the way – stop hedging and start making it happen. And it's not all about work – the full moon (on the 29th) is charged with romance.
Date for your diary: 21st
If you feel a bit low today, don't despair. You're about to solve a life-changing puzzle.

SAGITTARIUS

23 NOVEMBER-22 DECEMBER

Your month to: Have a vision
On the 11th, the stars deliver big-time success – and this ambitious phase lasts through to September 2016. Major creativity is unleashed near the new moon on the 14th, as well as a whole lot of wanderlust. If you're not already on holiday, you'll want to book a trip.
Date for your diary: 24th
Go for it – stroke your ego.

CAPRICORN

23 DECEMBER-20 JANUARY

Your month to: Be satisfied
Don't hold back this August. By the new moon on the 14th, your desires will be utterly steamy. Getting all your sensual needs met should be at the top of your to-do list. On the 29th, you'll find closure to a conversation you started last March. Phew.
Date for your diary: 15th
Issue yourself a reality check.

AQUARIUS

21 JANUARY-19 FEBRUARY

Your month to: Match up
Relationships are everything this August, especially leading up to the new moon on the 14th. If you've been single in recent months, this is the best moment of 2015 to find love. A major financial issue is finally resolved near the full moon on the 29th.
Date for your diary: 7th
Curate the perfect look.

PISCES

20 FEBRUARY-20 MARCH

Your month to: Be healthy
It's time to stop contemplating that yoga retreat and book it already, or, at the very least, commit to that green juice routine. It will pay off near the new moon on the 14th, helping you work harder, longer and more efficiently. Your mantra at the full moon on the 29th? Love heals.
Date for your diary: 20th
Be cautious of ultimatums.

LEO

23 JULY-23 AUGUST

Your month to: Know your self-worth
Happy birthday, Leo! You have a lot to celebrate. Prepare to feel flush from mid-month on – you're entering a lucrative phase that lasts until summer 2016. Plus, the new moon comes to your constellation on the 14th, enhancing your life in a myriad magical ways. It's your annual reset, so make a long list of goals and be ready to accomplish most of them within six months. Everything is achievable.
Date for your diary: 31st
Your crazy, sexy, summer loveathon peaks today. You're ridiculously captivating right now.

READ IT
To find out what your stars hold every day, check out elleuk.com/daily

ARIES

21 MARCH-20 APRIL

Your month to: Be a firework
Life feels like a non-stop party for the first three weeks of August – get sociable and RSVP yes to everything. Your passions are at an all-time high near the new moon on the 14th. If you're currently single, expect to update your relationship status *very* soon.
Date for your diary: 8th
Your creative juices are flowing.

TAURUS

21 APRIL-21 MAY

Your month to: Reminisce
This August was made for memories. A profound revelation comes when you fit your current relationship issues into the context of early childhood patterns. By the new moon on the 14th, your eyes are open and your path forward is crystal clear – at least when it comes to love.
Date for your diary: 6th
Decorate like it's your job.

GEMINI

22 MAY-21 JUNE

Your month to: Hustle
While your friends relax this summer you remain fixated at work. You don't want to miss any opportunities, especially near the new moon on the 14th. By the full moon on the 29th, the hard work you've done over the last six months pays off. The end of the month should play out at the beach.
Date for your diary: 12th
Ease off on the deal-making.

CANCER

22 JUNE-22 JULY

Your month to: Be a genius
Your synapses are firing rapidly this summer, especially near the new moon on the 14th. Set up a creative collaboration with savvy friends and download a recording app for your brainstorming sessions as you'll want those brilliant ideas noted. Hit the road by the full moon on the 29th – it's time for a holiday.
Date for your diary: 26th
An auspicious message is coming to an inbox near you.

Photography: Jason Lloyd-Evans.


ESCADA
+44 20 72459800 SHOP ONLINE AT ESCADA.COM

WOMAN OF THE MONTH

DINA TORKIA



Dina Torkia, aka Dina Tokio, is one of the most prominent names in a new school of hijabi bloggers: women who mix style blogging with codes of Muslim dress. She started making YouTube videos in 2011, and now has more than 200,000 subscribers. Dina, 26, featured on the recent BBC3 documentary *Muslim Beauty Pageant And Me*. She lives in Birmingham with her husband Sid.

When I first started blogging and making videos, I was one of the first Muslim hijabi fashion bloggers in the UK. In the past two years there has been a massive rise in Muslim bloggers in the UK. The competition has made me take my job more seriously – I have to be creative with my ideas.

I never thought I could have a career in fashion because I'm a Muslim who wears a hijab. University didn't work out for me. I went to three different Cardiff unis and did psychology, religious and social studies, and humanities, but none of them were for me. I realised that actually, fashion was all I wanted to do, so I decided to make patterns at home on a sewing machine and share my designs online. My main goal was always to have my own fashion line.

I started blogging as a hobby, and funded myself by working part-time in a call centre – if you have talent but wait for opportunities to come to you, you won't get anywhere. It's only in the past two years that blogging has turned into a solid career for me.

The Islamic quote, 'Don't judge others because they sin differently to you,' is a favourite of mine. I think of it when I read comments from girls telling me I'm wearing my hijab incorrectly, and they're not even wearing one in their profile picture.

The best advice I've been given is to take every opportunity you can, even if you think it's not related to your field. I was in fashion and then ended up doing a documentary on the BBC.

Negative comments are a form of entertainment for me and Sid. We read them before bed – half of them are humorous, half of them don't make any sense.

Most of the feedback I get is really rewarding. I've had emails from a lot of young women and girls who wear hijabs. They say I've showed them that it's possible to dress in a way that shows their personality and style, but doesn't prevent them from taking the next step with their faith.



#ELLEKRISTEN

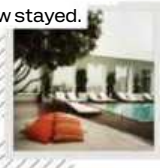
Kristen Stewart

THE COVER BY NUMBERS

26 pairs of shoes by Gucci, Altuzarra, Pierre Hardy, Converse and Jimmy Choo.



8440 Sunset Boulevard. Location of the Mondrian hotel, where the crew stayed.





6 suitcases arrived at LAX, filled with Chanel, Gucci, Saint Laurent by Hedi Slimane, Valentino and Tom Ford.



10 American Apparel hoodies arrived. Nine were returned – Kristen kept one.

12.30pm lunch of grilled chicken, tomato pasta with olives, lentils and asparagus, and chocolate chia-seed pudding.





17 healthy snacks to choose from, including Cliff protein bars.



21°C and sunny in LA.

1 Saint Laurent by Hedi Slimane leopard-print cape.

90041 – the zip code of our location in Glendale, LA.



18 people on the shoot.



12 pairs of Ray-Ban sunglasses.



4pm finish time (midnight UK time).

THE COVER-SHOOT PLAYLIST

Boys Don't Cry by The Cure;
Please, Please, Please, Let Me Get What I Want by The Smiths; **11:11** by Dinosaur Pile-Up

HEAR IT To listen to the songs from the shoot, follow ELLEUK on Spotify

Turn to p248 to read our exclusive interview with Kristen

Compiled by: Claire Sibbick, Rosie Williams. Photography: Alamy, Anthea Simms.


paco rabanne
The new fragrance for her
OLYMPÉA
#Olympéa - pacorabanne.com/olympea


THE FRAGRANCE FOR WOMEN
DAISY DREAM
MARC JACOBS
MARCJACOBSFRAGRANCES.COM
PHOTOGRAPH BY JUERGEN TELLER


DAISY DREAM
MARC JACOBS


Dress
9.99
Shop at hm.com


B
H&M



COMPROMISE IS NOT MY STYLE

INTRODUCING THE NEW ghd platinum styler

Get ultimate results without compromising the health of your hair*. Tri-zone® technology maintains a safer-for-hair heat from root to tip, so now your hair can be stylish *and* healthy – all in one stroke. **Available in the finest salons, premium retail stores and ghdhair.com #ghdplatinum**

Results based on tri-zone® technology:
*vs a styler working at 230°C **vs untreated hair †2x more colour integrity vs a styler working at 230°C

RESPECT FOR YOUR HAIR

{OPTIMUM TEMPERATURE}

Hot hair doesn't have to mean the hottest temperatures. The ghd platinum styles at the perfect heat to respect your hair from root to tip, reducing hair breakage by over 50%*.

STYLE AND SUBSTANCE

{UNIQUE WISHBONE HINGE}

No compromise means ultimate control. Our wishbone hinge holds the plates in perfect alignment giving you both control and improved versatility, making it easier to create any style with 20% more shine**.



HEAT YOU CAN RELY ON

{TRI-ZONE® TECHNOLOGY}

The six intelligent sensors, delivering perfectly constant heat throughout the plates, are proven to be kinder to your hair colour† and enable you to optimise your style in as little as one stroke.

ghd

good hair day, every day



MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE®

Christy is wearing New Lash Sensational™ Waterproof Mascara in Black. ©2015 Maybelline LLC.
*Source: Nielsen value & unit sales. January – 23rd of May 2015.


FROM BRITAIN'S Nº1 MASCARA*
REVEAL THE LOOK OF
LAYERS & LAYERS OF SENSATIONAL LASHES.
NOW IN WATERPROOF.
NEW
LASH sensational™
LASH MULTIPLYING WATERPROOF MASCARA
Our first LAYER-REVEAL BRUSH captures even the tiniest lashes and volumises the look of longer ones. Create a sensational, multiplied lash look. Now in waterproof.
MAYBELLINE NEW YORK
LASH sensational
LASH MULTIPLYING MASCARA
WATERPROOF
MAYBELLINE®
NEW YORK



30 BRUTON STREET W1
91-97 FULHAM ROAD SW3
STELLAMCCARTNEY.COM

STELLAMcCARTNEY



THE RISE OF THE ECCENTRIC

Now is the time to go it alone. Inspired by ladylike eccentrics at Miu Miu, embrace an eclectic mix of prints and textures in unexpected combinations, and prepare to stand out from the crowd.

FIRST look ELLE

Photography: Courtesy of Miu Miu.



Words **Rebecca Lowthorpe**

What is the strongest message from the autumn/winter 2015 shows? It's hard to say. The Modernist and the Vintagist are still slugging it out, and the jury – that's you – has yet to return its verdict. Eyes to the left for our Modernist in precise lines and shots of colour. Eyes to the right for our Vintagist in eccentric layering of retro decades.

The Modernist's roots stem from minimalism, but her wardrobe has moved way beyond good taste, clean cuts and understated colour. She's more confident and complex than that. While her preferred shapes remain strict and simple, they burst with weird and wonderful colour and fabric combinations: lime green or smoked salmon neoprene (Prada); glassy scarlet leather (Loewe); frosty white shearling that looks purposefully fake (Louis Vuitton). The beauty of the Modernist is that she's so unpredictable. You only have to look at what fashion prophet Phoebe Philo did with Céline to understand the new Modernist revolution: Philo addressed our desire to be at once chic, witty, smart, and, yes, glamorous. Fancy a pair of embroidered trousers? Here you go. Don't feel like being dressy? Try a poncho. Want to dress up a simple slip? Try a leather strap with faux-fur pom-poms. For the Modernist, read: rule breaker.

And the Vintagist? She's unapologetic in her love of the familiar, often juggling several decades in a single

VINTAGIST



outfit. She's a romantic. A philosopher. A poet! She wants her clothes to suggest they're deeply personal one-offs. But it's also the spirit in which she puts them all together. The big questions on the Vintagist front are: Can't you just buy the look from a thrift store? And: Do you have to be a master stylist to recreate this kind of look? I would say, yes, definitely, to the former and not at all to the latter. By all means, head straight to your favourite thrift store. However, nobody is expecting you to splice Victoriana with Mexican chola girl-referenced face jewellery (Givenchy). As if you would listen if we told you to put an Eighties silver chain ra-ra skirt over lashings of panne velvet (J.W.Anderson)! Or layer Sixties tweeds and flower jewellery with an Eighties blouse and tank-top combo (Miu Miu). You'll probably just end up buying a romantic blouse and a pair of Seventies velvet flares or a vintagey floral dress. And if you do, I urge you to look at the new Gucci, now spearheaded by Alessandro Michele. He makes the most convincing case for the Vintagist – be she bobble-hatted and bespectacled, androgynous in menswear, smart in her natty jacquard Sixties suit or pretty in vintage florals. She's an eccentric, just as much of a one-off as her Modernist sister.

Sure, they're both out there. Experimental, bold, challenging… playful, funny, unpredictable, individual.

But then, aren't we all? ›

Photography: AntheaSimms.

the MODERNIST wears...

FIRST look

Viscose skirt, £425, Christopher Kane



Leather bag, £135, Bimba Y Lola





Merino wool top, £395, Jonathan Saunders

Suede and leather shoes, £650, Nicholas Kirkwood for Roksanda



Silk-mix blouse, £29.99, H&M Studio





Leather dress, £1,110, Bimba Y Lola

Leather boots, £550, Roland Mouret



Lurex skirt, £164, Pinko



Velvet-mix shoes, £46, Topshop



Silk-mix trousers, £810, Isa Arfen



Polyester-mix waistcoat, £119.99, H&M Studio





Nylon dress, £290, Hunter

Leather shoes, £60, Clarks



Silk-mix top, £460, Miuniku



the VINTAGIST wears...

Polyester blazer, £65, Topshop. Polyester-mix top, £35, Asos



Leather and wool-mix jacket, £1,910, Theory



Styling: Charlie Gowans-Eglinton. Photography: 3 Objectives. For shopping details, see Address Book.

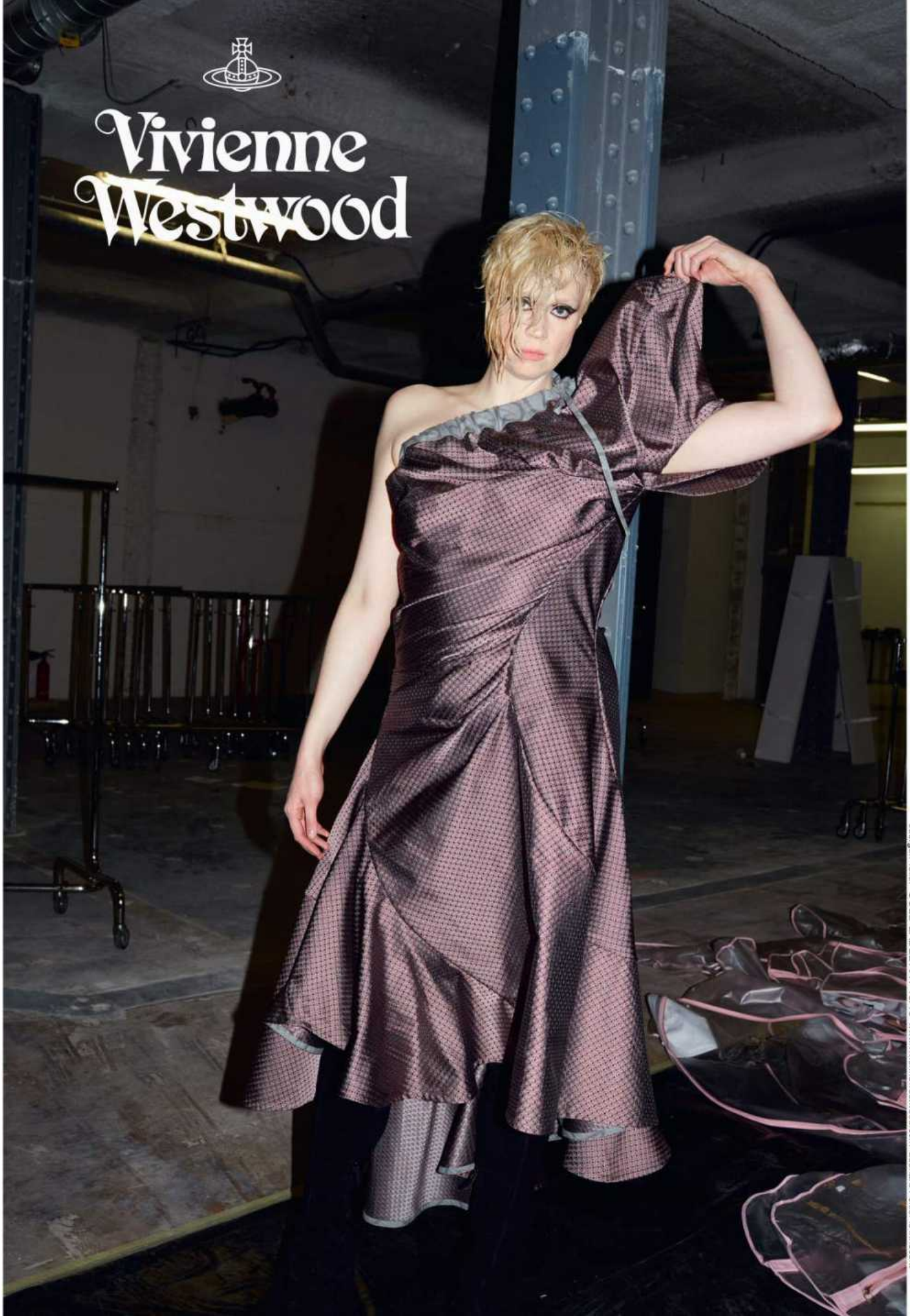
ELLE SHOP IT Check out the latest new-season edits at elleuk.com/fashion

JIMMYCHOO.COM

JIMMY CHOO



THE ORIGINAL FRAGRANCE


Vivienne
Westwood
Juergen Teller GOLD LABEL A/W 15/16 www.viviennewestwood.com Leonard Pellier is innocent



The BLOUSE is back

Meet a/w 2015's hero piece – it's back from the fashion wilderness to complete your wardrobe

Words **Emma Sells**











Famous blouse fans (clockwise from top): Cara Delevingne, Princess Diana, Françoise Hardy

Photography: Getty, Anthea Simms.





FIRST look

THE TREND



Wouldn't it be great if a single item of clothing, styled right, would instantly fast-forward your look into a/w 2015? And how amazing if you already owned it? Cue the blouse, the hit of the season that's the most unexpectedly useful piece, set to take the faff out of getting dressed.

Your new hero piece is a bit prim, a bit romantic and truly vintage in spirit, whether it's Seventies glam rock, Eighties Sloane Ranger or Victorian gothic. On the catwalk, Alessandro Michele led the charge with his game-changing, gender-bending Gucci collection filled with louche silk pussy-bow blouses (on men and women), which instantly became the season's most-wanted pieces. By the time Bottega Veneta, Alberta Ferretti, Chloé, Emilio Pucci and Altuzarra had followed suit, the front row had already mentally started rifling through their wardrobes.

Want to get involved? First you need to nail the difference between a blouse and a shirt. A blouse is ultra feminine, cut from light, luxe fabrics (not cotton), with rounded, tied or high-necked collars and gathered cuffs, ruffles and lace.

Team yours with an off-kilter mix of pieces and fabrics, or keep it simple and layer it over a polo neck or under a dress. But the best thing about the blouse is its versatility: pick the right one and you can throw it on with pretty much anything and look the part. ›

the blouse

SHOP THE PIECE

Styling **Charlie Gowans-Eglinton**



Silk blouse, £740, Chloé



Silk blouse, £275, Alexa Chung for AG



Silk blouse, £180, 7 For All Mankind





Silk blouse, £79, John Lewis

Silk blouse, £390, Carven



Make Princess Diana your Sloane Ranger style reference

Silk blouse, £235, Masscob





Cotton blouse, £115, Essentiel Antwerp







Viscose blouse, £215, Bimba Y Lola



TREND TIP
Look for high necklines and lace details for buttoned-up, Gothic appeal.

TREND TIP
Layer silk blouses under knits, Lurex and tweed to capture the season's eccentric mood.


Cotton-mix blouse, £38, Topshop

OSCAR DE LA RENTA

GUCCI

Polyester blouse, £46, Urban Outfitters

ALTUZARRA

MIU MIU

Cotton-mix blouse, £38, Topshop

Polyester blouse, £35, Wallis

Alexa Chung

Silk blouse, £550, Vilshenko

LANVIN

PHILOSOPHY

Silk blouse, £750, Ermanno Scervino

Retro prints and pussy bows will give your look a Seventies feel

Photography: 3 Objectives, Getty, Jason Lloyd-Evans, Anthea Simms. For shopping details, see Address Book.


The *Charlie cross body bag*
Available at Kurtgeiger.com
KURT GEIGER
LONDON
KURT G

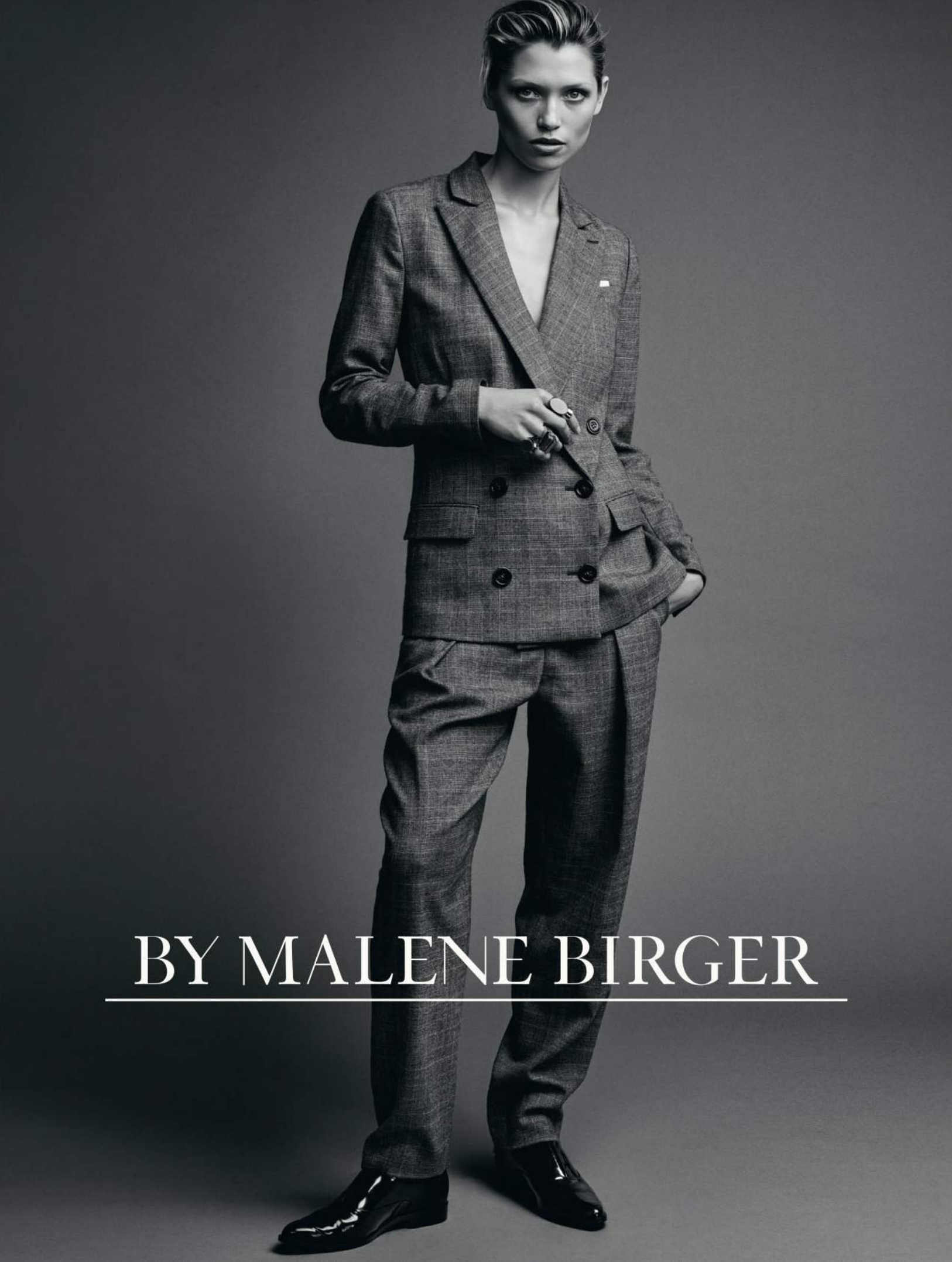

GEIGER




RIVER ISLAND
#IMWEARINGRI



28-29 MARYLEBONE HIGH STREET, LONDON WWW.BYMALENEBIRGER.COM


BY MALENE BIRGER





TOPSHOP







Left to right: £30, Asos. Price on request, Jonathan Saunders. £24.99, H&M



HARRIET STEWART
MARKET & RETAIL EDITOR

MY NEW LABEL
Rosetta Getty
'I love Rosetta's cool, minimal take on the Seventies trend. You'll find elegant culottes, velvet boots and knitted flares.'
Available at Harvey Nichols, from £290-£5,440

MY MICRO TREND
Lurex polo necks
'The wardrobe staple has had a Studio 54-style makeover and comes in a rainbow of sparkly Lurex options. Style as you would a regular polo neck – this is disco knitwear for every day.'

NEW BRAND TO BUY
Senso
'The Australian label offers fashion-forward shoes (such as its classic lo-fi trainers) at affordable prices.'
Available at Asos, from £119-£235





THE BOOK
***Becoming Cindy Crawford* by Cindy Crawford and Kate Betts**
'Life lessons and incredible images of the veteran supermodel? Essential reading.'
Out 15 September (Rizzoli)

THE EDITORS' MOODBOARD

THIS SEASON WE LOVE

Want to get your wardrobe in shape for a/w 2015? **The ELLE fashion team** help you **navigate the new season** with the labels they love, the Fashion Week moments they're still thinking about, **the pieces** they can't wait to wear and **the places** they'll be looking to for inspiration over the coming months. **Take note**

Photography: 3 Objectives, Victoria Adamson, Jason Lloyd-Evans.

FIRST look



CAN'T WAIT FOR
Uniqlo x Lemaire
'Lemaire's modern, elegant approach to design meets the high-street brand's everyday pieces.'
Launches October, from £14-£130



ANNE-MARIE CURTIS
FASHION DIRECTOR

Wool-mix coat, £129, Autograph at Marks & Spencer



MUST-HAVE PIECE
Marks & Spencer coat
'Marks & Spencer is on a roll at the moment. Leopard print was a huge trend at the a/w 2015 shows and with this coat the brand really got it right.'



MY INSPIRATION
The Gucci girl
'Alessandro Michele's first Gucci show felt like a real moment. There was a modern romanticism to it with an emphasis on handcrafting that's very new. It all had such vintage appeal.'



NEW DESIGNER
Vêtements
'Its a/w 2015 collection was full of ideas and pieces that will trickle down into something more wearable.'
Available at net-a-porter.com, from £176-£2,840

MY NEW LABEL
Masscob
'The Spanish label, designed by Marga Massanet and Jacobo Cobián, has a knack for understated pieces that strike the balance between polished and slightly undone.'
Available at Liberty, from £45-£1,200





CHARLIE GOWANS-EGLINTON
FASHION ASSISTANT

Corduroy trousers, £180, Norse Projects.



Corduroy blazer, £702, Isa Arfen

NEW TEXTURE
Corduroy
'Thanks to the likes of Chloè and Sonia Rykiel, corduroy feels relevant again. Look for washed-out pastels and deep burgundies and browns.'



Corduroy skirt, £85, Topshop

MUST-HAVE
The ankle boot
'A/w 2015's slightly cropped trousers and skirts will frame a pair of killer ankle boots. This embroidered pair by Vivetta is top of my wish list.' ›



Embroidered leather boots, £450, Vivetta



Clockwise, from top: Shearling bag, £750, leather bag, £525, shearling bag, £210, and leather bag, £865, all Jérôme Dreyfuss



EMMA SELLS
FASHION FEATURES WRITER



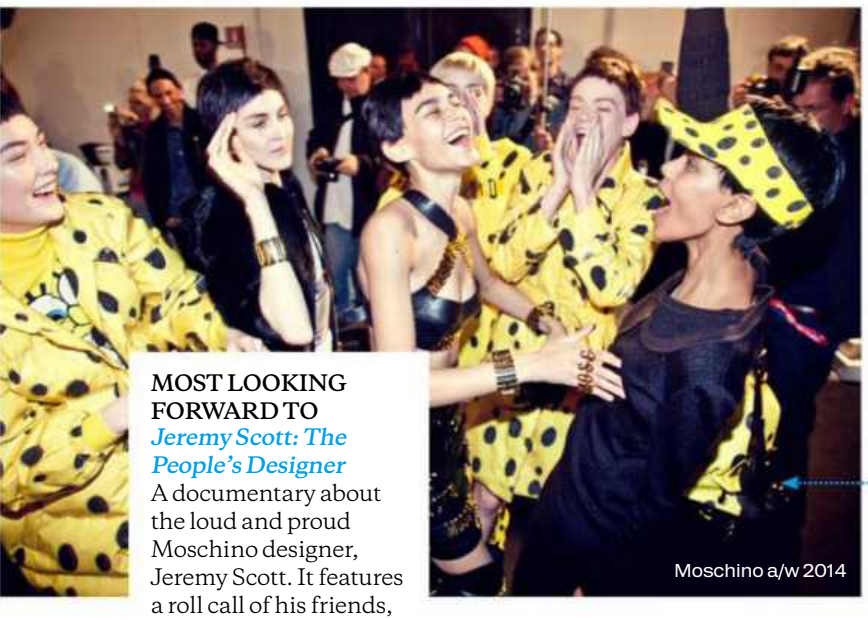
Suede shirt, £635, Simon Miller



Denim jeans, £210, Simon Miller

SHOP I'LL BE VISITING
Jérôme Dreyfuss
'Opening his first London store – just around the corner from wife Isabel Marant's – so we can shop his irresistibly cool accessories with ease.'
20 Berkeley Square, Mayfair, London W1; opening this autumn

MY NEW LABEL
Simon Miller
'This LA label has a knack with Japanese denim and modern, minimalist shapes.'
Available at matchesfashion.com, from £105-£1,178



Moschino a/w 2014

MOST LOOKING FORWARD TO
Jeremy Scott: The People's Designer
A documentary about the loud and proud Moschino designer, Jeremy Scott. It features a roll call of his friends, including Katy Perry, Miley Cyrus and A$AP Rocky.' *Out 18 September*



Jeremy Scott and Miley Cyrus pose backstage at New York Fashion Week last year







MUST-HAVE BAGS

The Loewe V

'When it debuted this season my appreciation was instant. The palette and fishtail strap are where its success lie. I consider it a future classic.'







Suede bags, £1,625 each, Loewe



CAN'T WAIT TO WEAR

Trouser suits

'Almost every a/w 2015 line-up featured a trouser suit. There are so many styles you could have a different vibe every day. Getting dressed for work has never been more appealing.'



DONNA WALLACE
ACCESSORIES EDITOR

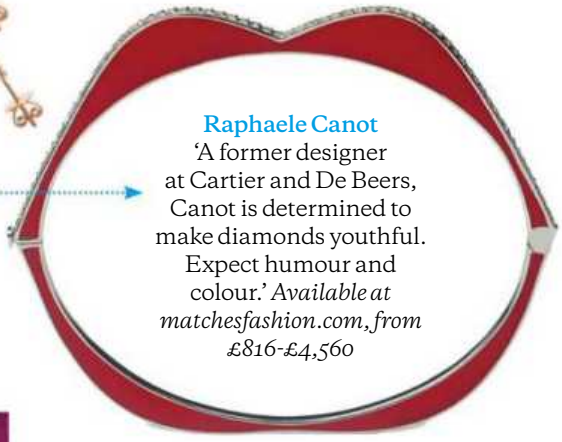


Diamond and enamel ring £980, Raphaele Canot

Yellow-gold earrings £1,816, Raphaele Canot



Rose-gold and diamond earrings, £2,100, Raphaele Canot



Raphaele Canot

'A former designer at Cartier and De Beers, Canot is determined to make diamonds youthful. Expect humour and colour.' *Available at matchesfashion.com, from £816-£4,560*



MY INSPIRATION

Sonia Rykiel

'I want to be a Sonia Rykiel woman. Creative Director Julie de Libran is one of the most stylish women in Paris, and her Rykiel woman is so effortlessly cool.' ›





REBECCA LOWTHORPE
ASSISTANT EDITOR

CAN'T WAIT FOR

Grace Jones: I'll Never Write My Memoirs

'I don't like to use the word icon, but if anyone encapsulated the style and sound of an era, it's Grace.' *Out 24 September (Simon & Schuster)*





MOST-LOVED ITEM

Thom Browne whale bag

'This from Thom Browne was one of the most memorable bags from the a/w 2015 shows. It looks so classic, but then… it's a whale!' *Available at Dover Street Market*



Leather bag, £1,700, Thom Browne

Photography: 3 Objectives,Victoria Adamson, Alamy, Sean Cunningham at Jason Lloyd-Evans, Getty, Silvia Olsen, Martin Plasek, Anthea Simms, Marco Walker, Victoria Zschommler.

FIRST look



LORRAINE CANDY
EDITOR-IN-CHIEF

Nylon-mix bra, £80, and matching leggings, £140, both Ultracor

MY NEW KIT
Ultracor
'Fashion-forward details meet cutting-edge fabric technology. The pieces engage your core as soon as you put them on.'
Available at matches fashion.com, from £95-£195

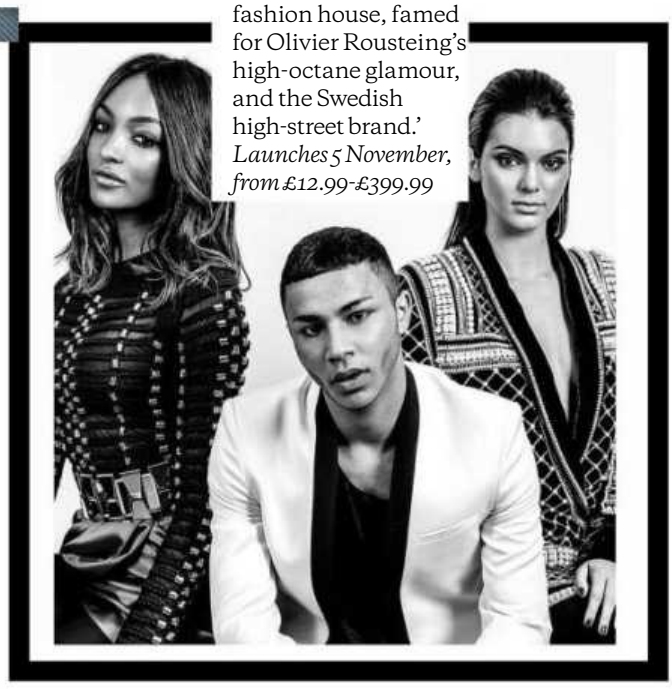
I CAN'T WAIT FOR
The EY Exhibition: The World Goes Pop
'Art is a natural starting point when I'm looking for shoot references, and pop is a particular inspiration. It's powerful and subversive.'
From 17 Sept 2015-24 Jan 2016, Tate Modern



GIORGIO ARMANI

MY NEW FLATS
Armani brogues
'I'm always on the lookout for great flats. I wanted these brogues as soon as I saw them.'

ON MY WISH LIST
Balmain x H&M
'A genius collaboration between a luxury fashion house, famed for Olivier Rousteing's high-octane glamour, and the Swedish high-street brand.'
Launches 5 November, from £12.99-£399.99



Compiled by: Emma Selis. Photography: 3 Objectives, Victoria Adamson, Sean Cunningham, Jason Lloyd-Evans, Anthea Simms. For shopping details, see Address Book.



Ushio Shinohara's Doll Festival from The EY Exhibition: The World Goes Pop

MICHELLE DUGUID
SENIOR FASHION EDITOR

MICRO TREND
Gothic craft
'I love the effect of the depth of the black, and the tarnished colours of the embroidery on these pieces (left). They're so beautifully crafted, I can imagine wearing them forever.'

DOLCE & GABBANA

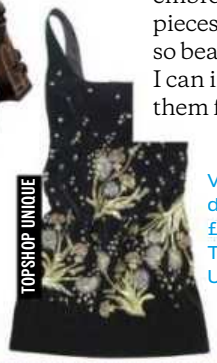
MY INSPIRATION
The Dries Van Noten girl
'I so want to be her. I like the mix of texture, print and femininity with masculine shapes.'



DRIES VAN NOTEN



GUCCI



TOPSHOP UNIQUE

Velvet dress, £750, Topshop Unique

BCBGMAXAZRIA LONDON 23-25 KING'S ROAD LONDON SW3 4RP +44 20 7824 9840
ALSO AVAILABLE AT HARVEY NICHOLS LONDON MANCHESTER EDINBURGH LEEDS



BCBGMAXAZRIA

BCBG.COM

ADD TO BASKET



Clockwise from top: Leather shoes, £550, jersey jacket, £1,355, Plexiglas and crystal brooches, £505 each, all Prada

Pin-up girl

It's official, the ***brooch is back*** and ready for action. Look for something that mixes the old and new, like Prada's fantastic blooms

Styling **Donna Wallace** Photography **Beate Sonnenberg**

These brooches were the finishing touches on Miuccia Prada's warped and wonderful catwalk debutantes. The oversized Plexiglas blooms in Wes Anderson-esque shades tread the line between princess and pop, vintage and futurist. Aren't you dying to pin them on to your tweed coat, pull on your Mary Janes and go? This is pretty, but not as you know it.

SHOP IT
See the trends first, direct from the #ELLEFashionCupboard. Go to elleuk.com/fashion

For shopping details, see Address Book.


MAXMARA.COM
AMY ADAMS
FALL 2015
MaxMara

WE COULD BE ROYALS

This kind of luxe is definitely for us. Regalia rules this season

SIMONE ROCHA Pearl necklace, £195

CHANEL Resin and metal brooch, £296

JIMMY CHOO Velvet and metal bag, £1,995

DSQUARED2 Crystal earrings, £370

JIMMY CHOO FOR GILES DEACON Velvet shoes, price on request

CARVELA Velvet shoes, £89

SHOUROUK Crystal and satin brooches, £220 (left), and £345 (right)

HELEN MOORE Faux-fur scarves, £35 each

EDDIE BORGO Crystal and pearl bracelet, £285

ALBERTA FERRETTI Velvet shoes, £480

BALLY Leather bag, £2,250

ASPINAL Leather bag, £595

BOTTEGA VENETA Leather shoes, £640

ACCESSORIZE Glass and metal necklace, £12

TOGA Crystal-embellished leather shoes, £311

NEW LOOK Metal and glass brooch, £4.99

Styling: Donna Wallace. Photography: 3 Objectives. For shopping details, see Address Book.



J BRAND

JBRANDJEANS.COM


INES DE LA FRESSANGE
PARIS
ユニクロ
UNIQLO
Soft wool jacket £89.90 / Cashmere crew neck sweater £59.90 / Wool blended skirt £29.90
The collection for the Fall / Winter season launches on the 4th of September. Available in select stores or online at www.uniqlo.com



INDIVIDUALLY MINDED

Lyrical, nostalgic, romantic – ***Lorenzo Serafini's*** first collection at Philosophy signals a Milan-led fashion sea change

Lorenzo Serafini is going to change the way you dress. As one of a handful of designers creating a revolution in Milan, he will have an impact on your wardrobe. The fashion city best known for its established mega-brands (Prada, Gucci, Armani, Versace, Dolce & Gabbana, etc) is at long last witnessing a seismic shift, with a generation of back-room fashion talent breaking through into the spotlight and grasping the head-of-design baton at key houses – and, boy, are they running with it: Gucci saw its new Creative Director Alessandro Michele, 42, shake the brand to its core by ushering in a more romantic, individualistic era of Gucci woman; Peter Dundas, 46, has finally left Pucci and is poised to formally head up Roberto Cavalli with the promise of a new era of sophisticated sexiness; and Donatella Versace gave Anthony Vaccarello, 32, her blessing and put him in charge of her Versus line. Just as Alberta Ferretti hand-picked Lorenzo Serafini, 42, to reinterpret her Philosophy line. Ferretti believes in him so much, she took her name off the label and replaced it with his: Philosophy by Lorenzo Serafini. 'I gave him complete freedom to create his own vision,' says Ferretti. 'Lorenzo has the utmost sensitivity to the brand and giving him the freedom to add his own name to the logo is a great opportunity, but at the same time a great responsibility.'

So, for the first time in his career, Lorenzo Serafini had the opportunity to ask, 'What do *I* really like?' recalls the designer, handsomely bearded and bespectacled in low-key jeans and jumper in the tea room in London's Claridge's.

The results of his first collection for autumn/winter 2015, which took place in February, were quite remarkable. Before we'd even seen a stitch, the buzz of his arrival at the house ensured a catwalk flanked by the world's top editors. Out came a collection that had all the ›



Wool-blend jumper, £195, and cotton blouse, £230



Printed cotton boots, price on application





hallmarks of Alberta Ferretti (known as the 'queen of chiffon' for her exquisite sylph-like dresses) but with a stamp of contemporary freshness that chimed with the rest of Milan's new guard – more nerdily romantic, quirkily individual, with 'a smoother sexiness', as Serafini puts it. He is part of the reason we'll all be buying a high-ruffle-necked Sloane Ranger blouse this autumn. And his proposition of sweet, vintagey dresses worn with thigh-high boots, and the occasional statement sweater with a bib of ruffles, are just a few reasons why Milan is having a renaissance.

Like his compatriots, Lorenzo Serafini (say it out loud, even his name sounds poetic) has worked behind the scenes for years. In 1996, after graduating from Nuova Accademia di Belle Arti (NABA) in Milan, he won a fashion competition to intern with Anna Molinari and Blumarine, which led to a job that lasted almost five years. In 2001, he left for what would become a decade at Roberto Cavalli, rising to the rank of lead womenswear designer during which time he played a significant role in the transformation of a small studio into a major global fashion player. (Interestingly, many designers passed through Roberto Cavalli at that time, including Peter Dundas, Edgardo Osorio of shoe brand Aquazzura, and Balmain's Olivier Rousteing). 'Cavalli was a great school because Roberto was a visionary where anything was possible and he was generous enough to allow you the freedom to do whatever you wanted,' says Serafini. But by the time Domenico Dolce targeted him for the role of creative director of the D&G line, in 2010, Serafini wanted to work for a business with concrete 'boundaries, vision and strategy'. '[Domenico Dolce and Stefano Gabbana] are both true creatives with business minds, which is a typical Italian trademark, I think,' muses Serafini. 'They have amazing ateliers and, on the industry side, they own their own factories, so they really joined the two things.' When Dolce & Gabbana decided to close D&G down ('maybe because of the big groups such as Zara and H&M,' says Serafini), they drafted him to work on the main line. 'It was very, very brave of them to react with such a strong point of view. They knew the market was moving higher and higher, and they are super-fast reactive people.'

Lorenzo Serafini is just as romantic as his name might suggest. He was born in Rimini, a seaside resort on Italy's Adriatic coast, where he still goes at the weekends to escape Milan. 'It's a strange place; it's two places in one. From spring to September it transforms completely from desert to full of life. Then in winter, there's this feeling that I have always, always loved, of an abandoned place, the feeling of the sea in winter with a slight sadness, a melancholy. And you ask me why I am so romantic!' It's no surprise that he prefers winter in Rimini. 'September is my favourite month, when all the people are leaving,' he says, although, conversely, he prefers designing spring/summer. Anyway, that's where he grew up, in Rimini with one younger brother, his hotelier father, and mother who kept a shop ('a kind of bazaar with bathing suits and summery stuff, very, very Eighties.') in nearby Misano, where he attended the local school, which he loved. He was always obsessed with fashion magazines, and decided when he was a child that he would be a fashion designer. Was his mother terribly stylish? 'No, completely not. Absolutely not.' So your influence was purely from magazines? 'Yes, and television. Fashion on television was like a feast! I recorded everything – I still have all those [VHS] tapes!'

When I ask him who his design heroes are today, his answer is telling: Ossie Clark, Ralph Lauren and Gianni Versace. If you were to blend all three, you might come up with, well, Lorenzo Serafini: the free-spirit romanticism of Ossie Clark, the commercial nous of Ralph Lauren and Versace's eye for colour and sensuality.

Perhaps it's no coincidence that the timing of this fashion renaissance, of Serafini and his co-conspirators, comes at a time when Italy is politically and economically more stable. Serafini agrees but believes that although Milan fashion is entering a different era, it still has the same fundamental genetic code: 'It's really about pieces you can actually wear, that you can live your life in. It's not just about the show. When the show is over, what remains is hope for the dresses.' Lorenzo Serafini, that is music to our ears.



Cotton dress, £595. All items Philosophy by Lorenzo Serafini

Cotton blouse, £235, and cotton dungarees, £370

Words: Rebecca Lowthorpe. Photography: 3 Objectives, Alfonso Catalano. For shopping details, see Address Book.


MARELLA
KARLIE KLOSS
UPSTATE NEW YORK, MAY 2015
SHOP AT MARELLA.COM


SHAUNLEANE
WWW.SHAUNLEANE.COM

Styling **Harriet Stewart**

HOW TO WEAR Checked trousers

Think graphic lines and masculine shapes for this modern take on the classic check



Break the rules and mix checks with stripes – a simple colour palette is the style secret to know

Make sharp tailoring work for daytime with a pair of trainers

Printed denim jeans, £270, Kéji Denim. Wool-mix top, £65, Asos. Leather trainers, £110, Dune Black. Brass necklace, £60, Anna Lou of London. Rose-gold-plated brass bracelet, £80, Folli Follie

Photography: Robert Harper.

HOW TO WEAR Checked trousers



Cotton-mix trousers, £138, Free People. Polyester-mix cape, £40, Dorothy Perkins. Wool-mix jacket, £220, Parka London at Urban Outfitters. Polyester-mix jumper, £25, River Island. Rose-gold bracelets, £275 each, Thomas Sabo. Rose-gold ring, £40, Folli Follie

Play with scale – layer oversize and smaller checks with tartan

Photography: 3 Objectives, Robert Harper. Hair and make-up: Carolyn Gallyer at CLM Hair & Make Up using Sisley and Bumble and bumble. Manicure: Jessica Thompson using Chanel A/W 2015 and Chanel Body Excellence Hand Cream. Model: Tijana Tamburic at Select Model Management. For shopping details, see

EDITOR'S FAVOURITES



Mohair and silk-mix jumper, £239, Orla Kiely



Bonded jersey skirt, £165, Être Cécile



Wool-mix coat, £335, Three Floor



Acrylic scarf, £14.99, New Look



Leather bag, £515, Coach



Shimmering feathers, bead set with cubic zirconia stones.
Be inspired at pandora.net

PANDORA
UNFORGETTABLE MOMENTS



TIP

Toughen up pretty sheer lace with a pair of studded ankle boots.

ELLE LOVES

Silk dress, £150, Warehouse. Leather boots, £145, & Other Stories. Cashmere scarf, £100, Claudie Pierlot. Gold earrings (worn throughout), £70, Pandora

Polyamide-lace dress, £180, Ganni. Silk slip (worn underneath), £52, Intimissimi. Suede boots, £700, Laurence Dacade

10 WAYS TO STYLE

The longer dress

With the rise of the individualist comes the new ankle-grazing dress. A suits-all outfit, it's an easy way to tap into the winter boho look. Harriet Stewart shows you how

Photography **Robert Harper**

TIP

Knot a paisley scarf at your neck to match the paisley print on your dress.



Polyester-mix dress, £49.50, Marks & Spencer Limited Edition. Suede boots, £395, L.K.Bennett. Leather bag, £495, Meli Melo



Silk-chiffon dress, £482, Suno. Leather coat, £290, Warehouse. Suede sandals, £170, Bimba Y Lola. Cotton-mix socks, £6, Falke



Viscose dress, £60, River Island. Wool coat, £470, Bimba Y Lola. Patent-leather shoes, £110, Dune

TIP

Long coats can be tricky when worn with long dresses, so choose one that belts at the waist for a nipped-in shape.

TIP

Knee-high boots can work with long dresses, too. Just keep the overall silhouette loose and relaxed.

TIP

Girlie dresses not your thing? Add a mannish coat and brogues to a knitted tube dress. ›

TIP

Draw attention to the slimmest part of your legs with ankle-tie sandals.



Polyester-mix dress, £35, Dorothy Perkins. Leather shoes, £450, Jimmy Choo

EDITOR'S PICK



TIP

Bias cuts add shape, so this look will benefit a boyish figure; the stripes will accentuate curves.

Silk-chiffon dress, £574, Suno. Suede and patent-leather shoes, £240, Toga Pulla



Cotton dress, £138, Free People. Wool-mix jumper, £600, Acne Studios. Leather shoes, £179, Penelope Chilvers. Leather belt, £29.99, H&M Studio

TIP

A dress with a full skirt cinched at the waist works well on a curvier figure. ›

Photography: Robert Harper.



MARC CAIN

Marc Cain Collections

visit www.marc-cain.com

FIRST look

TIP

Are you new to a longer length? Try a dress with a side split to ease you into the style.



Polyester dress, £85, Topshop. Leather boots, £99, Miss KG

ELLE LOVES



Polyester dress, £65, Asos. Leather and suede shoes, £90, Lacoste. Leather bag, £139, Radley

TIP

Pick out a colour from the fabric's print and look for trainers in a matching shade.

STYLE IT

For more of ELLE's favourite new-season dresses, go to elleuk.com/fashion

Photography: Robert Harper. Styling: Harriet Stewart. Hair and make-up: Carolyn Gallyer at CLM Hair & Make Up using Yves Saint Laurent. Manicure: Jessica Thompson using Chanel A/W 2015 and Chanel Body Excellence Hand Cream. Model: Tijana Tamburic at Select Model Management. For shopping details, see Address Book.

The new online product review site...

...that knows which vacuum cleaner will really shift the dog hair.

Good Housekeeping Institute
TRIED & TESTED
GHI BEFORE YOU BUY

Start your £1 trial now

Put GHI to the test: call 01858 438413 or visit goodhousekeeping.co.uk/institute/ellesept



This offer is valid for new subscribers only, when paying by direct debit only. At the end of your 30 day trial, your subscription will continue automatically at the rate specified in the offer unless you tell us otherwise during your trial. For full offer details and full terms and conditions visit www.hearstmagazines.co.uk/gh/1GH10701.


ZADIG&VOLTAIRE
DESIGN NEW YORK
DESIGN MASTERS NEW YORK
THE COLLECTOR NEW YORK
PHOTOGRAPHS NEW YORK
EVENING & DAY EDITIONS LONDON
CONTEMPORARY ART NEW YORK DAY SALE


ZADIG&VOLTAIRE
ZADIGETVOLTAIRE.COM



CHARLIE GOWANS-EGLINTON
FASHION ASSISTANT

Wool jumper, £55, **Cos**. *Wool skirt, £499,* **Tibi**. *Leather shoes, £380,* **Dorateymur**. *Jewellery, Charlie's own*

'Block colour panels add interest to my fail-safe navy wardrobe.'

'Wearing pieces in the same colour palette will elongate your body. I love this mix of autumnal tones.'



RHIANNON THOMAS
GROUP DIRECTOR: ELLE CREATE

Cotton jumper, £128, **AllSaints**. *Suede skirt, £946,* **Tibi**. *Leather sandals, £385,* **Dries Van Noten**. *Jewellery, Rhiannon's own*

FROM THE ELLE FASHION CUPBOARD

THE TREND IS: SWEATERS & SKIRTS

Navigate the change in season by layering an oversized jumper with a textured, longer-length skirt. These are your new proportions

HARRIET STEWART
MARKET AND RETAIL EDITOR

Wool jumper, £548, **Toga**. *Wool-mix skirt, £475,* **Edeline Lee**. *Bimba y Lola sandals, and jewellery, Harriet's own*

'The flash of shoulder on this jumper takes it from cosy daywear to slinky evening attire.'





FELICITY KAY
FREELANCE FASHION ASSISTANT

Cashmere-mix jumper, £680, **Michael van der Ham**. *Wool-mix skirt, £375,* **Atea Oceanie**. *Leather boots, £390,* **Tory Burch**. *Jewellery, Felicity's own*

'Team this longer-length skirt with an ankle boot to make it feel more contemporary.'

'Proportions are key to pulling off the jumper-and-skirt look. Ankles are the new erogenous zone.'



ANNE-MARIE CURTIS
FASHION DIRECTOR

Wool jumper, £478, **Barrie**. *Wool skirt, £640,* **Stella McCartney**. *Céline shoes and jewellery, Anne-Marie's own*



GILLIAN BRETT
EDITOR'S PA / EDITORIAL ASSISTANT

Wool jumper, £140, **A.P.C.**. *Leather skirt, £1,458,* **Thomas Tait**. *Suede shoes, £120,* **Carvela Kurt Geiger**

'I've updated my staple leather skirt with this autumn's polo neck and strappy heels.'

'The volume of this skirt is dramatic yet elegant, and the double grey colour combo adds a luxe feel.'

MICHELLE DUGUID
SENIOR FASHION EDITOR

Wool jumper, £165, **BLK DNM**. *Faux-leather skirt, £199,* **Karen Millen**. *See By Chloé sandals, Michelle's own*





LEISA MILLAR
CONTENT EDITOR

Wool jumper, £285, **Joseph**. *Wool skirt, £235,* **Gerard Darel**. *Leather sandals, £65,* **Office**. *Jewellery and watch, Leisa's own*

'This chunky knit makes me feel ready to face chilly mornings and, paired with this skirt, ticks the smart-casual box.'



ELLE **STYLE IT** From the Editor-in-Chief to the interns, find out what Team ELLE wears to the office every week at elleuk.com/street-style

Compiled by: Billie Bhatia. Photography: Victoria Adamson, Martin Plasek. Make-up: Carrie Jones at Carol Hayes Management using Nars. Hair: Charley McEwen at Carol Hayes Management using Bumble and bumble. Manicures: Ami Streets at LMC Worldwide using Chanel A/W 2015 and Chanel Body Excellence Hand Cream. For shopping details, see Address Book.







maje

PARIS


ALDO
INSPIRATION IS EVERYWHERE
IRENE KIM
Inspired by color


ALDOSHOES.COM



www.yolancris.com

Discover the Haute Couture world of **YolanCris Barcelona**
info@yolancris.com | Tel. +34 932 969 468

SOCK SHOES 1



Leather boots, £540, 3.1 Phillip Lim

Leather-mix boots, £450, L.K.Bennett

Leather boots, £1,245, Bottega Veneta

TIME TO RE-BOOT
It's a boot. That looks like a shoe. A shoe with a sock. I'm calling it the *trompe l'oeil* boot – the optical illusion boot. And, thanks to the s/s15 Miu Miu catwalk, it's very much a 'thing'. The return of the ankle boot wasn't enough: this is a new frontier.

Above: Leather and suede boots, £795, Nicholas Kirkwood for Roksanda



Donna wears: Cotton-mix jacket, £371, Claudie Pierlot. Cotton top, £49.99, Zara. Silk top (worn underneath), £495, Roksanda. Wool trousers, £600, Chloé. Leather boots, £1,095, Alexander McQueen. Below: Leather boots, £795, Nicholas Kirkwood for Erdem



DONNA'S DETAILS

The new boot, form-defying leather goods, and sculptural earrings. It's time to play, says Accessories Editor Donna Wallace

PLAYFUL LEATHER 2

SHAPE-SHIFTER
Sarah Williams founded her label Williams Handmade to up the appreciation for leather hand-craftmanship. This translates as sculptural cases and bags in a palette of beautiful shades. These are true heritage pieces.



Leather and suede curved case (left), £2,200, and leather and suede laptop case (below), £3,250, both Williams Handmade

SCULPTURAL EARRINGS 3



From left: Brass earrings, as before, Toga. Red and yellow spiral earrings, £120 each, Uncommon Matters



Right: Metal earrings, £15, Marks & Spencer Limited Edition. Donna wears: Polyester jacket, £470, Acne. Brass earrings, £308, Toga

WEARABLE ART
Where fingertip rings exited stage left... earrings entered. And I'm talking architectural, conversation-starting earrings. Paired or worn solo – that's down to your own creative licence – these finely wrought pieces are like wearable works of art. It's time to invest in some modern sculpture.



Left: Metal earrings, £7.50, Freedom at Topshop. Donna wears: Brass earrings, £35, Finery. Clothes, as before. Above right: Gold earrings, £280, Marni

Words and styling: Donna Wallace. Photography: 3 Objectives, Victoria Adamson. For shopping details, see Address Book.



sandro

PARIS

SEE THE FILM ON SANDRO-PARIS.COM
FALL/WINTER 15/16

Introducing the ***new trouser suit***. Go for slim tailoring and pair with mannish flats, or ***subvert it*** with heels and a blouse



IN STORE

06.08.15

BANANA REPUBLIC
Cotton-mix blazer, £140, and matching trousers, £59

SHOP IT
See what else is on the high street this week at elleuk.com/fashion

SCAN WITH layar **SCAN IT • SEE IT**
Hold your phone over this symbol for a 360˚ view

For shopping details, see Address Book.

Styling **Harriet Stewart** Photography **Luke Kirwan**


I
AM
JUICY
COUTURE
THE NEW FRAGRANCE
Juicy Couture
Juicy Couture
#iamjuicycouture



THIS IS THE REMIX

The greatest stories deserve a second look. The season's most unmissable entertainment sees the classics rebooted for the stage, screen and beyond

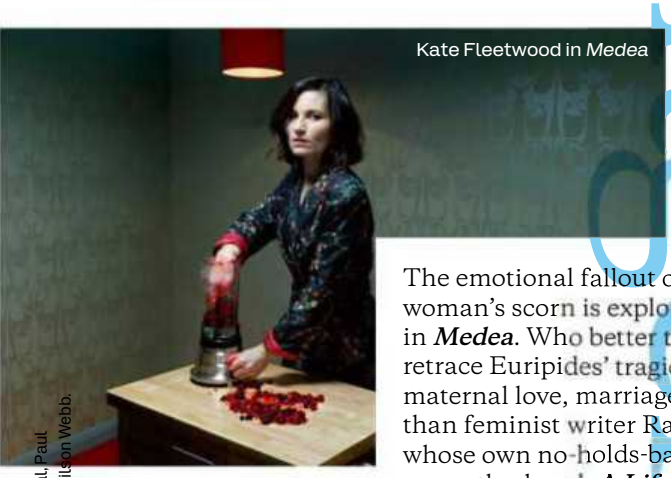
Words **Aimee Farrell**

FIRST LOOK

READ IT

Jeanette Winterson swaps Sicily for London in this reimagining of Shakespeare in ***The Gap of Time: The Winter's Tale Retold***, out 1 October (Hogarth). Thanks to her insanely jealous husband, Perdita hits hard times. Cast out in the fantastical city of New Bohemia, can she find the inner savvy to save herself? Maybe the contemporary chatter of Mallory Ortberg's ***Texts From Jane Eyre: And Other Conversations With Your Favourite Literary Characters***, out 5 November (Corsair), will hold the answer. This make-believe mash-up of SMS exchanges between figures from William Blake to the Bennet sisters is packed with literary LOLs.



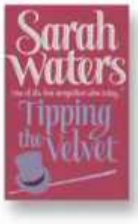


Kate Fleetwood in *Medea*

SEE IT

The emotional fallout of a woman's scorn is explored in ***Medea***. Who better to retrace Euripides' tragic Greek tale of maternal love, marriage and betrayal than feminist writer Rachel Cusk, whose own no-holds-barred take on motherhood, ***A Life's Work: On Becoming A Mother***, sparked a whole heap of controversy back in 2001. There'll be more shock and awe for the latest from talented bombshell Laura Wade. The ***Posh*** playwright brings Sarah Waters' hot-blooded novel on lesbian love in Victorian London, ***Tipping The Velvet***, to the stage.

Medea is at the Almedia Theatre from 25 Sept-14 Nov; Tipping The Velvet is at the Lyric from 18 Sept-24 Oct



WATCH IT

American crime writer Patricia Highsmith's ***Strangers On A Train*** was a work of genius, so we can't wait to see Todd Haynes' film adaptation of her 1952 sapphic romance ***Carol*** (originally published as ***The Price Of Salt***). This story of a dangerous liaison between a married woman (Cate Blanchett) and a shop girl (Rooney Mara) is already Oscar-tipped – and worth watching for the lavish styling alone. There's more gore than glamour, meanwhile, in the latest cinematic take on ***Macbeth***. Michael Fassbender stars as the tortured king and, if the trailer's anything to go by, we can expect brilliant performances (Marion Cotillard co-stars) and gloomy intensity from the darkest of Shakespearean tragedies.

Carol is out 4 Dec; Macbeth is out 2 Oct



Cate Blanchett in *Carol*





Michael Fassbender and Marion Cotillard in *Macbeth*

Photography: David Stewart, StudioCanal, Paul Thompson, Tommy Ton/Trunk Archive, Wilson Webb.

FIRST look

THE TREND



Yasmin wears: Wool-blend top, £150, and matching trousers, £210, Être Cécile. Leather bag, £650, Être Cécile x Aspinal. Shoes and jewellery (worn throughout), her own

Photography **Greg Holland**
Words **Emma Sells**



Silk-crepe dress, £220 Être Cécile. Leather bag, £525, Être Cécile x Aspinal

The Power of 2

MEET THE ÊTRE CÉCILE X ASPINAL COLLECTION. THIS COULD BE THE MOST STYLISH BAG COLLABORATION OF THE SEASON



Leather bag (yellow purse included), £295, Être Cécile x Aspinal

'It seemed like such a great and unexpected combination,' says Yasmin Sewell, 39, of the collaboration between her label, Être Cécile, and Aspinal – a colourful collection of bags and small leather goods. 'I love the heritage feel of Aspinal and the fact that it's very British. It was fun to mix something traditional, classic and beautiful with what we are, which is bold, sporty and statement.'

The collection is laid out in front of us in the bright, airy showroom of her PR and consultancy company Paper Mache Tiger – all ladylike, elegant shapes printed with plaid in wintry shades and pops of acid brights with embossed smiley faces thrown in for good measure. 'I knew from the outset that it had to be very different for Aspinal,' says Sewell. 'I wanted it to be a little bit bonkers.'

The five styles are based on existing Aspinal shapes (yes, even the backpack) that have been given a Nineties spin, tying them in neatly with the Être Cécile a/w 2015 collection. They have all the cool fashion-girl appeal that we've come to expect from the label that Sewell founded in 2012 with husband Kyle Robinson and friend Jemma Dyas. But there is an air of sophisticated luxury that elevates them – bonkers they may be, but these are bags for grown-ups.

Être Cécile is a serial collaborator, having previously joined forces with blogger Leandra Medine of The Man Repeller, artist Richie Culver and editor Laura Brown, but this has been its most personal project to date – the pieces were designed with Sewell and Dyas' wardrobes in mind. 'I'm not someone who has thousands of bags but when I do buy one, I buy unexpectedly,' says Sewell. 'I love things that are statement and standout, and that catch my eye.' *Available at Selfridges from mid-August, prices from £95-£695*

ELLE **SHOP IT** For more new-season accessory hits, go to elleuk.com/accessories

Styling: Donna Wallace. Hair and make-up: Kenny Leung at Carol Hayes Management using Bobbi Brown and Revlon Professional. For shopping details, see Address Book.



order & collect

exclusively at Boots

Order by 6pm and collect for free tomorrow from midday.

Boots
let's feel good

Subject to availability. Available at most Boots stores in UK and online.
see boots.com/ordertodaycollecttomorrow for full terms & conditions, Mon-Sat, geographical exclusions apply.

FIRST look

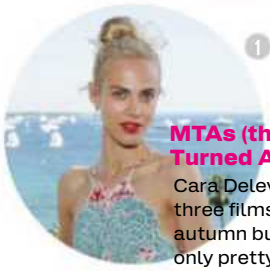


HUSSEIN CHALAYAN'S NEW MOVES

It's a landmark season for Hussein Chalayan. First up, he opens a store this month on London's Bourdon Street, a space created with architect Zoe Smith to house his collections and also play host to events and happenings. Then, in October, he'll collaborate with choreographer Damien Jalet at Sadler's Wells (the theatre where he unveiled *that* table dress) with a contemporary dance piece titled *Gravity Fatigue*. Based around ideas of identity, displacement and disconnection, it's set to bring his creations to life. *Gravity Fatigue is at Sadler's Wells from 28-31 October. Tickets from £12; sadlerswells.com*







MTAs (that's Models Turned Actresses)

Cara Delevingne has three films out this autumn but she's not the only pretty face who's made the big screen:
1. A favourite with Isabel Marant and Lanvin, Aymeline Valade, 30, starred in the fashion biopic *Saint Laurent*.
2. Australian super Abbey Lee, 28, appears with Gerard Butler in the upcoming *Gods Of Egypt*.
3. See Ralph Lauren regular Tao Okamoto, 30, in this year's epic *Batman v Superman*.











Canvas bags, from left: £342, £262 and £238, all L/Uniform

L/UNIFORM

These elegantly simple bags are made by L/Uniform, a new Parisian accessories label founded by former Goyard designers Jeanne Signoles and her husband Alex. The minimalist pieces are made from canvas (coated to keep them stain-free) and finished with beautifully soft leather details.
Available from Dover Street Market, from £148-£490

Words: Emma Sells. Photography: Courtesy of Hussein Chalayan, Getty, Rex. For shopping details, see Address Book.

johnfrieda.co.uk

JOHN FRIEDA®
LONDON PARIS NEW YORK

me&john



Together, we can make your blonde BLONDE.

This transforming lightening spray by John Frieda® is infused with citrus and chamomile. Hair is lighter and brighter by two full shades. This blonde can't be ignored.

Me & John & Go Blonder. Together we can.


LONDON
SALON
EST. 1963
perfect
Tease
TONI&GUY CLASSIC
DRY SHAMPOO
TONI&GUY
CREATE YOUR LOOK FROM THE HAIR DOWN
Solange wears Perfect Tease Dry Shampoo for sophisticated shape and soft definition
AVAILABLE IN A
STORE NEAR YOU
WATCH HOW TO GET THE LOOK YouTube HAIRMEETWARDROBE

THE GREAT DESIGNER SHUFFLE

Your indispensable guide to the designers making their debuts and exits at fashion's biggest labels this season. Read and commit to memory

THE DESIGNERS:

NADÈGE VANHEE-CYBULSKI
Hérmes' first female Creative Director in 20 years. Honed her style at The Row and Céline.

ALESSANDRO MICHELE
Promoted to Creative Director of Gucci as the surprise replacement for Frida Giannini.

GUILLAUME HENRY
Former creative director at Carven. Now takes the place of Peter Copping.

ADRIEN CAILLAUDAUD
+ ALEXIS MARTIAL
Left roles at Givenchy and Iceberg respectively to take up their posts.

PETER COPPING
Former Nina Ricci designer whose debut collection was a tribute to the label's founder.

LORENZO SERAFINI
After four years at Dolce & Gabbana, Alberta Ferretti handed him her Philosophy label.

JOHN GALLIANO
Made his much-discussed comeback at the helm of a rebranded Maison Margiela.

FIRST look

THE ROW
AW14

CARVEN
SS15

GIVENCHY
SS15

NINA RICCI
SS15

ICEBERG
AW15

ICEBERG

DOLCE & GABBANA
AW14

HERMÈS
AW15

AW15

GUCCI (MENSWEAR)

OSCAR DE LA RENTA
AW15

SS10

DIOR

NINA RICCI
AW15

PHILOSOPHY
AW15

GUCCI
AW15

CARVEN
AW15

AW15

MAISON MARGIELA

Read our interview with Lorenzo on page 151

THE FINAL BOW:

Peter Dundas waved goodbye at Emilio Pucci to take up a much-rumoured post at Roberto Cavalli. And our sadness that Marc by Marc Jacobs will be disbanded was soothed by news that Katie Hillier and Luella Bartley had already started their own label.

PETER DUNDAS

EMILIO PUCCI
AW15

Dundas previous worked at Cavalli for three years.

ROBERTO CAVALLI

AW16

KATIE HILLIER + LUELLA BARTLEY

AW14

AW14

HILLIER BARTLEY

The pair have created a grown-up label for the indie, irreverent woman.

Words: Emma Sells. Photography: Carven, Sean Cunningham, Dolce & Gabbana, Getty, Iceberg, Marc Jacobs, Jason Lloyd-Evans, Peter Miles, Rex Features, Anthea Simms.

Jeep®

NOT AVAILABLE IN CANDY PINK.



It's maybe our most compact SUV, but the All-New Jeep Renegade still comes packed with a host of impressive technological features. Inside, you'll find a spacious and luxurious interior with lots of ingenious storage spaces. There's also an award-winning Uconnect® Touchscreen Infotainment System with Sat Nav, giving you hands-free control of your music, messages and calls.

The Jeep Renegade also has a wide choice of fuel-efficient engines and a 5 star EuroNCAP safety rating. And on the outside, it's got looks that will turn heads either driving down Oxford Street or driving through the Oxfordshire countryside. No matter what colour you choose.

0% APR Representative over 3 years.* To book a test drive or for more information visit jeep.co.uk

Jeep® with EXPO MILANO 2015

Model shown Jeep Renegade 1.4 MultiAir II 140 hp Limited 4x2 Manual at £22,395 OTR. OFFICIAL FUEL CONSUMPTION FIGURES FOR JEEP RENEGADE RANGE MPG (L/100KM): EXTRA URBAN 47.9 (5.9) – 70.6 (4.0), URBAN 32.5 (8.7) – 51.4 (5.5), COMBINED 40.9 (6.9) – 61.4 (4.6), CO_2 EMISSIONS: 160 – 120 G/KM. Fuel consumption and CO_2 figures are obtained for comparative purposes in accordance with EC directives/regulations and may not be representative of real-life driving conditions. Factors such as driving style, weather and road conditions may also have a significant effect on fuel consumption. *Promotion available on The All-New Jeep Renegade models registered by 30th September 2015. 0% APR Representative Hire Purchase available for a 3-year term with a minimum deposit of 10%. Finance subject to status. Guarantees may be required. Terms and Conditions apply. Jeep Financial Services, PO Box 4465, Slough, SL1 0RW. Jeep® is a registered trademark of FCA US LLC.



Bel wears: Lurex top, £155, Sandro. Jewellery, her own

DOING IT FOR THE GIRLS

British actress **Bel Powley** is about to burst onto the scene in one of the films of the year. A **precocious talent with strong views** about roles for women, you'll want to hear what she has to say

Interview **Georgia Simmonds** Photography **James O Roberts**

Bel Powley comes across as the sort of person you want to share your secrets with. She's unflinchingly direct – it's infectious and one of the reasons she's such an impressive actor – all honesty, no vanity.

On set, Bel, 23, chats about fluids and functions (the bodily sort) with a non-judgemental frankness that makes you feel secretive. She also makes an unpopular confession: an indifference to animals. 'I wouldn't want to have a cat or dog because I get really unnerved by the fact that they're always naked.' Sure. And even when she says, 'I personally think sugar is quite evil', it sounds sincere, not smug. Bel lays it on the line with conviction, and right now she's carving out a career entirely on her own terms.

Earlier this year she was the toast of the Sundance film festival for her performance in *The Diary Of A Teenage Girl*. The film (set in San Francisco in 1976 and based on a graphic novel by Phoebe Gloeckner) tells the story of Minnie Goetz, a 15-year old who has an affair with her mother's much older boyfriend (played by Kristen Wiig and Alexander Skarsgård, respectively).

In the wrong hands, this charged sexual scenario could have fallen victim to lumpy *Lolita*-style clichés or heavy-handed moralising about manipulation but Bel (who's in every scene) and director Marielle Heller had other ideas: 'We didn't want it to be a film about a 15-year-old having sex with a 38-year-old man,' says Bel. 'We wanted it to be about a girl discovering her sexuality, growing up and becoming a woman.'

Cinema is certainly not saturated with ›

FIRST LOOK

@BDPOWLEY



Bel wears:
Wool dress, £550, Red Valentino.
Jewellery, her own

intelligent, make-you-feel-less-alone coming-of-age films that spotlight the female experience. But *The Diary Of A Teenage Girl* nails the twisted complexities of the physically and emotionally rattling journey to becoming a woman: seeking love and acceptance, finding purpose and wading through whatever mess your family may have made for you. It's achy, insightful and unromantic, and Bel is utterly convincing as the protagonist.

'The point of the film is so important to me: to make female sexuality less taboo, and also to show a normal 15-year-old's body on screen, which isn't some Hollywood hairless, blonde, tanned, big-boobed girl. I wanted to do those two things so much that it kind of overrode me feeling uncomfortable.'

And you would have forgiven Bel for feeling uncomfortable. There are seven sex scenes in the film, and her first week on set involved shooting all those scenes back to back. In a nutshell? 'Tiring and emotionally draining'. Her litmus test was that when she first read the script she didn't think, 'Oh god, that's a film with loads of shagging in it.' What did strike her was the way the writing captured what it's like to be a teenage girl so honestly.

'One of my favourite lines in the film is: "All I can think about is the f*cking. Does everyone think about f*cking as much as I do?" Every 15-year-old girl has probably thought, "Oh my god, am I weird because I'm feeling horny?" Because no one will talk about it.'

The film sits easily alongside the work of confessional conversation starter Lena Dunham, and Bel is a fan: 'I'm reading her book, *Not That Kind Of Girl*, at the moment; she's just a tour de force. And she said something in it that really resonated with me in terms of the interviews I've had for this film. She said, when people say to her, "You're so brave to show your body like that in *Girls*," she thinks, "The subtext of that is, 'You're so brave to show your imperfect body in *Girls*.'" And I've had

'Every 15-year-old girl has probably thought, "Oh my god, am I weird because I'm feeling horny?"'

that so much in *The Diary Of A Teenage Girl*, people telling me, "That's such a brave performance" – they're saying it's brave because I'm not perfect.'

Bel grew up in West London, where she still lives, and both her parents are in the industry (her mother, Janis Jaffa, is a casting director, her father, Mark Powley, an actor). They're successful, but not famous. The mention prompts an eye roll: 'I just grew up with it; it was incredibly normalised for me. We weren't, like, a glamorous, showbiz family.'

At 5ft 2in with a delightfully animated face, Bel looks younger than her 23 years. 'Sometimes people can be patronising, and I just want to tell them, "I've been doing this for 10 years!"' Since the age of 13, she's worked steadily in a clutch of British TV series (with a view to paying her way through university) but it was her West End outing in *Tusk, Tusk* in 2009 that shifted things for Bel. 'This whole world opened up to me. It sounds ignorant, but I didn't know about the gravitas of the London theatre.' Her performance was attention-grabbing and a Broadway show, *Arcadia*, followed in 2011: 'I was going to study history and politics at UCL, and then just never went.'

Her upcoming projects include the bound-for-success sci-fi/romance *Equals*, starring Kristen Stewart and Nicholas Hoult, and she's also signed to a film directed by feminist Haifaa al-Mansour (the first female Saudi filmmaker) about the love affairs of *Frankenstein* author Mary Shelley (played by Elle Fanning) and her stepsister Claire Clairmont (Bel).

Well-rounded female characters, defined by much more than their relationships with men, are what Bel is seeking. She's determined to avoid the '2D' female characters Hollywood seems fond of, specifically: 'The virginal princess waiting for her prince charming, the don't-give-a-f*ck slut, or the really sarcastic asexual.' She's just wrapped up on *Detour*, where she plays a stripper with an abusive boyfriend, highlighting her belief that every female experience is valid. What's crucial is the way the story is edited and from whose perspective: 'That was still a very well-rounded female character. I think people get confused, people think 'strong female characters' mean you need to play an action figure.'

Bel is quick to acknowledge the advantages of having *The Diary Of A Teenage Girl* as her breakout role: 'I've set the bar high in terms of having a very feminist attitude towards how I present my body. I've laid it out there physically and emotionally in this movie, and people have responded to it so well. It's made me feel much more comfortable in my own skin. There are pressures, of course, and no one can deny that. Even if you're not an actress there are pressures – we all know that society projects images and ideas of what a woman should be – but I try really hard to not let them affect me.'

From where Bel is standing, it's an exciting time to be a woman in the film industry and she's relishing her part in the wider conversation about women in film: 'I'm going to nail this, for girls... I feel confident that I'm presenting myself in a feminist way that is good for young women.' ●

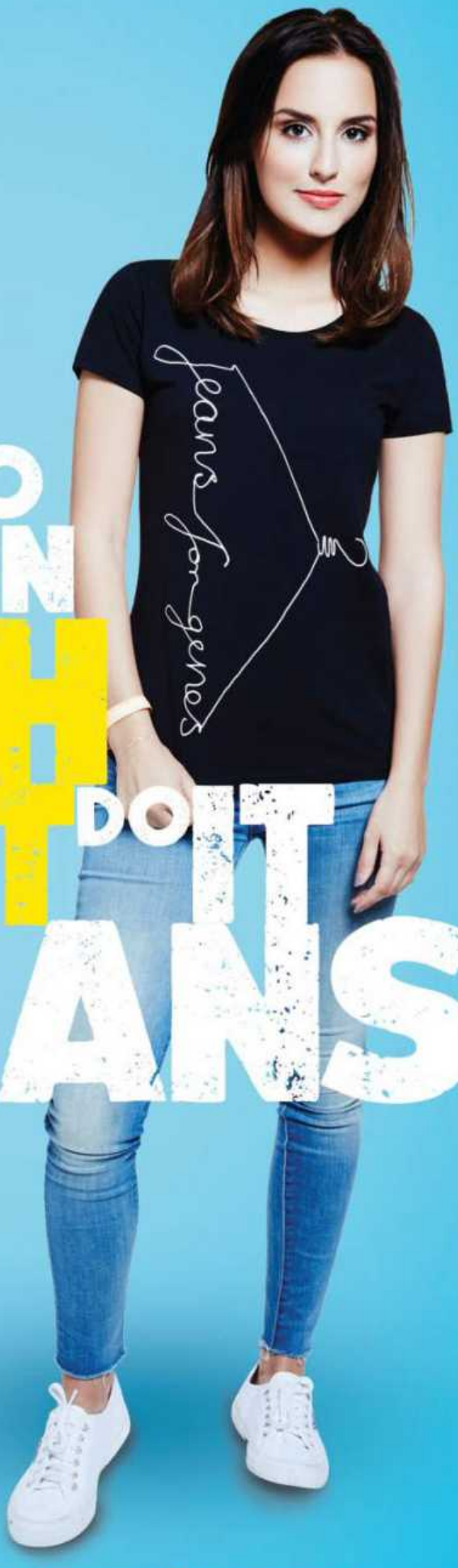
The Diary Of A Teenage Girl is out 7 August

Styling: Charlie Gowans-Eglinton. Hair: Paul Donovan at CL Musing Purely Perfect. Make-up: Celia Burton at CL Musing Bobbi Brown. Shot on location at The Stafford London (thestaffordlondon.com). For shopping details, see Address Book.

JEANS FOR GENES DAY™

Fri 18th Sept®

WHATEVER YOU DO ON 18TH SEPT DO IT IN JEANS



Designed by Elle McKee, Edinburgh College of Art. Modelled by Lucy Watson.

Do something extraordinary in jeans.

Sign up for Jeans for Genes Day 2015 and help us change the lives of children affected by genetic disorders in the UK.

Like Lucy's t-shirt? Buy the limited edition 2015 t-shirt on our website.

jeansforgenesday.org

Jeans for Genes ® and ™, © 2015 Genetic Disorders UK. All rights reserved. Registered Charity Number 1141583.


ELLE
ELLE
ELLE
ELLE
THE PARISIANS' LIFESTYLE
STATIONERY
Clairefontaine
www.clairefontaine.com
ELLE is a trademark owned by HACHETTE FILIPACCHI PRESSE SA Paris France.



@EDIBOW

#ELLESESSIONS

EDITH BOWMAN JOINS ELLE

She's spent 14 years working in radio, is married to Editors frontman Tom Smith, and has interviewed everyone from Kylie to Stevie Nicks. No one knows music like Edith. As our new Music Editor, she'll be bringing you the latest music and best playlists here in ELLE and on elleuk.com

Words **Edith Bowman**
Photography **Lorenzo Dalbosco**

My mum took me to my first gig when I was seven years old. It was a Rod Stewart concert at Ibrox Stadium in Glasgow. I had the perfect bird's-eye view from the shoulders of a family friend, who left me up there for most of the gig, and spent as much time that night mesmerised by the crowd as I was by the man strutting around the stage in leopard print.

My dad would strum on his guitar at any given opportunity or blast tunes from Cream, the Rolling Stones or The Beatles from the record player in our little living room.

Needless to say, music has always been around me, a constant companion that has guided me through everything life has thrown my way. I've centred much of my career on it (working in music on both TV and radio), my family comes together around it, and many of my best friendships were made through it. So it's fair to say it's very important to me.

Now, I am incredibly proud to be joining ELLE and to meet you, the readers, to share and explore great music and talent together. I hope in time, once we've had at least one karaoke session together, you will think of me as a friend who works with music, who has no intention of telling you what you should like, but gives you some recommendations of some exciting things coming! ›

Edith Bowman's book, Great British Music Festivals, is out now (Blink)

Edith wears: Wool jacket, £1,750, Stella McCartney. Cotton shirt, £385, Vilshenko.

FIRST LOOK



EDITH'S A/W PLAYLIST

ONLY GIRL

Ellen Murphy from South London has a handful of tunes on her Soundcloud page, but everything there is impressive: a delicate voice with elements of Jessie Ware, and perfect tone and melody. Her single *Remains* came out in July, with an EP scheduled for later this year and debut album to follow in 2016. Like James Blake? She is the female version.

HONEYBLOOD

Honeyblood are Stina Tweeddale and Shona McVicar from Glasgow. The pair fell in love with the band Best Coast and decided to give music a go themselves, putting on guerrilla gigs. The sound is catchy indie pop with gorgeous vocals. I saw them live a while back and, in seconds, the crowd was enraptured. They also made the shortlist for the 2015 Scottish Album of the Year with their self-titled debut.



SAVAGES

I first saw Savages play a tiny festival stage a few years back. There were only 30 people watching, but I was crushed by the presence of their lead singer Jehnny Beth (real name: Camille Berthomier). The band's sound is stark with heavy guitars that still manage to penetrate great melodies. They released their debut album back in 2013 and now have new material coming, which they themselves claim is 'a beast of a record'. While you wait, download the 10-minute taster track, *Fucker*.







SHE DREW THE GUN

This band is the brainchild of Louisa Roach, who started out as a solo artist and developed the group around her. If you like PJ Harvey and Portishead, you will love them. If there was only one album left in the world, Louisa would like it to be the eponymous debut from The La's, and I am instantly attracted to her and her music because of this.

Edith's life in music
I thought a few facts might be a good introduction – a kind of musical speed date. So here goes...
1. My first album: Michael Jackson, *Thriller*
2. My first single: Prince, *When Doves Cry*
3. The band who always make me cry: The National
4. The track I think I know the entire dance routine to (but don't): Beyoncé, *Crazy In Love*
5. The song my first child was born to: Nick Cave & The Bad Seeds, *Into My Arms*
6. My karaoke song: Blondie, *Hanging On The Telephone*
7. The band I've seen the most: The Maccabees (apart from my husband's band, Editors, of course)

LUCY ROSE

I first heard about Lucy when she appeared as the female voice on Bombay Bicycle Club's albums. Then, randomly, I saw her play in my local pub. She is a lovely young lady with bundles of talent and endearing confidence. She writes catchy melodies in her guitar-laden pop tunes, and her new album *Work It Out* was released this summer; see her live during the autumn while she's playing smaller venues.



CARLY PARADIS

For a number of years, Carly has been a pianist, making music for films such as Duncan Jones' *Moon*, and composing for TV dramas like *Line Of Duty*. But she has also released two albums of her wonderful music. Her 2013 debut, *Hearts To Symphony*, will turn even the most cynical music head towards euphoric composition. I am so excited to see what she does for sexy ladies who can play the piano.



HEAR IT Bookmark elleuk.com/music for music videos, reviews, playlists and lots more, all from Edith

THE MACCABEES

This band have just released their fourth album, *Marks To Prove It*, and they're about to go massive. Rightly so: they've put the work in, making incredible records and building a huge fan base. Lead singer Orlando Weeks' voice is divine, the band hits new depths with Rupert Jarvis' throbbing bass, and Sam Doyle is one of the best drummers around. I love these guys.

Main photography: Lorenzo Dalbosco. Additional photography: Oliver Bradley-Baker, Rex Features. Styling: Michelle Duguid. Hair and make-up: Kenneth Soh at Frank Agency using Tom Ford Beauty and Oribe. Edith wears: Silk shirt, £635, Chloé at Harvey Nichols. Leather dungarees, £390, Ganni. Leather shoes, £445, REDValentino. Thanks to: Phonica Records. For shopping details, see Address Book.

LUISA CERANO · PHONE +44/207/32 36 101 · GREAT BRITAIN · WWW.LUISACERANO.COM



LUISA CERANO

DUBAI · HONG KONG · SHANGHAI · MONTREAL · SYDNEY · MOSCOW · LONDON · PARIS · NEW YORK · BERLIN

VERY.CO.UK



Fashion delivered free next day



@MARYKATRANTZOU

MY LIFE IN BOOKS

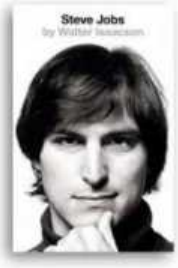
MARY KATRANTZOU

The fashion designer, 32, shares the books that have shaped her life



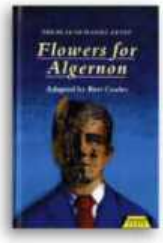
The Secret Language Of Birthdays by Gary Goldschneider and Joost Elffers
I love horoscopes. While I don't totally adhere to what they say, this book is uncannily spot-on. It works on the theory of 'personology', suggesting that birthdays can be strangely accurate predictors of your personality and I've not read one profile that hasn't been accurate to the person aligned to it. It's the best book to bring out at a dinner party.

Steve Jobs: The Exclusive Biography by Walter Isaacson
An incredible insight into the late, great Steve Jobs. Never has a biography absorbed me quite as much as this one. I read it cover to cover in about three days. He had a vision and didn't let anything deter him from it. He resurrected Apple from the depths of near bankruptcy, fought serious illness and pioneered some of the most successful technology to date. He was the definition of bounce-back-ability and is the little voice in my head when I'm in my business strategy meetings!



Share: The Cookbook by Women for Women International
This was introduced to me by Brita Fernandez Schmidt, Executive Director of Women for Women International – a charity that gives new skills to women whose lives are affected by conflict. I don't cook as much as I'd like to, but this book has encouraged me to [cook more]. It's beautifully curated, with recipes provided by the likes of Annie Lennox and the late Nelson Mandela, interspersed with photographs of the women whose lives WfW has changed.





Flowers For Algernon by Daniel Keyes
I vividly remember the first time I read this in school. It's such a melancholy story with a touching message about the stigma attached to mental disability. Charlie has a taster of what it is like to be blessed with intelligence and then has it cruelly snatched away. When you finish it you can't help but sit, contemplate and realise how lucky you are.



Nineteen Eighty-Four by George Orwell
Orwell's presentation of a dystopian society is wildly unnerving, but it does get the brain ticking. What really resonates with me is how he presents technology – it's particularly apt now where social media is concerned. If this is where we are now, where will we be in another 10 years' time?

I Know Why The Caged Bird Sings by Maya Angelou
Possibly the most inspiring book I've ever read. It's so emotive, documenting Maya's childhood growing up in the face of prejudice and sexual exploitation. It's an incredible testament to female empowerment: Angelou's can-do attitude is something I always remember when I need motivation.



Pierre Cardin: Fifty Years Of Fashion and Design by Elisabeth Längle
Pierre Cardin redefined the way we perceive fashion. In the Sixties, his futuristic designs were worlds apart from what was on offer. He was an innovator in establishing new trends – and himself – as far more than just a label. He wanted to be a brand.



PIN IT Have a look at our Pinterest board, at ellemag/ellebookclub

AND... INSTABOOKS: #WHATTHEYREAD



@itsameriie *Whiskey Tango Foxtrot* by David Shafer



@reesewitherspoon *All The Light We Cannot See* by Anthony Doerr



@samsmithworld *Eat. Nourish. Glow.* by Amelia Freer



@emmaroberts *Girl In A Band* by Kim Gordon



@alyrenae78 *Funny Girl* by Nick Hornby

For more **#ELLEBookClub** reads, head to **elleuk.com/bookclub**

Compiled by: Hannah Swerling. Photography: Instagram.

CLOSET *confidential*

ALICE TEMPERLEY

Bohemian, original – it's easy to see why Temperley London has been a fashion favourite since it launched 15 years ago. Here Alice Temperley, 40, shares her spoils

Words **Kerry Potter** Photography **Victoria Adamson**



Alice wears: Temperley London shirt, culottes and shoes, and jewellery (worn throughout), all her own





Above: 'These brogues were a gift from Christian Louboutin as he knows I love leopard print.'

Alice Temperley's wardrobe is exactly how you'd imagine: an extraordinary sensory overload of colour, print, pattern, texture, sequins, shimmer and shine. Even the magpies flapping past the windows of her stucco Victorian villa in Notting Hill might consider it a bit much. There are wispy summer kaftans, countless embroidered dresses, jewellery and trinkets covering every available surface, a vast collection of animal-print shoes, vintage Chanel velvet suits and dresses, a million shawls and scarves, a rail of trouser suits (she has her own designs, one for every day of the week) and endless glamorous flats by Louboutin, Charlotte Olympia and Somerset, Temperley's own best-selling range for John Lewis. Not forgetting the party-loving designer's collection of disco balls, which reflects the sun's rays into a thousand dancing dots of light.

The spoils of a gilded, globe-trotting life, but how on earth does she decide on an outfit? 'If I didn't know what to wear in the morning I'd be in trouble – I should be fired immediately, basically!' laughs the designer, who, for 15 years, has

Alice's vintage hangouts: 1. London: Les Couilles du Chien (lescouillesduchien.com) 'Great furniture, objects and maps.' 2. LA: The Way We Wore



Alice's vintage dressing gowns: 'At weekends, I stretch out breakfast for as long as possible.'



'These Gianvito Rossi boots are my "slutty" shoes. There's something about the point and the patent leather.'



dressed a host of cool London girls – everyone from Florence Welch to Emma Watson – in her ethereal, hippie deluxe eponymous label, Temperley London.

She's known for her dreamy dresses, but Temperley herself is earthy, no-nonsense and businesslike. And at 40, she's a woman totally at ease with her style: 'Red lip, leopard print, white shirt, high-waisted trouser suits. These are the staples of my wardrobe, the things that suit me,' she says, making us tea in vintage china cups. 'As you get older, you know what you need for work, the beach, a cocktail party. You want clothes that perform. To ensure I don't wear the same thing all the time, at the beginning of the season, I'll put a new selection on a spare rail. If there's something that stays on the rail – because I don't like the neckline or the length – I get it altered. That's my best advice: get a seamstress to alter all the pieces that don't fit correctly. Otherwise you'll just hoard clothes that don't work for you.'

A tomboy growing up on her parents' cider farm in Somerset, the teenage Temperley became enchanted by the glamorous stars of the black-and-white ›



HERO PIECES

Charlotte Tilbury red lipstick (above) 'I feel naked without it. I don't have much time for grooming, but this gives an instant hit of glamour.'

Temperley shawl (right, draped over door) 'It's so much more than a scarf. It's like an adult comfort blanket.'

Disco balls 'I am *obsessed*. I have hundreds of them all over my house in Somerset.'





Left: 'I used this Mawi necklace in the Temperley London a/w 2012 show.'





The designer's collection of vintage rings

(thewaywewore.com) 'I bought a knitted gold skirt suit here recently.' 3. Dorset: Bridport Market (bridportandwestbay.co.uk) 'Fresh fish and vintage furniture.'

@ALICETEMPERLEY





Alice wears: Temperley London jacket, waistcoat, shirt, trousers and shoes, all her own

movies she watched on TV. She was entrepreneurial from a young age, making and selling jewellery, and later, while a student at Central Saint Martins (textiles) and Royal College of Art (print), embroidering vintage leather jackets. She launched Temperley London in 2000, helped by her now ex-husband, City banker Lars von Bennigsen, who was the label's CEO until the couple split in 2013. Now Temperley and her son Fox, six, live with her boyfriend, photographer and filmmaker Greg Williams. Next up? She's expanding into homewares and growing her bridal line (I had a beaded Temperley wedding dress and it was a thing of exquisite beauty). The week we meet, Kris Jenner, mother and manager of Kim Kardashian, has instagrammed a photo of herself and Temperley taking tea at LA's Chateau Marmont. The newspapers are buzzing with talk of a collaboration. 'It's complete bullsh*t!' shrieks Temperley. 'I just had a cup of tea with her; she's a friend and a client. I'm busy enough already without *that*.'

Her focus right now is on 'trying to avoid a midlife crisis', she says, scarlet lips widening into a mischievous grin, striding off to her studio in a pinstripe suit and Converse, hair a tousled mane. Something tells me that won't be a problem.



The Temperley London Baudelaire hi-top shoes







Right, Alice wears: Temperley London dress

Photography: Victoria Adamson. Hair and make-up: Laurey Simmons using Chanel A/W 2015 and Chanel Body Excellence.

4. Paris: Marché aux Puces (marcheauxpuces-saintouen.com) 'When I go to Paris for Fashion Week, I take a van and fill it with furniture and clothes from here.'

WWW.CLAUDIEPIERLOT.COM




RIMMELLONDON.COM
GET THE LOOK APP
Download it now on
App Store
Google play
EYE OPENER!
NEW
WONDER'FULL
WAKE ME UP MASCARA
WITH VITAMINS AND CUCUMBER EXTRACT
Wake up to uplifted lashes!
Eye-awakening volume, lift & length.
Cucumber-fresh, vitamin-charged.
Eyes look energised and revitalised.
Kate Moss wears Wonder'Full Wake Me Up Mascara.
RIMMEL
WAKE ME UP
FANS LASHES
UP & OUT
RIMMEL
GET THE LONDON LOOK



Left: Cotton dress, £35, Dorothy Perkins. Wool-mix jumper (worn throughout), £110, Filippa K. Gold ring (left hand), £130, rose-gold ring (right hand), £130, and leather watch, £695, all worn throughout, all Links of London. Leather bag, £415, Longchamp
Right: Wool coat, £235, Cos. Silk top, £875, Bottega Veneta. Wool-mix trousers, £395, Osman. Leather boots, £495, Paul Smith. Gold-plated bronze earring (worn throughout), £215, Annelise Michelson. Suede bag, £575, Jimmy Choo





Pair with similar-toned accessories to keep your look streamlined



Colour refresh

Camel, the most *classic* of neutrals, gets an *a/w 2015 makeover*



Far left (middle): Cotton jacket, £55, wool-mix jumper, £38, and cotton trousers, £42, all River Island. Cotton top (worn underneath), £20, Intimissimi. Leather boots, £79, Topshop. Gold and silver ear cuff, £73, Maria Black. Leather bag, £115, Cos
Left: Wool-mix coat, £515, Marc Cain. Cotton jumper, £140, Lacoste. Cotton trousers, £150, Self-Portrait. Leather shoes, £300, Toga. Metal earrings (worn throughout), £7.50, Freedom at Topshop
Far left (below): Suede bag, £600, Zadig & Voltaire. Cotton trousers, as before



Photography: James O Roberts, Anthea Simms.





Left: Wool-mix sleeveless coat, £69, Warehouse. Wool-mix jumper, £142, Club Monaco. Faux-leather skirt, £279, By Malene Birger. Rose-gold watch (worn throughout), £275, Thomas Sabo
Below: Wool-mix coat, £399, Hobbs. Leather jacket (worn under coat), £425, and leather bag, £99, both Karen Millen. Cotton shirt, £55, and wool skirt (just seen), £125, both Cos. Leather boots, £450, L.K.Bennett. Silver earring, £90, Pandora



A block-colour polo neck modernises vintage-style tailoring





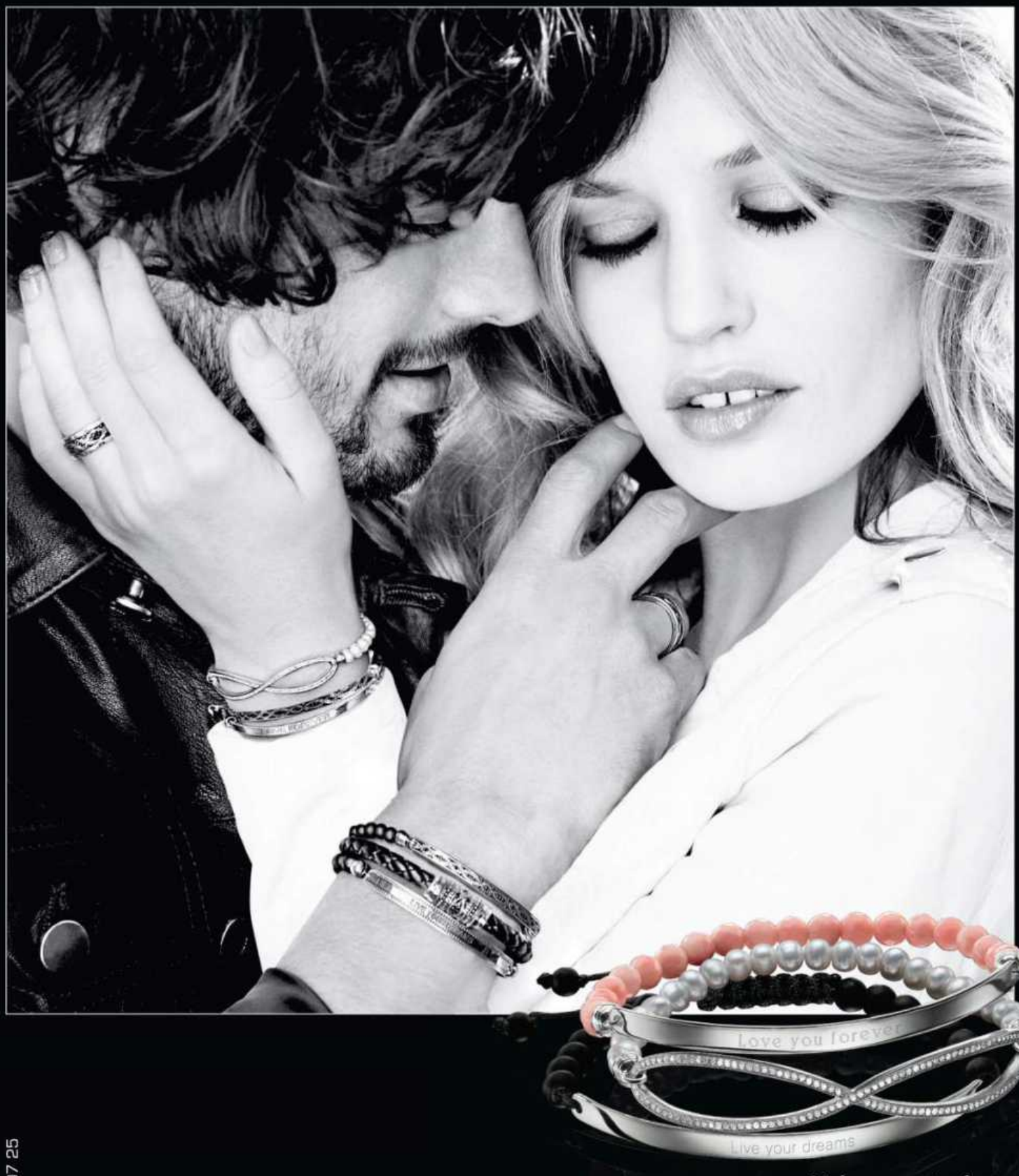
Above: Wool jacket, £85, matching waistcoat, £45, and matching trousers, £45, all Marks and Spencer. Wool jumper, £240, Risto. Suede boots, £115, Dune. Rose-gold watch, as before. Leather bag, £550, Sophie Hulme **Left:** Wool-mix coat, £210, French Connection. Cotton dress, wool-mix jumper, and leather boots, all as before **Below left and right:** All as before





ELLE **STYLE IT** See what Team ELLE wears to work at elleuk.com/style/what-elle-wears

Styling: Donna Wallace. Photography: James O Roberts. Anthea Simms. Hair: Elvire Roux using L'Oréal Professionnel. Make-up: Kenny Leung at Carol Hayes Management using Smashbox. Manicure: Ami Streets at LMC Worldwide using Chanel A/W 2015 and Chanel Body Excellence Hand Cream. Model: Romy de Grijff at Elite Model Management. For shopping details, see Address Book.



Make memories last – with your complimentary engraving.

Thomas Sabo

LOVE BRIDGE

WWW.THOMASSABO.COM

CONTACT: +44 (0) 20 77 20 97 25
UK@THOMASSABO.COM









Home House

HOME HOUSE PRIVATE MEMBERS CLUB

Intimate. Glamorous. Grown-up.

Everything a wedding venue should be

Located in the heart of Marylebone, London

www.homehouse.co.uk/private-hire/weddings

WORK

SPY

Oriole Cullen, 39, curates grand fashion exhibitions at one of the most prestigious museums in the world. No pressure when deciding what to wear to work, then

Photography **Jessica Mahaffey**



Oriole wears: Wool jumpsuit, £995, Osman. Saint Laurent boots, and watch, Oriole's own

Oriole Cullen's Monday blues evaporate the moment her shoes click onto the marble floors of the Victoria and Albert Museum's empty corridors. Her six-inch Prada stilettos reverberate around rooms filled with rare, 17th century gowns, vibrant textiles from all over the world, and mind-blowing exhibitions from historic fashion houses to modern-day designers. As the Acting Senior Curator of Contemporary Fashion at the V&A, it's Oriole's job to keep these displays current and to head up the prestigious Fashion in Motion series (live catwalks in the museum from designers such as Jean Paul Gaultier and Vivienne Westwood).

'I take a moment to appreciate all the beautiful artwork that surrounds me: it lifts my spirits before I dive into emails. I'm very privileged to get to look into the past and the future of fashion,' explains the Dublin native. From here, her day can involve anything from research missions in designer archives to lecturing on fashion history, chaperoning designers seeking inspiration (Dries Van Noten recently accessed the Asian collections) and hosting openings and private events. 'It's not a nine-to-five set-up – I sometimes work until after midnight.' Packing in regular appearances on ShowStudio panels as an authoritative voice on fashion history, Oriole needs a wardrobe as skillfully curated as her work.

'I mainly shop in vintage stores to find pieces that no one else has. I found a gorgeous white Margiela dress about six years ago that I still wear all the time. You hear vintage and think tat, but you can uncover impeccably made old Givenchy and Jil Sander if you know where to look.' She remains furtive about her haute haunts, but lets slip that Blue 17 in North London is home to some of the finest pre-loved designer treasures.

'Sculptural shapes suit me best and, though I'm surrounded by brilliant textiles, I prefer a neutral palette of navy and cream. I have a lot of dresses – if I see one I love, I'll buy it, even if I don't wear it for quite a while; I shop with longevity in mind.'

Oriole wears heels every day: 'It's a psychological thing. To me, stilettos establish authority. Prada, Sergio Rossi and Alexander McQueen are my favourites.'

Having close designer friends such as Stephen Jones (she co-curated *Hats: An Anthology by Stephen Jones* with him at the V&A in 2009 and authored the accompanying publication) and Osman Yousefzada helps to build an exhibit-worthy wardrobe: 'Osman designed my wedding dress and I'm very lucky to own some bespoke pieces by him.'

Sartorially, she's all lady, but Oriole isn't scared of getting her hands dirty: 'The most important skills required to do my job are tenacity and a willingness to muck in. I still sweep the floors after events – even in my vintage cream Givenchy dress.' ›

@V_AND_A



V&A FASHION MOMENTS
From top: Giles Deacon's Glen Luchford-print dress; designer Grace Bonner; Erdem Pre-Fall 2014 shoot at the Clothworkers' Centre

Additional photography: Erdem, Anthea Simms.

WORK SPY

MONDAY

'I keep a pair of Vans under my desk for days spent building exhibitions and scaling ladders.'



ORIOLE LOVES
Reading: *Pitch Dark* by Renata Adler
Listening to: *English Graffiti* by The Vaccines

Céline jacket, top, trousers, Vans trainers, and jewellery (worn throughout), all Oriole's own

TUESDAY

'If I'm chaperoning a designer around our archives, I need to look smart and pulled together.'



Cashmere top, £225, John Smedley. Cotton-mix skirt, £650, Simone Rocha. Satin and patent-leather shoes, £550, Miu Miu



Vintage Givenchy dress, Oriole's own. Leather boots, £870, Louis Vuitton

WEDNESDAY

'Working with London designer Osman to design bespoke pieces is such a fun, collaborative experience.'



Polyester jacket, £238, Hoffman Copenhagen. Osman dress, Oriole's own

CV

2006-present
Acting Senior Curator of Fashion, *V&A*

1998-2006
Curator for Dress and Decorative Arts, *Museum of London*

1997
MA History of Dress
The Courtauld Institute of Art

EDUCATION
1994-1997
BA History of Art, *University College, Dublin*



Wool jumper, £380, Suno. Leather skirt, £280, Whistles. Suede shoes, £525, Rupert Sanderson. V&A bracelet, Oriole's own

FRIDAY

'My vintage Givenchy shirt dress is a seamless, just-add-heels, office-to-event outfit.'

THURSDAY

'If I accessorise, I choose one statement piece – I'm drawn to colour and sculptural shapes.'

CAN'T BE WITHOUT...



'My key to the museum; pencils (pens are forbidden here) and lots of black tea drunk from a V&A-patterned cup.'

Words: Gillian Brett. Styling: Donna Wallace. Photography: Jessica Mahaffey. For shopping details, see Address Book.



14 - 18 SEPTEMBER

5 FASHION EVENTS OVER FIVE DAYS

COSMOPOLITAN #fashfest 2015

WITH V.me by Visa

TICKETS ON SALE NOW

PLUS

WIN £500

WITH #FASHFESTFRIDAY

EACH WEEK WHEN YOU GET SET UP ON

V.me by Visa

FEATURING

A|X ARMANI EXCHANGE · asos discover fashion online · boohoo · BrandAlley THE NON-STOP DESIGNER SALE · EVANS · H&M · ULTIMO · figleaves.com · George.com · MISSGUIDED · next · RIVER ISLAND · SimplyBe · TED BAKER LONDON · Tutti Rouge · Yumi

COSMOFASHFEST.CO.UK

T&Cs APPLY

ASPINAL
x
être cécile

THE MINI TRUNK CLUTCH • ASPINALOFLONDON.COM • +44 (0) 1428 648180



BROOK STREET W1 COVENT GARDEN CANARY WHARF HARRODS SELFRIDGES MARYLEBONE HIGH ST BLUEWATER WESTFIELD

STREET

ELLE



See it › buy it › wear it



p213









SOHO, NEW YORK

ELLE STYLES

TALIA WRAY, 22, ACTRESS

SHOP MY LOOK

Wool jumper, £542, **Toga.** *Polyester-mix skirt, £155,* **Three Floor.** *Leather boots, £145,* **& Other Stories.** *Chloé bag, Talia's own* ›



PIN IT Be inspired by our street-style Pinterest board: ellemag/elle-street-style

@TALIAWRAY

Street Style... **Soho, New York** Smart separates and easy tailoring equal effortlessly polished

Micro Trend... **Brouge** Yes, you read that right. Meet your new-season colour palette

Styling: Harriet Stewart. Main Photography: Jeff Thibodeau. Additional photography: Jason Lloyd-Evans; Georgia Devey Smith, and Charlotte Macpherson, both at Anthea Simms. Map: Russell Bell.



ELLE STYLES DANIELLE BERNSTEIN, 23, BLOGGER



'The smart tux style of this outfit makes double denim feel really modern'

@WEWOREWHAT



SHOP MY LOOK
Denim jacket, £266, and matching trousers, £126, both Trademark. *Leather watch, £215,* Larsson & Jennings. *Sandro trainers and sunglasses, both Danielle's own*

ELLE STYLES LISA NGUYEN, 28, STYLIST



'I would wear these shoes with a full-length black coat, so the white tips really pop.'



@LISAHNGUYEN

SHOP MY LOOK
Wool-mix sleeveless coat, £832, Tibi. *Cotton-mix top, £85,* Gerard Darel. *Leather and faux-fur shoes, £440,* J. JS Lee. *Trousers, sunglasses, and bag, all Lisa's own*





ELLE STYLES BRIE WELCH, 29, FASHION MARKET EDITOR



'A grey trouser is something I never thought I could wear, but the narrow silhouette works especially well with a skinny polo neck'

@BRIESARAWELCH



SHOP MY LOOK
Shearling coat, £2,751, and polyester trousers, £333, both Tibi. *Leather boots, £510,* 3.1 Phillip Lim. *Band Of Outsiders top, and jewellery, all Brie's own*

ELLE STYLES CHELSEA LEYLAND, DJ

@CHELSEALEYLAND





SHOP MY LOOK
Faux-fur coat, £635, Shrimps. *Leather bag, £2,015,* Chanel. *Sandro shirt, Topshop jeans, Tommy Hilfiger boots, and jewellery, all Chelsea's own* ›

'I love how loud these boots are. I'd wear them with jeans, like I did here, or paired with a long vintage dress'



Photography: Jeff Thibodeau.



ELLE STYLES CHARLOTTE GROENEVELD, 30, BLOGGER

'I teamed this suede skirt with trainers and a simple knit to reflect the way I always dress: high-end with high street'



SHOP MY LOOK
Cotton-mix jumper, £25, Zara. *Leather trainers, £49.99,* adidas. *Valentino skirt, sunglasses, and jewellery, all Charlotte's own*

@THEFASHIONGUITAR



ELLE STYLES LAINY HEDAYA, 25, BLOGGER



'This suede jacket has a real Seventies rock vibe that feels so right for now. I'd wear it like this with jeans, or an ankle-grazing dress and boots'



@HAUTEINHABIT

SHOP MY LOOK
Leather jacket, £470, Bimba Y Lola. *Shearling bag, £785,* Jérôme Dreyfuss. *Alexis top, Levi's jeans, Gianvito Rossi shoes, watch and jewellery, all Lainy's own*



Styling: Harriet Stewart. Photography: Jeff Thibodeau. Map: Russell Bell. For shopping details, see Address Book.



ELLE STYLES LISA JONES, 29, FASHION BUYER



'I've been wearing my vintage Levi's with these boots non-stop, just switching it up with T-shirts and cool outerwear'



SHOP MY LOOK
Wool coat, £490, Acne Studios. J.W.Anderson top, vintage Levi's jeans, Louis Vuitton boots, Marques'Almeida bag, and jewellery, all Lisa's own

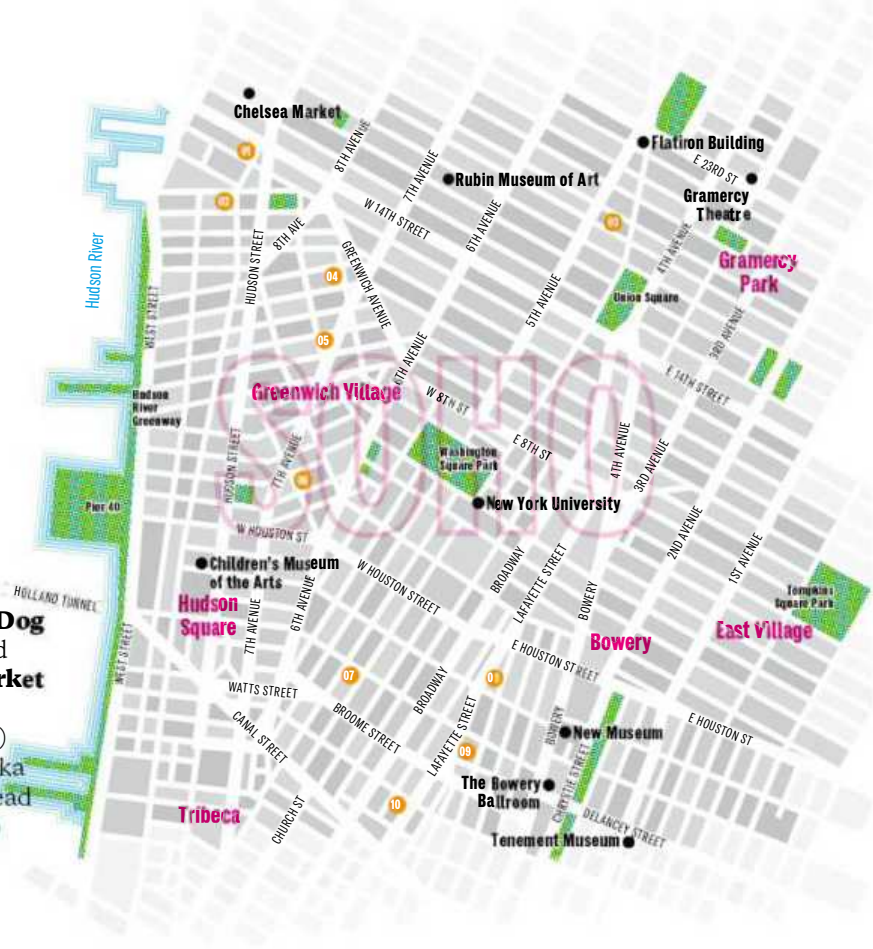
MAP IT • DO IT
See full New York listings at elleuk.com/travel

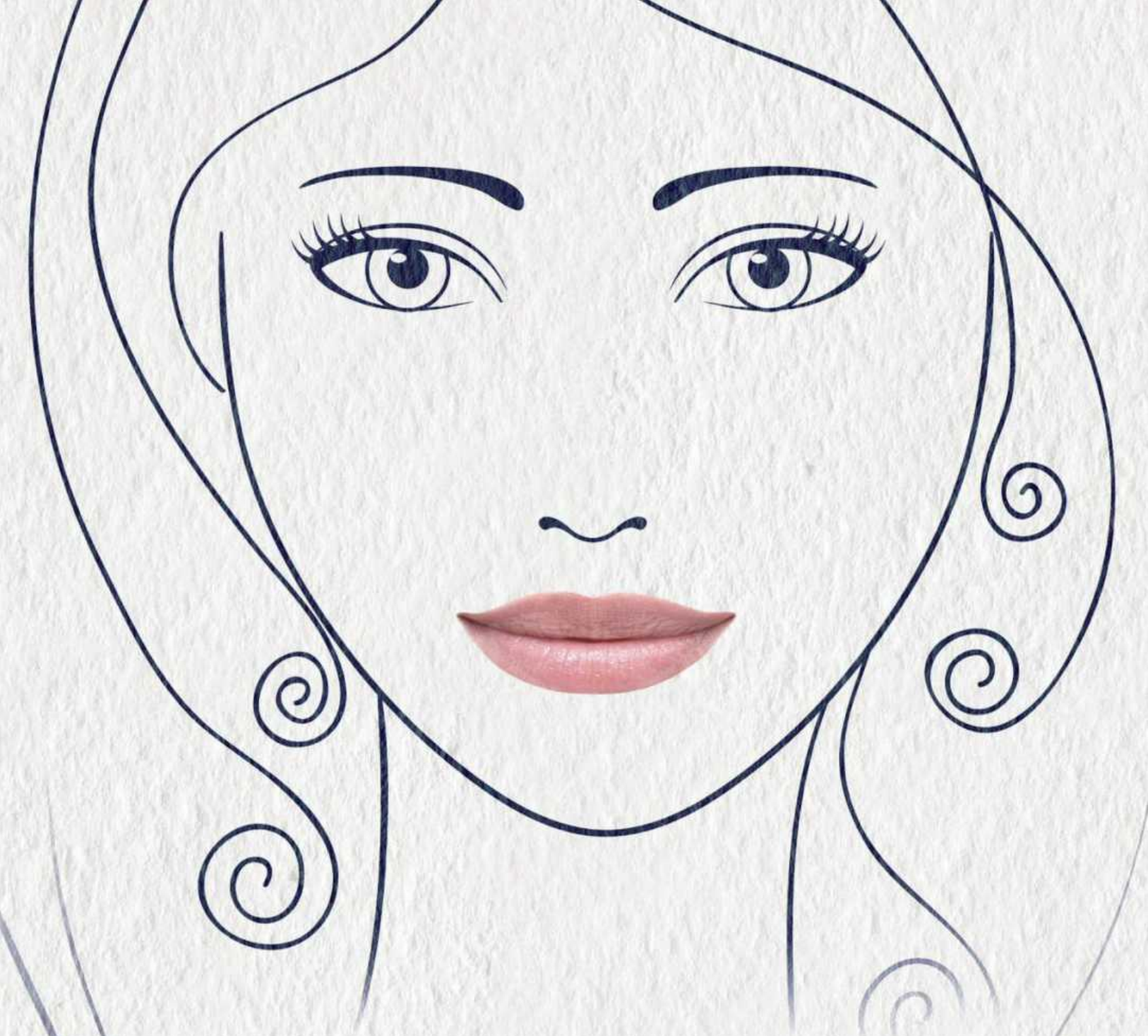
NEW YORK CITY GIRLS

Like the city itself, the women in Manhattan have style that never sleeps

INSIDER'S GUIDE TO SOHO, NEW YORK

Wake up... with freshly roasted coffee at **The Grey Dog** 6 (thegreydog.com) *Shop...* for locally produced delicacies and on-the-go snacks at **Gansevoort Market** 2 (gansmarket.com) *Eat...* Award-winning guacamole and tacos at **Agave** 5 (agaveny.com) *Drink...* artisan cocktails and house-infused vodka at **Pravda** 8 (pravdany.com) *Rest...* your weary head after a busy day's sightseeing at **Nomo Soho** 11 (nomosoho.com). ●





lip therapy that speaks for itself

See for yourself the difference that Prevasore makes, helping to protect lips against chapping, dryness and cold sores.

Feel for yourself how the unique emulsifying system locks in moisture.

Treat yourself.

Order exclusively online at

new Prevasore.co.uk

Everyday lip therapy



Always read the leaflet

In brouge

Take your cue from the wine rack in rich shades of claret and burgundy















ELLE tip: Keep things simple with clean, minimalist shapes. *Above: Wool-mix dress, £89, Cos*









ELLE tip: Burgundy accessories will add an on-trend Seventies vibe to whatever you wear. *Below: Leather bag, £550, Sophie Hulme*





ELLE tip: Layer different shades and textures to really make a statement. *Right: Leather-mix jacket, £595, Reiss*







ELLE tip: Add brouge to denim and other wardrobe staples to smarten up a casual look. *Below: Leather skirt, £129, H&M Studio*



Compiled by: Emma Sells. Photography: 3 Objectives; Jason Lloyd-Evans; Georgia Devey Smith and Charlotte Macpherson, both at Anthea Simms. For shopping details, see Address Book.



ISLE OF SKYE, LONDON, 2015
STELLA TENNANT
PHOTOGRAPHY BY ALBERT WATSON

PRINGLESCOTLAND.COM



PRINGLE
OF SCOTLAND

100 YEARS

By Appointment To
Her Majesty The Queen
Manufacturers of
Knitted Garments
Pringle of Scotland Ltd



MOLLY GODDARD, 26
Molly Goddard's label is a clan effort. A room in her mum Sarah's West London house serves as her studio (Sarah busies herself making coffee and offering up cake as the shots are set up). Molly's mum also did the set design for Molly's a/w 2015 presentation – a life-drawing class complete with easels, paintbrushes and a nude male model – and her sister Alice was the casting director and stylist. Molly, who has just three small collections under her belt, also credits her mum with sewing the seeds of her sweet-but-twisted aesthetic: 'She used to make us pink gingham dresses,' she says. Molly set up her label last year (after leaving the MA Fashion course at Central Saint Martins early), throwing together a collection and roping in her friends to model it at a party-themed presentation. The prom-like dresses are shot through with nostalgia, but her bold silhouettes add reality to the romanticism. 'They're all contradictions,' says Goddard. 'Super-girlie with black nail varnish and brothel creepers.'
Molly Goddard is available at Dover Street Market, from £200-£215 ›

FROM LEFT: TOM SHICKLE, 25, Business Partner and Show Producer. SARAH EDWARDS, Molly's mum. MOLLY GODDARD, 26, Designer. ALICE GODDARD, 23, Stylist



Photography **Simon DiPrincipe**
Words **Emma Sells**

THE FASHION START-UPS

*Meet the upcoming crop of **British fashion's fledgling designers**. Do they have what it takes to become the next Christopher Kane or Mary Katrantzou? We think so. That's why we went to their studios (and one shed) and photographed them with their teams. **The new generation of fashion talent** is unexpected and one-of-a-kind. Remember their names: these are the next fashion superstars*

LE KILT
SAMANTHA McCOACH, 28
The first thing you notice as you walk up the stairs to the mezzanine floor that acts as Samantha McCoach's Hackney studio is a wooden shed: it's her bedroom. Until recently she was a full-time menswear designer for Fred Perry so she's been living in her workspace while getting her own label, Le Kilt, off the ground. McCoach is one of a group of new designers building their labels around a specific item. Inspired by her granny, a traditional kilt maker for over 40 years, McCoach created a line of kilts, tartan jackets and cashmere turtlenecks, and named it after an Eighties post-punk club in London's Soho. She even held her LFW presentation in the club's former home on Greek Street. 'I'm totally into subcultures,' says the Royal College of Art MA graduate. 'So instead of creating something new every season, I wanted to look at one thing and how people constantly adopt and continue to wear it.'
Le Kilt is available at Harvey Nichols, from £365-£500



FROM LEFT: YUKO FUJITA, 40, Sales Manager. ELLE KORHALILLER, 27, Casting Director. SAM MCCOACH (seated), 28, Designer. LAURA STONARD, 28, PR Account Manager



FROM LEFT: CHARLOTTE HODGES, 24, Intern. MARTINA SPETLOVA, 42, Designer. CHRISTIANA PERDIOU, 25, Intern

Photography: Simon DiPrincipe.

MARTINA SPETLOVA, 42

'Sometimes there are six of us sitting around the table weaving. It's like a knitting club,' says Martina Spetlova in her shared Hackney studio as she explains how she makes her heavily textural pieces. Precision comes naturally to her: she trained as a chemist in her native Czech Republic, before moving to London to study at Central Saint Martins. 'I wanted to make pieces that are personal, and textiles are a great way to do that,' she says. 'I can't imagine making anything flat.' Intricate textures have become her signature and she revels in techniques that are the most labour intensive. That involves hours of stretching, punching and cutting the leather, and days weaving it. Constructing the finished fabrics into the oversized jackets is the easy bit.

Martina Spetlova is available at Dover Street Market, from £375-£2,500 ›



FROM LEFT: KIERAN KILGALLON, 30, Stylist. ISABELLA ROSE CELESTE DAVEY, 23, Brand Coordinator. DANIELLE ROMERIL, 31, Designer. CHARLOTTE EASTWOOD, 22, Assistant. KATRINA HOWLETT, 24, Assistant Designer

DANIELLE ROMERIL, 31

'It's about a darker, dystopian idea of a world that's broken down,' says Irish designer Danielle Romeril as she talks us through the towering a/w 2015 mood board that leans against a corner in her studio. It may sound like an avant-garde concept, but Romeril is seriously commercially switched on, cleverly translating her ideas into wearable clothes. She's part of the Centre for Fashion Enterprise's New Fashion Venture programme, so her studio is tucked above the London College of Fashion. Her team of interns in the workshop are lacing leather using a samurai armour technique and sewing feathers onto tartan and quilted pieces: attention to detail is everything. Her garments are designed to be worn with ease, though. Her girl is 'self-sufficient and independent: she chucks on flats with whatever and goes.'

Danielle Romeril is available at matchesfashion.com, from £238-£1,400



SADIE WILLIAMS, 27
'I'm trying to tone down the lurex a little bit,' says London-born Central Saint Martins graduate Sadie Williams of her signature fabric (star of her s/s 2015 collaboration with & Other Stories) as she shows us foil-printed wools and leathers that she's just been heat-pressing at a workshop near London Bridge. Next to us, a handful of girls are constructing fake flowers from fabric offcuts that formed part of her British Fashion Council's NEWGEN installation at London Fashion Week, echoing the Japanese flower arrangements that inspired the a/w 2015 collection. Colour, texture and pattern really make her tick, and she likes to balance glamorous silhouettes with cool prints and crafty details. This season she's 'introducing more commercial pieces alongside the really impractical gowns. But I love folk art and craft so I still want everything to have that handmade touch.'
Sadie Williams is available at hlorenzo.com from £729-£1,680

FROM LEFT: JOSEPH BOND, 26, Co-set Designer and Set Builder. GEORGE STONE, 22, Digital Print Developer. HELENA KOUPPARI, 21, Studio and Lookbook Intern. SADIE WILLIAMS, 27, Designer. KATY PRITCHARD, 26, Studio Manager. AIMEE HERRARA, 24, Full-time Intern. GEORGINA NORRIS, 25, Artist and Set Designer

Photography: Simon DiPrincipe.



BACK ROW, FROM LEFT: MONIKA KROBOVÁ, 26, Studio Manager and Creative Pattern Maker. NASTJA SAGADIN GRMEK, 26, Pattern Cutting Assistant Intern. LISA HAAS, 22, Textile Designer and Pattern Cutting Assistant Intern. MARIA LEONOR TRIGUEIROS DE ARAGÃO, 23, Studio Assistant Intern. ANA CORINA DEL PINAL, 26, Freelance Designer. SEATED, FROM LEFT: KIN CHAN, 26, Visual Director. STEVEN TAI, 30, Designer and Creative Director. IRENE FORTINO, 26, Studio And Pattern Cutting Assistant Intern

STEVEN TAI, 30

Tai and his team are singing along to *Colours Of The Wind* from *Pocahontas* as they have their picture taken, squashed between two pattern-cutting tables as they try to carve out space in the tiny studio that only just accommodates them. The women who work here are the embodiment of Tai's label – stylishly nerdy and fiercely intelligent. 'The collections are based on girls we've met along the way who are not necessarily really into fashion, but the way that they dress is so confident that it doesn't matter.' His collections are infused with a sporty vibe, too, inspired by his childhood. He grew up surrounded by sports fans in Vancouver, where he was born, and his parents owned a sportswear manufacturers in Macau, China. 'Not that I actually played any sport,' Tai adds.

Steven Tai is available at 127 Brick Lane and Dover Street Market, from £250-£985



BACK ROW, FROM LEFT: JEANNETTE NEW, 29, Design Assistant. HEATHER JOHNSON, 21, Design Assistant. ZOE BOONE, 21, Design Assistant. JOHN PHILLIPS, 22, Design Assistant. EFTYCHIA SARRI, 23, Design Assistant. SEATED, FROM LEFT: ELISE WIEGELMANN, 22, Design Assistant. SAM BINYMIN, 18, Design Assistant. FAUSTINE STEINMETZ, 29, Designer, STEPHANIE AKPAKLY, 22, Design Assistant. SEATED ON FLOOR: ANNE OUDARD, 26, Studio Manager

FAUSTINE STEINMETZ, 29

The pair of handlooms in the centre of Faustine Steinmetz's studio dominate the space. 'I came across a small loom in a craft shop one day – it was a total impulse buy. I wasn't sure what it did or how it worked – I mostly googled my way through. But as soon as I started weaving, I realised that even the simplest of weaves was so deep, so textured and outshone any normal fabric.' The former workshop in Seven Sisters is part studio, part home to Steinmetz and her boyfriend and business partner Michael Hawkins. Now, it's packed with interns lured by the prospect of learning first-hand the traditional skills that the French Central Saint Martins graduate uses to transform humble, everyday items such as trench coats, tracksuits and jeans into extraordinary one-off pieces – a skill that earned her a much-coveted spot on the shortlist for this year's LVMH Prize For Young Fashion Designers. 'When you're creating textiles from scratch, you can do anything,' she says, as she works on a sample of smudge-effect denim. 'It's so inspiring.'

Faustine Steinmetz is available at Browns and youngbritishdesigners.com, from £250-£1,250

Additional words: Georgia Simmonds. Photography: Simon DiPrincipe. For shopping details, see Address Book.



WHAT I LEARNT FROM A MALE SEX SURROGATE

Would you pay a man to teach you about sex? ***Rosie Garelick*** *did out of desperation. Her five months of treatment broke her heart, and led to some surprising discoveries*

I saw a male sex surrogate for five months last year. It started with a date at a cafe and ended with a date at a cafe, and in between there was a relationship that took place mostly at a private clinic. I don't know his full name, his phone number or where he lives. He doesn't know any of that about me. Money was never exchanged between us, as the clinic's administrators handled logistics and finance. Now that it's over, I am heartbroken, because while I understand what I experienced was therapeutic role play, it felt very real.

I'm a 44-year-old spinster. I hate that word, but it's the most succinct way of describing me. I turned to surrogate partner therapy (SPT) in a desperate attempt to change my life, because I could count the number of sexual encounters I'd had on one hand. Dating makes me extremely anxious. I haven't experienced any obvious trauma, such as rape or molestation. I have no physical disability. The reasons for my anxiety are complex and nuanced, a combination of screwed-up circumstances and family dynamics, augmented by self-imposed physical obstacles along the way, such as weight gain and scars.

I've been hyper-sensitive about intimacy and sex since I was a teenager, so overwhelmed that I usually preferred to go without. In my 20s and 30s it was less of a priority; I had time to work it out. But as I edged into my 40s, I couldn't ignore it any more. I had tried online dating – clearly any woman can get laid if she really wants to – but I didn't experience any intimacy. It was more like something I was proving to myself. I felt like I was constantly lying, pretending to be someone I'm not. I needed a fundamental change in my character or attitude.

So I started to consider SPT. It sounded lurid at first, but so did the mere thought of really talking about sex. SPT was right for me, because it's an emotional challenge, albeit one with a major physical component to it. I told a small circle of friends, mostly women but also a couple of their husbands. They encouraged me, though a few were shocked at first. But ultimately, they all seemed to think I was courageous to try it. In truth I am a coward and a fool to have reached my 40s without benefiting from one of life's fundamental joys. It took me years of 'regular' therapy before I was even willing to consider SPT.

But I was ready to admit defeat and face my problems. It was clear in my first meetings at the clinic that these therapists have seen the likes of me often enough, to the point where I sometimes felt like a stereotype. The sexually stumped neurotic woman who focuses on her career instead of love.

I was given a talk therapist I'll call A. A met me at the clinic, which is located on a quiet city side street in Tel Aviv. From the outside it looks like a law firm or a dentist's office. I met with the head of the clinic only once. She is a renowned, global leader in her field and

has a strong, stern, austere presence. She spent the first few minutes of our meeting quietly going over my talk therapist's notes, while I sat there watching her read about me. I was terrified and ended up sobbing throughout most of the session. She was impressively observational, pinpointing my anxiety so quickly it felt almost embarrassing. I later told my sex surrogate partner this story and he reverently explained she's a Dumbledore: wise, knowledgeable and the epitome of goodness. The Dumbledore of intimacy and sex.

S, my surrogate, was selected for me from a group of male surrogates in the clinic's team. I made only one request: that he not be too thin. I am, or have been, fat, and body image is a problem for me. I didn't want to feel even more self-conscious than I would already be.

Although the time I spent with S was a lot more conversational than physical, I was beyond nervous in the beginning. I meet with men on my own all the time, but that's for work. This was different: I spent most of our first date actively distracting myself from crying. There was no obvious reason to be upset, because S came across as a warm, kind man. I am accustomed to lying to men about my predicament, but since S already knew about it, all the energy I usually devoted to insincerity became a welcome, available resource. I shifted it toward dealing with the moment. The opportunity to speak honestly and openly was a huge relief.

S is a 38-year-old artist. The clinic's surrogates must all have other sources of income so, besides his work as a musician, S also teaches art and film to kids. And he's a bartender, although I don't know where. He's originally French and has gorgeous hazel eyes.

Our last date 'outside', before sessions at the clinic, was on the beach. We went into the water for a while and then hung out drinking cold beers S had brought, ending up in an intense discussion about the meaning of intimacy. S has had numerous sexual partners – he wouldn't tell me how many, but I'm pretty sure he's in the triple digits. So I shot off a statement about it not being intimacy if he can experience it with so many women. He seemed to take it in his stride, but I felt awful – childish, cynical and mean. I became anxious about the whole thing in the following days.

SPT includes a report from the surrogate about each session, which my talk therapist read to me between sessions. I always met with her after seeing S. He also met with her after each session we had together. They were essentially a therapeutic team.

It turned out he'd enjoyed our discussion at the beach. In fact, he said it had been our best date up to that point. I couldn't understand why he didn't hit me back with the obvious retort – it's definitely not intimacy if you don't have it with anyone at all. But S didn't get offended as easily as I do; sex and intimacy are a few of his favourite conversation topics. I've naively gone through life thinking there is a single correct definition for intimacy, one that is morally superior and therefore clearly the right choice for me. That day I came to realise it was a completely subjective term and started to think about what it really meant to me as an individual.

The more I got to know S, the more preoccupied I became with our relationship being fake. I was growing attached, but at the end of each date, we went back to our 'real' lives. I had no way of communicating with him between sessions. I was a job and so he probably felt some of what I feel about my own job, which isn't all good. He'd never meet my friends or family. He wouldn't visit my great apartment.

When S saw I was having a hard time trusting the process, he tried to comfort me. He compared it to when the kids he's teaching ask him whether scenes in a fictional movie are real. He tells them it doesn't really matter because it's real to them in the moment. So I stopped concerning myself with what he was up to when I wasn't around. I stopped debating his motives or questioning his sincerity. He was helping me deal with my problem and was very much present in doing so. That's the only thing that mattered. Every other date I'd ever been on was a big lie and a waste of time.

'I was extremely embarrassed when we started, even though the boundaries were clear and I felt safe with S'

I started worrying I'd fall in love with S. I was definitely developing a crush. My therapeutic team didn't worry. They said they wanted me to experience the relationship to its fullest and if that meant I ended up with a broken heart, so be it. From their perspective it would enhance my therapy and was therefore a best-case scenario.

Our first meetings inside the clinic were about practising sensate focus. Sensate focus was developed by Masters and Johnson in the 1960s to heighten physical and emotional awareness. It's almost a form of 'intimacy for dummies'. It's about touching the body in a supposedly non-sexual way – arms, legs, face, neck – and basically enabled me to slowly get used to physical intimacy with S. It can be erotic, serving as a gradual turn-on. But it started with strict rules of not touching sexual parts and, as my anxiety reduced, we practised it over several sessions.

I was extremely embarrassed when we started, even though the boundaries were clear and I felt safe with S. I'd been on my own for so long that I wasn't used to being touched, not even holding hands.

The face and hair session was a turning point. We sat on the couch across from each other, S running his fingers through my hair and massaging my scalp for 10 minutes. He asked me to close my eyes. I don't like my body, but my hair is a feature I'm confident about. It's straight and soft and unusually thick, so it often gets compliments. I assumed S was ›

Photography: Samantha Casolari.

impressed. He moved behind me to feel my face. I leaned on his chest and somehow my embarrassment disappeared in his warm embrace. He touched my lips, my neck and eyelids. I started to relax as I felt his face right next to mine. It was the first time I'd ever given a man complete control over my senses, and I was drowning inside him. His hands were all over my head and face, his breath warm and sweet. S stroked my hair and I found myself listening to his heavy breathing. It was amazingly sensuous. When he stopped, we just sat there for a while inside the magic. I felt like I was under a hypnotic spell. I would gladly give up every orgasm, shared joke and deep debate that came after if I could only go back to that one moment.

This is the love spell everybody talks about, the connection so many movies, songs, books and paintings try to capture. I don't understand it; I was just happy to finally experience it. When I woke up at home alone the next day, I could still hear S breathing in my ear.

I was becoming obsessed with S. I found myself at business meetings thinking about things he and I had done to each other at the clinic. I work in technology and most of my colleagues are men. They'd be discussing some innovative new product feature while I would drift into an erotic daydream. Maybe it wasn't love, just lust? It was definitely one of those two options. My therapist said it was a good sign. She told me to enjoy it while it lasted. I was already starting to anticipate the end: I would make it to the top of this cliff, enjoy the view for a few minutes and then fall off the edge, crash-landing back into reality. But I wasn't willing to stop. I hoped that a broken heart would lead me to the change I needed.

S seemed genuinely fascinated by my frigid state, like he revelled in the challenge of thawing me out. By the time we had sex, I felt very close to him. What did I know about my surrogate partner? He likes fresh lychees, beer (Stella) and wine (red). Quotes George Michael's *Careless Whisper* in the middle of an intense moment for comic relief. Owns a cat. Cycles. A huge *Harry Potter* fan. When I told him about some of the stupid things men had said to me over the years, S complained that 90% of men give the remaining 10% a really bad reputation.

I adored him and yet despite all this, I was a wreck during our first 'penetration session'. It was all scripted beforehand by my therapist: We were to start with me on top, not moving, in a position she seriously called 'the quiet vagina'. This was meant to put me in control, giving me a chance to reflect on how I felt.

I rarely get drunk, but I couldn't face this sober. I got some whiskey and drank three glasses before heading to the clinic. I brought the bottle with me in case S wanted some, but he didn't. He was clearly looking out for me, the responsible adult. He tried to postpone the deed when he saw I could barely walk straight, but I insisted. The room was spinning as I experienced a mixture of pleasure and shock and pain. S talked about the act throughout; it was all strangely verbal. At first the narration was an annoying distraction, but I later realised he really helped me focus on myself and think. I wanted to be there, and S made me feel completely protected in this environment. My life had led me to this unique and wonderful man, in this strange clinic and surreal circumstance. It was our 20th session together – and clearly where I was supposed to be.

'I would gladly give up every orgasm, shared joke and deep debate that came after if I could only go back to that one moment'

Over the following sessions, I learnt there's nothing quiet about my vagina. In fact, I'm multi-orgasmic. I gather this is a rare perk and therefore view it as only fair: The universe is helping me make up for lost time. S was amazed when we first realised what was going on. He had never been with a multi-orgasmic woman. Ha! I got a real kick out of being able to introduce my experienced mentor to new female sexual behaviour. Over and over again.

S saw me fantasising about ways to continue dating him, so in our last meeting he told me there was no way I would ever hear from him again. He would never contact me. We parted ways after a total of 30 sessions and a long, heartbreaking hug. I watched him walk away down the street. I was wrecked for a while. I still wonder: Why can't I live happily ever after with S? I don't want to be with anyone else. We're perfect for each other, in an opposites-attract kind of way. Unfortunately, no one at the clinic saw this like me, despite SPT being about positivity and keeping an open mind. Apparently fairy tales are misleading. Intimacy is replicable, love and relationships are not about The One. S and I were a pilot project and, once it was over, I was supposed to take what I learnt into the world. That was the original plan and we're sticking to it, because SPT has helped me build an emotional base for meeting someone else.

SPT is an extreme form of intervention, but S said everybody could benefit from having a sex surrogate, even him, so I am publishing this piece to make sure more people know about it, especially women. I wish I had heard of SPT 15 years ago. I also wish I'd been more open and accepting once I finally did learn of it, instead of taking ages just to get used to the idea.

I continue to see A, my therapist, and am dating through websites and apps. It's awful. A says I'm a tough case and will require 50 first dates before I find someone to love. I'm not sure if she means this literally, or as a hypothetical number that seems beyond reach. I'm afraid to ask, and it doesn't really matter. We're in this for the long haul.

As we built my online profile together, A asked what kind of man I'd like to meet. I said I'm looking for a French-speaking artist/bartender in his late 30s, who gets around on a bicycle and moonlights as a sex surrogate. We skipped that question. A's pretty much open to me going on a date with anyone who has a pulse. I hate the whole thing, but I'm worried I'll disappoint S if I quit. I don't want him to think his mentorship failed, or that I only changed temporarily. The sound of his sweet breath seems to fade a little more with every day that goes by, but I refuse to let go of his positive influence. I also trust A and this process. I don't want to crawl back under the same rock again. Now that I know what love and intimacy sound like, I need to hear them again, breathing deep inside me.

ELLE **TWEET IT** Share your thoughts on this story to @ELLEUK

This article first appeared on Salon.com. An online version remains in the Salon archives. Reprinted with permission. Rosie Garelick is a pen name for a freelance writer. The therapy described took place at Dr Ronit Aloni's sexual rehabilitation clinic in Tel Aviv.


havaianas
WELCOME TO
BRAZILIAN TERRITORY
havaianas
www.havaianas-store.com

HOW TO BE A BADASS



*We often think that being a **strong** and **invincible** woman means never showing emotion in public. But shouldn't we all be creating a world where it's considered more **empowering** – more **rebellious** – for women to do just that? Writer **Ann Friedman** looks at the **bold, brave women** who are redefining the term we surely all aspire to*

There was a time in my life when I worked really hard to be the kind of woman that everyone calls a 'badass'. I was 29 and had just been named the executive editor of a magazine, which meant I was in charge of a big budget and the boss of every other journalist on staff. It was my first time having so much professional responsibility, and even though my stomach was in knots nearly every morning, I adopted a fake-it-till-you-make-it attitude. I got good at giving definitive answers to tricky questions, even if I felt unsure. I drank my whisky neat and talked about how I wanted to learn Krav Maga – even though I had neither the time nor the physical coordination for martial arts. All I did was work. Yeah, I felt stressed out, kind of lonely and a little bit like a fraud, but no matter how hard things got, I never let anyone see me cry.

It worked. I've been called a badass, which puts me in the company of some incredible women – many of them my fellow journalists. It was a club I was thrilled to join. When you put the words 'badass' and 'woman' together, it has the magical effect of erasing negative feminine stereotypes. A badass woman doesn't cry about being dumped. A badass woman isn't needy. A badass woman doesn't make decisions according to etiquette or social expectations – she follows her heart and her gut. A badass woman owns a perfectly broken-in leather jacket. To call a woman a badass is to acknowledge that she's tougher, bolder and braver than your average gal.

Lately, I've come to realise that this isn't always a good thing. We're living in a time when women, regardless of their occupation or background, feel they have to mimic the stoicism that men have long been expected to main-



@ANNFRIEDMAN

tain when things get emotionally difficult. There's very real pressure to prove that we're just as capable as men are, which can turn into pressure to ignore our emotions and downplay our more nurturing, 'feminine' qualities. But when I thought about the women I admire most in my own life, I realised I'd gotten it all wrong: being a badass means embracing your emotions, not hiding them. Toughness and feelings do go together, and acknowledging that fact can be extremely powerful.

In popular culture, the badass woman is the more grown-up older sister to the 'cool girl'. In Gillian Flynn's bestselling thriller *Gone Girl*, she describes the cool girl this way: 'Being the Cool Girl means I am a hot, brilliant, funny woman who adores football, poker, dirty jokes and burping, who plays video games, drinks cheap beer, loves threesomes and anal sex, and jams hot dogs and hamburgers into her mouth like she's hosting the world's biggest culinary gang bang while somehow maintaining a size 2, because Cool Girls are above all hot. Hot and understanding.' The cool girl, of course, doesn't really exist – she's an act, a façade put up by women who feel constrained by society's expectations and terrified of falling into negative female stereotypes. Usually, cool girls age out of their self-loathing behaviour. But sometimes, they grow up to be a certain type of badass woman – the type who doesn't hesitate to lean in and go outside if she has to cry.

I started to understand the downsides of the 'badass' label after I read a memoir written by American journalist Mac McClelland, who has spent most of the past decade chasing war criminals, standing knee-deep in Louisiana oil spills and interviewing vigilantes. She is, in many ways, the definition of a badass woman. Her book, *Irritable Hearts: A PTSD Love Story*, describes her struggle with the stress disorder she developed after witnessing horrific events in post-earthquake Haiti in 2010. She writes about how she first assumed that she was having a breakdown because she wasn't tough enough. But, she reveals in the book, the root of her problem was the opposite: she put too much pressure on herself not to be emotionally affected by all of the terrible things she saw as a reporter.

McClelland has directly addressed the ways the 'badass' label has affected her. 'I'm always very flattered, always very honoured that they say that,' she told American magazine *Mother Jones*, her former employer. 'At the same time, it sort of depends on your definition of badass. I think that the normal definition is that you don't have any feelings, right? So it's like you don't care, you're not comfortable and you're not touched by things, and you can do whatever you want.' If you're the sort of woman who considers herself a badass, there's a very real pressure to hide your feelings under that leather-jacket exterior.

There are other hazards of badass behaviour, too. Like most sexist catch-22s, there are limits to how badass a woman can be before she crosses a line into perceived recklessness. In another recent memoir, *It's What I Do*, the American photojournalist Lynsey Addario tells harrowing stories from her years spent documenting violent conflicts in Iraq, Afghanistan, Syria, and elsewhere. After Addario was kidnapped while on assignment in Iraq, she realised she wanted to have children. But she wasn't quite ready to give up her career. 'Leaving at the last minute, jumping on planes, feeling a responsibility to cover wars and famines and human rights crises was my job,' she writes. 'To stop doing those things would be like firing myself.' And so throughout most of her pregnancy, Addario continued to take photographs in some of the most hostile environments in the world. When part of her book was excerpted in *The New York Times*, some commenters were vicious about the risks she took. One wrote: 'I found Lynsey Addario's behaviour absolutely reprehensible! How a mother could put her own ambitions and ego above her child is beyond belief.' To outside observers, the line between badass working mother and selfish egomaniac is apparently quite thin.

While I'm sure McClelland and Addario – and other badass women journalists, such as British war correspondents Alex Crawford and Ruth Sherlock – would be the last to refer to feelings as a sign of weakness, their stories reveal how tempting it is to fall into old-school definitions of toughness. You don't have to be a reporter in Syria to have felt the pressure to swallow your tears lest you be seen as a mushy, unserious wreck. On a range of issues, from sexual assault to workplace sexism to online harassment, women have long been encouraged to steel themselves against the world. Learn self-defence. Don't read the comments. Ignore that thing your male co-worker just said. These coping mechanisms are effective in the short term. But putting on a brave face, day after day, takes an emotional toll – and ultimately makes it harder, not easier, to do the important work we find so fulfilling.

And so it's time to redefine 'badass'. None of us is so tough that we've fully erased our vulnerabilities. The truly badass move is when women acknowledge their feelings and admit their struggles, not bury them. This wouldn't just help other women. It would also benefit men who have been expected to bury their emotional responses and carry on as if they are unaffected by trauma. It's not badass to survive a horrible situation without shedding a single tear. The real badass move, as women such as McClelland and Addario prove, is to fearlessly acknowledge how something has affected you and make space for others to do the same. Always let them see you cry.

TWEET IT Are you a badass? Let us know your thoughts @ELLEUK

Photography: Thomas Whiteside.



Happily older, wiser and single

WRITER KATE BOLICK HAS KEPT A DIARY OF ALL HER SIGNIFICANT BIRTHDAYS. NOW IN HER 40S, SHE CHRONICLES A LIFE LIVED IN AND OUT OF COUPLEDOM. IT HAS A HAPPY ENDING

@KATEBOLICK

There are two varieties of self-reflection. One is meditative, possibly even cosy – your thoughts, a pot of tea, an armchair. For the other, you look in a mirror and regard your mortal image. From an early age, I treated birthdays like mirrors. When the day arrived, I'd step back, squint my eyes and coldly scrutinise each feature – the preparations, the celebration, my companions, the gifts – convinced that if I caught all the angles I'd see a full portrait of My Life, and be able to judge it accordingly. As in, 'Yes, things are how they ought to be,' or, 'No, it's time to make some changes.'

I know this because back before writing emails to friends became my preferred (and precarious) method of journal keeping, I carried an old-school diary wherever I went. But recently, when I opened one, and then another, expecting to read faithful remembrances of birthdays past, I discovered that for many years I made no mention of the day, and when I did, it wasn't a description but an elaborate critique. Meanwhile, the birthdays that live in my memory as exceptional have no written record.

Take my 21st, legal drinking age in America and therefore a milestone, though it glows in my mind's eye for reasons other than alcohol. Growing up, my birthday was a family affair. I was born on 5 July 1972, and my brother four years and one day later, fating us to a childhood of shared backyard parties. In my early teens, my parents began renting a cottage for several weeks each summer on an island called Vinalhaven, off the rugged coast of Maine, and 'the birthdays' graduated to gorgeously messy seafood feasts: lobsters hauled from the ocean, bowls of steamed clams, corn on the cob and chocolate cake (two, of course).

During my second year of college, I fell headlong for W, a wry painter poet with floppy, dirty blond hair, who quickly won over my brother and parents; that summer, it was a given he'd join us in Maine for my 21st. The night of 'the birthdays', I remember looking across the dining table, bright with lobster shells and bottles of beer, marvelling over how easily W had slipped into our Bolick dynamic. We all assumed he'd stick around forever, a lovely thought those first couple of years, and then – to my surprise – less so when we finished university. Our parents' generation had married just out of college, which I could hardly wrap my head around; there was still so much I wanted to see and do before settling down. We broke up, got back together, tried to make it work long distance – a torturous limbo. And then, just before I turned 24, my mother died unexpectedly from a swift, ruthless form of cancer. W and I were too inexperienced, and our commitment too battered, to survive my grief. My 25th birthday was our last together.

After that one-two punch to the gut I had no intention of falling in love again any time soon – I frankly didn't think myself capable – but I did, that winter, with R, a kind, gentle editor at the magazine I'd started working for directly after my mother died. And so I spent the rest of my 20s ensconced in the familiar cocoon of coupledom, albeit with increasing ambivalence. A voice in me said I needed to learn how to be on my own, beyond the safe harbours of boyfriends and family, but the thought was so uncomfortable I couldn't bear to listen.

'A VOICE IN ME SAID I NEEDED TO LEARN HOW TO BE ON MY OWN, BEYOND THE SAFE HARBOURS OF BOYFRIENDS AND FAMILY, BUT THE THOUGHT WAS SO UNCOMFORTABLE I COULDN'T BEAR TO LISTEN'

Twenty eight isn't a milestone birthday in the traditional sense, but it was certainly a major turning point in my life. Recently, I found a snapshot from that day. R and I were about to leave Boston so I could attend graduate school in New York City and, before the big move, we'd rented a cottage on Vinalhaven, just the two of us. It was that burnished hour before dusk when he took the photo: I'm standing at the edge of a field of wild flowers, hands on my hips, the ocean beyond, looking very much like someone who's got her life figured out. Career path, check. Great relationship, check.

But if you look closely, you can see that my smile is big but not welcoming. It's the smile of someone erecting a barrier behind which she can gather her things without being seen, ›

Photography: Ben Rayner. Kate wears: Wool top, £550, Stella McCartney.



shove them into a suitcase, and flee – to who knows where? She has no idea. From the diary: 'Here on Vinalhaven I keep worrying over the matter of marriage to the point where it's difficult to enjoy myself. Where is this relationship going if not in that direction? And is it the right direction? And how does a person know?'

Before a year was out, we were finished. It was a bad break-up, and I was in no mood to celebrate 29; I can't find a record of the day in my diary, or in my memory. And yet a lot can happen in a year. I found an apartment with a friend in Manhattan, finished graduate school and began my freelance writing career. As the dreaded 30 approached, I marvelled that though in college I'd assumed I'd be married by now, here I was, happily – dare I say euphorically – single. When people asked what I felt crossing into my third decade, I was amazed by the truth: relief. Finally, I could release the twentysomething burden of trying to figure out my life and just be. Hello, world, here I am: me! Nothing more, nothing less. That morning, I sent an email to everyone I knew inviting them to a dive bar on the Lower East Side and stayed out drinking and talking all night.

I'm sure if I asked a scientist I'd learn that euphoria is a lot like lust: it flares up, then out. I'd expected those early years on my own to unfurl like a paper party horn – one strong blow, and a multicoloured blast of good cheer rolls out. I'd forgotten they shrink right back to their starting position. In this way I stutter-stepped into singledom, each bold advance followed by a deflated retreat.

And then I turned 32. From my diary: 'I am moving into my own place, which is beautiful. And I've done it all myself. I am on my own. I am not *alone*. I am building a life that is good. And there is more good to come.' I was right – life continued to have its ups and downs, but each passing year was better than the one that came before. During my tightly coupled 20s I'd sometimes envied the freedoms of my single friends, but as they disappeared into marriage and motherhood I felt lucky to be alone in my 30s, when liberty is combined with maturity, and has a lot less to do with hanging out at bars. I travelled on newspaper and magazine assignments – Amsterdam, Buenos Aires, Rome – met interesting people, my relationship status and geographical location in perpetual flux, myself the only constant.

'FULLY INHABITING MY SELF-RELIANCE HELPED ME TAKE DATING LESS SERIOUSLY, WHICH MADE IT MORE FUN. RELATIONSHIPS BREATHE EASIER WHEN THEY'RE FREED FROM A TIMELINE'

At 35, I was a little dismayed to realise I still hadn't married, until I looked in the birthday mirror and thought, 'Wait a minute, you've already made a commitment – to living your life the way you want it. Maybe you don't want to be married. Or maybe you'll marry in 20 years. Get over it. Own your choices.' And, honestly, that was that. I stopped conjuring the ghost of should-be-married-by-now and revelled in a life untethered, mistress of my own domain, solely responsible for my time and money: write all night, fly last-minute to see a friend, take squash lessons, spend a weekend reading in bed, host an elaborate dinner party for 10. Fully inhabiting my self-reliance helped me take dating less seriously, which made it more fun. Relationships breathe easier when they're freed from a timeline.

If 30 had been a relief, 40 was a triumph. I'd made the life I wanted. That year, a dear (married) friend and I co-hosted a blowout: a seafood feast for 40 on the coast of Massachusetts – 'the birthdays' all grown up (my brother was there, with his wife and two daughters). I was newly dating a man, also a writer, and not at all concerned about where we were headed, though of course other people were. So often, expectations are carried by those around us, not ourselves, though it can be hard to tell the difference. At that point, living alone for nearly a decade had made me better at hearing, and listening, to my own voice.

By the time you read this I'll have turned 43, the low foothills of middle age and, when I look in the birthday mirror, I like my reflection. I remain unmarried and still live alone, though, three years later, I'm still seeing the writer. When people ask if we'll move in together, or put a ring on it, as people do, I tell them to slow down. I've finally come to see that single vs married is a false binary anyhow. The good life is composed of elements that transcend relationship status: creating your own security, nurturing relationships with friends and family, building a support system, mastering a vocation or skill. The great novelist Edith Wharton put it best when she wrote in a letter to a friend: 'I believe I know the only known cure, which is to make one's centre of life inside one's self, not selfishly or excludingly, but with a kind of unassailable serenity – to decorate one's inner house so richly that one is content there, glad to welcome anyone who wants to come and stay, but happy all the same when one is inevitably alone.'

Spinster: Making A Life Of One's Own, by Kate Bolick, is out now (Crown Publishing Group)

TWEET IT What do you think of Kate's point of view? Let us know @ELLEUK

Photography: Ben Rayner. Styling: Brittany Berger. Make-up: Katie Mellinger using Chanel S 2015 and Chanel Body Excellence. Kate wears: Wool top, as before, and wool trousers, £735, both Stella McCartney. For shopping details, see Address Book.

THE FIRST-EVER ASOS DISCOUNT CARD

*Shop your new-season wardrobe **for less***

20% OFF AT asos











You've read all about the new trends; you've made a mental note of your favourite looks. And now? It's time to reboot your wardrobe for autumn/winter 2015 with the first-ever Asos discount card, which gives you 20% off. This is our gift to you, only with September ELLE*.

In a fashion exclusive, ELLE has teamed up with the global online fashion destination to offer you its limited-edition discount card (find yours on the front of the issue). Use it to invest in a statement shearling or masculine coat, treat yourself to some modern animal print, or get this season's must-have: the blouse.

To activate your discount card, register at elleuk.com/asos by 3 September 2015, entering the 16-digit number printed on the back of your card. A message will appear on the screen once you've registered. Happy shopping.







*Please note, gift card not available with digital, export or bumper editions.

TERMS AND CONDITIONS: 1. Discount card entitles customers to 20% off full-price merchandise. Exclusions may apply. **2.** For the offer to be valid, users must register at elleuk.com/asos before 3 September 2015 to activate the card. The card is valid from 6 August 2015 and ends 23:59 BST on 10 September 2015. **3.** One order per customer up to £500 (pre-discount). Offer only valid on full-price items and not valid with other promo codes, gift vouchers, delivery charges, Asos Marketplace, or Asos Premier subscription. **4.** Returned items will be refunded at the discounted price paid, on production of a valid receipt. **5.** This card may not be exchanged for cash. **6.** Strictly one discount card per transaction, per person. **7.** This discount card may only be used once. **8.** Your card cannot be replaced if lost, stolen or damaged. **9.** ELLE and Asos reserve the right to amend the terms and conditions of this discount card at any time, and to take appropriate action, including cancellation of the card, if they deem such action necessary. **10.** Full terms and conditions are available at elleuk.com/asos.



NEW TALENT

WANT TO WRITE FOR ELLE?

Our annual Talent Competition is back for its seventh year and, as ever, we're committed to discovering exciting new talent for you to read

It's our mission at ELLE to make women's voices heard, and what better way to do that than for you to tell your own story to the world? This year, we want you to write about relationships. Read on to find out more details and how to enter. The winner will be chosen by our panel of experts and their piece printed in the January 2016 issue of ELLE. Visit elleuk.com for advice, online writing tutorials, tips from the panel and to read the work of winners and runners-up from previous years.

THE PANEL



LORRAINE CANDY
ELLE Editor-in-Chief
@LORRAINEELLE



KENYA HUNT
ELLE Acting Content Director
@KENYANHUNT



JESSIE BURTON
Author of *The Miniaturist*



KATE MOSSE
Novelist, and Chair and Co-founder of the Baileys Women's Prize For Fiction
@KATEMOSSE



ANNA JAMES
ELLE Books Editor
@ACASEFORBOOKS

A WRITER MUST WRITE

Jessie Burton, ELLE Talent Competition judge and author of bestselling novel *The Miniaturist*, shares her tips on writing and, more importantly, how to see it through.

Are you avoiding the actual act of writing because it's easier to think about it than to do it, the perfect book remaining snugly in your head? Are you wading through pits of boredom and despair? Congratulations, you're a writer.

It can seem like an unnavigable journey between having an idea for a story and actually writing it. In my experience, inspiration only gets you so far; it's tenacity and a willingness to adapt that will get you further. If you want to write for an audience (and I reckon 100% of the writers I've met do),

Compiled by: Hannah Swerling. Photography: Neil Watson.

WIN! Five finalists will win a Smythson monogrammed leather Soho Notebook, worth £135 (smythson.com)

the beautiful power of your imagination means nothing if you are not prepared to put in the hours to tease it out, word after word, until a paragraph becomes a chapter, then a book.

A lot of the work that goes into a novel is a repetitive exercise in failure. Writing isn't an escape, it's turning up to face yourself. In the quest for personal perfection, you will experience profound frustration, for what you see in your fantasy will resist translation to the page.

Right, that's the tough talk over from your drill sergeant. I stand by it, but I also want to offer some practical advice to completing a novel, because it can be done, and all of us can do it. We all have ideas – we're born dreamers, imagination is a human gift. We just have to apply the effort. Everyone has their own methods, but I'll tell you 10 things I've learned so far:

1. There will always be someone better than you.
I find this comforting. It's fine. It's liberating. Just keep doing what you're doing, and let everybody else get on with their business. Because someone, somewhere, is looking at you in awe.

2. Tell people you are writing a novel.
This is a double-edged sword, because as soon as I did this, all I got for the next three years was, 'How's your novel going?' Which, as irritating questions go, is up there with, 'So, when are you going to start trying for a baby?' HOWEVER, if you announce to people that you're writing, there comes a certain desire to prove to them that this is exactly what you're bloody well going to do. It's not a perfect strategy, but it helps. (And tell kind people, because they will encourage you.)

3. Don't fixate on ritual.
There's a romance about writing that just won't go away. We have to drink fresh coffee in our turrets, we have to write at dusk to the sound of a trilling blackbird, we have to be wearing Aunt Maud's silk kimono. I call bullsh*t. I wrote *The Miniaturist* at any hour of the day, in offices, on the Tube, in theatre dressing rooms. If you wait for a room of your own, you're going to be waiting a long time. Some people need silence, some need noise. I just needed the words on the page.

4. Write what you want.
No one could have predicted that a book set in 17th-century Amsterdam about a doll's house was going to be a best-seller. Neither did I. But it's what I wanted to write. Don't underestimate personal passion.

5. First draft blues.
Here's the paradox: you will not be able to truly write your book until you have written your book. GET. IT. OUT. OF. YOUR. HEAD. Everything will probably change later – that's fine. At this stage, accept deep imperfection. If it's a mess, so what? If the characters aren't behaving themselves, big deal. If the layering and nuance isn't there, why would it be? You've only written it once. You are only human, you simply cannot monitor your pace, your tone, your 55 characters, your imagery, your themes and your atmosphere in the first go. All this will come in subsequent drafts. Be kind to yourself in the early days. But don't stop. Do not stop.

'How do I not stop?' I hear you cry. I know. It's hard. When things are excruciating in this stage (namely, on any day that ends in a 'y'), I tend to use the program Write Or Die (a piece of software that starts to delete what you are writing if you pause for too long) to get some actual text on the page. And what often happens is that, in the act of writing, I work out what I want to write. My original idea might have fizzled, but if it's 30 words or 3,000, there will be something there that will take me on to the next scene. And yes, I may discard most of it later, but something might stick and that's better than nothing.

So, let's say you have a whole draft. That's genuinely a massive achievement, so pat yourself on the back. Now the real writing can begin.

6. Read it out loud.
I did this five times through my drafting – exhausting, but so helpful.

7. Accept when something isn't working.
There will be other solutions. If your car was stuck against a brick wall, you would have to change direction.

8. You will be rejected.
Back up your passion with this acceptance. Not everyone is going to like it, some people are going to loathe it, and no one will care how hard you've worked. But one day someone will give you some help, or a chance. And you'll be ready by then to take it.

9. Ask yourself, 'Why am I doing this?'
It'll help keep you focused. For me, writing my first novel was an act of hope. Five years ago, at the age of 27, I wanted something in my life to change. It's not noble, but I wanted to be published. I wanted to see if I could make it work. But I know now that it was the act of writing, not being published, that saved me.

10. And finally:
Writing is a leap of faith. But how wonderful that the person you're putting faith in is yourself.

HOW TO ENTER

We want you to write a 500-word piece inspired by the hashtag #RelationshipGoals. Write about any relationship in your life that matters – whether it be with a friend, boyfriend, sister, mother or whomever – and what you want from it. Visit elleuk.com/more/book-club for more information on how to enter. The deadline for entries is 11.59pm, 10 September 2015.

ELLE **READ IT** For writing tips and video tutorials, visit elleuk.com/more/book-club



Making it in LA

These four faces are poised to be the biggest British game-changers Stateside this autumn/winter – and **Burberry** spotted them first. From the 21-year-old model on the cusp of super status, **Malaika Firth**, to actress **Amber Anderson** and musicians of the moment **Clare Maguire** and **George Barnett**, these are the ones to watch. Let ELLE introduce you...

Interview **Kate Williams** Styling **Michelle Duguid**
Photography **David Mushegain**

Malaika Firth is sitting in a make-up chair at a photo shoot, surrounded by a small, moving storm of hairstylists, fashion editors, agents and assistants, who take turns primping and prepping her. Throughout it all, we chat – about work, life, home towns, social media and why she's come to LA. She's clearly in her element, a face of one of Britain's most iconic brands, Burberry, even though she's a long way from where she started.

The only question about Malaika Firth's career is when, not if, she'll achieve supermodel status. At 21 years old, Firth has already walked in more than 100 of fashion's most influential, big-ticket shows – think Burberry, Chanel and Louis Vuitton – and has been the face of a history-making, game-changing campaign for Prada. Models.com, the unofficial register of the modelling world, ranks her on its top 50 list. But it's attaining a spot as a Burberry girl, alongside legends such as Kate, Naomi and Cara, that has placed her firmly in the major league.

It is nothing to scoff at for any model, but it's especially impressive when you consider how far Firth, who was born in Mombasa, Kenya, has come to get here. With her ambition, Firth could be the poster girl for modelling's new breed: young women with strong voices, large social followings (she's an avid Instagrammer, with 114K followers and counting, and met her boyfriend on Twitter), and their eyes on the prize.

On the Burberry runway in Los Angeles, Firth sails by, all cheekbones and attitude. She's holding court with a starry cast that includes some of the biggest names in the business, as one of the main model attractions at Burberry's London in Los Angeles takeover, an event celebrating the opening of the brand's Beverly Hills flagship store. To introduce itself to a city rarely in need of a trench, Burberry has pulled out all the stops. There is a garden party replete with cashmere scarves, a stable of musicians from its Burberry Acoustic programme, and Cara, Suki and the entire Beckham family sitting front row.

Firth moved to London from Kenya when she was seven; back then, she was called Tamara. Her father, Eric, arrived first, working as a French polisher in the Four Seasons Hotel. The rest of the family followed and together they settled in Barking, where they lived in a garage her father had built from scratch. 'My dad is such a hard worker,' she says. 'There was no shower. It was very tough in the beginning.'

But Firth had a lightness about her. She loved dancing in front of the mirror, singing into her hairbrush and imagining that someday she would be on TV. Doing exactly what, she wasn't sure – until 2011 when, at age 17, she discovered *The Model Agency* on Channel 4 and fell in love with her future career. 'I was hooked,' she says. 'When I saw Leomie [Anderson], I knew I wanted to do what she was doing. I loved her energy and her presence. I always ›





Malaika wears: Suede cape, £6,000, and suede boots, £1,450, both Burberry



Cotton and satin dress, £1,895, and suede boots, as before, both Burberry

@MALAIKAFIRTH

loved expressing myself and I knew I could do that with modelling.' Seeing her daughter's enthusiasm, Firth's mother, Jecinta, called Premier Model Management (the agency featured in the show) and succeeded in arranging a meeting in 2011. Premier signed her on the spot. She chose the name Malaika to avoid being confused with another model named Tamara, but family and friends still use her birth name. Firth's mother had wanted to be a model herself, so was supportive from day one, but her father took some convincing to come around to the idea that modelling was a legitimate career choice.

Even with an agent, success was still a way off. 'I didn't get a lot of money at first,' she says. 'One time, my mum and I went to the bank and we only had £20. My dad would be struggling to give me cash, and he would run out. I told him that once I got my first big pay cheque, I'd give him some.'

She began her career as an e-commerce model, before working her way up the career ladder to become a catwalk fixture. 'The money was rolling in. Not a lot,' she says, laughing, 'but at least my dad could rest a bit.'

Those days seem a distant memory now because, in her four-year career, Firth has already walked for almost every major high-fashion brand. However, the one that has played the biggest role in her career – and the brand of which she is perhaps most fond of – is Burberry. Under the direction of Chief Creative and Chief Executive Officer Christopher Bailey, the iconic British brand has become a powerful talent incubator and anointer of the next big thing. Currently, there might be no better example of Burberry's Midas touch than Malaika. Her first Burberry show was in September 2013, followed by an appearance in the corresponding spring 2014 campaign.

For Firth, she was working with the very people she had always admired. 'I look up to Cara and Jourdan and I got really excited about modelling for Burberry because they were also doing it,' she says. Aside from pairing her with some of her idols, Burberry has played a huge role in Firth's success by providing a home base of sorts in a tumultuous industry. 'I met Christopher at my first casting,' she recalls. 'The [Burberry team] are very good supporters. Since they were the first ones I worked with, coming back to them is always fun – they're family.'

In addition to her Burberry family, Firth's own family is also tight knit, even though distance separates them: her parents, 22-year-old sister Mary and 12-year-old brother Christian have all moved back to Kenya, where they built a house with the money Malaika gave them.

That's a long way from New York, where Malaika has been living since buying a flat earlier this year on Manhattan's hip Lower East Side ('New York City is like a jungle compared to London'), but the distance hasn't hurt the relationship. 'My dad wasn't happy about [me living in New York] initially, but once he saw that I had a place, he was more comfortable. And I have a boyfriend there,' she says, referring to Nate Gill, the runway and commercial model she met through Twitter. 'I saw this cute guy online. I was quite shy, but I said hi to him and that's how it started.'

Being independent is a point of pride for Firth. Is she a feminist? 'I want to do well, make my own money and not rely on a guy to take care of me,' she says, 'so, yeah.' Still, she's quick to point out that she's not frivolous with money, nor is it her main motivator. 'I still have to worry about money,' she says, practically. 'It's just that now there's enough in the bank, so my mum and I don't have to ask someone for cash. Success is just doing what you have always wanted to do. Money is a bonus.'

One of Firth's biggest jobs has been the autumn/winter 2013 Prada campaign. Firth was unaware of it at the time, but it turned out to be one that was quite historic: she was the first black model Prada had cast in a campaign since Naomi Campbell in 1994.

It was a move that made headlines the world over, but the implications of this were initially lost on Firth. 'I was just excited to be doing it,' she says. 'Then, when I heard that [about Naomi Campbell], I was gobsmacked! It's amazing that Prada finally got another black girl to model for them.'

Firth is hesitant to speak about what the industry needs to do to further embrace diversity in fashion. 'I don't know,' she says. 'I'm not one to say, because I haven't been in the fashion industry that long. I feel like people should open up more, but it seems like it is coming along well. I see a lot of black girls [in the industry] now, and I hope that more can come in and shine.'

It's likely that they will, as Firth is helping to lead the charge. She's a perfect emblem of the new era of modelling, one where models' careers are self-directed and, with the help of social media, they are embraced as much for their personality as their looks. She has found no shortage of role models in those who have blazed the runway before her. 'I have a lot of respect for Naomi Campbell, Kate Moss and Iman,' she says. 'Especially how they have managed to keep it all together and are still doing well, because it's really hard. They are really strong women.'

In April, Firth was presented with the Exemplar Award at the Women: Inspiration & Enterprise Awards in London, which honour trailblazing women. Firth was recognised for her status as a positive example (she regularly travels back to Kenya to work with children throughout the country). It's likely that she will continue to inspire, even if she's not comfortable with calling herself a role model.

'I'm still young, and I like to drink and party, but I do feel like I am becoming a positive influence. I want to impact people with positivity, not negativity,' she says. 'My generation is not afraid to be who we want to be, but we need more mentors who can tell us that it's going to be fine and to just keep moving up.'

From the outside, it seems like Firth is already up – she's one of the top models in the world at just 21. Where else is there to go? But she sees her success differently. 'I feel like I am fighting for what I want even now. You are always fighting for whatever you want,' she says philosophically. 'I just want to get bigger and bigger and bigger.' And no doubt, she will.

Photography: David Mushegain.



Amber wears: Suede coat, £8,500, Burberry. Earrings, her own

@AMBERANDERSON22

Amber Anderson

MODEL AND ACTRESS, 22

Major moment: Opening and closing the Burberry autumn/winter 2015 show.

How it all began: A friend of mine persuaded me to enter a modelling contest. At first I said: 'No way'. Then I found out that you got free make-up, so... As soon as I graduated, I moved to London from Inverness and got a modelling and acting agent.

Favourite acting role: I did an independent British film called *We Are The Freaks*. My character was the film's dark horse. At the beginning, she comes across as well brought up and kind of meek, and then, halfway through, she reveals herself as a maniac, takes all these drugs and goes crazy. It was fun to have these two very extreme sides to a character.

Home sweet London: I've lived here since I was 17, so I kind of grew up here. In Notting Hill, there's a really big sense of community. I know so many people in the area, and we've got our pubs and our cafes that we all go to – I always bump into someone I know; it feels like a small town in a city.

The Burberry connection: I did a campaign for Burberry four years ago, at the very beginning of my career. The brand is very good at nurturing new talent and having a relationship with them.

Hidden talent: I'm a classically trained musician. I studied violin from age seven, and then piano. I now have a piano in my house, so I have started properly practising again. I love it. ›

@CLAREMAGUIRE

SEE IT • WATCH IT
Go behind the scenes on our shoot with Burberry at elleuk.com/fashion



Clare Maguire

MUSICIAN, 26

Major moment: Recording with Burberry Acoustic and performing live at the autumn/winter 2015 runway shows.

The school of rock: I was adamant that I wanted to do music, but my school just thought I needed to get good grades for uni so I left and got a job at Topshop. I would record demos in my kitchen and put them on MySpace. After about six months of doing that every night until two in the morning, I got a manager. He's still my manager now, eight years later.

American idol: I am obsessed with Stevie Nicks and Janis Joplin, but Dolly Parton is my idol. When I was a kid, I wanted to look and sound like her – to the point where my mum was like, 'Don't go dying your hair!' But I always wanted to be blonde with massive boobs and a tiny waist.

The Burberry connection: I met Christopher a few months after I did Burberry Acoustic and then, out of the blue, they asked me to do the runway shows. I was in shock! I couldn't understand why they wanted me, but I said yes immediately and it was the best thing I've ever done. Christopher is unbelievably passionate about music. I'd always heard this, but didn't understand how much so until he came to rehearsals and was jumping up and down – he was so excited.

Clare wears: Suede jacket, cotton dress, and suede boots, all custom-made by Burberry

Photography: David Mushegain. Hair: Nikki Providence at Jed Root using Windle & Moodie. Make-up: Georgina Harned at Caren using Burberry Beauty. For shopping details, see Address Book.



George wears: Suede jacket, £2,695, cotton-mix T-shirt, £140, and denim jeans, £175, all Burberry. Belt and jewellery, all George's own

George Barnett

MODEL AND DRUMMER FOR THESE NEW PURITANS, 26

Major moment: Being the face of the Burberry Brit Rhythm fragrance campaign with Suki Waterhouse.

On making music with his twin brother Jack: We're like two halves of the same coin. We're best friends. We've created a studio in Berlin, where we work. Jack has been working with Massive Attack quite a lot, and we've been palling up with people like Björk as well, which has been quite fun. The next record is our best yet.

I hate saying anything about it, because it will all change, but currently there are more beats, more rhythms. It's more high [tempo] than low. The last one was more of a low [tempo].

Home sweet London: Being away from London and working in Berlin has actually been quite good. It makes things fresh. You kind of get used to the situation in London and it's not that inspiring, but the first week you're back, the city opens your eyes. You look around at the buildings and the history and think, 'Wow, this is amazing.'

On the other George Barnett: That has nothing to do with me. The other George does Pharrell Williams covers.

On modelling: I don't really do that much modelling. I pick and choose. If it's a good thing, I do it; if it's bad, I don't.

ELLE DIGITAL

Digital Edition Of The Year*

Buy it now

HAVE YOU MISSED ANY OF OUR ISSUES? IF YOU'RE SHOPPING FOR SUMMER READS, BE SURE TO REVISIT SOME OF OUR MOST ICONIC BACK ISSUES BY DOWNLOADING YOUR FAVOURITE TO YOUR IPHONE



30-DAY FREE TRIAL

*Women's Lifestyle Sector, Digital Magazine Awards 2014.

Subscribe to the digital edition of ELLE for only **£18** and start building your archive of the world's biggest-selling fashion magazine

Download on the App Store

GO TO HEARSTMAGAZINES.CO.UK/ELLEDIGITAL

SEE IT
Follow Emma on
Instagram @addiepray



#GIRLINTERRUPTER

The anonymous women we know so intimately create a version of the world we want to escape to, says ***Emma Forrest***. All hail the Insta-crush

I got into Instagram late, largely as a looker, not a poster. Instead of rocking my baby to sleep each night, I wanted her to be able to put herself to bed, knowing that I was in the room with her. It took hours for her to drift off, and that's when I'd scroll through updates from Florence Welch, Dita Von Teese and Lena Dunham (people I am interested in, both in real life and online) and Alexa Chung and Pixie Geldof (people I am not interested in, *except* online). I can't say how I stumbled on the page of @lilyperfumedpearl, but she soon became my go-to.

You don't know who Lilyperfumedpearl is? That's funny, neither do I. Whoever she is, she has nearly 9,000 followers and counting – small enough to pass for the census count of a rural town, but a huge amount for someone who isn't a celebrity or fashion insider. She seems to be just… a woman. A rich one with time on her hands. Like all good friends, I admire her with a smidge of judgement.

Lily never posts her name, face, or body, only pictures of her possessions and desires. Jean Harlow is a constant, interspersed with Marchesa ballet slippers, John Galliano-era Dior gowns, 18th century erotica and endless pastel macaroons with the exhortation that her followers should 'Eat Pretty'. Picking up clues, I ascertain that Lily is slim (of a rose spring coat lined in soft pink silk, she posts: 'I want this so badly but the small sizes are sold out'), that she is married ('Husband choosing champagne for me,' she says of a menu alongside a Miu Miu clutch beaded with crystals), and that money is no object ('Sipping pink champagne in my dressing room').

On the day she posted a high-rise view of a 'rainy day in Chicago', I wondered if she was visiting there or if her husband was a captain of some industry based in Chicago and if so, what? She writes in stilted English – but is she old-fashioned or is it English as a second language?

Though there's a screen between us, we're intimate enough for me to know what turns her on: Mosh, a pale-skinned Russian fetish model whose sometimes egg-blue hair complements all the macaroons and ballet slippers. 'Dainty and fancy,' says Lily's Instagram byline, and that includes her porn. Fancy has obviously been corrupted by arriviste white Australian rappers, but who is dainty any more? That's why I love Lily so.

If someone is a good writer, they can get you to read about anything (the way J.K. Rowling had adults glued to books meant for children). If someone is a good Instagrammer, you will, similarly, follow them anywhere (I bought the red Moschino stilettos she posted). Lily's followers await with bated breath to discover whether she will be able to get the candy-coated cream Mary Jane heels straight from the Dolce & Gabbana runway or not. 'Post a picture when they arrive,' squeals a commenter! But a twist to the tale: the pair found for Lily are black. That will not do. How about the Simone Rocha pearled gloves that were sold out… but Lily had a tailor copy them! Such inconsequential excitement makes my heart sing as I clean up the mess my daughter made over dinner after finally getting her to sleep.

'I started my day reading about ISIS atrocities; I need Lily's rose-tinted world to balance out reality'

Lily, whoever she is, may be a shallow young woman, secluded in a bubble of froth, further refracted through life online. But I started my day by reading *The New York Times*' description of the latest ISIS atrocities; I need Lily's rose-tinted world to balance out reality.

Liz Goldwyn (@goldilocksg) is a woman I also follow for her art and style, and her gilded lineage (she's the granddaughter of film producer Samuel Goldwyn). Though she's a semi-fantasy figure with a storage unit just for her exhaustive vintage collection, she's a documented human, one I've even seen at yoga, (though I made a point not to approach, not wanting to break the fourth wall of Instagram).

I suspect I could unpick the truth of @lilyperfumed pearl. My finger has hovered on the keyboard to begin the electronic untwining. But I can't do it to myself. I believe she's the beautiful Belle de Jour, bored Parisian housewife I've constructed from her photos. But if she happens to be a middle-aged truck driver from Birmingham… let it remain a mystery wrapped in a pink chiffon scarf.



Russell&Bromley

LONDON



The Sneak Peek sneaker
The Polly mini satchel

www.russellandbromley.co.uk


BIMBAY LOLA
#THISISBUFFALOBILL
BIMBAYLOLA.COM

COVER STORY 

№1 *Kristen Stewart in conversation with Juliette Lewis*



THE MODERN BLOUSE

№2 *How to wear the piece of the moment*

A BRIEF HISTORY OF TIME 

№3 *Mix and match vintagey prints and rich textures*

FASHION

I PREDICT A RIOT 

№4 *Bold colours and fuzzy shapes to shake up your wardrobe*

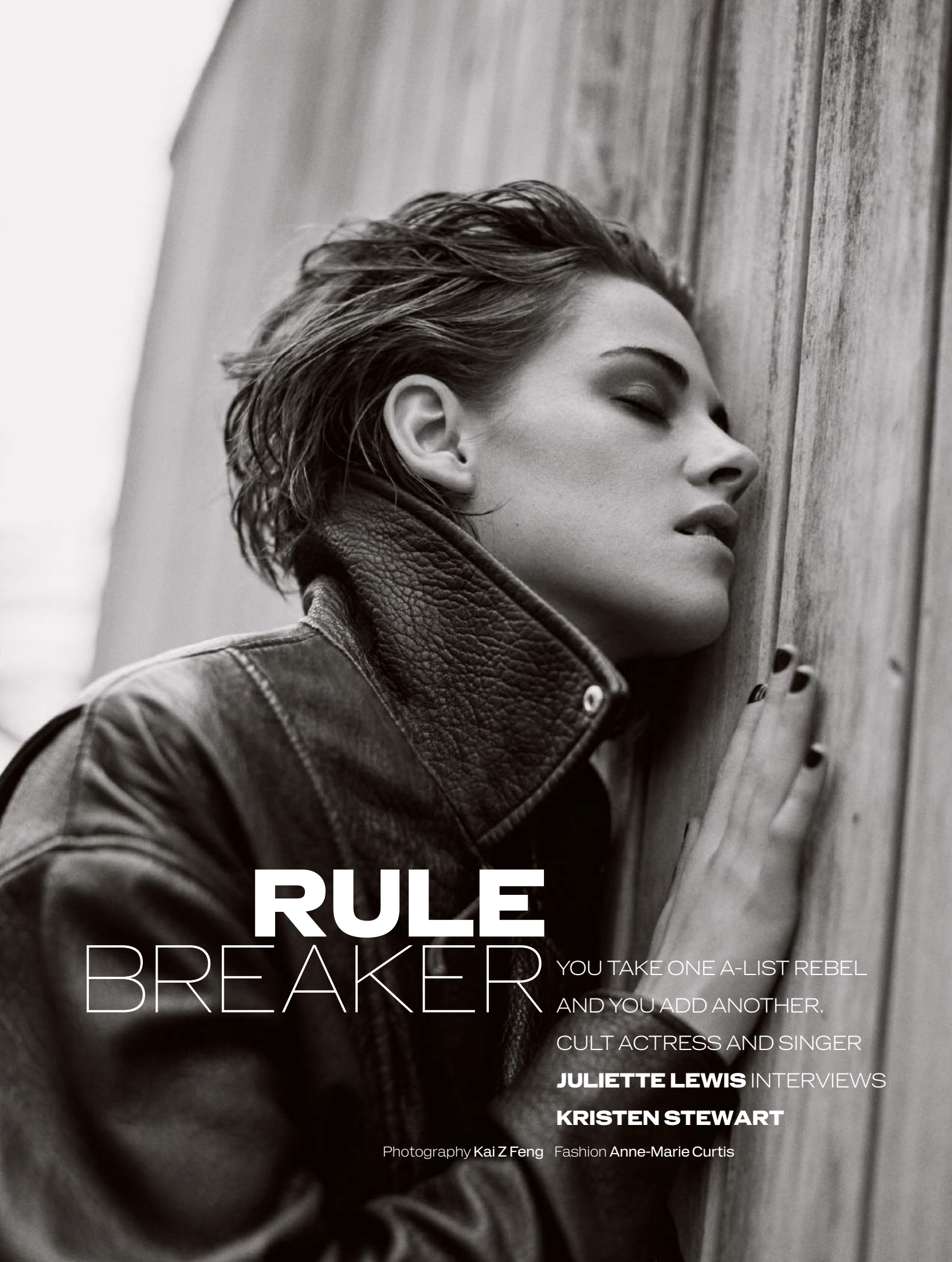
HE FOR SHE 

№5 *It's time to suit up and harness some man power*



THE HIGH-STREET EDIT

№6 *Introducing the coolest, most shoppable clothes of the season*



RULE BREAKER

YOU TAKE ONE A-LIST REBEL AND YOU ADD ANOTHER. CULT ACTRESS AND SINGER **JULIETTE LEWIS** INTERVIEWS **KRISTEN STEWART**

Photography **Kai Z Feng** Fashion **Anne-Marie Curtis**



This page: Faux-fur coat, Stella McCartney. Wool jumper, The Kooples. Cotton skirt, McQ
Opposite: Black leather jacket, McQ

Have you ever seen Kristen Stewart take a selfie? The answer to that question speaks volumes. She's the only millennial A-lister who has built her career entirely on being a mysterious, kickass brand of cool. In a sea of giddy all-access-granted starlets, Stewart has the mysterious persona of a rock star – much like the Joan Jetts, Kim Gordons and Patti Smiths of the world.

At 18, she became the most famous actress on earth for playing an angsty, lip-biting teenager who falls in love with a vampire. As Bella Swan, the central part of the £2.14 billion grossing *Twilight* cash cow, she topped the annual Forbes list of highest-paid actresses in 2012, earning over £8 million per film (there were five).

For most actresses, this kind of box office win would be a blessing and a curse. It can be hard to escape such a defining role. And a lesser actress would have been stuck in tween hell forever. Not Stewart. She broke the mould, and then every rule, to find her cool.

She chose the indie parts more akin to a Hollywood rebel – Joan Jett in *The Runaways*, wild child Marylou in Walter Salles' adaptation of Jack Kerouac's *On The Road* and Julianne Moore's sulky daughter in last year's harrowing *Still Alice*. And she worked with the most rarefied of fashion houses, Balenciaga and Chanel. Now there's her latest, *American Ultra*, an offbeat action thriller centred on two stoners, played by Stewart and her *Adventureland* co-star Jesse Eisenberg.

In many ways, Juliette Lewis, a fellow Los Angeles-native who understands what it's like to reluctantly grow up in the spotlight, was the Kristen Stewart of her time. She received an Oscar nomination for *Cape Fear* at 18, then went on to star in critically adored films such as Oliver Stone's *Natural Born Killers* and Quentin Tarantino's *From Dusk Till Dawn*. And Lewis too dated the big star, Brad Pitt being to 1990 what Robert Pattinson was to 2010. But she rebelled – and found new life with her band Juliette and the Licks.

After first meeting on set 13 years ago, the two reunited in Lewis' LA home to discuss refusing to compromise and the power in 'keeping it dangerous.' ELLE listened in.

Juliette: I'm just going to introduce Teddy, my dog, on this tape, he is smelling Kristen. He usually doesn't approach people [he doesn't know] right away, but he's being really nice to her.

Kristen: I can't take any credit for that. I have three dogs.
J: Are you a dog person, or a cat person?
K: Well, I have three dogs [Bear, Bernie and Cole]. They make me feel safe. But I love cats, too. I had a cat for a while who I was really obsessed with, but when my dad, John, got cancer, he took him, and I didn't really have the heart to take him back when my dad was better. They'd become so close.
J: You have the same energy from when I worked with you 13 years ago [on the set of *Cold Creek Manor*].
K: I thought you were so cool when I was a kid.
J: You have a distinct voice. Not just in the way you talk, but in your nature – it's empowering. I'm just going to be goofy and say you're the female James Dean.
K: Oh, f*ck you.
J: But you're actually a little bit rougher. Like if you and James Dean got in a fight, I feel you might win. I think you're a scrapper. You could throw a punch.
K: I like to make people think that. I don't know if I actually could. But if it came down to it, and someone was actually like, 'We're doing this,' I'm confident I'd want it more. I'd be like, 'You're going down. There's no way in hell I am.'
J: You and I have a certain thing in common and that is our strength. I've had a lot of people think I'm really strong, and talking to you, well, you come off really strong. [A person] wouldn't want to f*ck with you. But I feel like people who are strong on the outside have a lot of softness, too.
K: You actually sound like you're describing Joan Jett. Getting to know her was the most interesting thing for me – I was fully intimidated, and totally ready to prove to her that I could absolutely step into her shoes and I could f*cking take it. She is very precious.

KRISTEN x JULIETTE

Born...
K: 1990, in LA
J: 1973, in LA
Their dogs' names:
K: Bear, Bernie and Cole
J: Teddy
Breakout roles
K: *Twilight* **J:** *Cape Fear*
Workout of choice
K: Swimming
J: Weight training
High-profile parts
K: Snow White in *Snow White And The Huntsman*
J: Johnny Depp's love interest in *What's Eating Gilbert Grape*
Most desired skill
K: Dancing **J:** Karate

J: Was *The Runaways* a real turning point for you?
K: Playing someone who you really respect – I don't want to say idolise, because it's an overused word – is a big deal. There is something fundamental about Joan Jett. Meeting her, she is such a good person, so I couldn't have asked for a larger fire to be lit up my ass. I was in the middle of doing the *Twilight* movies and doing five of those back to back was so crazy that I was willing to just bust my ass to do things in between.
J: The *Twilight* movies were such a huge part of your life. I think we're a good combination to talk today, because you too don't walk the easy path. The easy path for someone like you would be to do *Twilight*, then others where you trade on your looks, ›



Wool coat, Philosophy di Lorenzo Serafini. Wool sweater, Sonia by Sonia Rykiel. Denim jeans, Wildfox

Kai Z Feng



Navy and gold mohair cardigan, and blue cotton jeans, both Chanel. Black cotton T-shirt, BLK DNM. Black leather and faux-fur shoes, Gucci



Kai Z Feng





This page: Black leather jacket, as before. Black cotton-mix T-shirt, Splendid. Black and brown cotton and lace skirt, 3.1 Phillip Lim
Opposite: Goat-skin cape, Saint Laurent by Hedi Slimane. Lace and crystal dress, Saint Laurent

Kai Z Feng



Leather jacket and silk-organza skirt, both Chanel. Cotton T-shirt, BLK DNM. Titanium sunglasses, Thom Browne

Kai Z Feng



Wool blazer, and matching trousers, and silk-satin shirt, all Gucci

and do love stories that make everyone weep. But you intuitively knew: 'I have to find a weird. I have to grow. I have to make sure I'm not shackled to this system or what it predicts of me.' How does that happen?

K: I grew up in LA and I started auditioning when I was nine. My mom, Jules, was a script supervisor and my dad did live TV, he was an assistant director. So when I first started acting, I just wanted to be in the crew. But I ended up auditioning for stuff and was turned away from anything remotely commercial. I got indie after indie – and all the weird, quirky stuff. And then *Twilight* came along. We didn't know we were going to do more than one film, but Catherine Hardwicke was directing and I was like, 'This is cool, actually.' Then it just turned into something completely different. But it was never decided: 'Right, I'm going to balance the commercialism of my career.'

J: Not to make it seem like we're little twinsies, but my dad is a character actor and so I also grew up on movie sets. Do you think now, with social media and people creating their own art, is a good time for film?

K: It's hard for me to talk about how difficult it is to get good movies made because I've been asked to participate in the sickest stuff. But I do fully recognise that everyone is so obsessed with making money and that nobody's willing to make a movie unless it absolutely equals dollar signs.

J: What about your new film *American Ultra*? I want to know all about it.

K: It's a stoner-comedy-love-story-thriller-action movie. It's like a violent, in-your-face *Bourne* film, but with Jesse Eisenberg and me getting incredibly high.

J: You threw me with thriller. What a great clash of genres. It sounds ambitious, and that's the only way to go. There are people whose job it is to just sell boxes of Raisinets [chocolate-covered raisins] at the cinema.

K: I actually think we're going to sell out of Raisinets on this film. This is the first time that I've ever done something where I was like, 'There is no reason why this should not make a lot of money.' Usually I finish a movie and I'm like, 'Oh god, what if no one ever wants to see this?'

J: Here's what I want to tell the people reading this, who have not experienced it: There's a thing with women who become famous where they lose their anonymity and they start to think, 'Do I have to please you?' I've now learned that I don't always have to. And so when photographers approach me in the airport at 7am, I'm like, 'Dude, would you want to get your picture taken at 7am at the airport?' But I'll say it with a smile. It's been a big learning curve, but you can say no kindly.

K: Totally. There's something so natural about saying yes. I think with women there's some natural inclination to want to satisfy people.

J: I actually don't look at anything in the press. For me it's all books, music, people and living life. I had to get out of that judgment place. My social media world is where I get that connectivity, and I find it really beautiful.

K: I agree with you. I'm not anti social media, I just haven't decided to do it. I have Instagram to connect with my friends, but the idea of addressing such a massive group on social media? I can barely do a televised interview. I know how to talk to you now, and when I sit in a chair in front of Jimmy Kimmel, I know how to talk to him. But I have to zone in on him, because if I don't know who I'm speaking to it doesn't make any f*cking sense to me.

J: I've read little bits of horsesh*t about you in the press, where people are judging you about the whole not smiling thing. You should never have to defend yourself, but what I love about you is that you have an uncompromising nature, but you're not an asshole.

K: The whole smiling thing is weird because I actually smile a lot. I literally want to be like, 'Dude, you would think I was cool if you got to know me!' But so many people make so much money off these character traits that they have assigned me, and so many articles are written every single day about them, if they change my character, it wouldn't make sense.

J: It's almost like they will get pictures that will feed into that. I get fearful of the people who are plastic and are perfectly fitted for this public culture, like politicians. To me, that's scary.

K: I'm not a politician. People think that they have to do it, it's as if they're providing a public service. But you don't have to – you just have to do your job.

J: What about close childhood friends? Do you have any left?

K: I have a bunch actually. I have five or six. There's a small group of us who have known each other forever.

J: I find the hardest thing is how others ›

THE KRISTEN FILES

Typical breakfast:
'I'm the least habitual person. And I'm not a huge breakfast person. I started making chia-seed pudding, which sounds ridiculous but it's rad because it's so good.'

Favourite book:
'*East Of Eden* by John Steinbeck. I'll read that a bunch of times before I die.'

Worst dream:
'I sometimes dream that I'm in an expansive, ambiguous place and I'm alone. At first, I'm comfortable because I know that no one's there, but when I start looking around, I realise that I don't know where I am and all of a sudden, "Oh sh*t!"'

Exercise of choice:
'I have a lap pool in my back yard. Physical exertion is the best way to reset my mind.'

Last meal:
'I don't have a speciality, but I like to make fillet steak. I love to cook, but no one taught me how. It just makes sense to me. I watch a lot of Food Network.'

Best ever advice:
'Patti [Smith] said to take care of my teeth and my lungs…'

deal with fame. Some people want to protect you. Some people get agitated and a few show some odd colours that you didn't know were there and that's their reaction to fame. Were there shifts? Did you have a change in your group dynamic? I've never dealt with that level of idolising, like when people see you so firmly as something and you made them feel and put all their hopes and dreams on you.

K: Because I got really, really famous in literally a day, it was a bit like, 'What the f*ck?' Everyone was graduating high school and I'd stopped going, so I kind of fell out of touch with the group. I was just with my boyfriend all the time. But then I made a really conscious effort of gathering them and being like, 'I need you.' Now they are really awesome, they're all really protective.

J: That's nice. It sounds like you knew you needed to nurture the friendship foundation rather than get isolated and pull away from it. Instead you gravitated towards it. How do you let off steam? Do you like to go to raging dance parties? That's how I like to do it.

K: I play guitar.

J: Damn! You're cooler than me. I just couldn't get into the fingering. Did you learn guitar for *The Runaways*?

K: I started playing when I was younger. My dad played, so I was lucky to learn basic chords when I was little, and obviously I sit in trailers and have time to practise.

J: Do you use it to relax?

K: I love playing my guitar, but it doesn't relax me. It drives me crazy. I'm like, 'Ah, no, that's not what I wanted to play.' I have no rhythm either. But I love it.

J: What skill do you wish you could have? I want to learn to fight. I wish I continued with karate when I was little.

K: I think the most far-fetched thing is if I could do something like be a f*cking great dancer.

J: Are you talking hip-hop, street dancing, breakdancing or ballet?

K: I don't want to be a professional dancer. I just want to be able to go out on the dance floor and be sick. I want the ability to allow my body to move. I just want to tear that sh*t up. I'd also like to speak French, because I have a lot of French friends and then I'd be able to have conversations with them.

J: Well, the good news is, as long as we're here, we can do it all: we've got time. So you're wearing a Dwarves band T-shirt. My first guitar player in my band was a guy named Clint who was in the Dwarves.

K: That's weird, because I looked at this T-shirt this morning and I was like, 'I don't know this band, so is it f*cked up to wear it?'

J: It's a cool top! You know we have to do dress up, but do you feel you have found your own style? Do you have designers you gravitate towards?

K: I mean, I work with Chanel. But generally speaking there are a couple of designers I've always liked – Nicolas Ghesquière is someone I'm a huge fan of. Fashion can be fun, I get inspired by it. I like being around anyone who's compulsively making things.

J: Who is a mentor of yours? Mine is Amy Schumer. I love her. She's like, 'Girls just need to quit saying sorry so much.' I'm playing a detective in a series called *Secrets And Lies* and she doesn't say, 'I'm sorry, I just need 10 minutes of your time.' She has no social niceties whatsoever. And I respect that.

K: I apologise constantly, incessantly. As for mentors, I admire my mom, she has always been a worker.

J: I love how you said 'worker'.

K: The women that I've always been drawn to are those who are unable to focus on things that don't matter because they're so taken with their interests and the things they like to create. Patti Smith is a friend of mine and her whole thing is: 'Just get back to the work.' Find the source of what's keeping you going and it'll focus you.

J: How did you become friends with her?

K: We were in the Boom Boom Room [in New York] for a movie's after-party, I think it was for *On The Road*. I was kind of in a f*cked place and she came up and said, 'Hey, you doing OK?' She was like, 'I just want you to know that your people care about you, that we're here for you, and I'm your people.' And we kind of stayed in contact. Then I was in New York again and she walked up to me at another after-party – it had been a long time since we'd talked – and she said, 'It's a full moon tonight and I heard that you were in town, so I came out to find you and here you are!' And I was like, 'You've got to stop saying the coolest things ever!'

J: She's like your Yoda, which is fantastic. She's one of the greatest writers ever. She is the most uncompromising, the most radical, the most fearless. She walks her walk and nothing else influences that. I'm so glad we have her. So in the spirit of Patti Smith and all renegades, I say, 'Keep it dangerous,' and, 'Don't let fear swallow you.' That's the message. Goodbye. ●

American Ultra is out 27 August

EXCLUSIVE VIDEO



WATCH IT
See Kristen in our exclusive behind-the-scenes video

Hair: Adir Abergel at Starwork Artists. Make-up: Jillian Dempsey at Starworks Group using Chanel A/W 2015 and Chanel Body Excellence. Manicure: April Foreman at The Wall Group. Local production: Frank Roller at glamPR.com. Film: Duy Nguyen at Mondial Creative. With thanks to: Milk Studios. For shopping details, see Address Book.



Leather jacket, cotton T-shirt, and silk-organza skirt, all as before. Leather boots, Isabel Marant

Kai Z Feng



This page: Wool jacket, £966, Preen by Thornton Bregazzi. Silk blouse, £712, Just Cavalli. Silk trousers, £180, Zadig & Voltaire. Silver-plated earring (model's right ear), £212, silver-plated earring (model's left ear), £177, both Annelise Michelson. Both earrings worn throughout. Metal kilt pin, stylist's own **Opposite:** Cotton-mix dungarees, £708, Chalayan. Silk blouse, £475, Philosophy. Silver bracelet (worn throughout), £1,850, Gucci



THE MODERN Blouse

Introducing the piece of the season: the blouse. Be it crisp and white with an androgynous edge or delicate and sheer, this will be the hardest-working item in your autumn/ winter wardrobe. Team with denim and leather

Photography **Aitken Jolly**
Fashion **Siobhan Lyons**
Model **Julier Bugge**





This page: Silk blouse, £320, Paul & Joe. Silk trousers, £324, Alberta Ferretti. Leather belt, £230, Isabel Marant
Opposite: Cotton dress, £468, Toga. Lace blouse (worn underneath), £1,949, Just Cavalli. Suede boots, £1,190, Sonia Rykiel. Gold-plated ring (ring finger), £360, Maria Piana. Silver-plated ring (middle finger), £145, CompletedWorks. Silver-plated ring (index finger), £44, Philippe Audibert. All rings worn throughout



This page: PVC coat, £1,780, Maison Margiela. Silk-tulle blouse, £960, Valentino. Leather skirt, £8,080, Miu Miu
Opposite: Wool blouse, £1,330, Ermanno Scervino. Silk bra, £125, Zadig & Voltaire. Denim jeans, £170, Diesel. Silver ring (model's left hand), £175, Bam-B Jewellery

Aitken Jolly





This page: Silk and cotton blouse, £1,015, and cotton scarf, £125, both Chloé. Cotton trousers, £275, Isabel Marant
Opposite: Cotton-mix dress, £510, Diesel. Silk blouse, price on request, Alberta Ferretti. Leather boots, £1,080, Giuseppe Zanotti. Silver hand cuff, £510, Maria Piana





This page: Cotton jacket, £340, Y-3. Cotton dress (worn as blouse), £386, Dries Van Noten. Merino-wool tube top, £116, Moschino. Wool trousers, £868, Preen by Thornton Bregazzi. Cotton-mix boxers, £18, Calvin Klein. Leather boots, £675, Jimmy Choo. Metal kilt pin, as before. Silver bracelet (model's right hand), £1,110, Gucci
Opposite: Cotton dungarees, £195, Topshop Unique. Silk blouse, £995, Roksanda. For shopping details, see Address Book. Hair: Nao Kawakami at Saint Luke using Aveda. Make-up: Clare Read at Caren using Crème de la Mer. Manicure: Tinu Bello at One Represents using Chanel A/W 2015 and Chanel Body Excellence Hand Cream. Model: Julier Bugge at Storm. Production: Anna Morwenna at Serlin Associates. Casting: Camilla Bigler at Star & Co. With thanks to: Loft Studios





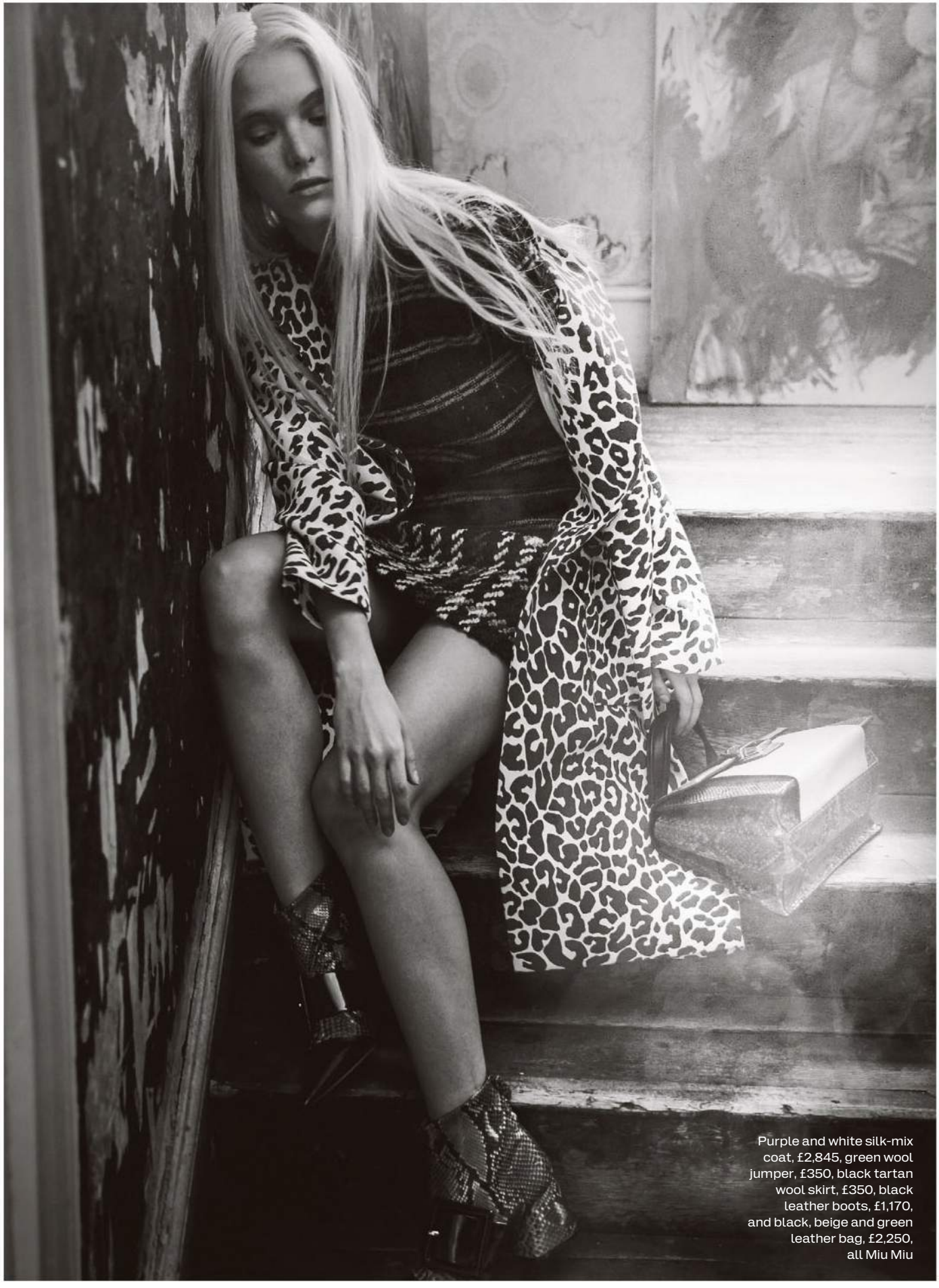
Silk-mix top, £984, polyester-mix skirt, £550, and polyester-mix belt, £447, all Dries Van Noten. Plastic earrings, £30, Gillian Horsup at Grays Antiques. Faux-fur scarf, £48, Helen Moore. Velvet and silk-mix flower (worn as brooch), £14.95, V V Rouleaux



A BRIEF HISTORY OF TIME

MIX AND MATCH VINTAGE-INSPIRED PRINT WITH TWEED AND WORN-IN SILK FOR AN INDIVIDUAL LOOK. THERE ARE NO RULES

Photography **Kai Z Feng** Fashion **Anne-Marie Curtis**
Models **Anastasia Kolganova** and **Erik Put**



Purple and white silk-mix coat, £2,845, green wool jumper, £350, black tartan wool skirt, £350, black leather boots, £1,170, and black, beige and green leather bag, £2,250, all Miu Miu



Anastasia wears:
Silk-organza dress,
£2,490, Erdem. Erik wears:
Cotton-corduroy jacket,
£705, Bottega Veneta.
Silk shirt, £650, Gucci.
Wool trousers (just seen),
£425, Alexander McQueen

Kai Z Feng





Anastasia wears: Mohair jumper, £1,150, wool skirt, £1,020, and leather bag, £2,175, all Chanel. Resin earrings, £180, Marni. Wood and brass bracelet, £180, Lizzie Fortunato. Gold and diamond ring, £2,250, Annina Vogel at Liberty. Erik wears: Mohair jumper, £420, and cotton trousers, £800, both Marni

Kai Z Feng



Anastasia wears: Wool jacket (with brooch), £1,620, silk shirt, £805, and silk-charmeuse skirt, £565, all Gucci. Erik wears: Wicker jacket, £1,880, and matching trousers, £1,010, and silk top, £650, all Gucci



Silk and wool-mix dress, price on request, Dolce & Gabbana. Faux-fur scarf, £60, Helen Moore. Mother of pearl and blue stone brooches, £24 each, Gillian Horsup at Grays Antiques





Anastasia wears: Wool jumper, £755, silk shirt, £872, and wool skirt, £1,425, all Bottega Veneta. Erik wears: Cashmere top, £745, and wool trousers, £705, both Bottega Veneta. Faux-fur scarf, £126, Helen Moore. Cotton-mix trainers (worn throughout), £45, Converse at Rokit London

Kai Z Feng



Anastasia wears: Grey wool vest (worn on top), £830, and matching trousers, £605, blue cotton top, £505, pink silk shirt (worn underneath), £430, pink and grey leather shoes, £550, and Perspex and crystal brooch, £550, all Prada. Erik wears: Grey cotton jacket, £1,735, and black cotton top, £300, both Bottega Veneta. Black wool trousers, £425, Alexander McQueen



Anastasia wears: Wool coat, £2,034, and wool-mix skirt, £1,020, both Marc Jacobs. Erik wears: Wool cardigan, £1,290, and wool-mix trousers, £1,035, both Etro

Kai Z Feng





Anastasia wears: Cotton jacket, £1,235, and matching trousers, £623, wool top, £975, and faux-fur shoes, £672, all Maison Margiela. Erik wears: Wool-mix jacket, £2,090, Tom Ford. Viscose dress, £663, Vetements. Denim jeans, £85, Levi's

Kai Z Feng



Lurex top, £1,200, and cotton trousers, £415, both J.W.Anderson



Anastasia wears: Blue and green cotton dress, £3,495, Burberry. Black, brown and white faux-fur scarf, £126, Helen Moore. Erik wears: Grey wool coat, £1,460, Marni. For shopping details, see Address Book. Hair: Nao Kawakami at Saint Luke using Aveda. Make-up: Naoko Scintu at Saint Luke using Chanel A/W 2015 and Chanel Body Excellence. Manicure: Adam Slee at Streeters using Rimmel London. Models: Anastasia Kolganova at Next London and Erik Put at Premier. With thanks to: The George Tavern (thegeorgetavern.co.uk)



This page: Mohair coat, £1,485, Isa Arfen. Cashmere-mix top and matching skirt, both £1,620, both Hermès. Vinyl boots, £1,600, Dior. Leather bag, £1,770, Saint Laurent by Hedi Slimane. White-gold and rhodium ring (just seen), price on request, Repossi
Opposite: Wool coat, £4,100, and viscose top, £710, both Louis Vuitton



I PREDICT A RIOT

BRIGHT PRINTS AND OVERSIZED, FUZZY SILHOUETTES DOMINATE THIS AUTUMN/WINTER. THESE ARE THE NEW COLOUR COMBOS TO GO FOR

Photography **Mark Pillai** Fashion **Michelle Duguid** Model **Nadja Giramata**





This page: Wool coat, £1,400, Moka London. Leather dress, £3,750, and leather bag, £1,060, both Fendi. Patent-leather boots (worn throughout), £1,100, Dior. Ring, as before
Opposite: Shearling coat, £4,100, Sofie D'Hoore. Cotton dress and matching trousers, both price on request, both Bottega Veneta. Ruthenium cuff, £395, Elsa Peretti at Tiffany & Co.

Mark Pillai



This page: Wool coat, £1,444, wool top (just seen), £214, and viscose dress, £1,014, all Versace. Leather boots, £1,495, Hogan. Leather bag, £4,300, Dior
Opposite: Wool coat, £13,075, and wool dress, £1,775, both Salvatore Ferragamo







This page: Wool-tweed coat, £2,450, wool top, £1,150, wool-tweed skirt, £1,250, and wool harness, £2,100, all Dior. Latex body (just seen), £179, House Of Harlot. Vinyl boots, as before
Opposite: Wool-mix coat, £995, DKNY. Wool-crepe jumpsuit, £1,195, and polyamide-mix top (worn underneath), £385, both Peter Pilotto

Mark Pillai





This page: Silk-mix coat, £1,780, Roksanda. Wool jumper, £495, Jonathan Saunders. Blue wool-mix top (worn over jumper), £115, and matching leggings, £234, both Moschino
Opposite: Mohair coat, £970, Emporio Armani. Wool top, £395, Jonathan Saunders. Stainless-steel, crystal and sapphire watch, £4,750, Dior.
For shopping details, see Address Book. Hair: Soichi at Saint Luke using Kiehl's. Make-up: Naoko Scintu at Saint Luke using Chanel A/W 2015 and Chanel Body Excellence. Manicure: Adam Slee at Streeters using Rimmel London. Model: Nadja Giramata at Elite London. With thanks to: Spring Studios

Mark Pillai



This page: Black wool jacket, £1,665, black cotton trousers, £1,195, and metal and pearl earrings, £545, all Balenciaga **Opposite:** Wool coat, £1,835, silk shirt, £1,180, wool-mix trousers, £530, leather boots, £675, and leather tie, £220, all Saint Laurent by Hedi Slimane



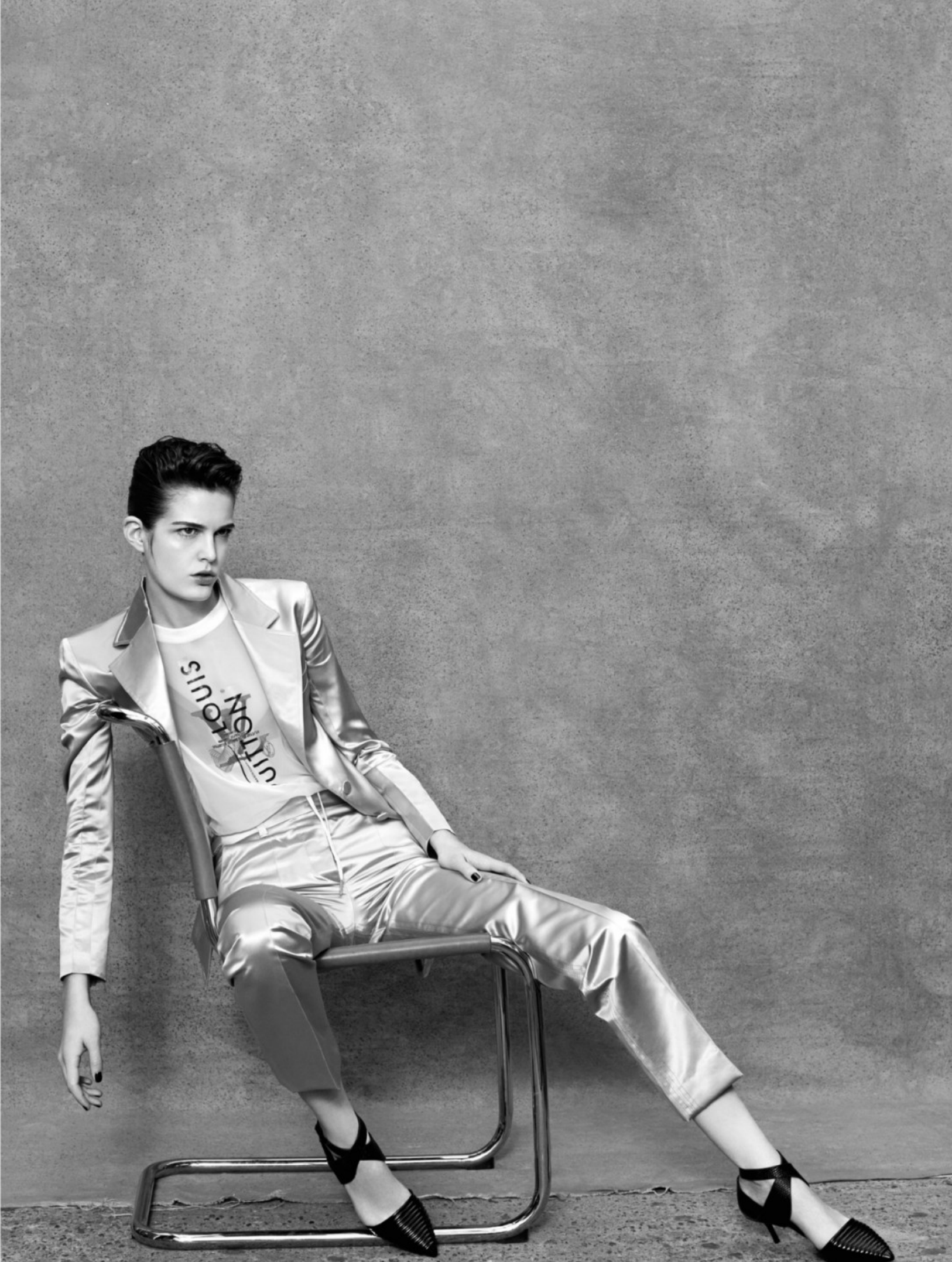
HE FOR SHE

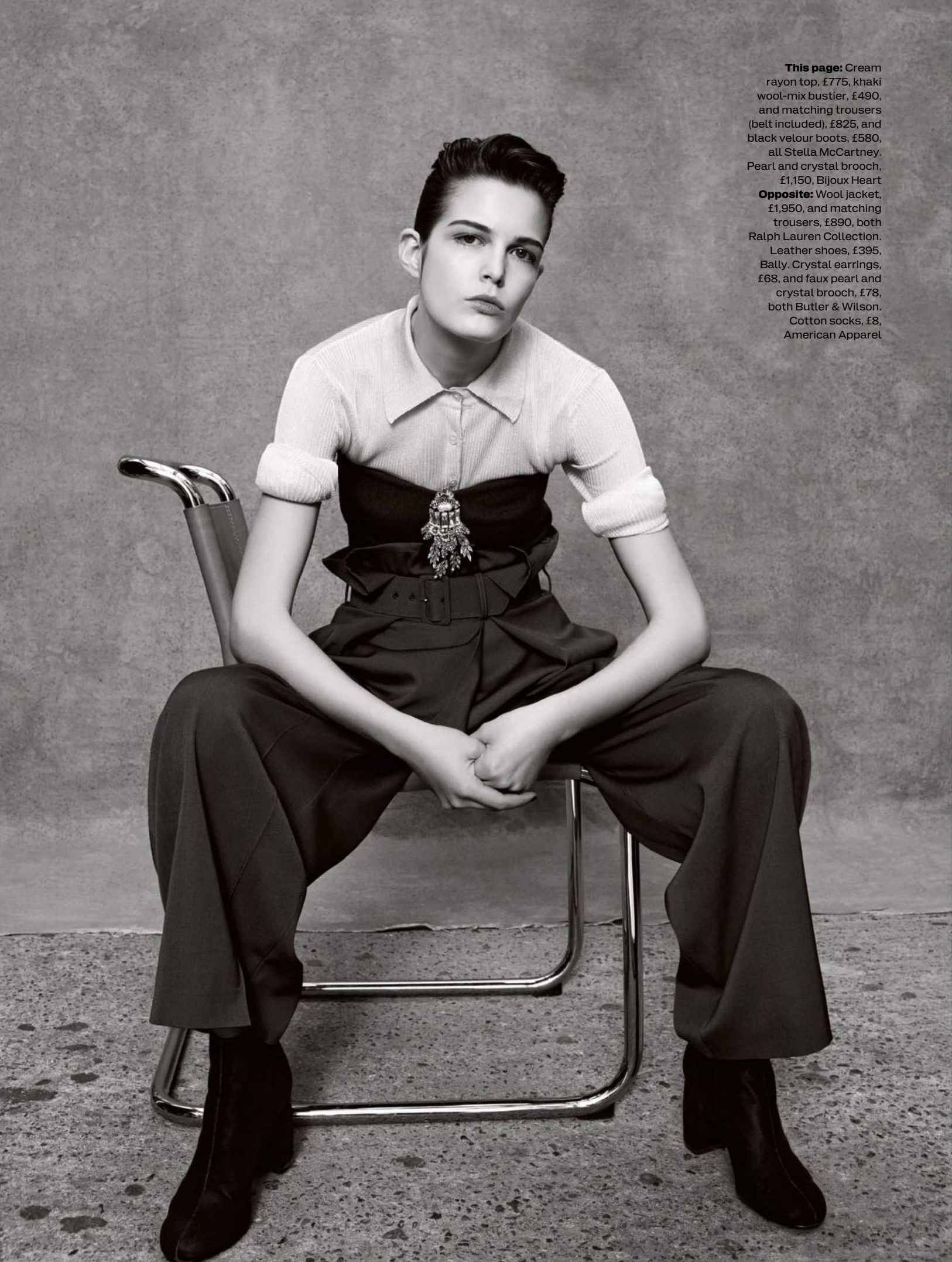
It's time to man up. Choose trouser suits in monochrome tones with a streamlined silhouette for a boyish look. Want a feminine twist? Just add heels

Photography **Kerry Hallihan**
Fashion **Grace Cobb**
Model **Zlata Mangafic**



This page: Wool jacket, £1,745, silk waistcoat, £1,540, and cashmere-mix trousers, £670, all Giorgio Armani. Leather shoes, £130, Underground. Crystal earrings, £85, and crystal brooch (bottom), £135, both Susan Caplan. Crystal brooch (top), £58, Gillian Horsup at Grays Antiques. Cotton socks, £13.50, Pantherella
Opposite: Silver silk jacket, £1,590, and matching trousers, £1,050, white viscose top, £840, black silk bra (just seen), £370, and black leather shoes, £1,020, all Louis Vuitton


LOUIS
VUITTON



This page: Cream rayon top, £775, khaki wool-mix bustier, £490, and matching trousers (belt included), £825, and black velour boots, £580, all Stella McCartney. Pearl and crystal brooch, £1,150, Bijoux Heart
Opposite: Wool jacket, £1,950, and matching trousers, £890, both Ralph Lauren Collection. Leather shoes, £395, Bally. Crystal earrings, £68, and faux pearl and crystal brooch, £78, both Butler & Wilson. Cotton socks, £8, American Apparel





Kerry Hallihan



This page: Silk jacket, £450, and matching trousers, £270, both Boss. Cotton top, £70, Fred Perry. Velvet and satin sandals, £595, Jimmy Choo. Cotton socks, £6, Asos **Opposite:** Wool jacket, £3,962, and matching trousers, £1,864, both Vivienne Westwood Gold Label. Cotton top, £70, Fred Perry. Plastic sandals, £15, adidas. Crystal brooch, £85, Susan Caplan. Cotton socks, £8, American Apparel



This page: Pink silk-mix jacket, and matching trousers, price on application, both Tod's. White cotton shirt, £144, Paul Smith. Crystal brooch, £58, Butler & Wilson **Opposite:** Wool jacket, £2,960 (for suit), Ermanno Scervino. Cotton-poplin shirt, £230, Carven. Crystal and gold brooch, £720, Vickisarge





Kerry Hallihan



This page: Black and white mohair jumper, £325, MaxMara. White cotton shirt, £100, Fred Perry. Black wool trousers, £435, and brown leather shoes, £590, both Michael Kors. Crystal brooch, £225, Shourouk. Cotton socks, £8, American Apparel **Opposite:** Black silk-mix jacket, £1,070, and matching trousers, £649, both Paul Smith. White cotton shirt, as before. Opal and pearl earrings, £375, Bijoux Heart. For shopping details, see Address Book. Hair: Lok Lau at CLM Hair & Make Up using Kiehl's. Make-up: Mel Arter at CLM Hair & Make Up using Urban Decay. Manicure: Emma Welsh at August Management using Leighton Denny. Model: Zlata Mangafic at IMG London. Set design: Jacki Castelli at La La Land. Props: Talisman London (talismanlondon.com). With thanks to: Loft Studios

THE HIGH STREET EDIT



H&M STUDIO

MEET THE COOLEST, MOST BADASS TRENDS ON THE HIGH STREET THIS ***autumn/winter***. FULL OF TEXTURE, COLOUR AND EASE, THIS IS FASHION TO ***have fun in.*** ADD TO BASKET, STAT

Photography **Hordur Ingason**
Fashion **Michelle Duguid**
Models **Benthe** and **Esmee**

SEVENTIES
Acrylic-mix coat, £119, viscose-mix jumper, £24.99, and viscose trousers, £49.99, all H&M Studio. Silver earrings, £89, Thomas Sabo



TEXTURED GREY

Benthe (left) wears: Wool coat, £1,500, wool-mix jumper,£165, and matching trousers, £165, all L.K.Bennett. Leather shoes, £70, Aldo. Metal stud earring, £4 (for pair), Accessorize. Metal arc earring, £6.50, Diva at Miss Selfridge. Esmee (right) wears: Sleeveless coat, £1,200, and wool-mix dress, £220, both Whistles. Leather shoes, £99, Dune Black

THE HIGH STREET EDIT



SOFT ROCK

Esmee wears: Wool sleeveless jacket, £615, and polyester dress, £150, both Warehouse. Benthe wears: Cotton-corduroy waistcoat, £35, matching trousers, £35, and polyester-mix blouse, £29.50, all Marks & Spencer



GOTHIC VELVET

Benthe wears: Velvet jacket, £895, lurex jumper, £85, and cotton trousers, £95, all Topshop Unique. Leather boots, £95, Oasis. Esmee wears: Velvet dress, £129, Monsoon. Leather sandals, £90, Aldo. Silver ring, £215, Thomas Sabo

Hordur Ingason

THE HIGH STREET EDIT



SIXTIES REVIVAL
Benthe wears: Polyester-mix coat, £50, and polyester-mix dress, £90, both River Island. Esmee wears: Polyester dress, £34.99, New Look. Metal earrings, £7.50, Freedom at Topshop



WINTER FLORALS

Benthe wears: Wool coat, £299, silk blouse, £149, and wool trousers, £149, all Hobbs. Metal earrings, £4, Accessorize. Esmee wears: Wool coat, £298, and matching skirt, £35, both Jigsaw. Cotton-mix blouse, £19, New Look. Metal earrings, £6, Accessorize

JIGSAW

HOBBS

Hordur Ingason

THE HIGH STREET EDIT



OASIS

THE GENTLEWOMAN

Wool-mix cape, £100, and cotton-mix dress, £60, both Oasis. Leather shoes, £85, Aldo. Ear cuff (top), £8.50, and ear cuff (bottom), £7.50, both Freedom at Topshop For shopping details, see Address Book. Hair: Tony Collins at Streeters. Make-up: Clare Read at Caren using Chanel A/W 2015 and Chanel Body Excellence. Manicure: Emma Welsh at August Management using Leighton Denny. Models: Benthe at Next London and Esmee at FM London. Videographer: William Paterson at Define Films. With thanks to: Spring Studios



OFFICE MINIMALISM
Esmee wears: Wool-mix coat, £350, satin blouse, £110, and denim jeans, £99, all Karen Millen. Earring, her own. Benthe wears: Cotton-mix top, £18, polyester-mix skirt, £28, and black leather boots, £110, all Next

Hordur Ingason

ELLE

OCTOBER ELLE
ON SALE 3 SEPTEMBER



400+ PAGES OF SHOPPING

FROM COATS TO SHOES, THIS IS OUR EDIT OF AUTUMN/WINTER 2015 ON THE HIGH STREET

EXCLUSIVE TO ELLE READERS

ONLY WITH YOUR OCTOBER ELLE

RIVER ISLAND

25% OFF*

Fashion smarter: shop a/w15 for less



ON SALE
3 SEPTEMBER

Photography: Ben Morris. *Terms and conditions apply. Card not available with bumper, export or travel editions.



Elegant. Luminous. Unique.
Our reds, like never before.

THE 1ST OIL-POWERED PERMANENT HOME HAIR COLOUR WITHOUT AMMONIA

- Our next generation of long-lasting reds with cool tones.
- Higher resistance red technology: Helps protect better against colour fade.*
- Up to 100% grey coverage.
- Available in 2 elegant shades.

4.62 6.66

POWERED BY OIL. EXCEPTIONAL REDS AND BETTER LOOKING HAIR.

Over 1.8 million UK women have already discovered Olia.**
See what they say at garnier-olia.co.uk

GARNIER

*Instrumental test: Olia Carmin-R technology vs. previous Garnier red technology.
**KantarWorldPanel Purchase - Shopper Numbers - Sept 2012-March 2015



BEAUTY

#TRIALATREND

It's the season of pretty and it *will* work for you

The return of hair and make-up:

NEW SEASON TRENDS

Everything you need for the next six months in 10 easy-to-copy looks

Photography: Jason Lloyd-Evans.

THE SEARCH FOR YOUNGER LOOKING SKIN IS OVER.

1 CREAM, 100 AWARDS.



Olay Total Effects is a simple solution for younger looking skin. With **7 age defying benefits in 1, and 100 awards across the globe**†, it's all your skin needs. The 7-in-1 from the world's number one.

WORLD'S No.1
FEMALE FACIAL SKINCARE BRAND*

Your best beautiful begins at Olay.co.uk

*Based on mass market facial moisturiser and cleanser value sales for past 12 months ending June 2014
†Based on number of awards received by Olay Total Effects boutique across the globe 2002-2014

Olay
TOTAL effects

YOUR BEST BEAUTIFUL™

the trend report

For the first time in many seasons, autumn/winter 2015 sees a move back to 'real' hair and make-up rather than the 'barely there' look. Here are the trends you need to know. This is how to do 'proper' pretty

Words **Sophie Beresiner** Photography **David Abrahams**



something's off

How: Think of all the colours that are most flattering on your skin – corals, taupes, purples – then make them slightly off. It's like an anti-monochrome movement, which is refreshing for the autumn/winter months. Coral becomes dirty peach, earth brown morphs into muddy khaki and dusty lilac replaces purple. Surprisingly beautiful on the skin, these new tones are the freshest way to wear smoke from now on.



#tutoriELLE
the Altuzarra look

1. Clinique
All About Shadow Quad in On Safari, £28

2. Revlon
Super Lustrous Matte Lipstick in Smoked Peach, £7.49

3. YSL
Couture Mono in Façon, £23.50

4. Illamasqua
Lipstick in Posture, £19.50

5. Smashbox
Always Sharp 3D Liner in 3D Neptune, £16

SCAN WITH layar **SCAN IT • WATCH IT**
Hold your phone over this symbol to watch our beauty trend how-to videos

boy / girl

How: Just as we're seeing a return to a more sophisticated beauty, the androgyny of last season is softening up. It's not so literal, except at Chanel, where there was a direct contrast between the two looks of 'girl' make-up and 'boy' make-up. The former elongated the eyes and emphasised the lashes, while the latter deepened the socket with heavy make-up and massively emphasised the brows. But more about diffusing the femininity: a strong brow will always be your easiest route, but for hair this means playing with dual texture – such as applying gel only at the front in order to de-prettify down dos.



#tutoriELLE
the Thakoon look



1. L'Oréal Professionnel
Tecni Art Glue Structurising Fibre Gel, £13.99

2. Laura Mercier
Silk Crème Moisturizing Photo Edition Foundation, £35

3. Bobbi Brown
Dark Brow Kit, £35

4. Paul & Joe
Smudgeproof Mascara in Brun, £17



winter beach

How: Here's another nod to that 'more is more' mood of the season, with a lot of textured, beachy hair to go with it. Since we spend much of autumn and winter longing for the summer months anyway, winter bronzing is about taking matters into your own hands and at least *looking* as though you've had some serious vitamin-D exposure. At MaxMara the hair was supposed to look freshly wave-splashed and Lucia Pieroni gave cheeks a 'sunburnt glow' at Dsquared2.



Bumble and bumble
Surf Infusion, £21.50



Elizabeth Arden
Sunkissed Pearls Cream Eye Shadow Stylo in Bronze Pearl, £19



Dior Diorskin Nude Air Tan Powder in 002 Amber, £35



Giorgio Armani
Sun Fabric Powder Bronzer in 200, £50

#tutoriELLE
the Moschino look

Photography: David Abrahams at MBK, Jason Lloyd-Evans, Graham Walser for Hearst Studios.

1. **Butter London** Patent Shine 10x Nail Lacquer in Afters, £15

2. **Maybelline** Eyestudio Color Tattoo 24hr Cream Gel Eyeshadow in Pomegranate Punk, £4.99

3. **Mac** Eyeshadow x 9 Burgundy Times Nine, £30

4. **Giorgio Armani** Nail Lacquer in 502, £20

5. **Dolce & Gabbana** Dolce Matte Lipstick in 328 Dolce Jealous, £26.50



#tutoriELLE the Antonio Marras look



burgundy

How: It was undeniably the colour of the season, a shade make-up artist Val Garland called 'rusty rouge', because it gives a tougher edge to classic red. But the best thing about it was the diversity: from lips and nails (quite obvious, but a definite statement at MaxMara, nonetheless) to the under eyes at Victoria Beckham, blusher on lids at Antonio Marras, and alternate lips and lids at Julien Macdonald. The deep tones make this the most wearable red you'll ever try, trust us. ›

The overarching shade of the season will flatter everyone, we assure you. Pick your perfect burgundy bullet

Dior Addict Tie dye Lipstick in 004 Cosmic Pink, £25.50

Nars Lipstick in VIP Red, £20

New Look Pure Colour Lipstick in 671 Burgundy, £3.99

Chanel Rouge Coco Shine in 112 Temeraire, £25

Smashbox Be Legendary Lipstick in Fig, £16

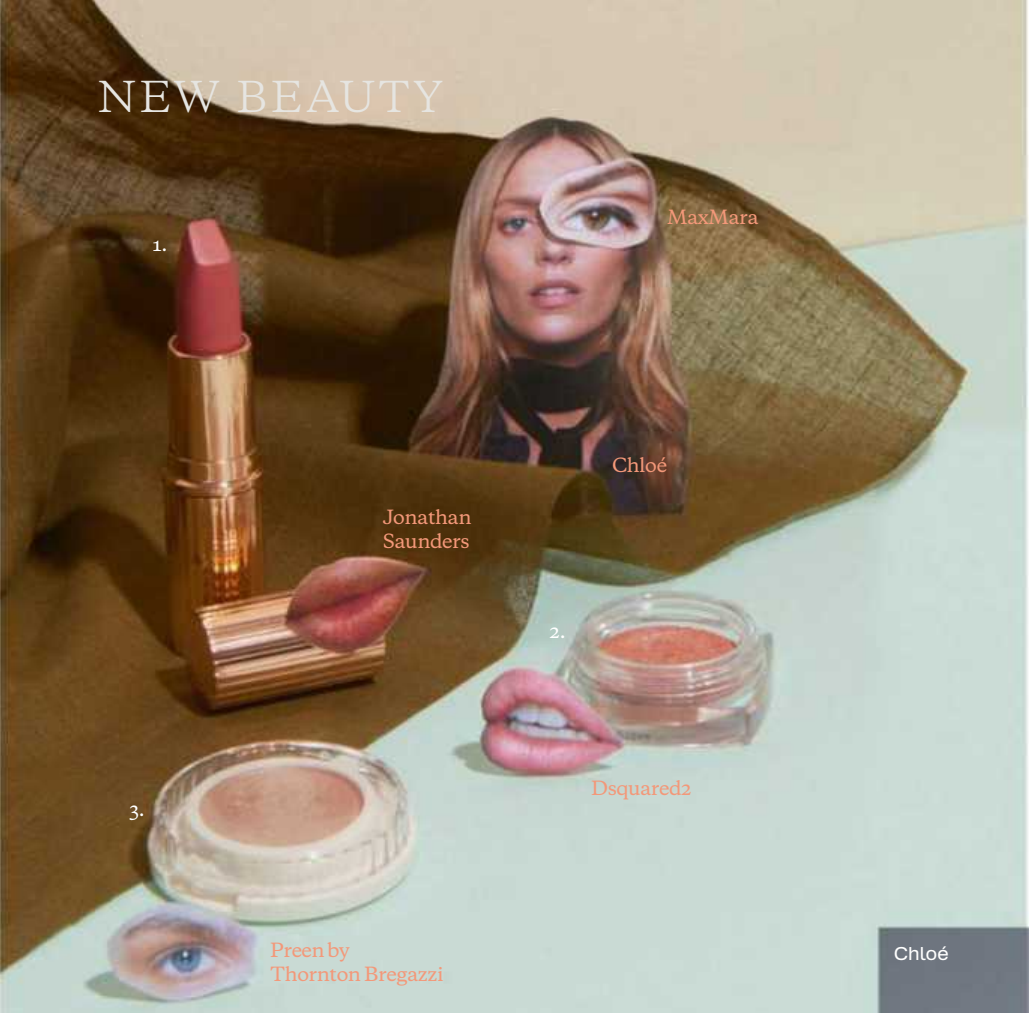
Max Factor Lipfinity in 70 Always Elegant, £8.99

& Other Stories Lipstick in Montagnac Berry, £12

Rimmel Lasting Finish by Kate Lipstick in 30, £4.49

Models Own Semi Matte Lipstick in Burgundy Wine, £4.99





well bred

How: Traditionally there are two opposing options for skin: normcore (nothing but moisturiser – not for the faint-hearted) or contour (layers of bronze and highlighter to create angles), but this season there is a third, and it's the front runner: elegant and expensive outdoorsy skin. This translates not into bronzed or blushed, but *flushed*. Make-up artist Hannah Murray at Topshop Unique wanted the skin to look wind-whipped. For extra points, freckles count.



seventies

How: Yes, this is a big hangover from last season, since the theme is still happening in the clothes. But now, the 1970s are influencing our hair and make-up, too. It's the flatter roots that keep the hairstyle retro, so whether ends are crimped (Preen by Thornton Bregazzi) or fluffed (Matthew Williamson), it's the contrast that really counts. And, for your face, think tan tones, blended 'egg' shapes on the lids and gold eyeshadow used as cheek highlighter. ›

1. Charlotte Tilbury Matte Revolution Lipstick in Sexy Sienna, £23

2. L'Oréal Paris Infallible Eyeshadow in Magnetic Coral, £6.99

3. Benefit Longwear Powder Shadow in Gilt-y Pleasure, £15.50



Tresemmé Perfectly (Un) Done Wave Creating Sea Foam for Soft Waves, £5.50



#tutoriELLE the Preen by Thornton Bregazzi look



Topshop Beauty Freckle Pencil in Forever Young, £5



Topshop Beauty Cheek Jelly in Phenomenon, £7



Nars Sheer Glow Foundation in Punjab/Gobi, £31



#tutoriELLE the Chloé look

Photography: David Abrahams at MBK, Jason Lloyd-Evans.


Overdone it
this summer?
Turn up the
hair
conditioning
Lazy summer days? Err, no.
Crazy summer days? You betcha.
Give summer hair the kiss of life with
Aussie Beach Mate Collection.
It's beached-out hair's
lifeguard in a bottle
(minus the 6-pack).
DINKY TRAVEL SIZE
AUSSIE
3 MINUTE MIRACLE
BEACH MATE
250 ml
AUSSIE
"There's more to life than hair but it's a good place to start."

up all night

How: In short, the rougher the better. The runways made so many references to the party girl who's been out all night that the trend got more literal with each show until – at Ashish – the models actually styled their own hair and misapplied their own make-up (lipstick on the teeth was encouraged). At Holly Fulton, the muse was 'Kate Moss, a little dishevelled after a night out', which meant a slightly exerted flush with imperfect, smudgy make-up, and hair that looked 'as if she's had a rough night' (the actual backstage direction). This we can do.



1. Guerlain Khôl Me Kajal, £23.50

2. Balmain Paris Hair Couture Texturizing Salt Spray, £16.95

3. Giorgio Armani Black Ecstasy Mascara in 01 Obsidian Black, £25.50



#tutoriELLE
the Lanvin look





#tutoriELLE
the Prada look



Giorgio Armani Rouge Ecstasy Lipstick in 402, 403, 404 & 406, £25.50 each



Max Factor Masterpiece High Precision Liquid Eyeliner, £7.99



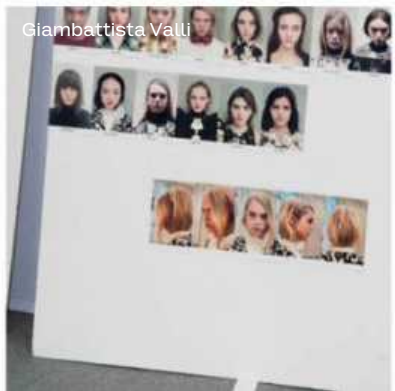
Tresemmé Perfectly Undone Root-Lifting Texturising Dust, £2.75



Tresemmé Get Sleek Creation Hairspray, £5.99

ladylike

How: Hair master Guido's somewhat girlie moment at Prada was the result of an accumulation of ladylike happenings that snowballed from New York via London to Paris, so by the time he presented the dual-textured 'super-young but sophisticated' up-do in Milan, the benchmark was set. ›



Photography: David Abrahams at MBK, Jason Lloyd-Evans, Anthea Simms.

"There's more to life than hair but it's a good place to start."

AUSSIE

Dry tent? No
Dry feet? Not quite
Dry shampoo? Absolutely

Knee-deep in festival madness?
Let Miracle Dry Shampoo
keep you looking like
a crowd-surfing goddess.
Dance in the rain? Go for it.
Sleep in a puddle? Why not!
With these little beauties
nothing's off the bill
(except grease).

ROCK 'N' ROLL HAIR





ornamental

How: This is not just about metallics – although there *is* a lot of gold – it's more about beautiful embellishment. The subtle route – such as the gently shimmering lids at Blumarine – is naturally more sophisticated. But if the feeling takes you, feel free to bling it up, from hair to – yes – even nose and lips, à la Manish Arora. Rodarte set the standard with crystals along the lower lash line. Graphic and whimsical all at once.



baby hairs

How: A surprising throwback that started out as a microtrend has now become a full-on styling option. Whether super-pretty and subtle at Stella McCartney or perfectly placed and plastered to the skin at Givenchy, a lot of artists used shine spray to encourage baby hairs to stick to the face. You're probably really questioning this one, right? It's because until now you've only seen it on the 'street', or old Jennifer Lopez videos on MTV. Wait until you've pulled a few wisps free from your tight topknot and see how much it softens your face – *then* you'll get it.

1. Wella Professional
EIMI Dry Me Dry Shampoo, £12.50

2. John Frieda
Ultimate Fixation Extra Strength Hold Hairspray, £2.39

3. Sophia Webster + Toni & Guy
Limited Edition Moisturising Shine Spray, £7.49



#tutoriELLE
the Giles look



Ciaté London
Eye Chalk in Dot-To-Dot, £14



Redken
Metal Fix 08 Metallic Liquid Pomade, £19



Maybelline
Eyestudio Color Tattoo 24hr Cream Gel Eyeshadow in 24K Gold, £4.99



#tutoriELLE
the Rodarte look

Photography: David Abrahams at MBK, Jason Lloyd-Evans. For shopping details, see Address Book.


"There's more to Aussie *than hair.*"
AUSSIE
Aussie Body Wash.
Make yourself a smoothie.
(No blender required.)
Are you a
smoothie-in-the-morning
kind of girl?
Then hop (like a kangaroo)
into the shower with
Aussie Body Wash.
Exotic ingredients.
Fab fragrance.
And skin that feels as
smooth as a bundle
of baby koalas.
AUSSIE
NO RUSH
BODY WASH
AUSSIE
SHOWER SMOOTHIE
BODY WASH
AUSSIE
MEGA WATT


Shine so gorgeous
I feel unstoppable.


Unilever
TRESemmé
SPECIALIST
OLEO RADIANCE
NEW
ILLUMINATES
LIGHTWEIGHT
HEALTHINESS
SHAMPOO
WITH ARGAN AND ALMONDS OILS
PROFESSIONAL QUALITY
CONDITIONER
NEW TRESemmé
OLEO RADIANCE
Restore dry, dull hair with our unique blend of pure salon oils. Nourish your hair from within, for gorgeous shine that won't weigh your hair down.
tresemme.co.uk
TRESemmé
PROFESSIONAL. AT YOUR FINGERTIPS.

Bohemian Rhapsody

The *Seventies revival* continues. Meet your new make-up muses



Clockwise, from bottom left: Charlotte Tilbury Matte Revolution Lipstick in 1975 Red, £23. Bella Freud 1970 EDP, £75 for 50ml. Topshop Chameleon Highlighter in Mother Of Pearl, £12.50. YSL Couture Mono Eyeshadow in Orient, £23.50. Chanel Illusion d'Ombre in Rouge-Gorge, £25

SEE IT
For more new-season product exclusives, go to elleuk.com/beauty

The Seventies' influence on beauty is about as big as bell bottoms were back then. The catwalk ignited the fashion revival last year with fringing and flares, but this season the beauty industry got in on the nostalgia, too. Preen by Thornton Bregazzi channelled Studio 54 with crimped hair and rust-coloured eyeshadow, while Shrimps went haute hippie with a golden glow, soft waves and classic red lip. What next? Your make-up bag gets in on the action with retro shades, formulas and packaging. Watch out for these buys...

Words: Natalie Lukaitis. Photography: Luke J Albért. For shopping details, see Address Book.


Ultimate Blends
HONEY TREASURES
BLENDED WITH ROYAL JELLY HONEY AND PROPOLIS
Our Honey Treasures collection for damaged hair that feels strengthened and restored.
NEW
GARNIER
Ultimate Blends
CONDITIONER
The strength resto
HONEY TREASURE
DAMAGED HAIR
NEW
GARNIER
Ultimate Blends
SHAMPOO
The strength restorer
ROYAL JELLY
HONEY TREASURES
HONEY PROPOLIS
DAMAGED HAIR
NEW
GARNIER
Ultimate Blends
The strength restorer
serum
HONEY BEE PROPOLIS
DAMAGED HAIR
GARNIER
Find your blend at
garnier.co.uk/ultimateblends



HOW TO...

SUPERCHARGE YOUR SCENT

The 'nose' behind your favourite fragrances, perfume designer Azzi Glasser, shares her secrets to making your scent work harder



SEE IT
For our edit of the scents that last the longest, go to elleuk.com/beauty

1 Start right The ideal canvas for perfume is skin that's moisturised and dry to the touch. Pick a neutral or fragrance-free body cream, such as Clinique Deep Comfort Body Moisture, £20. **2 Make an investment** Generally speaking, the more expensive your fragrance, the longer it will last (scents usually last between four and eight hours on the skin). As a guide, bottles costing £65 and upwards will use higher-quality ingredients, so you get what you pay for. **3 Vital ingredients** Some notes naturally last longer on your skin than others. These include woods, musks, ambers, incense and powdery scents, because they're more potent and powerful by nature. More volatile ingredients, such as citrus, fruity, floral, herbal and green notes, evaporate faster, so as a rule, the fresher the smell, the less time it will last. **4 The perfect spots** Spritz your neck, wrists and chest. You can also spray your hair with a hair perfume. Hair is able to hold scent for longer than skin because it is more absorbent, and it is a great fragrance diffuser as it's always moving. [ELLE recommends Byredo Blanche Hair Perfume, £37; it's a beautiful clean fragrance.] **5 Find 'the one'** If you want a scent to become part of your identity, find your favourite signature perfume and don't stray too far from it. Kate Moss, Kylie Minogue and Orlando Bloom only wear the bespoke perfumes I created for them. Over time, your signature scent starts to become a part of your unique personality and style.





6 Fragrance your fabrics I always spray my favourite fragrance (a creation of red sequoia wood, neroli oil and black musk) onto my scarf or my coat, depending on the fabric. Wools take in fragrance particularly well. **7 Keep cool** Hot climates dilute the impact of any scent by breaking down the chemical bonds that give a perfume its smell, so you usually have to reapply more often in summer. The cooler you are, the longer your scent will last. I always keep mine in my bag and reapply two or three times a day. [ELLE recommends travel-sized Jo Malone London Earl Grey & Cucumber Cologne, £42 for 30ml.]



8 A confession... I own at least 275 fragrances! My picks for the longest-lasting, due to the natural staying power of their fragrance blends, are: Bella Freud Signature EDP, £75 for 50ml, and Illamasqua Freak Scarab, £85 for 75ml.



9 ELLE says... Most scents have a shelf life of three to five years; the longer-lasting ones tend to come in opaque bottles. Keep yours somewhere cool and dark.

Compiled by: Vishaka Robinson. Photography: Sean Cunningham at Jason Lloyd-Evans, Graham Walser for Hearst Studios. For shopping details, see Address Book.


Ultimate Blends
MARVELLOUS RITUAL
BLENDED WITH ARGAN AND CAMELLIA OILS
Our Marvellous Ritual transforms dry, dull hair into hair that looks nourished and with a lasting shine.
GARNIER
Ultimate Blends
CONDITIONER
DRY, LIFELESS
GARNIER
Ultimate Blends
SHAMPOO
The marvellous transformer
with argan & camellia oils
DRY, LIFELESS HAIR
GARNIER
Ultimate Blends
The marvellous glow oil
with argan & camellia oils
ALL HAIR TYPES
GARNIER
Find your blend at garnier.co.uk/ultimateblends


MAX FACTOR X
NOW
THE ICON – FALSE LASH EFFECT MASCARA
Transform your look with our iconic False Lash Effect Mascara for Hollywood-volume starlet lashes. This is timeless glamour reinvented.
The Icon Collection – Inspired by Marilyn, designed for you.
#MAKEGLAMOURHAPPEN
Recreate Candice's transformation: False Lash Effect Mascara in black, Colour Elixir Lipstick in Ruby Tuesday, Facefinity All Day Flawless Foundation and Glossfinity Nail Polish in Red Passion
MAX FACTOR X
FACE FINITY
ALL DAY FLAWLESS
3 IN 1
FOUNDATION
Primer, Concealer and Foundation In One
SPF 20
FALSE LASH EFFECT
Full Lashes, Natural Look
Mascara
THE MAKE-UP OF MAKE-UP ARTISTS

@ELLEBEAUTYTEAM

Summer skin needs a foundation that hydrates as well as covers. ***Hourglass Hyaluronic Skin Tint, £45,*** *is packed with hyaluronic acid, a molecule able to hold 1,000 times its weight in water. #impressed!*



The Chubby Stick has experienced a drastic weight loss and a modern classic is turned on its head. It's all go in the beauty world...

The beauty brief

THE VETERANS
Over 5,000 beauty products are launched each year, so to become a classic, you have to be special. Like these cult heroes: Elizabeth Arden Ceramide Capsules Daily Youth Restoring Serum, £82, is 25 this month; Giorgio Armani Luminous Silk Foundation, £36.50, is turning 15; Kiehl's Powerful-Strength Line-Reducing Concentrate, £49, is in its 10th year; and Clinique's best-selling lotion will now be joined by Dramatically Different Moisturizing Cream, £25.





NEXT GEL-RATION
We love our at-home gel nail kit but, more often than not, we lack the patience to remove it properly. This is where Revlon's new two-step gel system comes in. Consisting of a ColorStay Gel Envy Colour + Base, £6.99, and Diamond Top Coat, £6.99, it's as simple as painting your nails but with gel results, and is just as easy to take off with remover as normal nail polish.



GET THE SKINNY
Clinique's Chubby Sticks met our need for a lip balm that packed enough colour to still make a statement, so we have high hopes for the brand's new Skinny Sticks, £15. The ultra-fine eyeliners are a third smaller in width than normal pencils, so they really hug your lash line. Plus they sharpen themselves. Eyeliner made easy.







SMOOTH OPERATOR
Our cells go into overdrive when we sleep, regenerating and repairing damage – such as pollution, sun and stress – from the day. So your bedtime routine is crucial. Philosophy's two-step Microdelivery Overnight Anti-Aging Peel, £65, combines the immediate micro-exfoliation of a peel with the benefits of an overnight mask, containing skin-strengthening echinacea and soothing oat extracts.

SEE IT
For more new-season product news, go to elleuk.com/beauty

Compiled by: Natalie Lukaitis. Photography: Jamie Bevan. For shopping details, see Address Book.

HAIR SPECIAL

MAKE IT PERSONAL

Show off salon-quality style that's perfectly tailored to suit you with one of three haircare collections from the ***Tresemmé*** *Specialist range*





LISA WHITEMAN
SALON OWNER

The Oleo Radiance collection smooths and nourishes to deliver salon-quality shine without weighing down hair. Oil Elixir blends argon and almond oils in a salon-grade formula that is rapidly absorbed for a silky finish. It can be used in so many ways. Try it as a pre-wash nourishing treatment or as pre-styling protection for brilliant shine with a luminous, weightless finish.

ALEX ROSE, WRITER

There's more to a writer's life than sitting in front of a laptop, conjuring words out of ideas. Meetings with editors and attending events means presentation plays a crucial part in Alex's burgeoning career — not least because her chosen subject matter is an insider's view of the fashion industry (she was scouted at 16).

An advocate of the look-good-feel-good school of inner confidence, Alex was keen to put the Tresemmé Specialist Oleo Radiance range to the test. 'My hair gets dull, heavy and flat from heat styling and too much product,' she says. A fan of hair oils, the Oil Elixir is her stand-out product from the range. 'I put it in wet hair and blow-dry it and then add a little more when it's dry for a really polished finish. I love that weightless shine. It's great to put it on in the morning and know my hair is going to look smooth and shiny all day.'

OLEO RADIANCE COLLECTION





Left: Oleo Radiance Shampoo, £5.99*. Oleo Radiance Conditioner, £5.99. **Right:** Oleo Radiance Creamy Moisturiser, £6.99. Oleo Radiance Oil Elixir, £8.99. Oleo Radiance Bi-Phase Conditioning Mist, £6.99. All by Tresemmé Specialist



Lisa leads Alex through the Oleo Radiance range at the shoot



Ready for her close-up: the make-up artist applies the finishing touches to Pamela's look

7 DAY SMOOTH COLLECTION



From left to right: 7 Day Smooth Shampoo, £5.99*. 7 Day Smooth Conditioner, £5.99. 7 Day Smooth Heat-Activated Treatment, £6.99. All by Tresemmé Specialist



PAMELA RAMOS, MODEL

Pamela originally turned to running as a way to balance her working life as a model. Originally from the Dominican Republic, she is currently based between London and New York — a juggling act that is as physically demanding as it is glamorous-sounding. Now she runs several times a week. It's an outlet she loves, but can wreak havoc on her hair.

'When I run, I get hot — my hair starts to curl at the scalp and I end up with half-curly, half-straight hair,' she says. 'I'd rather not have to straighten my hair every day, because all that heat styling can be quite drying.' Tresemmé Specialist 7 Day Smooth Heat Activated Treatment allows her to do just that. When used with the shampoo and conditioner in the range, it works with straighteners to provide long-lasting, frizz-free hair that lasts for up to four washes. The result? Brilliant salon-perfect smooth hair.



ELLA CATLIFF, BEAUTY BLOGGER

If you're super busy then you need something with a long-lasting effect, not a product that looks great for five minutes but needs constant reapplication. It can be tempting to load hair that's prone to frizz with product, but you don't need to. The 7 Day Smooth range is infused with keratin and works together to give you gorgeous salon-smooth style that lasts for up for four washes. Perfect for busy, active lives.

'7 Day Smooth gives you salon-smooth style that lasts for up to four washes'





MARY BALLANTYNE, ACTRESS

With a CV that is building steadily (scenes for a big-screen British fantasy with a summer 2016 release date have just been shot, 'But I'm not allowed to talk about that yet!'), Mary's career may be taking off but her hair suffers somewhat for her art. 'It's always being backcombed or having something put in it,' she says. This, combined with regular colouring, can leave it looking and feeling dull and dry — both key signs of ageing hair.

The Tresemmé Specialist Youth Boost collection is packed with omega-3 and antioxidants to help bring youthful vitality back to hair. For everyday volume and boost Fullness Emulsion Spray is a go-to for Mary. She's also impressed with the lightness that makes the Correcting Essence stand out from intensive conditioners she's used before.'I'm always looking for ways to get some volume and nourishment back in,' she says. She's found it in Tresemmé Youth Boost.



HEATH MASSI, **HAIR STYLIST**

The Youth Boost range works towards restoring the hair qualities we all associate with younger, healthy-looking hair. Youth Boost shampoo and conditioner gently cleanse and nourish to remove residue and create fullness and shine. For styling, a few pumps of Styling Lotion works wonders on hard-to-manage hair. Spray and gently massage Fullness Emulsion Spray into the roots for instant volume and lift.



YOUTH BOOST COLLECTION



From left to right: Youth Boost Shampoo, £5.99*. Youth Boost Conditioner, £5.99. Youth Boost Correcting Essence, £9.99. Youth Boost Fullness Emulsion Spray, £6.99. Youth Boost Styling Lotion, £6.99. All by Tresemmé Specialist

WIN A PERSONALISED HAIRCARE PACKAGE FROM TRESEMMÉ Visit thehairacademyuk.com/win for your chance to win** a set of personalised haircare and discover which Tresemmé Specialist range is for you. Few things boost your beauty confidence like feeling good about your hair. Spread the message with a tweet or instagram you feel sums up your hair using #myhairpersonality

*Recommended retail price. Pricing is at discretion of retailers. **System usage Tresemme 7 Day Keratin Smooth Shampoo, Conditioner and Heat-Activated Treatment. ***Terms and conditions apply. Visit thehairacademyuk.com for full details

#ELLEBEAUTYCUPBOARD



Linda Evangelista

The original super and still one of the most influential models of all time, age 50. These are her beauty secrets



SKIN REVIVERS
I use Medik8 C-Tetra Antioxidant Serum, £36, and Environ AVST Moisturiser, £38. During winter I dabble with retinoids: Skinceuticals Retinol 0.5, £59, and Biologique Recherche Lotion P50, £52. But it makes your skin sensitive, so you have to work up to it.

PERSONAL PERFUME
It always has to have a white flower in it, but mixed with something else. I wear Aura Loewe, £73 for 120ml, Robert Piguet Fracas EDP, £135 for 100ml, Guerlain L'Heure Bleue, from £55 for 50ml, and Serge Lutens Fleurs D'Oranger, £75 for 50ml.

SPOTLIGHT PRODUCT
I'm a beauty junkie, but the Dolce & Gabbana Sheer Radiance Make Up Base, £43, eliminates a few steps for me. It makes me glow and has SPF 30, which I wear daily – even in winter.



EYE OPENER
I hated mascara until I learned it's all about the wand. I like the fine brush on Dior Diorshow New Look Mascara, £25. I prefer my mascara to be a bit old as too much liquid makes my lashes clump.

HAIR HEROES
Recently, I've been using Oribe's Signature Shampoo, £29, and Conditioner, £33. But for the past 11 years I've used Hamadi Shea Hair Cream, £24. It's organic, anti-frizz and adds a little volume.



LIP LOVE
I love a bold lip. If only you could see my lipstick drawer – I have more than Pat McGrath! I'm not opposed to keeping expired lipstick, especially ones that have staying power and a matt finish [ELLE loves Mac Lipstick in Ruby Woo, £15.50].



SEE IT
For more supermodel beauty secrets and the latest must-haves, visit elleuk.com/beauty

Compiled by: Natalie Lukaitis. Photography: Luke J Albert. For shopping details, see Address Book.

PANTENE



VISIBLY ERASE THE DAMAGE OF 100 BLOW DRIES

OUR MOST ADVANCED FORMULA YET.
VISIBLY ERASES DAMAGE FROM THE FIRST USE.

YOU'LL BE BLOWN AWAY.

PANTENE PRO-V
CONDITIONER
REPAIR & PROTECT

PANTENE PRO-V
SHAMPOO
REPAIR & PROTECT

PRO-V

FIND OUT MORE ON PANTENE.COM

TEAR AND WEAR



Nº24 HEALTHY **GLOW**

Make every day a good skin day with our five-minute foolproof guide

The ingredients



Cleanser
Dermalogica Skin Resurfacing Cleanser, £36.90



Muslin cloth
Elemis Luxury Cleansing Cloths, £10 for two



Serum
Origins Original Skin Renewal Serum with Willowherb, £32



SPF moisturiser
Perricone MD Photo Plasma Broad Spectrum SPF 30 Moisturizer, £57



Eye cream
SkinCeuticals Mineral Eye UV Defense SPF 30, £26



Foundation
Mac Studio Face And Body Foundation, £28.50



Highlighter
Nars Illuminator, £23



Blush
Dior Fall Look Dior-blush Cheek Stick, £24



Sheer lipstick
Max Factor Colour Intensifying Balm, £8.99



Mascara
Clinique High Impact Waterproof Mascara, £17.50

The directions

1 **Boost circulation** with the facialist trick of hanging your head upside down for three minutes – this will bring blood to the surface of your skin and amplify your natural glow. A Downward Dog works equally well.

2 **The smoother the surface**, the more light it reflects. Massage in the resurfacing cleanser, and remove it with a hot, damp muslin cloth.

3 **Warm three drops** of vitamin-packed serum in your palm and press it into eye area, forehead, chin and cheeks. Wait a few minutes and tap your SPF 30 moisturiser and mineral-based eye cream on top.

4 **Layer** the water-based foundation all over your face. Water-based foundations are easier to blend and give a more natural finish. Apply extra layers to areas that need more coverage; the colour is buildable.

5 **Squeeze** a small amount (the size of a grain of rice) of liquid highlighter onto your fingertips. Tap it into the cheekbones then dab the rest over your brow bones (just below the arch of your actual brow), the centre of your chin, and just one tap on the tip of your nose.

6 **Smile!** It makes the apples of your cheeks (where a natural blush begins) pop out. This 'fattest' part of the cheek is where you want to apply pink cream blush. 'Drum' it in with your fingertips to create a natural-looking texture.

7 **Complete the look** with a sheer lipstick (apply with your fingertips, starting at the centre and stopping short of the lip edge to get a natural, imperfect feel) and two coats of waterproof mascara.

8 **Dust** over a high-definition finishing powder with an oversize brush to set the look.

Substitutions and additions

⟲ = swap + = add

OILY/PROBLEM SKIN

⟲ **SWAP** Moisturiser for Illamasqua Matte Veil, £30.
+ **ADD** Bobbi Brown Blotting Papers, £18, to absorb excess oil throughout the day.

FINE LINES

⟲ **SWAP** Foundation for Laura Mercier Tinted Moisturizer, £34.
+ **ADD** Smashbox Photo Finish Foundation Primer, £25, before applying your base.

DRY SKIN

⟲ **SWAP** Serum for Balance Me Radiance Face Oil, £30.
+ **ADD** Estée Lauder Advanced Night Repair Recovery Complex, £49, to your routine the night before.

SEE IT Get inspired by a/w 2015's trends at elleuk.com/beauty

Words: Vishaka Robinson. Photography: Jason Lloyd-Evans. For shopping details, see Address Book.

One million women already love Lumea **and so will you.**

Philips Lumea uses IPL technology to give you long lasting hair-free skin with no regrowth. But don't take our word for it, see what real women who use Lumea think.
Philips Lumea. Hair-free skin, always.

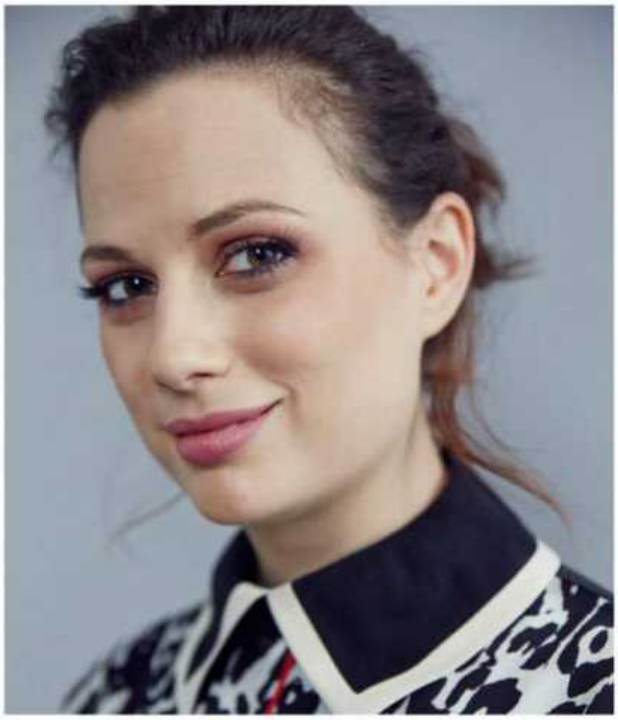
innovation + you



Find out why 1 million women already love Lumea
philips.co.uk/lumea

PHILIPS





@I_LOVE_LIPSTICK

Live ***Fast,*** ***Age*** *Young*

So the future is now and, while an Apple Watch might be good for supercharging your timekeeping, Sophie Beresiner is more concerned about its effect on your skin

My name is Sophie and I am *stuffocated*. With every new gadget designed to make my life easier, I am becoming hyperconnected, overstimulated and all the other buzz adjectives that describe my increasing stress levels. My husband now has two smartphones – one for work, the other also apparently for work. He recently acquired an Apple Watch, too, plus a bout of rosacea and dermatitis. Coincidence? A glorified wrist PA might make us feel more in control, but we can never. Switch. Off. Humans aren't meant to live in a constant state of fight or flight but, for the most part, we do. And it's wreaking havoc on our skin.

How? In the interests of offloading, the stress hormone cortisol causes your body to produce more oil, which can lead to acne. At the same time, blood flow is diverted from your skin to muscles, meaning dehydrated, dull skin. Pass the diazepam, please.

As if stress wasn't stressful enough without feeling anxious about what the worrying is doing to my skin, I learn that doughnuts are affecting our collagen levels, air con is ageing us, and looking down at our phones – up to 150 times a day, apparently – means early onset jaw droop. Just imagine what squinting at a tiny text on your iWatch will do to your frown lines?

It seems that good for technology equals bad for biology. But knowledge is power and, thankfully, there is a beauty antidote for pretty much everything these days. Here are your top 'anti' rules:

Anti-smartphone: Stop. Looking. Down. You're shortening your neck muscles and adding some sag. Always moisturise your neck as well as your face.

Anti-pollution: It's the second most harmful skin aggressor after UV exposure. Use a high factor SPF with antioxidants, and cleanse thoroughly.

Anti-sugar: Cell glycation = depleted collagen. Go sugar free a few days a week, and look for products with anti-glycation promises.

Anti-fatigue: Better sleep means better skin, as this is when your cells repair themselves. Overnight 'face packs' originating from Korea are the future.

Anti-exercise: Would you run without a sports bra? No! Add a firming serum to your daily skin regime.

Anti-stress: Boost circulation with regular exercise, which reduces cortisol levels, too. Yoga. Lots of yoga.

Anti-air con: Skin feels dry but looks oily because it panic-produces sebum to counteract the dryness. Use an oil-free moisturiser and drink *a lot* of water.

So what's next? A pill that makes your skin light up at dinner, so your other half pays more attention to you than Siri? Now *there's* an idea.

ASK IT Got a beauty question? We can help. Tweet #AskELLEBeauty @ELLEBeautyTeam every Friday

LIFESTYLE SKIN FIXERS



1. Anti-smartphone Yves Saint Laurent Forever Youth Liberator Y-Shape Cremé, £65. **2. Anti-pollution** Clinique Super City Block Sheer SPF 25, £18. **3. Anti-sugar** Skinceuticals A.G.E. Eye Complex, £78. **4. Anti-fatigue** Lancôme Visionnaire Nuit Beauty Sleep Perfector, £60. **5. Anti-exercise** Ole Henriksen Ultimate Lift Firming Serum, £55. **6. Anti-stress** Lancôme Hydra Zen Neurocalm Soothing Anti-Stress Moisturising Cream, £39.50. **7 and 8. Anti-air con** Origins Zero Oil Oil-Free Moisture Lotion, £24; Kiehl's Ultra Facial Oil-Free Gel Cream, £24

Photography: Alexandra Leese. Still-life photography: Agata Pec for Hearst Studios. For shopping details, see Address Book.

THE FUTURE OF BEAUTY? IT'S HERE

If there's one thing that's changing the face of beauty forever it's technology. Here's how



Paula Goldstein Di Principe, Fashion editor and founder of *Voyage D'etudes*



Beauty today knows no boundaries. In this digital age we are able to discover the latest beauty trends anywhere, anytime, from any internet-enabled device. Social media and beauty bloggers create an active, engaged community where real-world advice and hands-on insight is sought and shared. A woman sitting in a cafe in London or Edinburgh, say, has access to all the latest beauty insights and products from Seoul to Beijing, Paris to Moscow, New York to Berlin. The face of beauty as we know it has changed.

Championing this burgeoning no-boundaries approach to beauty is the #BeautyHeroes campaign, for which Philips and ELLE hand-picked six collaborators from China, Korea, Russia, Germany, France and the UK. They have been documenting their journey as they challenge and reinvigorate their beauty routines with Philips beauty devices for a couple of months now. Who better to ask, then, than UK collaborator Paula Goldstein Di Principe about the trends in beauty she has encountered as she travels the world in her role as a fashion editor and founder of online travel magazine Voyage D'etudes?

Cross-cultural beauty

We've come a long way, Paula points out with a laugh, since the days when a so-called 'traditional' UK beauty routine wouldn't have run to much more than 'a bit of Pears soap'. In 2015, anyone with even a passing interest in beauty understands the value of a thorough and effective skincare regime, with an increasing focus on pre-emptive action on skin ageing (SPFs, serums, moisturisers et al). But it's sharing what others know and like that makes Paula reconsider her own beauty routine. 'My friends from South Korea bring back all these amazing face masks,' she says, 'and we're all like, "What is this?" There's definitely an

'THE LUMEA APP IS A BRILLIANT ADDITION TO THE DEVICE'



WIN A BEAUTY BOX!

At **beautyheroes.com** you won't just find all the latest news and beauty advice from our six international beauty collaborators. Every month, ELLE and Philips is giving away a brand-new beauty box, worth at least £500. Each one is packed with one of the collaborator's personal beauty must-haves, including a selection of Philips' must-have beauty tools. All you need to do is sign up to receive the #BeautyHeroes newsletter for your chance to win. Do it today at **beautyheroes.com**

*Compared to make-up removal by hand. Data on file

#BeautyHeroes



From left to right: *Capucine Piot (France), Jessica Weiß (Germany), Liah Yoo (South Korea), Queenie Chan (China), Victoria Sekrier (Russia) and Paula Goldstein Di Principe (UK)*

interest in the improvements in science.' Conversely, where the UK is ahead of the curve, she believes, is in the championing of natural skincare ranges.

Paula has recently relocated from London to New York for work and believes that the 'less chemical, more natural, products from home' still rule. 'With the exception of a few select things,' she says, 'I'll still be pairing my Philips VisaPure skincare routine with those.'

It's not the only difference she's noticed between the two leading fashion capitals. 'In NYC mani-pedi's are not a treat, they are as compulsory as brushing your teeth,' she says. 'The badly painted nails I had been able to get away with in London do not cut it at all.' The in-salon experience, meanwhile, is on another level again. 'I left my first visit to a New York hair salon feeling like I'd had five hours sleep, I was so pampered,' she says with a laugh. 'Service is serious in this city.'

What is arguably the most significant shift in global beauty trends, however, isn't happening in salons. Rather, as technology becomes more advanced — and as Paula has discovered in her role with Beauty Heroes — the latest electronic tools let us enjoy salon-professional results at home. It's a bone fide DIY beauty revolution — and Philips' leading-edge beauty technology is heading the charge.

Beauty on the go

'Our lives are getting busier and busier,' notes Paula. 'We're travelling more so time is precious. I want to do as much as I can myself in the moments I have rather than spend half a day travelling to a salon.'

Since she started using the Philips Lumea two months ago Paula has been impressed with how easy and convenient it is to achieve long-term hair removal at home. Regular bi-weekly use has meant she no longer has to worry about being caught on a fashion shoot or at an event with unwanted underarm or leg hair. If anything, the device is so effective that these days she needs to be reminded when it's time to slot in a treatment. Luckily, technology can step in here too.

The new Lumea mobile app tracks treatments and plans sessions, with reminders of when these are due. 'This is great for me,' says Paula. 'With a busy schedule it's really useful to be reminded of when I need to top up with the Lumea. It's a brilliant addition to the device.' And with information on everything from setting advice and tutorial videos to user manuals, the app is, of course, ideal for new users, too.

For Paula, this is the future of beauty. 'In the same way you have your phone and you can work wherever you are, beauty increasingly has to be mobile,' she says. 'It's about having these tools you can just throw in your bag. It's not about taking time out of your day to use them; it's about being able to do whatever you need to do wherever you are.'

WATCH IT
See Paula talk about global beauty trends and more at **beautyheroes.com**



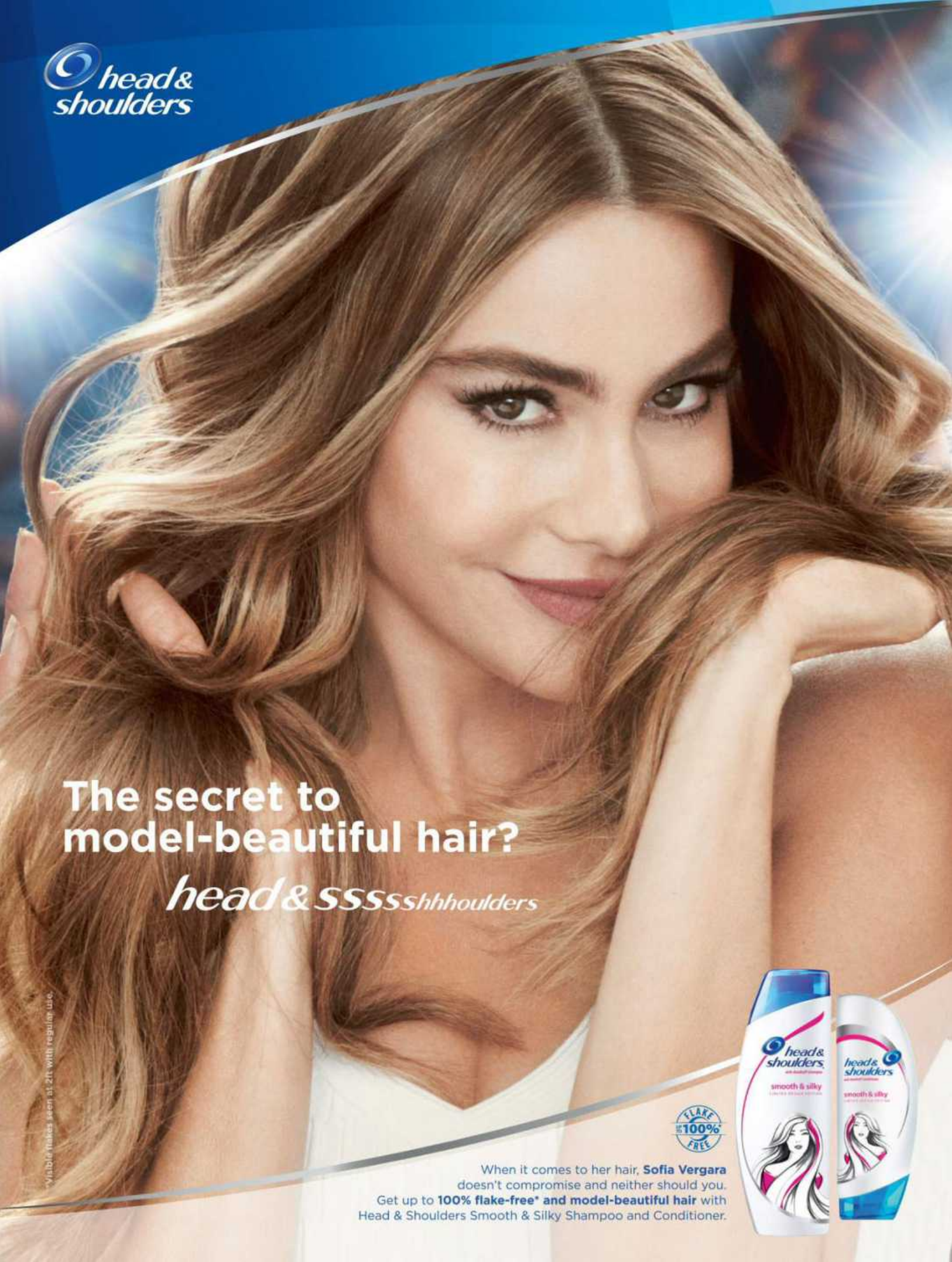




SMARTER BEAUTY

Offering long-term control over facial and body hair all year round, the **Philips Lumea** uses leading-edge technology to bring salon-professional results to the privacy of your home, keeping your skin continously hair-free. Use it with the new Lumea app for session reminders, progress trackers, user guides and more.
The **Philips VisaPure** is a powerful yet gentle electronic brush that cleans skin up to 10 times more effectively than hand cleansing*, while its stimulating brush-head leaves skin looking more radiant and glowing. With Philips, beauty has never been so smart or so easy.

PHILIPS


head & shoulders
The secret to model-beautiful hair?
head & sssssshhhoulders
*Visible flakes seen at 24 with regular use.
FLAKE 100% FREE
When it comes to her hair, Sofia Vergara doesn't compromise and neither should you. Get up to 100% flake-free* and model-beautiful hair with Head & Shoulders Smooth & Silky Shampoo and Conditioner.
head & shoulders
smooth & silky

FIT NOTES

Could jogging be the key to great skin, asks ELLE's Natalie Lukaitis?

@ELLEFITTEAM



THE #ELLEFIT EDIT
Cashmere yoga top, £300, and cashmere shorts, £125, both Pepper & Mayne. Nike Air Zoom Pegasus 32, £95. Prince Tour 100T ESP racket, £149.95, and Prince tennis balls, £4.99 for pack of four. Aduna Moringa Green Superleaf Energy Bars, £1.89 each

Running never crossed my mind as a 'face-fixer' but when, at the age of 24, acne put an end to my blemish-free teenage years, it provided a surprising cure. I didn't notice it right off the bat. A pimple has the average lifespan of a week and I had a lot of them. But after a month of regularly sweating it out, two whole cheeks of spots had been reduced to a few blemishes. Exercise had essentially become my curative facial, but I wanted to speak to an expert to make sure my hunch was right.

'Elevated levels of the stress hormone cortisol are linked to increased sebum production, which means more acne breakouts, but exercise – whether it's running, cycling or yoga – helps to keep levels of cortisol in check,' says Dr Sam Bunting. As London's leading cosmetic dermatologist, she's the one to see for treating problem skin. 'The boost in circulation during exercise also delivers a fresh influx of oxygen-rich blood, helping to distribute nutrients that repair damage from the sun and external pollutants.'

Exercise is good for the body, so it stands to reason that it would benefit the body's largest organ. In fact, you could say I'm *running* proof. It's largely saved my skin, but it wasn't a solo act. Once you sweat out the toxins, you have to wash them away – this is key. 'Even wiping your face post run with La Roche-Posay's Physiological Micellar Solution [£12] on a cotton pad is better than nothing,' says Dr Bunting. Left on your skin, sweat becomes a breeding ground for bacteria, so all of the bad stuff you got rid of will settle back in if it's not removed.

Personally, I use the zip pocket at the back of my Nike leggings to carry my Simple Kind To Skin Cleansing Facial Wipes, £1.49, for immediate post-exercise cleansing, then follow up with a gentle face wash at home.

GAME-CHANGING GEAR

Pound the pavement
Done more than 500 miles in your trainers? It's time to get a new pair. Nike claims its Air Zoom Pegasus 32 trainers, £95, cushion your heel with a Zoom Air unit, and wrap the mid-foot and arch for comfort. So even if your run is 'painful', your feet won't be.

Exercise elegantly
Pepper & Mayne has collaborated with the Royal Ballet to create a 100% cashmere yoga collection, including ballet wraps, shorts and rehearsal pants, from £75.

What a racket
Now that Tennis Tuesdays are in full swing, go pro with a Prince Tour 100T ESP racket, £149.95. Made from ultra-strong carbon fibre material, it lessens the impact on wrists when hitting the ball, increasing stability and control. Advantage, ELLE reader.

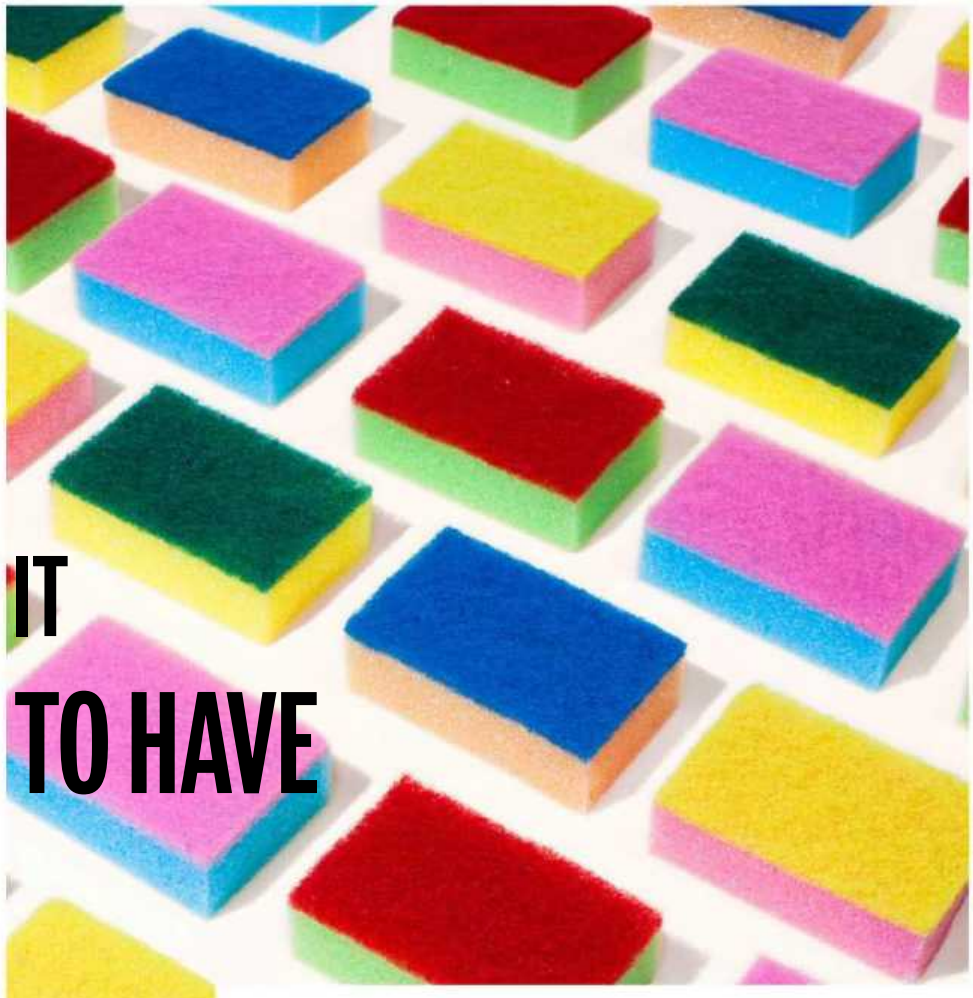
DO IT
Get a workout idea every week with Anya Lahiri's Monday Move at elleuk.com/beauty

#ELLEFIT

Greens on the go... Aduna Moringa Green Superleaf Energy Bars, £1.89 each, combine organic raw fruit and nuts with a full teaspoon of moringa leaf powder, said to contain high levels of antioxidants and 13 essential vitamins and minerals, including iron for sustained energy, vitamin A for glowing skin and vitamin K for healthy bones.

Photography: Luke J Albert. For shopping details, see Address Book.


Professor Dame Carol Robinson
2015 Laureate for United Kingdom
By Brigitte Lacombe
For Women in Science
FONDATION L'ORÉAL
Science needs women
L'ORÉAL UNESCO AWARDS
Dame Carol Robinson, Professor of Chemistry at Oxford University, invented a ground-breaking method for studying how membrane proteins function, which play a critical role in the human body.
Throughout the world, exceptional women are at the heart of major scientific advances.
For 17 years, L'Oréal has been running the L'Oréal-UNESCO For Women In Science programme, honouring exceptional women from around the world. Over 2000 women from over 100 countries have received our support to continue to move science forward and inspire future generations.
JOIN US ON FACEBOOK.COM/FORWOMENINSCIENCE



THIS IS HOW IT FEELS TO HAVE OCD

Our thoughts are changeable and fluid, but what happens when the mind gets stuck on the negative ones? As she learned to conquer her diagnosis of OCD, Jemima Thackray, 31, discovered the true meaning of using your mind

Artwork **Bobby Doherty**

I'm at the doctors again. 'There's pressure in my head, behind my eyes – perhaps it's a tumour,' I tell the poor young GP, who takes one look at my medical notes and then tries to find the most sensitive way to tell me that these symptoms are, yet again, a figment of my imagination. He doesn't even examine me. He doesn't need to: I am a completely healthy 21-year-old. Yet there is something growing in my head: the invasive thoughts of obsessive-compulsive disorder (OCD).

There are in fact estimated to be around 750,000 OCD sufferers in the UK. That's 12 in every 1,000, although this is a conservative estimate – many people suffer in silence because they are too embarrassed or they don't realise they have a problem that is recognised by the medical profession.

You'll recognise the common manifestations of OCD from the TV. Most people think of the constant rituals. We flippantly say, 'She's a little bit OCD,' about people who are super tidy or exacting. But that's not me; that's not my OCD. I don't wash my hands a hundred times a day. I don't hoard stuff or make sure everything is arranged in straight lines or endlessly lock doors.

Mostly, I have what psychotherapists call Pure O – the only compulsion is to dig deeper and deeper into an anxious thought. The process is known as 'checking': returning repeatedly to a fearful thought to check it isn't true.

'What's that flutter? A palpitation?' I'd think. 'Perhaps my heart is failing. Come on, it's fine, you've had your heart tested and it's fine. I'll just check though, just to be safe, because there might actually be a problem this time.' Then the floodgates would open. The moment I 'checked', the fear would take root – by giving the idea credence it would start to propagate. 'Because that test was a month ago now. What if something has changed since then? Oh God, what if I die? ›

What will happen to me? What if my body dies but my mind lives on, just wandering around oblivion?' The vicious cycle of symptom-thought-check would continue throughout the day, whirring inside my head as I tried to get on with normal life, like background music on loop that I would keep tuning in and out of, get distracted from and return to. It was exhausting.

'I would spend hours typing imaginary symptoms into Google, convincing myself I had every type of cancer'

My personal obsession was that at any moment I might drop down dead from an undiagnosed illness – a rather introspective preoccupation, perhaps typical of a middle-class girl with no real problems. At the height of my OCD, I would think about death and what might be wrong with my body every hour of the day. Every physical sensation was analysed and could trigger a barrage of overwhelming thoughts. It didn't help that the resulting anxiety did in fact give me physical symptoms – tight chest, dizziness, numbness in my extremities – which would further convince me I was seriously ill.

In hindsight, I realise that my need to 'check' had been a feature of my thought life for many years. From childhood I had the habit of searching back through my mind for worrying thoughts I'd forgotten, just to be safe: I would re-read lines in books to 'check' I had taken everything in. But the trigger for my period of full-blown OCD was a university summer holiday spent working in Uganda in 2004, aged 20. (The early twenties is the most common time for women to develop OCD, while men tend to succumb during adolescence.) I woke up one morning with a fever – I remember shivering uncontrollably even though I was wearing three coats in the heat of the day. A local doctor pricked my finger, smeared the blood on a dirty piece of glass and announced I had malaria (although, as I later found out, 'malaria' was a catch-all term for flu-like symptoms). A private doctor in the city said the cause was more likely an amoeba. Whatever it was, I took some drugs and was fine within a few days.

For someone whose worst illness had previously been a bad cold, the experience of being diagnosed with a potentially life-threatening infection while on my own in Africa was a trauma that my OCD-prone mind could not cope with. I returned to university for my final year but over the following months I became increasingly preoccupied with my health. The fact that my English degree involved only seven hours teaching a week meant I had even more time to obsess and the problem quickly snowballed out of control. Instead of reading, I would spend hours typing imaginary symptoms into Google, convincing myself I had every type of cancer, HIV (a common preoccupation for OCD sufferers, I would later learn), a heart defect… the list was endless.

After several medical investigations – copious blood tests, a referral to the Hospital for Tropical Diseases and even an ECG – one particularly perceptive GP realised the illness was mental, rather than physical. Hearing him say that my mind, not my body, was the problem produced mixed emotions. There was relief (a diagnosis at last, even if it wasn't the one I was expecting), but also a deep sense of shame about how catastrophically my rational faculties had let me down.

I was so distracted that I was finding it hard to cope with everyday social situations. Normal conversation was almost impossible – even my best friends were becoming increasingly exasperated spending time with me and would seem frustrated each time my sentence trailed off and my eyes glazed over. I think they felt powerless to help me as I began taking my pulse for the umpteenth time; their words of reassurance just weren't getting through.

Fortunately, my boyfriend (now husband) seemed to have endless patience and learnt ways to distract me. He used to call these episodes of paralysis my 'shemozzles', a word from his Jewish upbringing describing my state of fear and confusion. We had known each other from school, so were already good friends when we got together. Without this foundation, I'm not sure we would have made it: OCD can be catastrophic for relationships because they make the sufferer turn in on themselves in a way that can seem quite selfish and self-indulgent to the outside world.

By this time, midway through my final year at university, I could barely concentrate on studying. So the GP and my university department came up with a plan to allow me to finish my degree from home. Back in my parents' house, mum would bring me cups of tea and we'd talk for hours, trying to figure out what had gone wrong with my head. But it was only when I was referred for Cognitive Behavioural Therapy (CBT) that I began to notice the first signs of improvement.

CBT is known to be the most effective treatment for OCD due to its focus on thought control. Although I was desperate for help, I was initially skeptical: 'What do you mean, don't think my thoughts?' was my reaction to my dour Scottish therapist. 'They just come into my mind; they are who I am!' But what I initially wrote off as insensitive advice from an overly rational clinician, who was failing to understand someone as finely tuned and creative as me, actually turned out to be the key to my recovery.

The principles of thought control in CBT have helped me and thousands of others see that we are not, after all, the product of our musings; that everyone has weird, intrusive stuff come into their heads. Some know instinctively how to push these thoughts away. Others (who I like to call 'the thin-skinned types'), like me, may have to learn how to do this with the help of a few mental tools.

My mental tool was to categorise my thoughts into truths and lies, sorting them into piles as soon as they entered my head, putting all the negative thoughts on a rubbish pile that I wasn't to touch. At first I might only manage to 'throw away' one thought, then spend the rest of the day obsessing. It felt like the tiniest of victories when I had a whole war to fight; it was hard not to get discouraged. But progress soon became rapid and within a few months – a year since the OCD had started, and just a few months after I had graduated – I had gained enough control to start my first postgraduate job.

It's now been 10 years and I can honestly say it's like I've had my brain rewired. I've spent much of my twenties putting CBT principles into practice and now, not only do I bat away fear-driven thoughts almost automatically, but I also mentor women who are going through the same thing. I don't feel regretful or ashamed now, because I've learned that our thoughts are changeable and fluid and certainly not the last word on who we are. But nor are they merely the by-product of randomly firing neurons: they are a fragile and beautiful part of being human. ●

For more information about OCD, visit ocduk.org

SHARE IT
Have you ever suffered from OCD and how did you overcome it? Share your thoughts @ELLEUK





VICHY
LABORATOIRES

Rested looking skin upon awakening, even when nights are cut short

NEW

IDEALIA SKIN SLEEP

During the night our skin is working its hardest to regenerate and repair itself, so when our sleep is disrupted or cut short it's no surprise that we can wake up with a tired looking complexion. Idealia Skin Sleep is Vichy's first night cream that recreates the look of a good night's sleep.

SCIENTIFICALLY PROVEN ON POOR SLEEPERS:

- Signs of fatigue appear reduced
- Fresh, radiant complexion
- Smoother looking skin

VICHY.CO.UK/IDEALIA

FORMULA FOR SENSITIVE SKIN. HYPOALLERGENIC. VICHY THERMAL SPA WATER

SHOW **YOUR** BEST **SMILE**

Enamel erosion is at the root of most common tooth problems. Future-proof your smile with ***Regenerate Enamel Science***

You don't need us to tell you how a good diet and lifestyle can benefit your skin, but have you ever considered the impact they might have on your smile? The not-so-good news is that many of the behaviours we associate with healthy living (juicing, or eating lots of salad with light vinegar dressings, say) can have a detrimental effect on your teeth.

That's because even healthy food and drinks can trigger the acid attacks that exacerbate enamel erosion, leading to issues such as staining, cavities and sensitivity that make up 80% of common tooth problems.

No matter how diligent you are with your oral hygiene, regular, careful brushing and flossing isn't enough to stop the breakdown of tooth enamel or replenish what's been lost. What will help is a revolutionary new dental-care system from Regenerate Enamel Science. Inspired by breakthroughs in bone regeneration science, its game-changing NR-5 technology is the result of nine years' research and has been clinically shown to help reverse the early stages of the enamel erosion process*. Its unique formula — which includes calcium silicate and phosphate salts — forms a fresh supply of enamel minerals that wrap and integrate onto the teeth.

Think of Regenerate Enamel Science Advanced Toothpaste and Regenerate Enamel Science Boosting Serum as the latest, must-have additions to your beauty regime. With one of the highest percentages of active ingredients to be found in a dental-care product outside a professional clinic, Regenerate Enamel Science offers the first and only dental system that can regenerate enamel mineral* and reverse the early erosion process. And that is definitely something worth smiling about.

For more information and to take the enamel erosion test, visit regeneratenr5.co.uk

NOW IT'S YOUR TURN

UK dentists have been so supportive of the Regenerate Enamel Science dental-care system that they're requesting to stock it in their clinics. But there are more ways to try Regenerate — buy it at Selfridges, selected Boots, Fenwick Newcastle and SpaceNK.com



From left to right: Regenerate Enamel Science Advanced Toothpaste, £10 (75ml). Regenerate Enamel Science Boosting Serum, £30 (2x16ml)

TWO STEPS TO A GREAT SMILE

1. BRUSH

As the outermost protective layer of our teeth, enamel is the first line of defence against acid attacks that can lead to cavities and yellowing. Our bodies are not capable of replenishing enamel. However, brushing twice-daily with Regenerate Enamel Science Advanced Toothpaste helps strengthen teeth by regenerating tooth enamel mineral and restoring the natural whiteness of your teeth.

2. BOOST

You apply a serum to your face to supercharge your regular beauty regime. Regenerate Enamel Science Boosting Serum — it comes with custom-fit mouth trays to ensure focused application — works the same way. Use it for just three minutes, over three days, once a month, to increase the effectiveness of your Regenerate regime. Your monthly beauty boost, sorted.

@REGENERATE_UK

*Acts on early invisible stages of enamel erosion by restoring its mineral content and micro hardness with regular use. Clinically proven



'Think of Regenerate as the latest, must-have addition to your beauty regime'





ROMANCE
BY MELIÁ
WEDDINGS & HONEYMOONS



HONEYMOON, SWEET HONEYMOON.



You have said "I do" to each other and are now setting out on a blissful life journey together...So why not start off with a dreamy lovers' escape to a magical honeymoon destination? A place where a team of professionals who are passionate about what they do will offer everything you need to ensure that the beginning of your new life together is filled with romantic and unforgettable experiences.
Welcome to Meliá. Your honeymoon starts here.

MELIÃ
HOTELS & RESORTS

you are the journey

Meliá Bali
Meliá Caribe Tropical, Dominican Republic
Meliá Dubai
Meliá Dunas Beach Resort & Spa, Cape Verde
Meliá Gavilanes, Menorca, Spain
Meliá de Mar, Majorca, Spain
Meliá Nassau Beach, Bahamas
Meliá Paris La Défense
Meliá Salinas, Lanzarote, Spain
Meliá Vienna
Meliá Villa Capri, Italy
Meliá Zanzibar, Tanzania

MELIÃ *Rewards*

Follow us in facebook.com/Melia-Hotels

Information and booking
melia.com
0808 234 8271

romancebymelia.com

TRAVEL

ELLE



Dream it › see it › book it



FIVE OF THE BEST



Up and away

We love a Bond-style cable car ride for the best bird's-eye views: **1 Long Qing Xia,** near Beijing, China; **2 Port Vell Aerial Tramway,** Barcelona, Spain; **3 Bastille-Grenoble Cable Car,** France; **4 Roosevelt Island Tram,** New York; **5 Sandia Peak Tramway,** New Mexico. Also in ELLE Travel this month, novelist and *Independent* columnist Alison Taylor explores New York with her parents in tow.





SKY HIGH
Long Qing Xia cable car, near Beijing, China

Photography: Greg Bajor, Janice and Nolan Braud, Jessica Gunawan Albindo, Mircea Nicolescu, Mariusz Stanosz.

EDITED BY
SUSAN WARD DAVIES

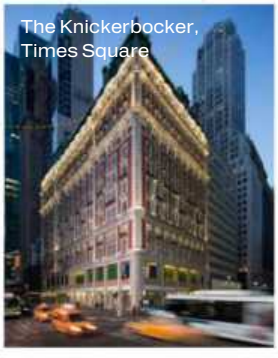
HOW TO TAKE A HOLIDAY *with your mum and dad*

Rule number one: choose a big city with plenty to do. Alison Taylor, 37, took her parents to New York with high hopes and the best of intentions, and left the Big Apple with much more. She shares the tips she learned along the way





Alison with her mum, Maureen and dad, Malcolm, in New York



The Knickerbocker, Times Square

It's the halfway point of our trip of a lifetime to New York City. We step onto the observation deck at the top of Rockefeller Centre and see the Empire State Building slap bang in front of us. We're standing together – Mum, Dad and I – looking out onto the expanse of skyscrapers and the Hudson River beyond, and Mum just keeps repeating: 'It's mad, isn't it?' Yes Mum, it is.

I've taken my parents to New York for their first time ever, and everything fills us with awe. This trip is a love letter – to this great city, and to them.

I get on with my mum and dad. Always have. My brother and I were brought up in a country village near Huddersfield, where most of my family still live. I have memories of family cookouts on the moors – a full English breakfast barbecue! – and camping trips with my dad. Until I was 10, we lived above a fish and chip shop that Mum and Dad ran (bought from my grandparents), then we moved to a three-bed semi and they both got 'normal' jobs.

They've supported me through everything: encouraging me to write for the local paper before going to university, supporting me on a year out travelling, then encouraging (OK, making) me work in a bank, 'to learn what it is like to have a proper job', and save up for uni. They are hardworking, caring, totally genuine people whom everybody loves. I am a strong person because of them. I've been able to make a success of my life because of them.

Now, I go 'up home' every month if I can. I've been living in London for 15 years but my heart's in the North. I'm happiest in Mum and Dad's kitchen eating a cooked breakfast, or with my extended family in our local pub that backs onto the cricket field. I have a wonderful sense of home and family, and I'm more than grateful for that.

What about this trip? I'm part of a generation that travels much more frequently and further afield than my parents' generation did, and I've been to New York many times. I'm lucky my job gets me around a lot, too. Like when I jetted to New York to interview Debbie

Photography: Darren Hall, Libby Scarlett, Suzanne Sykes, Alison Taylor, Paul Warchol.


Tick Tock Diner


The Carlyle Hotel


Alison, age 14, in Mallorca with her dad



Harry for this very magazine back in my 20s, and stayed at the (then) new-ish Soho House (very *Sex And The City*).

That was over a decade ago, and this city is still one of my favourite places. That moment driving in from JFK, when you see the skyscrapers of Manhattan, gives me butterflies. And that constant sense you're on a movie set. That's my dad's angle, too: 'I just want to see those streets that I saw as a lad in films.'

Can I say that I live in constant fear of my parents dying? I know that sounds dramatic, but it spurs me on to make the most of every moment with them. I'd love to go to New York with my best mate again; my new boyfriend, too. But honestly? My parents are top of my list. For me they are my Greatest Love(s) Of All. Still. New York has topped their bucket list for years and I'm thrilled to make it happen for them.

We've been talking about it for a while and, after several postponements, Dad's take is: 'Ali, we've got to go now, before it's too late.' He is half joking, but there's some truth in it. He's 74 this year, and has to pay a small fortune for travel insurance thanks to his stroke a few years ago. My mum is 68, with a bout of breast cancer behind her. We're all aware that time is precious.

So here we are, after many years of dreaming: My guide on how to do New York with senior, Northern, parents.

1. Prepare for role reversal

Almost missing the flight isn't the best start. In all the excitement on arrival at Heathrow's snazzy Terminal 5, a leisurely holiday-starts-here lunch at Wagamama and Dad's shopping spree for cigars, we have approximately nine-and-a-half minutes to get from one end of the terminal to the other before the gate closes. Mum nearly faints from sprinting and Dad seriously tests the performance of his new knees. This is what happens when I'm in charge.

Despite the hiccups, I am definitely the authority here: the one who's done it before. Just as they teach me things (all the time), now I am in a position to teach them. They don't have a clue about the constant tipping you have to do Stateside, for example, but I am able to enlighten them (I didn't say they had to like it), and I teach them the ways of the subway, helping them through the barriers and learning to let them go first so as not to leave them stranded. Which happens to Dad. Twice.

But I also revert to kid mode. Like when I really don't want to take the tourist ferry to Ellis Island. I'm not sure Dad does either when he sees the queue and the jumped-up officials, who round us up like cattle and confiscate his beloved penknife (echoes of *Crocodile Dundee*). There's a brilliant selfie of Dad and me in that godforsaken queue, both pulling 'ffs' faces. Mum retains her composure, because she's far more mature in these situations.

2. Plan the itinerary

Ahead of the trip, I get Mum and Dad to write a list of the places they want to see. The usual suspects are there (the Empire State Building, Central Park and the Statue of Liberty), as well as some not so usual (the Flatiron Building, Brooklyn brownstones). I love seeing those landmarks through their eyes, especially when Dad describes the Statue of Liberty as 'a big lass'.

The ideal scenario is to mix it up: friendly local breakfast joint followed by great US architecture, for example. ›

'Mum nearly faints from sprinting and Dad seriously tests the performance of his new knees'


Brooklyn Bridge

NYC


Central Park





Our first day has this perfect alchemy. We start at a diner for a good ol' American breakfast, then wander along Park Avenue to Grand Central Terminal. They're gobsmacked entering the vast and glossy Beaux Arts concourse, the scene of many a cinematic goodbye – or gangster chase (*Carlito's Way*).

We head down 42nd Street (cue song!) to Fifth Avenue and the New York Public Library where Carrie nearly married Big (Dad: 'Who? What?') and *Ghostbusters* was filmed ('Now you're talking.'). From there we visit the Flatiron Building, which Dad has been desperate to see. We nip into Eataly, an amazing food hall dedicated solely to Italian produce. It's so New York, with counters serving up delicious antipasti and steaming bowls of fettuccine. Mum gets herself a gourmet ice cream. Everyone's a winner!

What else do parents want to do? See a show, of course. I'm not a huge fan, but even I can't resist *Finding Neverland* at the Lunt-Fontanne Theatre, starring Kelsey '*Frasier*' Grammer and *Glee*'s very handsome Matthew Morrison. Guess what? It's magical.


The High Line, Manhattan

3. Don't scrimp on the hotel

Hotels are a huge part of our New York story. By staying in a few you experience 'living' in completely different areas of the city. You also get more of that childlike excitement each time you're shown your new room. To see Mum and Dad's faces on entering our beautiful two-bedroom suite at The Carlyle is priceless, especially when the guest services manager demonstrates the remote-control curtains and points out the monogrammed pillowcases. Monogrammed pillowcases!

The Carlyle doesn't come cheap but it's worth every cent. It is discreetly luxurious (it's one of the few remaining New York hotels that still has full-time lift operators), and the art deco-inspired decor feels like you're staying in a stylish private house (there are still 42 owned residences here). It also has the most glamorous backstory: nicknamed 'the New York White House', John F. Kennedy kept an apartment here for the last 10 years of his life. Rumour has it that Marilyn Monroe sneaked in through a service entrance after famously singing *Happy Birthday, Mr. President* at Kennedy's Madison Square birthday gala in 1962.

Part of the character of the hotel comes from its bars – institutions in their own right. Generations of the same family will go to Café Carlyle for Monday night jazz (Woody Allen is a regular performer), or take in a cabaret act at Bemelmans, where George and Amal Clooney were spotted recently.

I'm more of a downtown girl, but I love the Upper East Side. It's so peaceful with its elegant town houses, tree-lined streets and Central Park on your doorstep. And, as a predominantly Jewish area, the delis are amazing. After a day's sightseeing, we pick up chicken soup and bagels to eat in our suite and watch a movie. Heaven.

For our last two nights, we move to the newly reopened Knickerbocker Hotel in Times Square – an area I


Loews Regency bar



Coney Island, Brooklyn

Photography: Getty, Picfair/Dave Finch, Picfair/Lottie Gross, Rex, Suzanne Sykes, Alison Taylor.
*Alison Taylor is the author of *The Still Single Papers* (Random House).



'I love seeing those landmarks through their eyes, especially when Dad describes the Statue of Liberty as, "a big lass"'





Nathan's Famous, Coney Island


Chinatown, Manhattan

usually avoid. What a culture shock it is to go from the tranquil Upper East Side to the neon madness of Times Square, but exhilarating, too.

Built in 1906 by John Jacob Astor IV, scion of one of America's wealthiest families, The Knickerbocker was a playground for the rich, famous and controversial. F. Scott Fitzgerald lived here in 1919 and the ballroom parties are legendary – very *Gatsby*, in fact.

Despite being under the glare of Times Square, the hotel is wonderfully serene. The minimalist decor is a respite from the chaos outside. The rooms are simply stylish with thoughtful modern treats, such as tablets loaned for your stay. Our suite has two queen-sized beds and a living area with a huge sofa where we can chill out. The bathroom doesn't mess about either, with its giant monsoon shower and space-age vanity area.


The view from the Top of the Rock

4. Make food part of the adventure

Food is a useful way to punctuate your day with rest stops when the olds start moaning (jokes!). The American breakfast, in all its wondrous calorific manifestations, is as iconic as the Empire State. Our first experience is Gene's Coffee Shop, a saloon-style diner just off Park Avenue with red leather banquettes and mirrored walls. We don't hold back – crispy bacon, eggs over easy, home fries, French toast. And it's cheap! Eggs come in at £3 ($4.65). My parents love that. It is good to offset the eye-watering hotel prices with a cheap and authentic diner experience.

Brooklyn delivers a few more icons of US cuisine – the hot dog and pizza. We start at Nathan's Famous hot dog joint in Coney Island – the counter goes on for miles with a ton of dog options to choose from. And Grimaldi's Coal Brick-Oven Pizzeria in Dumbo is an institution – very *The Sopranos*.

5. Make memories

The romance of New York makes you feel like you're on the set of your own movie all the time. Like when we are in a yellow cab tearing up 6th Avenue and the taxi driver has a spectacular road-rage outburst: 'Make up your f*cking mind, you f*cking f*ck!' To say Dad is gleeful is an understatement.

We've just been shown to our dreamy suite at The Carlyle when I put a special song on the iPod dock: *The Velvet Glove* by Jerry Colonna, a Fifties Italian cabaret singer. It's a song Dad remembers his sister Barbara (who died 25 years ago) playing when they were kids. We stop in our tracks and just savour the moment – bringing Dad's sister into the room with us. We all have a tear in our eye at that point, and it's just one of the many unforgettable memories we share. New York with the folks? I'd recommend it. ●

SLEEP

The Carlyle & Bemelmans Bar
35 East 76th Street. +1 212 744 1600; rosewoodhotels.com. Doubles from around £320, room only

The Knickerbocker 6 Times Square, at Broadway and Madison. +1 212 204 4980; theknickerbocker.com. Doubles from around £189, room only

Loews Regency Hotel 540 Park Avenue & 61st Street. +1 212 759 4100; loewshotels.com. Doubles from around £200, room only

EAT/DRINK

Eataly 200 Fifth Avenue; +1 212 229 2560; eataly.com/nyc

Gene's Coffee Shop 26 E 60th Street; +1 212-355-3790; genescoffeeshopnyc.com

Nathan's Famous
1310 Surf Ave, Brooklyn; +1 718 333 2202; nathansfamous.com

Grimaldi's Coal Brick-Oven Pizzeria,
1 Front St, Brooklyn; +1 718 858 4300; grimaldis.com

SEE

Top of the Rock 30 Rockefeller Plaza; +1 212 698 2000; topoftherocknyc.com

Empire State Building
350 5th Ave, esbnyc.com

Statue of Liberty and Ellis Island
Liberty Island; +1 212 363 3200; nps.gov/stli/index.htm

GETTING THERE/AROUND

New York City Passes (citypass.com) save you up to 42% on six key attractions. From £73 pp. For information on NYC, including shopping, restaurants, museums, sightseeing and more, see nycgo.com.

Virgin Atlantic (virgin-atlantic.com), flies from London Heathrow to New York JFK and Newark, from £409.

THE JEWELLERY EDIT

AMARA AMARA



Amara Amara, one of London's top jewellery designers has created a stunning range of personalised stacking bracelets. Combine rose quartz, the stone of love, with turquoise for luck and protection and create your own stacking bracelet. Prices range from £89- £150. They can also be personalised and engraved.

Buy online: www.amaraamara.com or Tel: 07918 742406.



DARLING CHERIE IS THE SWISS MADE LUXURY

The SIGNATURE bangle by Darling Chérie is 100% Swiss Made, cruelty-free and vegan luxury. Every piece will be made especially for their beloved clients as each one of them is considered as the most precious.

For more informations please visit: www.darlingcheriejewellery.com or contact info@darlingcheriejewellery.com

MAKE THE WORLD A BETTER PLACE

Rainbow Moonstone Ring



NorthCoastCottage Jewelry Design & Vintage Treasures believes in making the world a better place and donates a portion of every sale to causes such as human rights, poverty, hunger, legal aid, animal welfare, wildlife preservation, the environment, autism and cancer research. Customers can even direct where that portion of their purchase should go.

Email NorthCoastCottage@gmail.com or visit the Etsy shop at www.etsy.com/shop/NorthCoastCottage

GEMME AMOUR



Gemme Amour is a lifestyle and accessories brand specialising in handcrafted jewellery. From the Mother Nature Rocks Collection, this eye catching and alluring golden quartz statement necklace lights up and adds instant glamour to any fall outfit. Shop the collection with an exclusive 10% off for ELLE Readers with the discount code SEPTELLE10 .

Discover more at www.gemmeamour.com

WE ARE XPERIMENTAL



Xperimental Shoes is a casual and urban footwear brand, targeting mainly practical woman that also likes to bet in her individuality and differentiation. Designed, developed and produced in the wonderful city of Porto, Portugal, Xperimental is currently in its seventh collection (AW15).

From wedges and clean wooden heels, throwing in a minimalistic aesthetic and oriental-inspired platforms, Xperimental's collection is a mix of strong emotions and sensations.

More than words, Xperimental's collection speaks for itself through its pieces, which can be found at www.xperimentalshoes.com

LOOK GOOD FEEL GOOD



THOMAS LAVONE

Thomas Lavone is a Newark, New Jersey based custom couture designer known for exceptional evening wear. Born into a family of artisans, craftsmen, and sewers Thomas would be destined for a career as a designer. He attended San Diego Mesa College design school in California and attained an internship with Richard Tyler. Thomas Lavone was encouraged by professors because of his understanding of fit. Thomas would later move to New York and spend 10 years in the fashion industry as a technical designer. He has worked for DKNY, Jones New York, and Victoria's Secret, to name a few. Thomas Lavone evokes a timeless feminine aesthetic that is both polished and striking. An unparalleled craftsmanship beguiles the standard with perfect lines and exceptional fit.

Visit www.thomaslavone.com

KAREN KANE



2015 has been a milestone year for American fashion designer Karen Kane. While her sportswear collection has long been a staple in American stores such as Bloomingdale's and Nordstrom, the designer has celebrated her eponymous brand's 35th anniversary by expanding into new accessories such as jewellery and hats. In early 2016, she will also add swimwear and active wear to her brand's roster of products.

To see more, visitwww.karenkane.com

VINTAGE HOUND



Beyond a taxidermy pheasant in a mini fez, in an independent outfitters whose window is a peacocking extravaganza, the hippie trail meets the grand tour in Vintage Hound's A/W 15 collection. The hem of a chrysanthemum kimono brushes the nose of a Swarovski crocodile cuff, the bronze sheen of a python print maxi dress catches the green glint of leopard eyes and beetle wings. Vintage Hound works with artisan producers, hand-picks vintage pieces and offers traditional customer service from their bijou shop and website.

www.vintagehound.com
01962 808224

THE BEAUTY SECRET OF MOROCCO



Over the past few years Argan Oil has become a beauty must have, with experts from across the world promoting the many cosmetic benefits that are found in this exotic oil.

For centuries Berber women have been using Argan Oil from Morocco to naturally nourish, moisturise and restore shine and softness to their hair. This precious oil is particularly rich in nourishing Vitamin E and anti-oxidants.

Known as the "liquid gold" of the haircare world, Argan Oil conditions, helps boost cells and encourages healthy hair growth, as well as treating split ends for stronger hair.

Haircare specialists, Natural World, know how important it is to look after your hair. So they have created the Natural World Argan Oil of Morocco Moisture Rich Haircare range, which is infused with the finest Certified Organic Argan Oil for beautifully soft and healthy hair.

Argan Oil of Morocco Moisture Rich Shampoo is a wonderfully creamy and moisturising formula which will leave hair smoother and healthier looking from day one! For ultimate hydration after shampooing use the Argan Oil of Morocco Moisture Rich Conditioner. Follow with the luxurious Argan Oil of Morocco Moisture Rich Hair Treatment Oil, a lightweight leave-in hair oil, that leaves hair feeling nourished, soft, de-frizzed, silky smooth and smelling divine!

Beautifully soft and healthy hair starts with Natural World RRP £3.49 - £6.99, to purchase please visit www.beautyandthebunch.com or call 020 7299 7400.

HEALTH AND BEAUTY

FREZYDERM



A complete dermocosmetic skin care that underlines our company's unshakeable belief: the skin is beautiful when it's healthy! A full range of products, based on innovating formulations and high quality raw materials, which offer all what a woman needs: moisturisers that pamper her skin and anti-ageing products – an alternative approach to invasive procedures – that give a vital, fresh and luminous skin with an ageless soft splendour from the very first moment of application. Frezyderm Moisturising and Anti-ageing line transforms the everyday beauty routine into a luxury treatment!

Available at www.frezyderm.com

TINYTEA



Cleansing the body and replenishing the digestive system is precisely what our TinyTeatox has been designed for. Created by qualified Chinese medical practitioners, our TinyTea can assist with clearing problematic skin, easing bloating, reducing excess weight, levelling mood and alleviating/clearing food intolerances.
At Your Tea, we encourage you to be proactive about your health, so you don't have to be reactive about health problems. Created by qualified Chinese medical practitioners, our TinyTeatox is like a much needed hug for the digestive system. Trusted and loved by many worldwide.

www.yourtea.com

LOOK YOUNGER LONGER™



Regentiv's The Specialist Serum (With Retinol) Reviewed as 'one of skincare's best kept secrets'. A luxurious rich texture of Retinol Palmitate, Vitamin E, Aloe Vera and Sunscreen. So in demand as it does so much. Lines, wrinkles, crepey eyes, crows feet, lip lines, acne-scarring, open pores, sun and skin damage, uneven pigmentation. Our customers say, 'My skin has never been better'.

The Specialist Serum can be exclusively yours within 24hours. 30ml £29.95, 50ml £44.95, 100ml £79.95, 200ml £149, free p&p.

Tel. 01923 212555. REGENTIV, PO BOX 400, Herts, WD17 3ZW or www.regentiv.co.uk

VIDA GLOW



Including Vida Glow into your daily diet will help stimulate the body's natural production of collagen, as it works from within to rebuild and strengthen the collagen matrix below the skin's surface, thereby increasing elasticity, hydration and firmness in the skin. Vida Glow helps repair weak and brittle nails, for a healthy and natural manicure. Your hair will also greatly benefit with new volume, shine and growth as Vida Glow enhances hair follicles, giving you those gorgeous locks you've always dreamt of.

www.vidaglow.co

HOME AND AWAY

JACKI EASLICK - MANHATTAN ROMANTIC



The Jacki Easlick collection is timeless, downtown style, affordable luxury handbags and jewellery. "I believe that style is something that anyone can create, anywhere and at any time. My taste is inspired by places I've travelled as well as experiencing beautiful objects and meeting new people. I embrace timeless aesthetics and travel the world seeking things I love. As a designer, it's a great feeling to discover that perfect combination of style and passion."

www.JackiEaslick.com
Follow us: @JackiEaslick Twitter & Instagram



KATIE LEAMON

We love the latest collection of greetings cards from our go to brand, Katie Leamon, offering a range of hand printed and luxe foiled designs. Their website offers a beautiful range of paper goods, from notebooks and invitations to gift wrap and stickers, what's more, Elle readers are offered an exclusive 10% off at katieleamon.com when you use the code: ELLE10

Expires: 6.9.2015

CHATEAU LOU CASTEOU BODY TONIC LUXURY FITNESS RETREAT

Lose weight and improve your fitness levels. September 16 – 20th 2015.



Set in the beautiful French Cote d'Azur, close to the sea, this luxurious fitness retreat provides the perfect balance of energetic training classes, outdoor activities, delicious healthy, gourmet meals and pampered luxury to help guests improve their fitness level or kick start a fitness regime. Five days luxury accommodation in the chateau in en-suite bedrooms with sea or mountain views. All meals , drinks and wines include. Prices from £1,600 pp or £1,400 pp for two guests sharing a bedroom.

Please contact Morag@LouCasteou.com to make a reservation and with questions. www.loucasteou.com

CHATEAU LOU CASTEOU TENNIS ACADEMY, COTE D'AZUR, FRANCE

Thurs 3rd Sept – Mon 7th Sept 2015.



Four nights luxury accommodation in the chateau. Daily professional tennis coaching sessions. Champagne reception. All meals, drinks, wines and aperitifs. Tennis Tournaments and Award Ceremony. Transfers from Nice airport.

Price: £1,180 inc. VAT per person, per room or £980 inc. VAT per person, for two guests sharing a room.

Please contact Morag@Loucasteou.com with questions and for reservations. www.loucasteou.com

ELLE BOUTIQUES



SNOWMAN Futuristic Puffers - Premium down fill, tailored to your unique style
Use "ELLE20" for exclusive 20% off. www.snowmannewyork.com



HUGS & Co.

Women's Driving Loafers



Our range of women's loafers are made with a soft leather lining and hand stitched suede in a selection of beautiful colours.

Go to **www.hugsandco.com** to shop the full range, or call **0208 123 2444** for more information. *Full range of mens shoes also available.*



A DAY IN GREECE WITH TARADISE.
SHOP THE MATI COLLECTION.

www.shoptaradise.com



Aariyah is a online woman's boutique located in Toronto, Canada. They are a retailer of fashion forward apparel for trendy young women.

TO GET THE LOOK SEEN ABOVE YOU CAN DIRECTLY SHOP THEIR SITE AT:

www.aariyah.com

FIND US AT:
- shopaariyah



Zumruduanka
Lingerie & Accessories

Zumruduanka brings a new definition to luxurious lifestyle. Started with the use of genuine exotic leathers, pearls and sequins applied on the highest quality of silk as a signature to the unique designs of lingerie. Zumruduanka has already taken its place in stores in *London, Paris, Newyork, Munich, and in Monaco.*

www.zumruduanka.com

To advertise here please call the ELLE team on 020 3728 6260

HARDLY EVER WORN IT.COM



BUY&SELL

LUXURY DESIGNER ITEMS FROM £10 TO £10,000

Simply register to receive 5% off your first purchase.
Use the code ELLE at checkout

WWW.HARDLYEVERWORNIT.COM/ELLE

/hardlyeverwornit @hardlyeverwornit @hardlyeverltd



www.dolliesboutique.co.uk
ONLINE WOMEN'S FASHION BOUTIQUE.
Promo Code ELLE10 for 10% off.





A streetwear brand that focuses on simplicity with a humorous twist.

www.anitadegroot.com
Instagram/anitadegroot

ELLE SPORTSWEAR



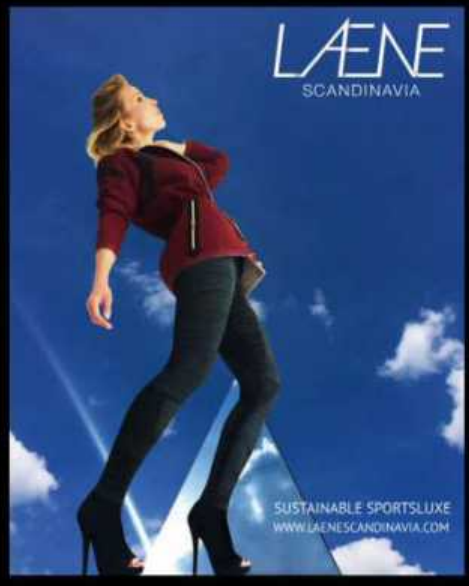
Modern and Elegant - created for the urban woman, with a refined-active approach, pieces to be worn in and out of the sport universe.
www.fitandchic.com.br



Womens Fitness Accessories
http://www.lovetolift.co.uk




SYCHOFIT
Fusing fashion, fitness and function.
An activewear lifestyle brand for the fitness obsessed. Be unstoppable!
www.sychofit.com







DO YOU WANT TO LOOK AND FEEL GLAMOROUS AND INDIVIDUAL IN YOUR FITNESS WEAR ?
VISIT WWW.LONDONACTIVEWEAR.COM
TO VIEW OUR FABULOUS COLLECTION





To advertise here please call the ELLE team on 020 3728 6260



LORNA JANE

@LORNAJANEEUROPE // LORNAJANE.EU.COM

ELLE SWIMWEAR & BOUTIQUES

KÖRIAL
SWIMWEAR

FOLLOW US
/korial.swimwear
/korialswimwear

www.korialswimwear.com.au

LOOK STUNNING THIS SUMMER.
SIRENA
BY KARINA
SWIMWEAR

Offering sophisticated, classy yet wearable swimwear pieces.

www.sirenabykarina.com

SHA-DE
Protect yourself in style.

www.sha-de.com

Angel of GREED
DESIGNER & SURF SWIMWEAR

www.angelofgreed.com.au

NIRVELLI SWIMWEAR

WWW.NIRVELLISWIM.COM
@NIRVELLISWIM

Find your chic swimsuit at La Maison De Pascale

LA MAISON DE PASCALE
www.maisonpascale.com

tacoola
BIKINI
www.tacoolabikini.com
tacoolabikini@outlook.com

Follow us @tacoolabikini

MARIGOLD & ROSES
Envelope Bag
MADE IN ITALY WITH LOVE £60

INDIGO EAST
www.indigo-east.co.uk
@indigoeastlove

To advertise here please call the ELLE team on 020 3728 6260


JUNGWON
www.jungwonny.com

ELLE BOUTIQUES

THE HANDBAG SPA



BEAUTIFULLY RESTORING WELL LOVED HANDBAGS FOR THE FASHION CONSCIOUS FEMALE
thehandbagspa.com / +44 1423 888 709

kekkai
Scarves made in Italy



For 15% off use code: ELLE15
www.kekkai.co.uk

DESIGNER EXCHANGE



Look no further, Designer Exchange is the leading retailer of pre-loved designer handbags in the UK.

Please follow our amazing journey on - @webuydesigner

WWW.DESIGNEREXCHANGE.COM

KNIGHTSBRIDGE | MANCHESTER | BIRMINGHAM | MADRID - Opening Soon

HandbagClinic
care and repair

HANDBAG CARE & REPAIR SPECIALISTS

Nationwide handbag renovation service for leather & fabric bags



- HANDBAG RESTORATION OR COLOUR CHANGE
- REPLACE ZIPS & LINING
- REPAIR SCUFFS, SCRATCHES, BURNS & TEARS
- REMOVE LIQUID & ALL OTHER STAINS

web: www.handbagclinic.co.uk
tel: +44 (0)1207 279963 / email: enquiries@handbagclinic.co.uk

FASTEST GROWING MAKEUP SCHOOL IN THE UK

GLAMCANDY

COURSES:
MAKEUP ARTISTRY
FASHION AND PHOTOGRAPHIC
CREATIVE MAKEUP DESIGN

TUTORIALS
MAKE UP BRUSH SETS
SKINCARE

BOOKINGS@GLAMCANDY.CO.UK / 0843 289 7311
WWW.GLAMCANDY.CO.UK

EDINBURGH | GLASGOW | FIFE | ABERDEEN | BRIGHTON
LONDON | MANCHESTER | LIVERPOOL | NEWCASTLE



Mayflower

Specialist dry cleaning for over 40 years. We have a dedicated team of skilled staff who provide the highest quality of service and care possible.

mayflowercleaners.co.uk
ken@mayflowercleaners.co.uk
Tel: 0208 743 0216 • Fax: 0208 746 0206
Mayflower Cleaners, 83 Goldhawk Road, London W12 8EG

To advertise here please call the ELLE team on 020 3728 6260



To advertise here please call the ELLE team on 020 3728 6260



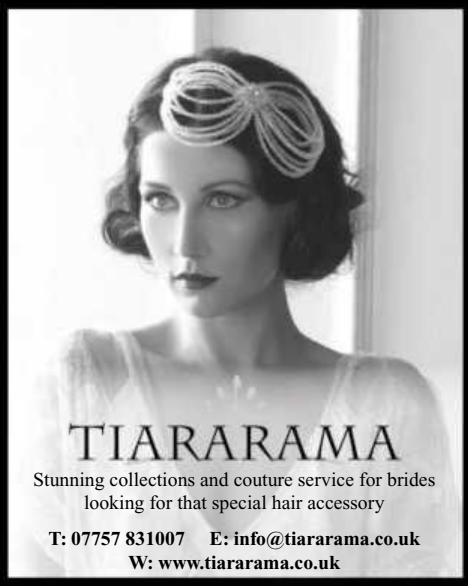
WWW.BOUTIQUETTE.CO.UK

ALICE MCCALL, BEC & BRIDGE, CAMEO, REBECCA TAYLOR, PAVANE AND MANY MORE

USE CODE ELLE20 FOR YOUR EXCLUSIVE 20% DISCOUNT

ELLE WEDDINGS



















To advertise here please call the ELLE team on 020 3728 6260

ELLE NEW DESIGNERS



Julianna Bass

Julianna Bass speaks to the woman who isn't afraid to embrace classic style on her own terms. The Fall/Winter 2015 collection delivers authentic design that is capable, committed and curated for the modern woman, channeling a unique blend of playful elegance through a classic, tailored lens. This trademark mix of irreverent elegance translates across topcoats, dresses, suiting and separates, from boyfriend-fit slacks to stunning cocktail attire. Each piece is designed for self-defined style that defies the confines of traditional femininity with poise and sophistication.

CONTACT

For all inquiries, please contact info@juliannabass.com.
www.juliannabass.com
@juliannabass



KONSTANTINA TZOVOLOU

Grecian shoe maven Konstantina Tzovolou, studied Fashion Design in San Francisco. After a few years of working in the buying and merchandising world of fashion, she joined the crazy trend of eCommerce startups where she's spent the last 5 years explaining fashion and heels to programmers. Now she is ready to take on the footwear industry with her whimsical heart booties and fierce leather and lace sandals.

CONTACT

www.konstantinatzovolou.com
info@konstantinatzovolou.com
www.instagram.com/konstantina_tzovolou_shoes
www.twitter.com/KTZOVOLOU_Shoes
Facebook: www.facebook.com/KONSTANTINATZOVOLOUShoes



Costella handbags

are the creation and artwork of Brazilian designer and photographer Luciana Ellington. With an impeccable eye for design, color, and style, Luciana infuses elements of her personal lifestyle into her handbags. Growing up as a competitive skateboarder in Brazil, Luciana still finds the pastime an influence of her design; vibrant color palettes, much like those of the graffiti in the streets, and textures, whether in the fabrication or the hardware. Making the move to the United States has only broadened Luciana's talent and gave her a new source of inspiration.

CONTACT

Costella handbags
www.costellahandbags.com
info@costellahandbags.com



DELADA

is unique contemporary womenswear brand founded in 2010. DELADA offers beautiful, very high quality 'Ready to Wear". The Brand main focus is leather. DELADA works close with Italian Leather suppliers to develop unique technology to treat the leather and some of the techniques are unique and exclusive for the brand. DELADA has a feminine DNA with a modern and contemporary aesthetic. The concept is to offer versatile and beautiful pieces to a woman's wardrobe. Sophisticated elegance is the key but the brand has the certain edginess to the design that makes it perfect for modern women of 21 century.

CONTACT

www.delada.net
info@delada.net



Caroline Trask Jewel Garden since 1997

Bold structure with delicate gemstones of amethyst, peridot, jade and onyx among others for the autumn/winter 2015 collection. Earrings, necklaces and bracelets featuring beautiful handpainted beads by the designer and incorporating elements of leather, natural fibres and beaten metals. Antique, vintage and contemporary beads and buttons of geometric design round out the collection. An eclectic mix with a stylish edge.

CONTACT

Caroline Trask Jewel Garden
www.carolinetrask.com
info@carolinetrask.com

To advertise here please call the ELLE team on 020 3728 6260

ELLE NEW DESIGNERS



DE SIENA SHOE COLLECTION

Is made up of 100% made in Italy luxury high heels, ballet flats, ankle boots and pumps. With a stylish and sophisticated feel, they are perfect for any outfit or occasion and offer a total bespoke personalization including name initials on the inner sole and special colors matching every outfit. The new Fall Winter collection offers a big variety of chic and stylish shoes for every moment of the day and is created with Italian spirit for women who know about the power of their femininity.

CONTACT

Visit: www.desienashoes.com
Instagram: desiena_shoes
Email: customerservice@desienashoes.com



Sandra J was created in 2009

The brand was founded by Sandra Jaffal, a young french designer that had recently graduated from the famous fashion school, ESMOD. Her love for bags initiated her to launch her own brand of funky and trendy handbags which instantly gained recognition and became a 'must have' to fashionistas of all ages. Using only the best quality of leather, the brand has specially designed lines that ranges from luggage, handbags, wallets, laptop bags, clutches, passport holders, make-up bags and more. Providing the best quality and unique designs and colors in our products, has led Sandra J to become one of the best upcoming brands across the Middle East.

CONTACT

Sandra J
www.sandraj.com or email info@sandraj.com
Customer Service: 009613534888
Available at Bloomingdales Dubai, Fifty One East Qatar, Etre Luxury Department Store KSA, Valley Dez Dubai, Harvey Nichols Kuwait & House of Fraser Abu Dhabi.



L SAHA

There is a new 'L' making waves in the fashion block and we are excited to introduce to you L SAHA, a design led womenswear brand all set to re-introduce modern classicism in our wardrobes.
With simplicity and sophistication at the core of its design philosophy L SAHA is here to mesmerize your fashion taste buds with its unique designs, intrinsic finesse and attention to detail. The brand incorporates principles of ethics and eco-sustainability in every single sphere and promises its clients a 'true-luxury' experience, while being fair to the people behind the products and the planet.

CONTACT

Discover more about L SAHA at:
www.lsaha.co.uk or contact us at: info@lsaha.co.uk



Konsanszky

You will feel here as if a unique design has come into contact with real life. A konsanszky design offers a comprehensive concept for the intelligent, autonomous woman who likes to have things alternatives in her everyday life. Dora Konsanszky combines sophisticated techniques and refined tailoring . Dora's experience of English and French tailoring enables her to merge a knowledge of both; and mixing masculine cuts with a French freedom she is able to shape the female form, while giving it a Hungarian 'vibe'. Inspirations had often come from mere intuition based on arts and from different kinds of 'music', where some parts may be reinterpreted by her.

CONTACT

www.konsanszky.com
instagram.com/konsanszky
www.facebook.com/Konsanszky.fashion
Photo credit: Photo: Balint Barna



ACEPHALA

Is an experimental fashion label fusing conceptual thinking on garment with high-end craft. With every collection Acephala develops a story that is told in the language of cuts, innovative textiles, prints and sewing, appealing through its inconspicuous approach to luxury. The A/W 2015-16 collection "Don't kiss me" - a rendering of gender elusiveness into the language of fashion - is an homage to French avant-garde photographer and writer Claude Cahun. The forming components of the collection are of male's tailoring: suits, coats, vests, collar shirts, yet all the pieces are exquisitely shaped in wool, cotton and silk to match the female's body.

CONTACT

acephalafashion.com
studio@acephalafashion.com

To advertise here please call the ELLE team on 020 3728 6260

ELLE COLLECTIONS



Caribou



10% DISCOUNT FOR ELLE READERS. USE CODE: elle

www.caribouJewellery.co.uk

JOOLREE BY D



Peri-Drop Pendant -
Handcrafted sterling silver water cast pendant set with an oval peridot gemstone.

Circle Ring -
Handcrafted sterling silver water cast ring.

Visit
www.joolreebyd.bigcartel.com

THE ALCHEMIST
WWW.THEALCHEMISTTHELABEL.COM



INDEPENDENT DESIGNER - HAND MADE SILVER JEWELLERY

ETOILE JEWELRY
DESIGN BY ISABELLA



WWW.ETOILEJEWELRY.COM
DISCOUNT CODE: ELLEETOILE (10% OFF)



www.michalgolan.com
FREE S&H on orders of $60 or more | use code: elle2015

Michal Golan

TANEESI



£45

Inspiration: This gorgeous bracelet has been inspired by the ancient temple artwork from India. This intricate piece embodies Indian heritage with a modern twist. Taneesi Jewelry is one of the finest reflections of intricate workmanship using ancient artisan techniques to create masterpieces.

www.taneesi.com

To advertise here please call the ELLE team on 020 3728 6260

ELLE COLLECTIONS

leigh and larson



Use code ELLE10 to get 10% off your order!

www.leighandlarson.com

@leighandlarson

KUKLAstudio

CONTEMPORARY ART JEWELLERY



*10% OFF

ENTER PROMO CODE:

SEPTEMBER

AT CHECKOUT

Shop online at

www.KUKLAstudio.com

*Offer ends 15th of October



GLIMOUR JEWELLERY

This lovely affordable Indian Tikka Headpiece is sure to make a statement with its unique style and sparkling Kundan stones. Beautifully handcrafted on gold framework, filled with silver stones and draping pearls. This piece of Jewellery is traditionally worn on the forehead. 55 mm x 130 mm

Visit: www.glimour.co.uk to view our entire collection



Vintage Engagement Rings & Fine Antique Jewellery

www.gatsbyjewellery.com





@Shop_HOGGARD @HoggardJewelry

shophoggard.bigcartel.com

HoggardBusiness@gmail.com



To advertise here please call the ELLE team on 020 3728 6260







To advertise here please call the ELLE team on 020 3728 6260

ELLE COLLECTIONS

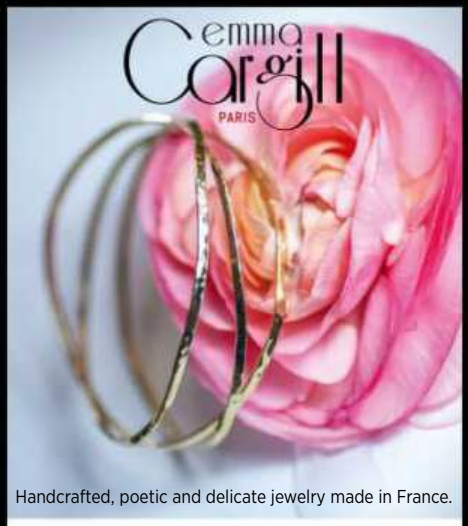
NANCY NELSON



Jewelry that reflects a love for nature, simplicity and all that is naturally beautiful.

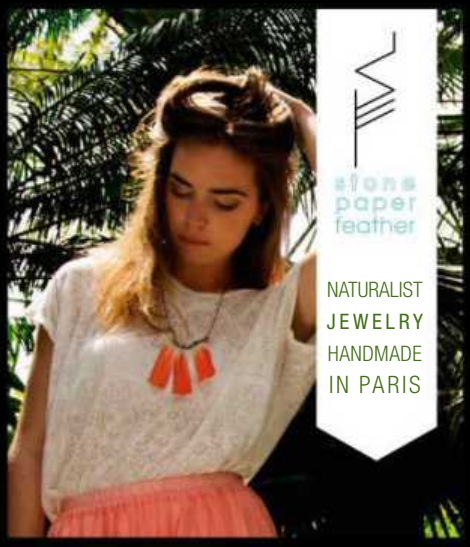
www.nancynelsonjewelry.com
@nancynelson

emma Cargill PARIS



Handcrafted, poetic and delicate jewelry made in France.

www.emmacargill.com
contact@emmacargill.com



www.stone-paper-feather.com

Sheye



www.Sheye.co | info@Sheye.co
Sheye_ Sheye__



LilyFlo







To advertise here please call the ELLE team on 020 3728 6260

ELLE GIFTS FOR HIM



www.Menofthrift.com
Menofthrift@gmail.com
#Menofthrift
/menofthrift @Menofthrift @Menofthrift



Franco Florenzi Bow & Arrow Bracelets personifies several factors of life such as love (Cupid), passion (Archery) and protection (Weapon).

Very simplistic but intricately crafted for all occasions, designed in England and sourced from the best quality materials, adding value to your everyday appearance.

£19.99 from **www.francoflorenzi.com**

FELLOWS
ESSENTIAL GENTLEMAN

20% OFF
NATURAL BEARD CARE
& GENTLEMAN'S ACCESSORIES
USE CODE | ELLE20
WWW.FELLOWSEG.COM





Limited edition
Men's luxury bags
www.beruccio.com



www.facaintlaffair.com



With Mr. John's you can design your own pair of shoes. Handmade by the best hands in Spain. Our shoemaker works the finest and luxury materials and make, a unique and special pair of shoes designed by you with the blake welted construction.
You can download our app for IOS and Android or visit our web www.mrjohnshoes.com info@mrjohnshoes.com



Iconic wrist watches dedicated to the world's first gentleman, Richard Brathwait. We are all about genuine quality at a fair price, as a gentleman would go about it.

brathwait.com

MINIMALISM AT ITS FINEST

THE STEALTH BACKPACK £190
WWW.UNITEDNUDE.COM
GET 10% OFF WITH CODE **ELLEXUN10**



UNITED NUDE

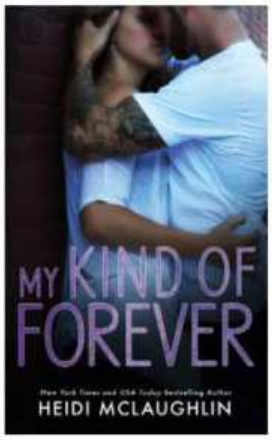
ruxx
ENGLAND
www.ruxx.co.uk



Style
Practicality
Design
Ruxx bags are exquisitely handmade in England. The finest cuts of leather are diligently sourced, hand-picked and sculpted into our unique designs.

To advertise here please call the ELLE team on 020 3728 6260

ELLE READS



MY KIND OF FOREVER

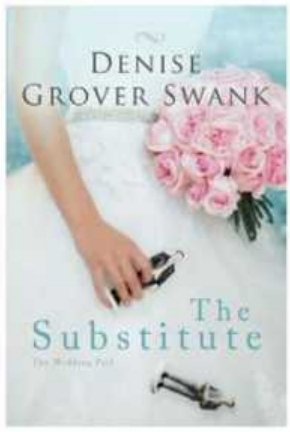
Liam and Josie's story continues in this last installment of The Beaumont Series

Available at:

Amazon: http://amzn.to/1QPTg4B
Facebook: https://www.facebook.com/HeidiMcLaughlinAuthor

THE FIRST BOOK IN THE WEDDING PACT SERIES BY DENISE GROVER SWANK.

The New York Times and USA Today bestseller.

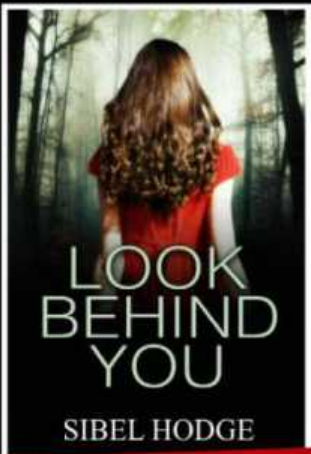


denisegroverswank.com
www.amazon.co.uk/gp/product/B00M7C185A

Jason Vanderholt is Hollywood's hottest actor. Chloe Winters hasn't bothered to see most of his movies. When they meet by chance, he is smitten and Chloe becomes the woman every other woman in America is dying to be, but it just isn't her fairytale.



www.emtippetts.com

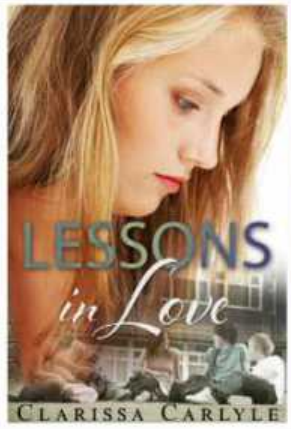


No. 1 Bestseller Look Behind You is a chilling, edge-of-your-seat psychological thriller. A must-read for fans of Gillian Flynn's Gone Girl, SJ Watson's Before I Go To Sleep, and Rachel Abbot's Sleep Tight.

NO. 1 BESTSELLER

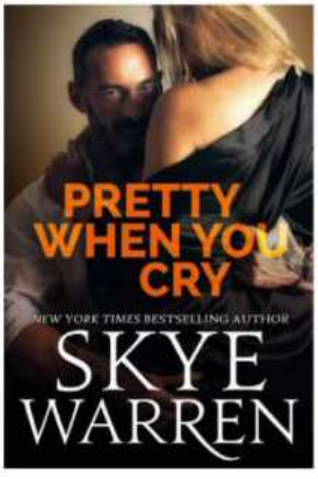
www.sibelhodge.com





Book 1 in the Lessons in Love New Adult Romance series by Clarissa Carlyle is **FREE for a limited time**

For more information or to purchase visit **clarissacarlyle.blogspot.com**



A dark romance about the secrets that set us free... from New York Times bestselling author Skye Warren.

www.skyewarren.com

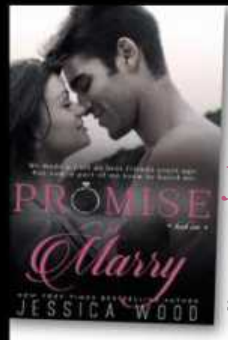


Glitz. Glamour. Fashion.

Keatyn lives a dream life. Daughter of America's favorite actress. Closet full of designer clothes. Malibu beach house. The hottest boyfriend. What more could a girl want? (Love, maybe?)

www.jilliandodd.net

Also available in ebook form at Amazon, iBooks, Google Play, & Kobo.



Promise to Marry by Jessica Wood

Chloe and Jackson were best friends since the 1st grade. At 13, they made a pact to marry each other at 30. But now that they're 30, they're no longer best friends and Chloe knows Jackson hates her.

jessicawoodauthor.com/books
(Available for sale on Amazon, iBooks & Google Play)

To advertise here please call the ELLE team on 020 3728 6260

Hodmedod's
BRITISH
QUINOA
Tasty, versatile, easy to cook & grown in Essex
hodmedods.co.uk

BONE, MUGS & HARMONY
SLOW-COOKED BONE BROTH RICH IN COLLAGEN AND MINERALS
BALANCED. NUTRITIOUS. DELICIOUS.
B
BOROUGH BROTH CO.

Skinny Rosé
is a delicious champagne with **only 275 calories** per bottle, making it similar in calories to a large glass of wine.
This boutique champagne is from the same village where Dom Perignon invented bubbly. Skinny Rosé is very light, dry & fresh, making it perfect for summer.
Only £38 per bottle from
www.finestfizz.biz

getbuzzing
100% NUT FREE, NUTRITIOUS TREATS THAT'LL KEEP YOU BUZZING FOR THE WHOLE DAY!
TEASE YOUR TASTE BUDS WITH
BERRY, BANANA, DATE & SEED, CHERRY, WOWBUTTER.
10% OFF Simply use ELLEGB10 at the checkout
www.getbuzzing.co.uk

SPRUCE UP YOUR SALADS
PACKED WITH NUTRIENTS
AVAILABLE IN Sainsbury's TESCO
LENTIL SPROUT MIX
SUPER SPROUTS
QUINOA SPROUT MIX
RECIPES AT WWW.GOOD4U.CO.UK
Good 4U

LEAVE IT TO US
A wedding for 200 or an intimate dinner for 2, what ever your private or corporate catering requirements are, Leave It To Us, the hugely successful company catering in London & the South East with food for every season.
www.leaveittous.co.uk
01732 867743 | 07815 470439

Define Bottle
The Define Bottle is a beautifully designed, eco-friendly water bottle that allows you to take delicious fruit infused water on the go. Give up your plain water habit and make your water more exciting! Available at Harvey Nichols.
www.definebottle.com



BED OF NAILS
ACUPRESSURE TREATMENT
Ease stress, tension, headaches, back pain, muscle aches, insomnia etc. Trigger your body's innate way to heal and flush out toxins. Release oxytocin and endorphins to induce a state of well being.
FREE Shipping code: ELLE14 at **bedofnails.org**

MODA FIRMA
PURCHASE UNIQUE CREATIONS FROM INDEPENDENT FASHION DESIGNERS FROM OVER 25 COUNTRIES GLOBALLY.
WWW.MODAFIRMA.COM

pewterhooter
designer jewellery
925 Silver Stud Earrings made with Volcano Swarovski crystal
The earrings measure 6mm x 6mm.
Only £5.99 a pair plus amazon shipping charges.
Available from Amazon.co.uk

Blands
Body shapewear
Waist Trainers
- Control Tops
- Whole body
- Waist Cinchers
- Slimming Vests
- Girdle

www.BlandsDirect.co.uk

The Rainsbury Clinic
Europe's foremost gender selection and egg donation clinic
- 100% success rate on selected gender
- 20 years experience
- Proven methodology
- State-of-the-art purpose-built facility
- End-to-end arrangements
- Expert, total care

www.genderselection.uk.com

Who is the stranger that accidentally enters Phoenix Cartwright's office? What does this stranger have to do with Phoenix's parents? Follow this intriguing love story of how Phoenix's parents met from past to present and the mystery Phoenix is compelled to solve.



Available in ebook & paperback from amazon.co.uk

WEB SHERIFF
Experiencing Problems on Facebook, Twitter, YouTube or the Internet ??
... harassment, defamation, imposters, copyright issues, e-fraud or worse ??
Who You Gonna Call, ?!
0208-323 8013 | WebSheriff@WebSheriff.com



A powerful tool against most common skin issues, such as stretch marks, dead skin, psoriasis, acne, eczema, dandruff, blemishes and cellulite.
WWW.SKINNAMON.COM



ABSOLUTE EFFECTS PROBLEM SOLVERS FOR EVERY SKIN TYPE

Supercharge your skin with ABSOLUTE EFFECTS brand new range of serums
containing active plant based ingredients with proven effectiveness, significantly reducing fine lines, wrinkle depth and plumping-up skin for a fresh and glowing new look.
Free from fragrances, parabens and mineral oils.

For more information visit **www.oxyjet.co.uk** or call **01775 722243**

3 or 5 Day Juice Detox Program
Freshly Prepared, No Additives, 100% Natural, Delivered to your Door



www.Juicetou.com
"The Natural Way"



REVIVAL BODY CARE
ALL NATURAL BODY SCRUBS
WILL LEAVE YOUR SKIN
HEALTHY * SOFT * GLOWING * REVIVED
Enter code ELLE15 for 15% off at
www.REVIVALBODYCARE.com



THE TAN

Our products nourish the skin as well as achieve that fabulous natural looking tan.

SUPER HYDRATING LIQUID GEL TAN
+ GRADUAL DAILY BRONZER
NON STICKY | SMELLS YUMMY | PERFECT FADE
www.the-tan.com

To advertise here please call the ELLE team on 020 3728 6260



71p per min
CREDIT CARD ONLY
£9.99 FOR 15 MIN READING
Let Your Spirit Be Your Guide
0905 295 0248
CREDIT CARD SPECIAL OFFER
0800 075 8644
18+. 09 = 71p per min + you network's access charge. Calls recorded. Entertainment purposes only. Bill payers permission. SP: PSL. Helpdesk 0207 966 9646.

DATE CHAT
WOMEN CALL FREE
0800 075 9373
MEN: 0871 908 1074
GAY: 0871 908 1094
18+. Helpdesk 0207 966 9686. 0871 = 10p per min + your network's access charge. 0800 = free. Live calls recorded. SP: 4D.

SUBSCRIBE TO ONE OF OUR TOP-SELLING MAGAZINES
Whether you are looking for fashion and beauty tips, ideas, gossip or wanting easy and delicious recipes – look no further!

Your magazine subscription will keep you busy for the entire year – a great gift for family and friends – or simply a treat for yourself!
visit
www.hearstmagazines.co.uk
or call
0844 848 1601
HEARST magazines | UK HEARST - Rodale | UK

Live Spiritual and Tarot Readings
kooma
spiritual you
77p per min
0906 758 0067
Debit/Credit Card
0800 075 8708
£14 for 20 mins or £27 for 40 mins
18+. 09 = 77p per min + your network's access charge. Calls recorded. Entertainment purposes only. SP: PSL. Helpdesk 0207 966 9626.

Mediums
Call one of our friendly & gifted mediums now!
0906 615 0400
only 61p per min
DEBIT/ CREDIT CARD
0800 075 8661
20 mins for £12 or 40 mins for £24
18+. 09 = 61p per min + your network's access charge. Calls recorded. Entertainment purposes only. SP: PSL. Helpdesk 0207 966 9646.


Going to Orlando? Let me help you plan your holiday of a lifetime
I am a Personal Travel Planner with DreamFinder Travel; Authorized Disney Vacation Planners
For more information email
penny@dreamfindertravel.net
or find me on Facebook as
Penny's Magical Vacations with DreamFinder Travel



For details of classified advertising call 020 3728 6260

To advertise here please call the ELLE team on 020 3728 6260

BOOTEA

10% OFF
ENTER ELLE10 AT CHECKOUT

GET THE FIGURE YOU WANT WITH AN INTENSE MIX OF NATURAL INGREDIENTS

14 DAY TEATOX

BOOTEA.COM



14 DAY TEATOX



BOOTEA SHAKE



BOOTEA BUNDLE

DISCOUNT VALID UNTIL 01/09/2015. CANNOT BE REDEEMED ON SUBSCRIPTION PRODUCTS OR GIFT CARDS.

To advertise here please call the ELLE team on 020 3728 6260

INSTA NATURAL

NATURAL SKINCARE THAT WORKS

InstaNatural's 20% Vitamin C Serum Nourishes Skin for a Younger, Youthful Glow



★★★★★

Sunshine in a bottle

"There was a noticeable difference in the diminishing of fine lines especially around my mouth and eyes. I felt as if my skin was more youthful."

- Vegan Formula
- No Parabens
- 100% Satisfaction Guaranteed



instanatural.com

***15% DISCOUNT**

ENTER PROMO CODE AT AMAZON.CO.UK CHECKOUT:

FLAWLESS

*EXPIRES OCTOBER 31, 2015

Bella and Bear

"People will stare, make it worth their while"



WELCOME

Join Bella & Bear's Band of Beauties

to save 25% off all Bella & Bear Products

Just visit **www.BellaandBear.com/club**
Products available exclusively on **Amazon.co.uk**

www.BellaandBear.com

To advertise here please call the ELLE team on 020 3728 6260



To advertise here please call the ***ELLE*** *team on 020 3728 6260*

ELLE CLASSIFIEDS

To advertise here please call the ELLE team on 020 3728 6260



A Goodnight Sleep Works Wonders

BIO-HEALTH®



Made in the UK

THR Certification Mark

Feeling able to face the morning, coping with a busy lifestyle or just looking your best, all depends on how you sleep.

Goodnight utilises the most effective combination of natural sedatives known to herbal medicine and can be taken with confidence.

A traditional herbal medicinal product used for the temporary relief of sleep disturbances based on traditional use only.

Available from Tesco stores, Nutri-centres, good healthfood stores and some pharmacies.

Telephone **+44 (0)1634 290115** or visit **www.bio-health.co.uk**

Always read the label and enclosed leaflet.



To advertise here please call the ELLE team on 020 3728 6260



yō so

Introducing the must-have YOSO PRO.
Bringing advanced salon technology
into the comfort of your home

3 STEPS TO... RADIANT SKIN

1 CLEANSE

Positive Ions help draw out impurities from deep within your pores

2 MOISTURISE

Negative Ions allows your moisturiser to absorb deeper into your skin for hydrated, softer skin

3 BOOST

Using both positive & negative Ions, the BOOST mode enhances radiance

Visit www.yosobeauty.co.uk for more details & to see the full beauty range

#YOSObeauty

yō so

To advertise here please call the ELLE team on 020 3728 6260



Non-surgical cosmetic treatments are designed to make you feel happier and more confident. If you are considering a treatment, choosing a **Save Face** practitioner could be the difference between **safe and sorry**.

Visit www.saveface.co.uk or scan the QR code to download the Save Face App and access the UK & Ireland's only searchengine which is full of our accredited practitioners, just waiting to make you look even more fabulous.

Never take risks with your beautiful face.
It's the only one you have.

THE SIGN OF SAFE NON-SURGICAL COSMETIC TREATMENTS
Save Face
www.saveface.co.uk

To advertise here please call the ELLE team on 020 3728 6260

Become an ELLE INSIDER

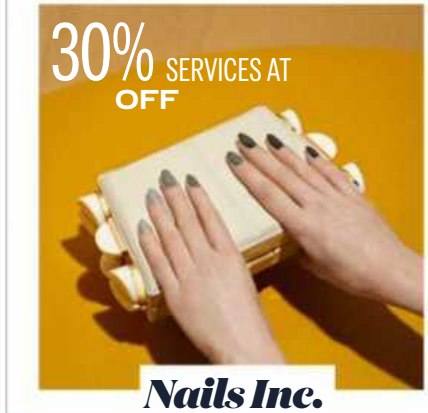


How? Register at ***elleuk.com/insider*** *now*

THIS MONTH'S VIP OFFERS*













Don't miss out. *If you're a subscriber, you can become an ELLE Insider today. Go to elleuk.com/insider*

*Terms and conditions apply to all offers, please go to elleuk.com/insider. Toni & Guy offer excludes blow-dries, Fashion Fix and Super Services, and is not valid in December. Mews of Mayfair offer applies to indoor tables only, outside tables will be given where available but cannot be booked in advance. December and certain holidays are excluded; you must be over 18 to visit and those under the age of 21 must be accompanied by someone over 21. Nails Inc. offer applies Sunday-Wednesday. St.Tropez offer is valid at selected locations. ELLE Insider is available to all new and existing ELLE subscribers free of charge. You must register at elleuk.com/insider to access these special offers. To do this, you will need your 12-digit unique subscriber number (on the back of your card). For some offers, you will need to present your ELLE Insider card.

Photography: 3 Objectives, ac-cooper, Jamie Bevan, Sean Cunningham at Jason Lloyd-Evans, Anthea Simms, Aaron Tilley.







JOIN THE FRONT ROW
Get close to the runway action at exclusive catwalk shows, with designers including Peter Pilotto and Henry Holland.



London's most stylish weekend

Want an exclusive look into the fashion world? It's access all areas with ELLE and London Fashion Weekend



GET YOUR TICKET
When: 24-27 September
Where: Saatchi Gallery, King's Road, London SW3
Tickets: From £20; londonfashionweekend.co.uk
Also: Get 20% off (except Luxe tickets) – just quote 'ELLE' when you get to the checkout.

PLUS
ELLE Insiders receive a free glass of Scavi & Ray Prosecco at the bar*



SHOP THE TRENDS
Stock up your autumn/winter wardrobe with more than 150 top men's and women's designer brands to shop from, at exclusive industry prices.







EXCLUSIVE STYLE TIPS
Discover top styling tips at our trend talks, with experts including Anya Hindmarch.

LONDON FASHION WEEKEND
24-27 SEPTEMBER 2015

Compiled by: Claire Sibbick. Photography: Getty, Matthew Lever, Kensington Leverne, Jason Lloyd-Evans; Chris Kennedy and Charlotte Macpherson, both at Anthea Simms; Anthea Simms. *Upon production of a valid ELLE Insider card. Over 18s only, one glass per subscriber.

SHOP ELLE BEAUTY

See it › click it › shop it ›



Beauty Director Sophie Beresiner edits your essential products for summer, delivered direct to you by ***lookfantastic.com/elle-shop.list***

FREE DELIVERY

DON'T MISS AN ISSUE. GET YOUR NEXT COPY OF ELLE* **DIRECT** TO YOUR DOOR, OR BECOME AN ELLE SUBSCRIBER AT LOOKFANTASTIC.COM/ELLE-SHOP.LIST

'Takes away dirt, but doesn't strip your skin of its natural oils. Genius.'



Pixi Lid & Line, £16

Oskia Renaissance Mask, £48.50

Bourjois Smoky Stories Palette, £7.99

'If you're after a nail polish that lasts the long haul, get this.'

Jurlique Replenishing Foaming Cleanser, £28

RMK Recovery Gel, £49

This Works In Transit Camera Close-Up, £30

Caudalie Polyphenol C15 Overnight Detox Oil, £29

Elizabeth Arden Ceramide Lift & Firm Night Cream, £59

Ark Age Maintain Replenishing Moisturiser, £30

Nailtiques Nail Lacquer in Milan, £11.15

THE ELLE **BEAUTY TEAM** TRIALS THE HOTTEST A/W 2015 CATWALK **LOOKS**, USING OUR FAVOURITE **NEW PRODUCTS**, AT ELLEUK.COM/BEAUTY. WATCH IT, THEN **SHOP** THE KIT DIRECT...





Compiled by: Ozel Rowland. Photography: Benoît Audureau, Jason Lloyd-Evans, Silvia Olsen, Graham Walser for Hearst Studios. *Please note, the issues sold on lookfantastic.com are travel size, and therefore do not include any free gifts.



Track down the latest looks. For more inspiration, go to elleuk.com/fashion

& Other Stories stories.com • **3.1 Phillip Lim** 31philliplim.com • **7 for all mankind** 7forallmankind.com

A **Accessorize** accessorize.com • **Acne Studios** acnestudios.com • **adidas** adidas.co.uk • **Alberta Ferretti** 020 7235 2349 • **Alexa Chung for AG** harrods.com • **Alexander McQueen** 020 7434 2240 • **AllSaints** allsaints.com • **American Apparel** americanapparel.co.uk • **Annelise Michelson** anneliseMichelson-eshop.com • **Annina Vogel** liberty.co.uk • **Aquazzura** net-a-porter.com • **Asos** asos.com • **Aspinal of London** aspinaloflondon.com • **Autograph at Marks & Spencer** marksand spencer.com

B **Balenciaga** balenciaga.com • **Bally** bally.co.uk • **Balmain Paris** balmainhair.com • **Bam-B Jewellery** bam-b.co.uk • **Barrie** barrie.com • **Bella Freud** selfridges.com • **Benefit** benefitcosmetics.co.uk • **Bijoux Heart** fenwick.co.uk • **Bimba Y Lola** bimbaylola.com • **BLK DNM** blkdnm.com • **Bobbi Brown** bobbibrown.co.uk • **Boss** hugoboss.com • **Bottega Veneta** bottegaveneta.com • **Bumble and bumble** bumbleandbumble.co.uk • **Burberry** 020 7806 8904 • **Butler & Wilson** butlerandwilson.co.uk • **Butter London** butterlondon.co.uk • **By Malene Birger** bymalenebirger.com • **Byredo** selfridges.com

C **Calvin Klein** calvinklein.com • **Carvela** kurtgeiger.com • **Carven** 020 7225 7110 • **Chalayan** chalayan.com • **Chanel** 020 7493 5040; boots.com • **Charlotte Tilbury** charlottetilbury.com • **Chloé** chloe.com • **Christopher Kane** christopherkane.com • **Ciaté London** ciatelondon.com • **Clarks** clarks.co.uk • **Claudie Pierlot** claudiepierlot.com • **Clinique** clinique.co.uk • **Club Monaco** clubmonaco.com • **Coach** coach.com • **Completedworks** completedworks.com • **Converse at Rokit Vintage** rokit.co.uk • **Cos** cosstores.com

D **Diesel** diesel.com • **Dior** dior.com • **DKNY** 020 7499 6238 • **Dolce & Gabbana** 020 7659 9000; harrods.com • **Doratеymur** doratеymur.com • **Dorothy Perkins** dorothy perkins.com • **Dries Van Noten** driesvannoten.com • **Dsquared2** 020 7734 3492 • **Dune** dunelondon.com

E **Eddie Borgo** eddieborgo.com • **Edeline Lee at Mouki Mou** 020 7224 4010 • **Elizabeth Arden** elizabetharden.co.uk • **Elsa Peretti at Tiffany & Co** tiffany.co.uk • **Emporio Armani** armani.com • **Erdem** erdem.com • **Ermanno Scervino** 020 7235 0558 • **Essentiel Antwerp** asos.com • **Être Cécile** liberty.co.uk • **Etro** etro.com

F **Fendi** fendi.com • **Filippa K** 020 7629 9161 • **Folli Follie** follifollie.co.uk • **Fred Perry** fredperry.com • **Free People** freepeople.co.uk • **Freedom** topshop.com • **French Connection** frenchconnection.com

G **Ganni** goodhoodstore.com • **Gerard Darel** gerarddarel.com • **Gillian Horsup** 020 7499 8121 • **Giorgio Armani** armani.com; armanibeauty.co.uk • **Giuseppe Zanotti** giuseppezanottidesign.com • **Givenchy By Riccardo Tisci** givenchy.com • **Great Plains** greatplains.co.uk • **Gucci** 020 7235 6707 • **Guerlain** debenhams.co.uk

H **H&M** hm.com • **Helen Moore** helenmoore.com • **Hermès** uk.hermes.com • **Hogan** hogan.com • **House of Harlot** houseofharlot.com • **Hunter** hunterboots.com

I **Illamasqua** illamasqua.com

J **J. JS Lee** doverstreetmarket.com • **J.W.Anderson** j-w-anderson.com • **Jérôme Dreyfuss** jerome-dreyfuss.com • **Jimmy Choo** jimmychoo.com • **Jimmy Choo for Giles Deacon** giles-deacon.com • **John Frieda** boots.com **John Lewis** johnlewis.com • **Jonathan Saunders** harveynichols.com • **Joseph** joseph-fashion.com • **Just Cavalli** harrods.com; 020 7730 1234

K **Karen Millen** karenmillen.com

L **L.K.Bennett** lkbennett.com • **Lacoste** lacoste.com; very.co.uk • **Larsson & Jennings** larssonandjennings.com • **Laura Mercier** selfridges.com • **Laurence Dacade** net-a-porter.com • **Levi's** levi.com • **Links of London** linksoflondon.com • **Lizzie Fortunato** amazon.co.uk • **L'Oréal Paris** boots.com • **L'Oréal Professionnel** lorealprofessionnel.co.uk • **Longchamp** longchamp.com • **Louis Vuitton** louis vuitton.co.uk

M **Mac** maccosmetics.co.uk • **Maison Margiela** maisonmargiela.com • **Marc Cain** marc-cain.com • **Marc Jacobs** 020 7399 1690 • **Maria Black** maria-black.com • **Marks & Spencer** marksandspencer.com • **Marni** 020 7245 9520 • **Masscob** liberty.co.uk • **Max Factor** superdrug.com • **Maybelline New York** boots.com • **MaxMara** 020 7499 7902 • **McQ** mcq.com • **Meli Melo** melimelo.com • **Michael Kors** michaelkors.com • **Miss KG** kurtgeiger.com • **Miu Miu** 020 7409 0900 • **Miuniku** miuniku.com • **Moka London** wolfandbadger.com • **Moschino** 020 7235 2349 • **Mother of Pearl** matchesfashion.com

N **Nars** narscosmetics.co.uk • **New Look** newlook.com • **Nicholas Kirkwood for Roksanda** nicholas kirkwood.com • **Norse Projects** liberty.co.uk

O **Office** office.co.uk • **Orelia Temporary Tattoos** orelia.co.uk • **Oribe** net-a-porter.com • **Orla Kiely** orlakiely.com • **Osman** osmanstudio.com

P **Pandora** pandora.net • **Pantherella** pantherella.com • **Parka London at Urban Outfitters** urbanoutfitters.co.uk • **Paul & Joe** 020 7836 3388; asos.com • **Paul Smith** paulsmith.co.uk • **Penelope Chilvers** penelopechilvers.com • **Peter Pilotto** net-a-porter.com • **Philippe Audibert** philippeaudibert.com • **Philosophy di Lorenzo Serafini** 020 7235 2349 • **Pinko** 020 7499 0631 • **Prada** 020 7647 5000 • **Preen by Thornton Bregazzi** preenbythornton bregazzi.com

R **Radley** radley.co.uk • **Ralph Lauren** ralphlauren.com • **Redken** redken.co.uk • **Reiss** reiss.com • **Repossi** repossi.com • **Risto** neimanmarcus.com • **River Island** riverisland.com • **Roksanda** 020 7613 6499 • **Roland Mouret** 020 7518 0700 • **Rupert Sanderson** rupertsanderson.com

S **Saint Laurent by Hedi Slimane** 020 7235 6706 • **Salvatore Ferragamo** ferragamo.com • **Self-Portrait** self-portrait-studio.com • **Senso** asos.com; selfridges.com • **Shourouk** valerydemure.com • **Shrimps** matchesfashion.com • **Simone Rocha** doverstreetmarket.com • **Sofie D'Hoore** 020 7235 9315 • **Sonia by Sonia Rykiel** soniarykiel.com • **Sophie Hulme** fenwick.co.uk; fortnumandmason.com • **Splendid** splendid.com • **Stella McCartney** stellamccartney.com • **Suno** sunony.com • **Susan Caplan** susancaplan.co.uk

T **The Kooples** thekooples.co.uk • **Theory** 020 7985 1188 • **Thom Browne** mrporter.com • **Thomas Sabo** thomassabo.com • **Three Floor** threefloorfashion.com • **Tibi** harrods.com; matchesfashion.com • **Tod's** tods.com • **Toga** matchesfashion.com; selfridges.com • **Tom Ford** tomford.com • **Toni & Guy** boots.com • **Topshop** topshop.com • **Topshop Beauty** topshop.com • **Trademark** matchesfashion.com • **Tresemmé** boots.com

U **Ultracor** matchesfashion.com • **Underground** underground-shop.co.uk • **Urban Outfitters** urbanoutfitters.co.uk

V **Valentino** valentino.com • **Versace** uk.versace.com • **Vêtements** vetementswebsite.com • **Vickisarge** 020 7259 0202 • **Vilshenko** net-a-porter.com • **Vivetta** avenue32.com • **Vivienne Westwood Gold Label** 020 7629 3757 • **VV Rouleaux** 020 7224 5179

W **Wallis** wallis.co.uk • **Warehouse** warehouse.co.uk • **Wella Professionals** wella.co.uk • **Wildfox** wildfoxcouture.co.uk

Y **Y-3** Y-3store.com • **Yves Saint Laurent** yslbeauty.co.uk

Z **Zadig & Voltaire** zadig-et-voltaire.com

Prices and availability were checked at time of going to press. ELLE cannot guarantee prices will not change or that items will be in stock at time of publication.

Photography: 3 Objectives, Kai Z Feng.

SUBSCRIBE To receive collectors' editions, visit elleuk.com/subscribe



ELLE competition terms & conditions Only one entry per reader. Entrants must be 18 or older. Open to residents of the UK and the Republic of Ireland only. Photocopied, incomplete, defaced or damaged entries will not be accepted. Hearst Magazines UK accepts no responsibility for the loss of any entries. Proof of postage is not proof of entry. An independently supervised draw will be made on your behalf by an impartial third party one week after the competition closing date. The winner will be notified within four weeks of the closing date. Entries will not be accepted from employees of Hearst Magazines UK or their families (or those of the participating third party). The judges' decision is final and no correspondence will be entered into. No purchase necessary. Should you wish to enter a promotion without buying a copy of ELLE, print your name, address and the name of the competition, plus any other information requested, clearly on a card and send it to ELLE, Hearst Magazines UK, 72 Broadwick Street, London W1F 9EP, by the closing date. No cash alternative. Prize is as stated, subject to availability. Not to be used in conjunction with any other offer.



FINAL SAY JEREMY SCOTT

The Moschino Creative Director, 41, shares what inspires and motivates him



DESCRIBE YOUR MOSCHINO AUTUMN/WINTER 2015 SHOW IN THREE WORDS. Street, street, street. **IF YOU COULD ONLY WEAR ONE DESIGNER, WHO WOULD IT BE?** I honestly don't wear designer clothes. I wear vintage mixed with my own designs.

WHAT IS THE MOST IMPORTANT SKILL REQUIRED TO DO YOUR JOB? To be creative on a deadline. **WHAT WAS YOUR FIRST EVER JOB?** Delivering phone books with my brother, James, and sister, Barbara.



WHICH FASHION SHOW DO YOU WISH YOU HAD SEEN? My own show! I'm always backstage working and I'd love to experience what my show feels like as an audience member for once.





WHAT WOULD YOUR TOMBSTONE READ? HE CAME. HE DESIGNED. HE CONQUERED.



STYLE IS...? THE SPICE OF LIFE!







DO YOU HAVE A MUSE? I often think about my fans when I'm designing: what they would like, what will excite them. **WHAT KEEPS YOU UP AT NIGHT?** TV!

WHAT DO YOU DO WHEN YOU ARE BORED? I always have something to do, so I'm never bored. **WHAT IS THE VIEW FROM YOUR OFFICE?** My office doesn't have a view; it's an old industrial warehouse that has brick walls!

WHO DID YOU LOOK UP TO GROWING UP? Andy Warhol. **ARE YOU A GOOD BOSS?** I don't think of myself as a 'boss', I think more that the people working with me are my friends and co-workers.

WHAT WOULD YOUR ALTERNATIVE CAREER BE? A ROCK STAR.

DO YOU READ REVIEWS OF YOUR SHOWS? Honestly, I hardly ever do – whether they are good or bad, I don't put a lot of emotion or value into them, it's not where I find my self-worth. Ultimately, I'm concerned about what my close friends and fans think.

WHAT IS THE FIRST THING YOU DO EVERY MORNING? Check emails. **AND THE LAST THING YOU DO AT NIGHT?** Check emails!

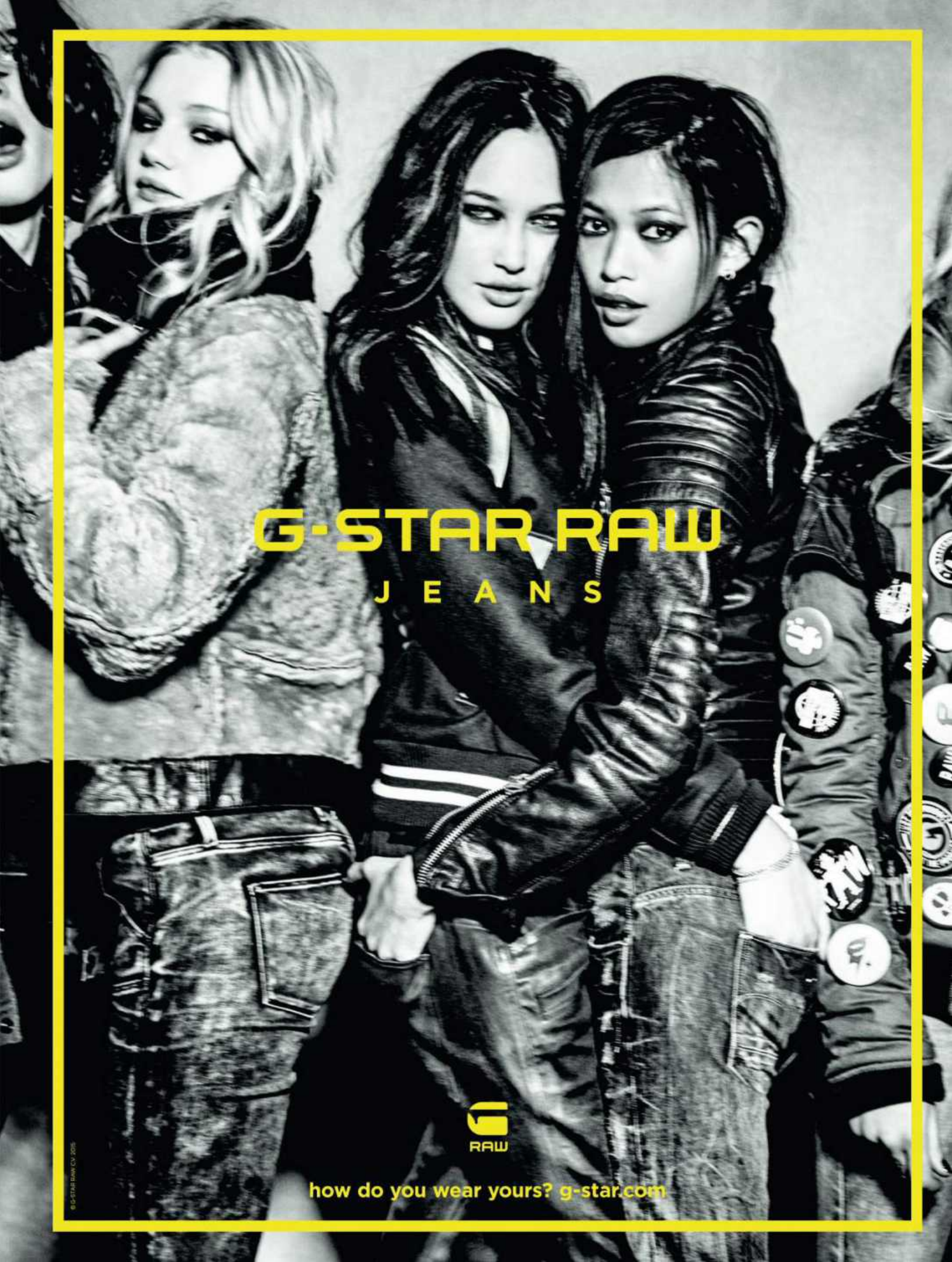
WHAT QUALITIES DO YOU LOOK FOR IN A FRIEND? Loyalty is number one in my book. **WHAT IS YOUR WORST HABIT?** Not being able to say no. **WHERE IN THE WORLD WOULD YOU LIKE TO LIVE?** Right here, where I live now in LA. I could not imagine being happier anywhere else.

DESCRIBE YOUR PERFECT NIGHT OUT. Going to see a double feature at the movies and having a veggie burger with French fries and a lot of ketchup! **WHAT IS YOUR FAVOURITE DRINK?** Perrier water.

IF YOU WERE ARRESTED, WHAT WOULD IT BE FOR? Crimes of fashion!

WHEN WAS THE LAST TIME YOU CRIED? When I was recently watching a Julia Roberts movie from the 1990s called *Stepmom*. Films always get me, I'm a softie like that. **WHEN WAS THE LAST TIME YOU CRIED LAUGHING?** At a party in Morocco back in November. My friend had me on the floor in stitches – my stomach hurt from laughing.

Compiled by: Gillian Brett. Photography: instagram.com/itsjeremyscott, Alamy, Sean Cunningham, Getty, Bella Howard, Jason Lloyd-Evans, Anthea Simms.


G-STAR RAW
JEANS
RAW
how do you wear yours? g-star.com
© G-STAR RAW C.V. 2015


www.dior.com
Dior
THE NEW
DIORSHOW MASCARA
PROFESSIONAL VOLUME, LASH EXTENSION EFFECT.
Innovation: formula enriched with volumizing microfiârs and new anti-drying AIR-LOCK™ system.
Discover DIORSHOW PRO LINER, the hybrid âvel-tip eyeliner with an exceptional line.
THE SPECTACULAR CATWALK EYE LOOK
#diorshowbackstage
DIORSHOW
DIORSHOW PRO LINER
WATERPROOF